Dear Parents and Dancers,

First off, I want to sincerely thank everyone for their patience and understanding during this complicated time! We are excited to begin classes again this fall, but things will look a little different. Please read on for changes, announcements, and COVID-19 related policies and information for the 2020 Fall Dance Program. In the case of additional guidance from the DCEO, our Park District Risk Management Agency or the CDC, these guidelines and policies may change; updates will be sent out via email. As always, if you have any questions or concerns, please do not hesitate to reach out to me!

Thank you,
Anna Fontanetta
Recreation Supervisor, Cultural Arts
630-960-4491
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SCHEDULE CHANGES
Some dance classes have changed from what was originally printed in the Fall Program Guide. The new schedule can be found at the end of this guide.

- Schedule changes primarily affect classes taught by Park District staff. At this time, there are no changes to Dance Kids USA classes taught by Michelle Dawson. Please note we are no longer offering Irish Dance classes.
- If you have already enrolled in a class, a separate email will be sent if the details of your class have changed.
- The start dates for some classes have changed; please review your selections carefully before enrolling!
- All class sizes are limited to 8 students. If possible, we will try to open additional sections to accommodate waitlists, though they may be on different days/times. Additional sections have already been added for some classes.
- Classes are still subject to cancellation due to low enrollment.

VIRTUAL CLASSES
In the event that classes can no longer take place in-person, we will strive to move classes to a virtual platform. Refunds will be offered to those who do not wish to continue class virtually. Virtual-only options may also be developed and released in addition to in-person classes.

CLASS GUIDELINES
Please read carefully; while we are excited to get back in the studio, things are not quite the same as you may be used to!

Drop-Off/Pick-Up:
- We ask that all dancers and family conduct a COVID-19 symptom self-check prior to arriving for class. Please see “Covid-19 Policies and Procedures” for a self-check questionnaire.
- Parents will be required to walk their child to their child’s classroom:
Anyone entering the building will be required to have their temperature checked by a staff member. This includes parents & siblings; if someone in your group has a temperature of 100.4°F or higher, you will not be allowed to enter.

- Everyone age 2 and up will be required to wear a face covering if entering the building.
- Please drop off dancers no more than 5 minutes before class, and please pick up promptly at the end of class. This will help minimize the amount of people in the building or passing through at a given time.
- Dancers should arrive already dressed for class or with tights/leotard under street clothing, if possible.
- Dancers should bring individual water bottles (clear water only - no juice, tea, soda, etc.) to class. A touchless bottle filling station is available in the lobby of the Lincoln Center. Water fountains will not be available.
- Dancers should use the restroom before class; please try to go before arriving at the Lincoln Center.
- Dancers with back-to-back classes will be permitted to stay in the building between classes; please note they will be unsupervised. Dancers with more than a 15-minute break between classes will need to be picked up between classes.
- **On-site registration is not available.** If a dancer is not listed on the class roster, they will not be permitted to join the class.

**During Class:**

- In accordance with the IDCEO and ISBE guidelines regarding youth and adult sports, face coverings will be required for both staff and dancers, both while entering the building/class and while actively dancing. We understand that dancing while wearing a face covering will be new to most participants; instructors will work up to more challenging/aerobic activity slowly throughout the season, and students will be monitored carefully!
- Each student will have a designated space during class; all students will be at least 6 feet apart.
- Hand sanitizer will be available before, during and after class.
- Props, floor work and barre use will be minimized. All props or barres used will be sanitized between classes. Dancers may be asked to bring a yoga mat, blanket or towel if floor stretching/work is needed for class.
- With the exception of private lessons, parents will not be permitted to wait in the hallways. Parents are welcome to wait outside at Constitution Park if weather permits.

**COVID-19 POLICIES AND PROCEDURES**

**Face Coverings**

All persons entering the building will be required to wear a face covering. Face coverings must be worn by staff at all times. Dancers will be required to wear a face covering during class, including while actively dancing. Face shields alone are not an adequate substitute for a face covering.

**Absences**

If child(ren) are ill and are not going to be attending please call/email to report your child absent. If your child has contracted a contagious illness such as COVID-19, chicken pox, strep, lice or pink eye, you will need to report this as soon as possible to the Park District.

Email: afontanetta@dgparks.org

Phone: 630-960-4491

**Illness**

Children should be kept home if they exhibit any of the following symptoms:

- Showing any signs of COVID-19 symptoms
- Fever/high temperature
- Diarrhea/vomiting
- Rash
- Discharge from nose, ears or eyes
Self-Check Questionnaire
We are asking all staff, parents and participants to do at home self-checks before arriving to class. Per the CDC, individuals with COVID-19 have had a wide range of symptoms, from mild to severe illness. Symptoms may appear 2 to 14 days after exposure to the virus.

Individuals with these symptoms may have COVID-19: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

Prior to arriving, please complete the following self-check:

- Do I have symptoms of respiratory infection or other new symptoms noted above (cough, shortness of breath)?
  - No – proceed to class
  - Yes, but symptoms have a known cause (asthma, COPD, chronic sinusitis, etc. – proceed to class

- Do I have a fever at or above 100.4 degrees Fahrenheit?
  - No – proceed to class
  - Yes – don’t proceed to class

- Do I feel sick?
  - No – proceed to class
  - Yes – don’t proceed to class

If a participant shows any COVID-19 like symptoms, we ask that the individual remain home until they have been fever free without fever reducing medication for at least 24 hours AND at least 10 days have passed since the symptoms first appeared. Staff or participants who have had close contact with someone who is diagnosed with COVID-19 should quarantine for 14 days after the most recent contact with the infectious individuals. A Doctor’s note may be required before returning to class.

If the Park District is informed that your child has come into close contact with an individual with COVID-19, you will be notified as quickly as possible.

DECEMBER RECITAL
At this time, we are considering several options for the December Recital. Our plans will align with all COVID-19 related regulations in place at that time. Please remember, there are no costumes/costume fees or other extra costs associated with the December Recital.

DANCE TEAM
In accordance with the IDCEO and ISBE guidelines regarding youth and adult sports, Dance Team is not currently allowed to attend any competitions, and it is unclear when we will be allowed to return to competition. As an alternative to regularly scheduled practices, we are in the process of developing a series of skill-building and conditioning classes open for all past or prospective team members, ages 7+. It is our hope that competitions will resume in the spring of 2021; to that end, we tentatively plan to hold auditions in late fall. More information to come!