

! Individuals are required to wear masks at all times regardless of vaccination status !

November 2021 | Adult Open Gym Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 your chance to play	1 NO OPEN GYMS	2 PICKLEBALL 9:30AM – 12:30PM	3 PICKLEBALL 9:30AM – 12:30PM ADULT VOLLEYBALL 12:00PM-2:30PM	4 ADULT BASKETBALL 7:00PM – 8:30PM	5 PICKLEBALL 9:30AM – 12:30PM	6 NO OPEN GYMS
7 ADULT BASKETBALL 8:00AM – 11:00AM BADMINTON 8:00AM – 11:00AM	8 NO OPEN GYMS	9 PICKLEBALL 9:30AM – 12:30PM	10 PICKLEBALL 9:30AM – 12:30PM ADULT VOLLEYBALL 12:00PM-2:30PM	11 ADULT BASKETBALL 7:00PM – 8:30PM	12 PICKLEBALL 9:30AM – 12:30PM	13 NO OPEN GYMS
15 ADULT BASKETBALL 8:00AM – 11:00AM BADMINTON 8:00AM – 11:00AM	16 NO OPEN GYMS	17 PICKLEBALL 9:30AM – 12:30PM	18 PICKLEBALL 9:30AM – 12:30PM ADULT VOLLEYBALL 12:00PM-2:30PM	19 ADULT BASKETBALL 7:00PM – 8:30PM	20 PICKLEBALL 9:30AM – 12:30PM	21 NO OPEN GYMS
21 ADULT BASKETBALL 8:00AM – 11:00AM BADMINTON 8:00AM – 11:00AM	22 NO OPEN GYMS	23 PICKLEBALL 9:30AM – 12:30PM	24 PICKLEBALL 9:30AM – 12:30PM ADULT VOLLEYBALL 12:00PM-2:30PM	25 NO OPEN GYMS	26 NO OPEN GYMS	27 NO OPEN GYMS
28 ADULT BASKETBALL 8:00AM – 11:00AM BADMINTON 8:00AM – 11:00AM	29 NO OPEN GYMS	30 PICKLEBALL 9:30AM – 12:30PM		NEW PAYMENT & CHECK-IN PROCESS FOR OPEN GYMS Participants who do not hold an active 4500 Fitness Membership will be required to purchase a 5-, 10- or 20- visit pass to participate. <u>Visit passes never expire.</u> <u>ALL participants</u> should check-in no earlier than 5 minutes prior to the open gym time to receive their wristband.		

CLICK ON THE LINK TO PURCHASE YOUR VISIT PASSES ON-LINE - [OPEN GYM VISIT](#)

Youth Basketball – Ages 7 to 17 years
 Adult Basketball – Ages 18 years & up
 Badminton & Pickleball – Ages 14 years & up