

Downers Grove Youth Basketball – COVID-19 Safety Guidelines

Note: All our guidelines will be based on CDC guidelines, IDCEO guidelines and local DG guidelines

ALL DGPD Youth Basketball League Players, Coaches, & Parents:

- Any players, coaches, or parents that have had known exposure to anyone with a positive COVID Test will refrain from attending any activity for at least 14 days. Coaches and DGPD staff must be notified immediately.
- Players, coaches, or parents will not attend an event, even to watch, if determined to be sick or not feeling well.
- Parents, or their designated guardians, will check their players for illness prior to EVERY DGPD Youth Basketball League practice or game. Parents will be accountable here.
- Players need to have their own equipment (basketball, etc.) for all practices and scrimmages.
- All practices and scrimmages, including in-game breaks, will follow Illinois Return-to-Play spacing and size guidelines.
- There will be a designated DGPD staff attendant checking all courts and spectating areas periodically for player and parent spacing compliance.
- Other safety guidelines may be implemented, and some current guidelines may change based on experience, new information, state and CDC guidelines.

Players:

- As players arrive for practices/scrimmages, they should be spaced out, be dressed and ready to play. Players should enter the building with their masks on.
- Players will need to be spaced 6 feet apart at all times while on the bench or sidelines.
- Players will be asked to wear masks while on the sidelines during scrimmages and during play.
- All players should have their own water/Gatorade. There should be no use of water fountains or sharing drinks. All players may feel free to take a break for water/Gatorade at any time during practices or scrimmages.
- Players that repeatedly ignore guidelines will be asked to leave practice/scrimmages. We recognize this is a learning process for everyone. This is not meant to be punitive. It is safety-directed.

Coaches:

- Coaches will wear masks at all times during practices and scrimmages both on the court and on the sidelines.
- Coaches will not share game balls or other equipment, nor will they use a player's equipment.
- There will be no spitting or chewing gum, seeds or tobacco by players or coaches.
- When addressing the team as an appropriately-distanced group, coaches will wear a facemask. There will be minimal team discussions and meetings. No post-scrimmage meetings or snacks are allowed.
- Coaches are encouraged to sanitize players' hands, basketballs and other equipment on the benches.

Parent/Guardian & Spectators:

- Parents / spectators will remain out of the gym away from players and coaches. Spectator standing areas will be along the upstairs walking track, spaced appropriately, where possible. Parents should sit with just family members. Spacing will comply with state guidelines – minimum of 30' between groups of 50 or more. Masks should be worn at all times when in the building. Spots will be marked 6 feet apart along the track railing to view scrimmages. No parents will be allowed in the gym, only players and coaches. Each player will be allowed only one spectator/parent to attend scrimmages.
- Outside of an onsite emergency, non-coaching parents may contact coaches for routine contact via cell, email or text (depending on what the volunteer coach prefers). If talking in-person to a coach is necessary (i.e., health issues), parents must wear a mask and apply physical-distancing protocol when communicating.
- It is strongly recommended that player car-pooling is used only when necessary.
- All parents are encouraged to have their own hand sanitizer. Disinfectant wipes are preferred as well.
- There are to be NO post-game snacks. Players and parents are requested to leave the gym as the scrimmages end and their space is cleaned with gyms sanitized for the next group of scrimmages.