



May 2024 | Adult & Youth Open Gym Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUTH BASKETBALL		2:30 – 4:30 pm <i>Closed 5/27</i>	3:00 – 5:00 pm		3:00 – 5:00 pm	3:00 - 5:00 pm	
YOUTH VOLLEYBALL		<i>Closed 5/27</i>		3:30 pm – 5:30 pm			
ADULT PICKLEBALL		Fitness Members Only 6:00 – 8:00 am <hr/> Open Gym 8:00 – 12:00 pm <i>Closed 5/27</i>		Fitness Members Only 6:00 – 8:00 am <hr/> Open Gym 8:00 – 11:00 am		Fitness Members Only 6:00 – 8:00 am <hr/> Open Gym 8:00 – 11:00 am	
ADULT VOLLEYBALL		<i>Closed 5/27</i>		12:00 – 2:30 pm		12:00 – 2:30 pm	
ADULT BASKETBALL	8:00 – 11:00 am	<i>Closed 5/27</i>					
WOMEN'S BASKETBALL		<i>Closed 5/27</i>				6:00 – 9:00 pm	

Gym shoes are required to attend all open gyms. Sandals, street shoes, stocking or bare feet are not permitted

There are 3-ways to pay during Open Gym time

1. Your active 4,500 Fitness membership includes free admission to open gyms
2. Purchase a one-day visit pass. \$10
3. Purchase a multi-visit pass and save! Multi-visit passes are available in 5-, 10- & 20- visits

Youth Open Gym participants will not be allowed entry without a visit pass purchased by a parent or legal guardian. Visit passes can be purchased online at dgparks.org or in-person at our Fitness Desk.

Admission

There are three ways to pay during open gym times

- Your active 4500 Fitness membership includes free admission to open gyms.
- Purchase a one-day visit pass for \$10.
- Purchase a multi-visit pass and save! Multi-visit passes are available in 5-, 10- & 20- visits.

Paid admission allows entry into the gymnasium only for one specific open gym program. Other areas of the Recreation Center may be used at an additional fee.

Multi-visit passes cannot be shared. Each participant must hold their own multi-visit pass.

Residency Requirements

Residency in the Downers Grove Park District is based on tax allocations and residential proof. Residents must provide verification of residency within Downers Grove Park District boundaries to receive resident rates when purchasing passes or paying the daily fee. Without proof of residency, the non-resident rate will be charged. Nonresidents may purchase an open gym pass or pay the daily fee at the nonresident rate. Nonresidents who work in Downers Grove will not be considered in-district for Open Gym multi-visit passes or daily fees.

Badminton

Courts are set up for double play. Gym shoes required. Courts will be available as indicated on the Open Gym schedule, dependent upon court space availability.

Ages: 14 years & up

Pickleball

Courts are set up for doubles play.

NEW! Fitness Members may attend Open Gym hours on Monday, Wednesday & Friday from 6:00 – 8:00 am and stay for regular Open Gym hours offered.

- A limited number of paddles & balls will be available for use.
- Park District programming will dictate additional available court usage and will vary based on gym space needed for programming.

Ages: 14 years & up

YOUTH Basketball & Volleyball

Participants attending a Youth Open Gym will not be allowed entry without a 1-, 5 - or 10- multi-visit pass purchased by a parent or legal guardian. Gym shoes must be worn at all times.

Ages: 7 – 17 years.

ADULT Basketball & Volleyball

Full courts with side hoops will be made available whenever possible. Volleyball nets will be set to Mens' or Womens' heights. Gym shoes must be worn at all times. Court space may be affected by Park District programming and number of attendees.

Ages: 18 years & Up.

BASKETBALLS

Please bring your own basketball to Open Gym. Due to the number of basketballs that have been lost or stolen, the Park District will no longer supply them.