

September 2019 | Parent/Child & Youth Open Gym Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NO OPEN GYMS	2 NO OPEN GYMS	3 NO OPEN GYMS	4 NO OPEN GYMS	5 NO OPEN GYMS	6 NO OPEN GYMS	7 NO OPEN GYMS
8 NO OPEN GYMS	9 PARENT/CHILD GYMNASTICS 12:30 – 2:30 PM YOUTH BASKETBALL 2:30 – 5:30 PM	10 PARENT/CHILD GYMNASTICS 12 – 2 PM	11 PARENT/CHILD GYMNASTICS 12–2PM YOUTH VOLLEYBALL 3-5PM	12 PARENT/CHILD GYMNASTICS 12 – 2 PM	13 NO PARENT/CHILD GYMNASTICS	14 NO OPEN GYMS
15 *BATTING CAGE 8-11 AM YOUTH BASKETBALL 10 AM – 12 PM	16 PARENT/CHILD GYMNASTICS 12:30 – 2:30 PM YOUTH BASKETBALL 2:30 – 5:30 PM	17 PARENT/CHILD GYMNASTICS 12 – 2 PM	18 PARENT/CHILD GYMNASTICS 12–2PM YOUTH VOLLEYBALL 3-5PM	19 PARENT/CHILD GYMNASTICS 12 – 2 PM	20 NO PARENT/CHILD GYMNASTICS	21 NO OPEN GYMS
22 *BATTING CAGE 8-11 AM YOUTH BASKETBALL 10 AM – 12 PM	23 PARENT/CHILD GYMNASTICS 12:30 – 2:30 PM YOUTH BASKETBALL 2:30 – 5:30 PM	24 PARENT/CHILD GYMNASTICS 12 – 2 PM	25 PARENT/CHILD GYMNASTICS 12–2PM YOUTH VOLLEYBALL 3-5PM	26 PARENT/CHILD GYMNASTICS 12 – 2 PM	27 NO PARENT/CHILD GYMNASTICS	28 NO OPEN GYMS
29 NO OPEN GYMS	30 PARENT/CHILD GYMNASTICS 12:30 – 2:30 PM YOUTH BASKETBALL 2:30 – 5:30 PM					

Basketball/Volleyball/Badminton/Pickle Ball: R/NR: \$4/\$6 | Participants can sign-in 5 min. prior to start of program.

NOTE: We reserve the right to cancel or change open gym days and times.

Open Gyms

Admission

There are three ways to pay during open gym times:

- Your Fitness Center annual pass includes free admission to open gyms **but does not include batting cages or parent/child gymnastics.**
- Admission to open gyms is also available by paying the daily fee.
- Downers Grove Park District residents can purchase a Play Pass card pass for badminton, basketball, pickleball and volleyball open gyms.

Paid admission allows entry into the gymnasium for one specific open gym program and use of the locker rooms adjacent to the gym. Other areas of the Recreation Center may be used at an additional fee. **Play Pass Cards can NOT be shared.**

Residency Requirements

You must provide verification of residency within Downers Grove Park District boundaries to receive resident rates when you purchase passes or pay the daily fee. Without proof of residency, the non-resident rate will be charged.

Wristbands

Each participant in any open gym program will be given a wristband that must be worn during the entire open gym time. Anyone not wearing a wristband will be asked to leave the gym and will only be allowed to re-enter after payment is made.

Website Information

Please refer to the District's website at www.dgparks.org for up-to-date open gym information.

*Batting Cages

Baseball/Softball

Keep your swing sharp in the off season; rent a batting cage at the Recreation Center. Cages can be reserved in 30 minute time blocks for up to an hour. Pitching machine and balls are provided. Batters must be accompanied by a second participant to operate the pitching machine. Batters must supply a helmet and bat. Children under the age of 17 must be accompanied by an adult. Reservations must be made at the Recreation Center Registration Desk. **Reservation can be made up to a month in advance, but must be made at least 24 hours in advance.**

Age: All Ages \$R/NR: \$15/\$20 per 30 minutes Days: Sundays

Youth Volleyball & Basketball

Age: 6 - 17 years

Residents may purchase an open gym Play Pass card at the rate of 10 visits/\$30 or 20 visits/\$60. Daily rate is \$R/NR: \$4/\$6.

Parent/Child Gymnastics

Age: 10 months – 7 years

This program is designed to provide a positive gymnastics experience for children. Parents supervise their children as they work on gymnastics skills and equipment. A variety of skill building mats and other small equipment is available for use.

All equipment may not be available every day or every week.

> Parents must remain in the gymnastics area the entire time! <

Parent/Child Gymnastics Policies

- All persons must sign the Park District attendance form before using the gymnastics equipment.
- All children & infants must be signed into be allowed in the gymnasium during Parent/Child Gymnastics.
- All residents 10 months to 7 years must pay the resident rate. All non-residents must pay the nonresident fee.
- All children under 19 months must remain within arm's reach of the parent/guardian at all times.
- For safety reasons, children over the age of 7 may not participate in the open gym.
- Staff is available to enforce safety rules. However, structured activities are not offered. **Parents must watch children at all times.**
- A daily limit of participants may be set at the discretion of the staff, which is based on age and ability. The program is first come, first serve.
- Children should wear cotton socks. Parents on mats should also wear socks. Shoes/boots should be left in the waiting area.
- Long hair should be tied back. Barrettes, headbands, or other hair ornaments may interfere with the child's ability to complete skills.
- No jewelry should be worn. For those with pierced ears, non-dangling posts are recommended.
- At no time may a sibling or visitor who is not signed in participate.
- No food or drink in the gymnastics area. This includes water bottles and sippy cups.
- The Park District is not responsible for damaged, lost or stolen valuables or belongings.
- **Abusive behavior or language will lead to your removal from open gym.**
- The Park District reserves the right to terminate open gym privileges for violation of any rules and regulations. No refund of fees will be issued.