


# FEB. 2023 | ADULT OPEN GYM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Downers Grove</b> Park District</p> <p>your chance to play</p>			<p>1</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>2</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>3</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>4</p> <p>NO OPEN GYMS</p>
<p>5</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>6</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>7</p> <p>NO OPEN GYMS</p>	<p>8</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>9</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>10</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>11</p> <p>NO OPEN GYMS</p>
<p>12</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>13</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>14</p> <p>NO OPEN GYMS</p>	<p>15</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>16</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>17</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>18</p> <p>NO OPEN GYMS</p>
<p>19</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM</p>	<p>20</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>21</p> <p>NO OPEN GYMS</p>	<p>22</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM <u>ADULT VOLLEYBALL</u> 12:00PM-2:30PM</p>	<p>23</p> <p><u>ADULT BASKETBALL</u> 5:30AM – 8:30AM</p>	<p>24</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>25</p> <p>NO OPEN GYMS</p>
<p>26</p> <p><u>ADULT BASKETBALL</u> 8:00AM – 11:00AM <u>BADMINTON</u> 8:00AM – 11:00AM</p>	<p>27</p> <p><u>*PICKLEBALL (4500 FM ONLY)</u> *6:00AM-8:00AM <u>PICKLEBALL</u> 8:00AM- 11:00AM</p>	<p>28</p> <p>NO OPEN GYMS</p>	<p><u>NEW PAYMENT &amp; CHECK-IN PROCESS</u> Participants who do not hold an active 4500 Fitness Membership will be required to purchase a 5-, 10- or 20- visit pass to participate. <u>Visit passes never expire.</u> <u>ALL participants should check-in no earlier than 5 minutes prior to the open gym time to receive their wristband.</u> <b>*PICKLEBALL (4500 FM ONLY) OPEN GYMS ARE ONLY AVAILABLE TO 4500 FITNESS MEMBERS</b></p>			