

March 2023 ADULT OPEN GYM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Downers Grove Park District</p> <p>your chance to play</p>			<p>1</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>2</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>3</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM <u>WOMEN'S BASKETBALL</u> 7:00PM-9:00PM</p>	<p>4</p> <p>NO OPEN GYMS</p>
<p>5</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>6</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 12:00PM</p>	<p>7</p> <p>NO OPEN GYMS</p>	<p>8</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>9</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>10</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM <u>WOMEN'S BASKETBALL</u> 7:00PM-9:00PM</p>	<p>11</p> <p>NO OPEN GYMS</p>
<p>12</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>13</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 12:00PM</p>	<p>14</p> <p>NO OPEN GYMS</p>	<p>15</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>16</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>17</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM <u>WOMEN'S BASKETBALL</u> 7:00PM-9:00PM</p>	<p>18</p> <p>NO OPEN GYMS</p>
<p>19</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>20</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 12:00PM</p>	<p>21</p> <p>NO OPEN GYMS</p>	<p>22</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>23</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>24</p> <p><u>PICKLEBALL</u> *6:00AM-8:00AM 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM <u>WOMEN'S BASKETBALL</u> 7:00PM-9:00PM</p>	<p>NEW PAYMENT & CHECK-IN PROCESS Participants who do not hold an active 4500 Fitness Membership will be required to purchase a 5-, 10- or 20- visit pass to participate. <u>Visit passes never expire. ALL participants</u> should check-in no earlier than 5 minutes prior to the open gym time to receive their wristband.</p> <p>*PICKLEBALL (4500 FM ONLY) OPEN GYMS ARE ONLY AVAILABLE TO 4500 FITNESS MEMBERS</p>
<p>26</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM <u>BADMINTON</u> 8:00AM – 11:00AM</p>	<p>27</p> <p>FACILITY CLOSED</p>	<p>28</p> <p>FACILITY CLOSED</p>	<p>29</p> <p>FACILITY CLOSED</p>	<p>30</p> <p>FACILITY CLOSED</p>	<p>31</p> <p>FACILITY CLOSED</p>	