

Downers Grove Park District **RECREATION GUIDE**

SPRING/SUMMER 2020



(630.960.7500 •  INFO@DGPARKS.ORG •     • DGPARKS.ORG

RESIDENT REGISTRATION • MARCH 9
NON-RESIDENT REGISTRATION • MARCH 16

REGISTRATION
NOW OPEN



EARLY BIRD
RATE AVAILABLE

PANTHER JR. FOOTBALL & CHEER

- All required football equipment included in fees
- Teams based on age for football and grade for cheer (5-15ys)
- Competition levels designed for Rookie & Veteran Players
- Cheerleaders cheer both games & participate in competitions
- Super Bowl held at Benedictine University in Lisle, IL
- Panthers is a member of the Bill George Youth Football League (BGYFL)



Better Coaching and Training - A Safer League is a Better League

- USA Football Course/Certification or ASEP Certification required for all
- Concussion education and training required for all coaches
- Trained Medical Professionals on the sidelines at games
- Coaches Clinics and training throughout the year
- Equipment that is the latest technology! Helmets provided that are re-certified each year and replaced every 5 years.

Please visit our website FAQ for more specific information at www.pantherjrfootball.org or check us out on  

“The Difference is in the Heart”



COME JOIN OUR FAMILY OF 56 YEARS OF TRADITION!

Please contact President@pantherjrfootball.org or call (630) 230-1070 with any questions.



2020 SPRING/SUMMER RECREATION GUIDE

REGISTRATION DATES

- **MARCH 9** RESIDENT REGISTRATION OPENS
- **MARCH 16** NON-RESIDENT REGISTRATION OPENS

WHAT'S INSIDE...

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FACILITY DIRECTORY

LINCOLN CENTER

935 Maple Ave., Downers Grove
630.963.1300

DOWNERS GROVE GOLF CLUB

2420 Haddow Ave., Downers Grove
630.963.1306

DOWNERS GROVE MUSEUM

831 Maple Ave., Downers Grove
630.963.1309

DOWNERS GROVE RECREATION CENTER & 4500 FITNESS

4500 Belmont Ave., Downers Grove
630.960.7250

LYMAN WOODS NATURE CENTER & PRESERVE

901 31st St., Downers Grove
630.963.9388

MINER MIKE'S ADVENTURE GOLF

McCollum Park, 6801 Main St., Downers Grove
630.963.8793

PARK DIRECTORY

For all park locations, visit dgparks.org

DOERHOEFER PARK: 41st & Saratoga

EBERSOLD PARK: 59th & Main

FISHEL PARK: 1036 Grove St.

HUMMER PARK: 4833 Fairview Ave.

McCOLLUM PARK: 6801 Main St.

3 EASY WAYS TO REGISTER

DETAILS ON PGS. 142-143



ONLINE



IN PERSON



DROP OFF

BOARD OF PARK COMMISSIONERS



PRESIDENT | CATHY MAHONEY
CMAHONEY@DGPARKS.ORG



VICE PRESIDENT | SANDRA MCDONNELL
SMCDONNELL@DGPARKS.ORG



SECRETARY | LIZZ HELLINGA
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TREASURER | JON DAHLSTROM
JDAHLSTROM@DGPARKS.ORG



COMMISSIONER | BOB KOTULA
BKOTULA@DGPARKS.ORG

PARK & FACILITY NEWS

LEARN MORE @ DGPARKS.ORG

1846 PIONEER BLODGETT HOUSE

After years of planning and fundraising efforts, the 1846 Pioneer Blodgett House is now open during regular hours at the Downers Grove Museum Campus. The structure is one of the oldest homes in the community and has great historical significance as an active stopover point on the Underground Railroad.

COMING TO MCCOLLUM PARK

The Downers Grove Park District has been awarded a \$400,000 OSLAD Grant to develop new amenities and renovations at McCollum Park. The project will include a new sprayground, renovated tennis/pickleball courts with LED lighting, renovated concession plaza, new park shelters and the resurfacing of the existing asphalt perimeter pathway. Construction will begin in early fall of 2020 and the improvements will be finished in 2021.

INTERACTIVE PUBLIC TREE MAP

All trees owned and managed by the Downers Grove Park District have been catalogued and mapped through a GIS system that is available for public viewing through an interactive online map. Learn more about the species, leaf type, height, spread and more for each tree on the map at dgparks.org under Parks & Facilities: Interactive Public Tree Map.

DOWNERS GROVE GOLF CLUB

When the Downers Grove Golf Club opens for the season this spring, visitors will enjoy new Clubhouse improvements including new check-in and dining countertop and reconfiguration of the Pro Shop area.



DOWNERS GROVE PARK DISTRICT

FREE CONCERTS • TUESDAYS AT 7PM • VETERANS MEMORIAL PAVILION
FISHEL PARK, DOWNERS GROVE IL • FOOD, WINE & BEER AVAILABLE FOR PURCHASE

2020 LINEUP

MAY 26- THE WAYOUTS, OLDIES • **JUNE 2-** GOOD CLEAN FUN, POP

JUNE 9- ETHAN BELL BAND, COUNTRY • **JUNE 16-** BLOOZE BROTHERS TRIBUTE, BLUES BROTHERS

JUNE 23- BRASS FROM THE PAST, HORNS • **JUNE 30-** PETTY CASH, TRIBUTE- TOM PETTY AND JOHNNY CASH

JULY 7- GENERATION, CLASSIC ROCK • **JULY 14-** HELLO WEEKEND, POP

JULY 21- DANCING QUEEN TRIBUTE, ABBA • **JULY 28-** BILLY CROFT & THE 5 ALARM BAND, COUNTRY

AUG. 4- SUSHI ROLL, POP/COVER • **AUG. 11-** CHICAGO TRIBUTE ANTHOLOGY, TRIBUTE - CHICAGO

AUG. 18- ROSIE AND THE RIVETS, OLDIES - 50S

***AUG. 25-** JK AND THE JAM

*Sponsored by the First Congregational United Church of Christ

We card everyone! Please be prepared to show your ID if you will be enjoying an alcoholic beverage at our concerts. Visitors may not bring outside alcoholic beverages.

SPECIAL EVENTS



ROAD RALLY

Looking for adventure? Grab your neighbors and friends to create a team of 4 to 6 adults per vehicle. You will get a map and bag of clues; you'll need teamwork, logic and luck to stay on track. Some clues are helpful while others are designed to throw you off course. This exciting and somewhat physically challenging four-hour scavenger hunt on wheels will test your mind, body and teamwork, so put on your thinking caps and start your engines! At the completion of the rally, teams meet for an awards presentation and socialize at a pizza dinner. This fun-filled event is coordinated with the Bolingbrook, Lisle, Naperville and Woodridge Park Districts. Space is limited. Registration deadline is April 15. Captain's letters are emailed the week prior to the event. An email address is required upon registration.

Age: 18+ **Min/Max:** 10/20 **R/NR:** \$109/\$129

Class #	Date	Day	Time	Location
2720A00-01	4/18	SA	3:00-8:30pm	Bolingbrook Park District

ADULT EGG HUNT

NEW! Who says kids should have all the fun at Easter time? Join us for our first-ever adult egg hunt! We'll start the night with appetizers and drinks before heading out on our hunt. This is a pre-registered event and you must be age 21 and up to participate. IDs will be checked at the door. Participants with food allergies may be exposed to allergens. Registration deadline is noon on April 8.

Age: 21+ **Min/Max:** 20/50 **R/NR:** \$30/\$40

Location: Downers Grove Golf Club

Class #	Date	Day	Time
2720A02-01	4/9	TH	7:00-9:00pm

EASTER CANDY HUNT

FREE! Ready, set, go! Come out for a hunt of sweet treats at Fishel Park. This is a free event. Sponsored by the Downers Grove Park District and the Kiwanis Club.

Age: 4-9 (parent/guardian must be present)

Location: Fishel Park

Date	Day	Time
4/4	SA	10:00am



FLASHLIGHT EGG HUNT

Caution! This is an egg hunt zone! Grab your flashlights and baskets and head to Fishel Park where you'll search for candy stuffed eggs under the moonlight. The hunt starts at 7:45pm sharp, so arrive early! No registration will be taken onsite. Participants with food allergies may be exposed to allergens. Registration deadline is noon on April 8.

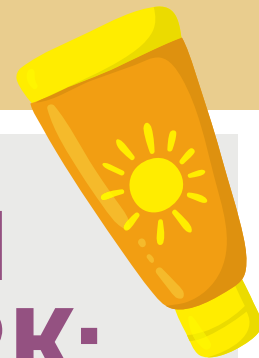
Age: 6-12 **Min/Max:** 30/99

R/NR: \$10/\$15

Location: Fishel Park

Class #	Date	Day	Time
2720A01-01	4/8	W	7:45-8:00pm





SUMMER CONCERT SERIES

FREE! Kick back, relax and enjoy free live music all summer long at Veterans Memorial Pavilion in Fishel Park! Concerts begin at 7 pm on Tuesday evenings May 26 through August 18 and will feature rock, country, blues and oldies. Don't forget your lawn chairs or blankets! Food, wine and beer* will be available for purchase starting at 6 pm each week. Fishel Park is located on Grove Street just west of Main Street.

See page 5 for concert lineup.

*We card everyone! Please be prepared to show your ID if you will be enjoying an alcoholic beverage at our concerts. Visitors may not bring outside alcoholic beverages.

PARTY IN THE PARK:

Hoopers Hollow Playground Dedication

FREE! Join us for a special dedication of the new playground at Hoopers Hollow Park! Families will enjoy free hands-on activities, games and giveaways in honor of Earth Day.

Location: Hoopers Hollow Park

Date	Day	Time
4/22	W	4:30-6:00pm



COUNTRY IN THE PARK

FREE! Visit the Downers Grove Museum to celebrate Downers Grove's pioneer past! As part of Founders Day, and sponsored by the Grove Foundation, visit with farm animals, view blacksmithing demonstrations, play 1850's pioneer-era games, and more! This free event is a perfect way to spend a spring Saturday with the family. Sponsored by the Grove Foundation.

Age: All **Location:** Downers Grove Museum

Date	Day	Time
5/2	SA	12:00-3:00pm

MOVIE IN THE PARK:

The Blues Brothers

FREE Celebrate the 40th anniversary of this classic 1980 Chicago musical comedy featuring the famous "Joliet" Jake and Elwood Blues. The Blues Brothers will be shown on our outdoor screen at the Downers Grove Golf Club and the adult-only evening will feature snacks, beer and wine available for purchase in the Driving Range Shelter. Don't miss the Blooze Brothers when they take the stage at 7pm on June 16 as part of our Summer Concert Series at Fishel Park.

Age: 18+ **Rating:** R
Location: Downers Grove Golf Club

Date	Day	Time
6/12	F	Approximately 9pm (sunset)

PARENT/CHILD SCRAMBLE

Swing into summer in this parent/child event! Parents have the chance to team with their young player, ages 5 to 16, in this two-person modified scramble format shotgun outing. Spend quality time with your child while helping them learn the game of golf. Afterwards, enjoy a BBQ cookout as we present awards to 1st and 2nd place winners in various age groups! Check-in begins at 1:00pm and shotgun start begins promptly at 2:00pm. Parents, please register only the child. Your fee includes 9 holes of golf for two, gas cart, warm-up balls in our covered range shelter, BBQ cookout and awards! Golfers must play with their own set of clubs, no sharing. Adult partners must be at least 18 years old. Make it an all-family affair and have them join us for the BBQ and awards presentation for only \$10 per person! All participants must be registered by May 2.

Age: 5-16 **Min/Max:** 8/28 **Fee Per Team:** \$80 **Location:** Downers Grove Golf Club

Code	Date	Day	Time
2720R01-01	5/9	SA	2:00-6:00pm

PASSPORT TO SAFETY/ WHEELY BIG TRUCKS

FREE!

Sponsored by the Downers Grove Park District, Fire Department and Police Department, Passport to Safety offers safety tips for all ages. Each child will receive a passport at the beginning of the event and use it to meet local safety personnel and learn important tips to keep you safe in and around your home. Afterwards, head outside to touch, see and explore trucks and vehicles of all shapes and sizes.

Age: All **Location:** Lincoln Center

Date	Day	Time
5/9	SA	10:00am-12:00pm

MOVIE IN THE PARK:

Christmas Vacation

FREE!

Christmas in July? You serious, Clark? Join us at Fishel Park to kick off our Christmas in July fest with an outdoor showing of Christmas Vacation. Don't forget your favorite low-rise chair or blanket. Refreshments will be available for purchase. Outside alcohol and smoking are not permitted.

Age: All **Rating:** PG-13 **Location:** Fishel Park

Date	Day	Time
7/24	F	Dusk (Approximately 8:45 PM)

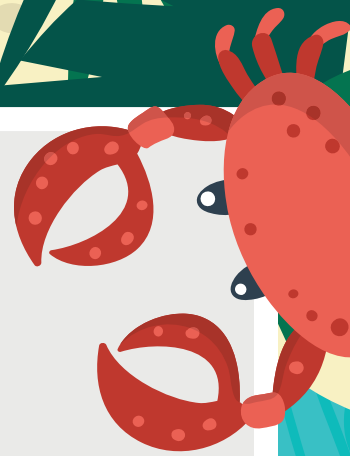
COUPLES SCRAMBLE

Calling all couples! Encourage family, friends and neighbors to register for some friendly competition. Couples will compete against each other in this shotgun, scramble format event with contests and prizes included. Participants also receive a drink ticket and enjoy a delicious cookout after the event. Arrive early and warm up with a small bucket in our new climate-controlled range shelter! After the cookout, stay and enjoy a game or two of bags with your friends or just hang around and enjoy a beverage or two. Fee includes greens fees, carts, prizes and dinner for two! Prizes are awarded to the top two teams. Friends over 21 years who can't make the tournament are welcome to attend the cookout for \$15 per person! Fee also includes a drink ticket.

Age: 21+ **Min/Max:** 8/28 **Fee Per Couple:** \$95
Location: Downers Grove Golf Club

Class #	Date	Day	Time
3720R01	7/11	SA	3:00-7:00pm

ANNUAL FISHING DERBY



FREE!

Reel in three hours of family fun at the Annual Fishing Derby. Prizes are awarded for the shortest and longest fish caught by each age level. The Downers Grove Moose, Rod and Gun Club and the Downers Grove Park District co-sponsor this annual event. A fishing license is required for participants 16 years and older. Licenses can be purchased at Bass Pro Shop or Wal-Mart. Registration required on-site at Barth Pond on the day of the event to be eligible for awards/prizes.

Age: All **Location:** Patriots Park/Barth Pond

Date	Day	Time
8/1	SA	8:00-11:00am

CHRISTMAS IN JULY FEST

FREE!

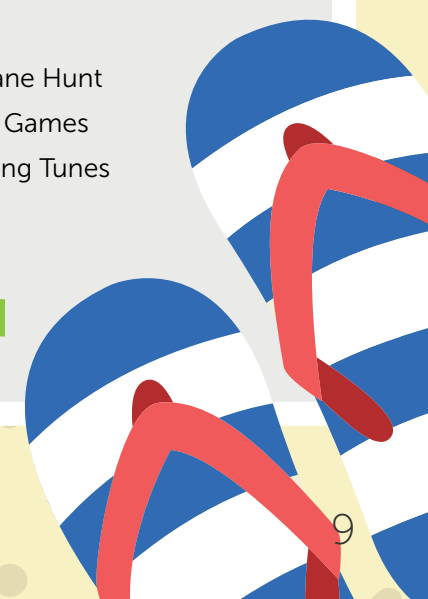
Christmas only comes once a year...or does it? Cool off this summer with winter-themed food, fun and activities at Fishel Park on July 25! An avalanche of tasty treats and a wide variety of cold beverages will be available for purchase. Stay tuned for more activities, which will be posted to dgparks.org soon!

FESTIVITIES WILL INCLUDE:

- Live Music from 7 to 9pm
- Ugly Christmas T-shirt Contest
- Live Reindeer
- Visit with Santa and other characters
- Winter-themed inflatables
- Cookie Decorating Station
- Candy Cane Hunt
- Snowball Games
- DJ Spinning Tunes

Age: All **Fee:** Free **Location:** Fishel Park

Date	Day	Time
7/25	SA	4:00-9:00pm





YOUR GUIDE TO

DOWNS GROVE PARK DISTRICT

SUMMER CAMPS

FULL DAY • HALF DAY • TRADITIONAL • SPECIALTY • SPORTS



SUMMER CAMP INFO

Camp Information

- Registrations will be accepted on a first-come, first-served basis until filled.
- Parent Manuals for summer camps are available online at dgparks.org/summercamps.
- For full-day camps, please bring a sack lunch, snack and water bottle.
- All outdoor campers should bring sunscreen and insect repellent.



Registration Deadline

Registration deadline is the end of the day Wednesday prior to each week of camp beginning or until the camp fills to the maximum number of participants. Anyone registering after the Wednesday prior to camp week beginning will be waitlisted. If on the waitlist and a spot becomes available, you will receive notification from Park District.

Cancellation Policy

Cancellation/refund requests must be made by noon on the Monday prior to a camp week beginning (1 week prior) in order to qualify for a full refund. Any requests made after that time will only be granted a refund if the spot is filled by a waitlisted participant or if accompanied by doctor's note due to a medical reason. Notifications on the status of a refund request will be made by the Thursday prior to the start of camp.

Traditional Day Camp Payment Plan Option

Take advantage of our convenient payment plan offered to campers enrolled in Kinder Camp, Adventure Camp and Teen Trekkers. A \$20 payment per each week of camp upon registration is all it takes to secure your child's spot for the summer! An automatic payment process takes place on May 15 for June camp days, June 15 for July camp days, and July 15 for August camp days.

EARLY CHILDHOOD TRADITIONAL CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Pee Wee Camp	2-3 years	9am-12pm	TU and TH	Lincoln Center	No	No	No
Exploration Station	3-5 years	9-11am	TU/W/TH or M-F	Lincoln Center	No	Yes	No

YOUTH TRADITIONAL DAY CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Kinder Camp	Entering Kindergarten	9am-4pm	M-F	Lincoln Center	Yes	No	Yes
Adventure Camp 1 st -2 nd Grade	Entering 1 st -2 nd Grade	9am-4pm	M-F	Tent Outside Lincoln Center	Yes	No	Yes
Adventure Camp 3 rd -5 th Grade	Entering 3 rd -5 th Grade	9am-4pm	M-F	Hummer Park	Yes	No	Yes
Teen Camps	Entering 6 th -8 th Grade	9am-4pm	M-F	Recreation Center	Yes	No	Yes

NATURE CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Nature Construction Zone	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Animal Superheroes	4-5 or 6-8 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Dig into the Dirt	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Dinosaur Adventures	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Lights, Camera, Action	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Wild Water	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Trails & Treasures	4-5 years	9am - 12pm or 1-4pm	M-F	Lyman Woods	Yes	No	Yes
Animal Olympics	4-5, 6-8 or 9-12 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Nature Detectives	6-8 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Muddy Sneakers	6-8 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
PaleoQuest	6-8 or 9-12 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Mythical Beasts & Where to Find Them	6-8 or 9-12 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Water Works	6-8 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Child vs. Wild	6-8 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Nature CSI	9-12 years	9am - 12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Nature Yard Wars	9-12 years	9am -12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Slippery, Slimy, Mud	9-12 years	9am -12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Nature Tube	9-12 years	9am -12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Wilderness Survival	9-12 years	9am -12pm and/or 1-4pm	M-F	Lyman Woods	Yes	Included with full day registration	Yes
Teen Wilderness Explorers	12-14 years	9am - 4pm	M-F	Lyman Woods	Yes	No	Yes

MUSEUM CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Museum of ME	9-12 years	9am - 12pm	M-F	Museum Campus	No	No	No
American Girl Doll Camp	6-9 years	9am - 12pm	M-F	Museum Campus	No	No	No
Fun with Fairytales	5-8 years	9am - 12pm	M-F	Museum Campus	No	No	No
Local Hero Camp	5-8 years	9am - 12pm	M-F	Museum Campus	No	No	No
Tivoli and Tie Dye	7-10 years	9am - 12pm	M-F	Museum Campus	No	No	No
Time Traveler	7-10 years	9am - 12pm	M-F	Museum Campus	No	No	No
Young Explorers	5-8 years	9am - 12pm	M-F	Museum Campus	No	No	No
Jr. Messy and Exploding Art	5-8 years	9am - 12pm	M-F	Museum Campus	No	No	No
Messy and Exploding Art	9-12 years	9am - 12pm	M-F	Museum Campus	No	No	No

PERFORMING ARTS CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Spoof! Improv	9-13 years	1-3pm	M-F	Lincoln Center	No	Yes	No
MusicStart	5-12 years	9am - 12pm	M-F	Lincoln Center	Yes	Yes	No
Groovin' in the Grove Dance	6-12 years	9am - 12pm	M-F	Lincoln Center	Yes	Yes	No
Breakdance & Hip Hop	6-12 years	9am - 12pm	M-F	Lincoln Center	Yes	Yes	No
Smart Start Art	5-12 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes

EARLY CHILDHOOD SPECIALTY CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
My First Lab	3-5 years	9am-12pm	M-F	Lincoln Center	No	Yes	No
Spanish Camp	3-5 years	9-11am	M-F	Lincoln Center	No	Yes	No
Math Plays	3-5 years	930-11am	M, TU, TH, F	Lincoln Center	No	Yes	No
Sticky Fingers Cooking	4-6 years	9-11am	M-F	Lincoln Center	No	Yes	No
Arts Playschool Camp	3-6 years	9am-12pm	M-TH	Lincoln Center	No	Yes	No
Jump Start Preschool Camp	3-5 years	1-3:30pm	M-TH	Lincoln Center	No	Yes	No
Princess Camp	3-5 years	9-11:30am OR 1-3pm	M-TH	Lincoln Center	No	Yes	No
Super Hero Camp	3-5 years	9-11:30am OR 1-3pm	M-TH	Lincoln Center	No	Yes	No
Safari Camp	3-5 years	9-11:30am OR 1-3pm	M-TH	Lincoln Center	No	Yes	No
Gym Kids Camp	3-5 years	9-11:30am OR 1-3pm	M-TH	Lincoln Center	No	Yes	No

COUNTRY IN THE PARK

FREE! Visit the Downers Grove Museum to celebrate Downers Grove's Pioneer past! As part of Founders Day, and sponsored by the Grove Foundation, visit with farm animals, view blacksmithing demonstrations, play 1850's pioneer-era games, and more! This free event is a perfect way to spend a spring Saturday with the family. Sponsored by the Grove Foundation.

Age: All **Location:** Downers Grove Museum

Date	Day	Time
5/2	SA	12:00-3:00pm

YOUTH SPECIALITY CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Adventures in STEM with LEGO	5-6 years	9am-12pm	M-F	Lincoln Center	Yes	Yes	No
Emmets World Engineering Camp	5-9 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes
Lego City Engineering & Architects Camp	5-9 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes
Extreame Ninja Adventure Camp	5-9 years	9am-12pm	M-F	Lincoln Center	Yes	Yes	No
Mining & Crafting Adventures Summer Camp	5-10 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes
Summer Spanish Camp	5-11 years	9-11am	M-F	Lincoln Center	Yes	Yes	No
Secret Agent Lab	5-12 years	8am-12pm	M-F	Lincoln Center	Yes	Yes	No
Mad Science NASA Camp	5-12 years	8am-12pm	M-F	Lincoln Center	Yes	Yes	No
Crazy Chemworks Camp	5-12 years	8am-12pm	M-F	Lincoln Center	Yes	Yes	No
Princess Camp	6-8 years	9am-12pm	TU-TH	Lincoln Center	Yes	Yes	No
Robotics Adventures	6-8 years	1-3pm	M-TH	Lincoln Center	No	Yes	No
Battle Bot Camp	6-12 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes
Messy Camp	6-8 and 9-12 years	9am-12pm & 1-4pm	TU-TH	Lincoln Center	Yes	Yes	Yes
Nerf and Dodgerball Camp	7-10 years	1-4pm	TU-TH	Lincoln Center	No	Yes	Yes
Lego Jr Robotics and Coding Camp	7-10 years	9am-12pm	M-F	Lincoln Center	Yes	Yes	No
STEM Explorations with LEGO	7-12 years	1-4pm	M-F	Lincoln Center	No	Yes	Yes
Sticky Fingers Cooking Network Camp	7-12 years	9am-12pm and 1230-330pm	M-F	Lincoln Center	Yes	Yes	Yes
Baking Boot Camp	7-12 years	1230-330pm	M-F	Lincoln Center	No	Yes	Yes
Farm to Table Cooking Camp	7-12 years	1230-330pm	M-F	Lincoln Center	No	Yes	Yes
STEAM Cooking Camp	7-12 years	1230-330pm	M-F	Lincoln Center	No	Yes	Yes
Create and Animate with Scratch	8-12 years	1-3pm	M-TH	Lincoln Center	No	Yes	No
Stop Motion Animation Movie Making Camp	8-13 years	9am-12pm	M-F	Lincoln Center	Yes	Yes	No



SPORTS CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
All Star Sports - Multi Sports	6-8 or 8-10 years	10am - 12pm or 12:30-2:30pm	M-F	McCullum Park	No	No	No
All Star Sports - Baseball	6-8 or 8-10 years	10am - 12pm or 12:30-2:30pm	M-F	McCullum Park	No	No	No
All Star Sports - Flag Football	6-8 or 8-10 years	10am - 12pm or 12:30-2:30pm	M-F	McCullum Park	No	No	No
All Star Sports - Basketball	6-8 or 8-10 years	10am - 12pm or 12:30-2:30pm	M-F	Recreation Center	No	No	No
All Star Sports - Volleyball	8-10 or 10-12 years	10am - 12pm or 12:30-2:30pm	M-F	Recreation Center	No	No	No
All Star Sports - Floor Hockey	6-8 or 8-10 years	10am - 12pm or 12:30-2:30pm	M-F	Recreation Center	No	No	No
All Star Sports - Dodgeball	8-10 or 10-12 years	10am - 12pm or 12:30-2:30pm	M-F	Recreation Center	No	No	No
New Wave Lacrosse Boys One Star	5-13 years	9am - 10:30am or 5-6:30pm	SA/SU; M/TU; W/TH	Ebersold Park	No	No	No
New Wave Lacrosse Boys Two Star	5-13 years	9am - 10:30am or 5-6:30pm	M/TU or W/TH	Ebersold Park/ Nike Park	No	No	No
New Wave Lacrosse Girls One Star	5-13 years	9am - 10:30am or 5-6:30pm	SA/SU; M/TU; W/TH	Ebersold Park	No	No	No
New Wave Lacrosse Girls Two Star	5-13 years	9am - 10:30am or 5-6:30pm	M/TU or W/TH	Ebersold Park/ Nike Park	No	No	No
Challenger International Soccer	3-5 or 6-14 years	8-9am or 9:15am-12:15pm or 9:15am-4:15pm	M-F	Doerhoefer Park	No	No	No
Tetra Brazil Soccer	3-5 or 6-14 years	8-9am or 9:15am-12:15pm or 9:15am-4:15pm	M-F	Doerhoefer Park	No	No	No
Chicago Fire Soccer	3-5 or 6-9 or 10-14 years	8-9am or 9am - 12pm or 9am - 4pm	M-F	Doerhoefer Park	No	No	No
5 Star Soccer	5-13 years	1-4pm	M-F	Doerhoefer Park	No	No	No
Chicago Bulls Basketball	6-12 years	1-4pm	M-F	Recreation Center	No	No	No
Chicago White Sox Fastpitch All Skills	7-9 or 10-12	11am-2pm or 10am-1pm or 5:30pm-8:30pm	SA or TU	West Suburban Sports Complex	No	No	No
Chicago White Sox Baseball	5-8 or 9-12 years	9am-12pm or 1-4pm	M-TH	West Suburban Sports Complex	No	No	No

GOLF CAMPS

Camp	Age	Time	Day	Location	Before Care Available	Lunch Bunch Available	After Care Available
Little Linkers Golf Camp	5-7 years	10-10-45am or 8-8:45am	SA or M-W	DGPD Golf Club	No	No	No
Start Smart Golf	3-4 years	8-8:30am or 8:30-9am	SA	DGPD Golf Club	No	No	No
High School Prep Camp	12-18 years	1-3:00 pm	M-TH	DGPD Golf Club	No	No	No
Junior Aces Golf Camp	8-14 years	9-9:45am or 11-11:45am	M-F	DGPD Golf Club	No	No	No

BEFORE & AFTER CARE

BEFORE CARE

Located at the Lincoln Center

Need summer camp care before 9:00am? Take advantage of our before care program. The before care site at the Lincoln Center will be for any campers who are enrolled in the following camps:

- **Kinder Camp**
- **Adventure Camp 1st-2nd Grade**
- **Lyman Woods Nature Camps**
- **Teen Trekkers**
- **Specialty Camps (including Cultural Arts camps) held at the Lincoln Center**

Note:

- Be sure to register for the correct before care option that matches your day camp for the week!
- Lyman Woods Camps and Teen Trekkers will be transported to their camp locations by a First Student School Bus. All Lyman Woods and Teen Trekkers campers must arrive to before care by 8:30am.
- Before care staff will walk children to their Specialty Camps located inside the Lincoln Center at 9:00am.

Age: 5-13 R/NR: \$45/\$68 Day: M-F

Time: 7:00-9:00am

Location: Tent Outside of Lincoln Center

Before Care

Week	Date	Kinder Camp	Adventure Camp 1st-2nd Grade	Teen Trekkers	Specialty/Cultural Arts Camps	Lyman Woods Nature Camps
1	6/8-6/12	3210M02-01	3210M07-01	3210M12-01	3210M11-01	N/A
2	6/15-6/19	3210M02-02	3210M07-02	3210M12-02	3210M11-02	3240H10-01
3	6/22-6/26	3210M02-03	3210M07-03	3210M12-03	3210M11-03	3240H10-02
4	6/29-7/3	3210M02-04	3210M07-04	3210M12-04	3210M11-04	N/A
5	7/6-7/10	3210M02-05	3210M07-05	3210M12-05	3210M11-05	3240H10-03
6	7/13-7/17	3210M02-06	3210M07-06	3210M12-06	3210M11-06	3240H10-04
7	7/20-7/24	3210M02-07	3210M07-07	3210M12-07	3210M11-07	3240H10-05
8	7/27-7/31	3210M02-08	3210M07-08	3210M12-08	3210M11-08	3240H10-06
9	8/3-8/7	3210M02-09	3210M07-09	3210M12-09	3210M11-09	3240H10-07
10	8/10-8/14	3210M02-10	3210M07-10	3210M12-10	3210M11-10	3240H10-08

BEFORE CARE

Located at the Hummer Park

The before care site at Hummer Park is only for campers who are enrolled in Adventure Camp 3rd-5th Grade, which is also located at Hummer Park.

Age: Entering 3rd-5th Grade R/NR: \$45/\$68

Day: M-F Time: 7:00-9:00am Location: Hummer Park

Week	Date	Class Code
1	6/8-6/12	3210M08-01
2	6/15-6/19	3210M08-02
3	6/22-6/26	3210M08-03
4	6/29-7/3	3210M08-04
5	7/6-7/10	3210M08-05
6	7/13-7/17	3210M08-06
7	7/20-7/24	3210M08-07
8	7/27-7/31	3210M08-08
9	8/3-8/7	3210M08-09
10	8/10-8/14	3210M08-10



AFTER CARE

Located At The Lincoln Center

Need summer camp care past 4:00pm? Take advantage of our after care program. The after care site at the Lincoln Center will be for any campers who are enrolled in the following camps:

- **Kinder Camp**
- **Adventure Camp 1st-2nd Grade**
- **Adventure Camp 3rd-5th Grade**
- **Lyman Woods Nature Camps**
- **Teen Trekkers**
- **Specialty Camps (including Cultural Arts camps) held at the Lincoln Center**

Note:

- Be sure to register for the correct before care option that matches your day camp for the week!
- Adventure Camp 3rd-5th Grade, Lyman Woods Camps and Teen Trekkers will be transported from their camp locations to the Lincoln Center by a First Student School Bus. The after care bus will arrive at the Lincoln Center between 3:30-4:30pm.
- After care staff will pick up children from their Specialty Camps located inside the Lincoln Center and walk them to after camp.

Age: 5-13 R/NR: \$45/\$68 Day: M-F

Time: 4:00-6:00pm

Location: Tent Outside of Lincoln Center

After Care

Week	Date	Kinder Camp	Adventure Camp 1st-2nd Grade	Adventure Camp 3rd-5th Grade	Teen Trekkers	Specialty/Cultural Arts Camps	Lyman Woods Nature Camps
1	6/8-6/12	3210M13-01	3210M09-01	3210M14-01	3210M15-01	3210M11-01	N/A
2	6/15-6/19	3210M13-02	3210M09-02	3210M14-02	3210M15-02	3210M11-02	3240H11-01
3	6/22-6/26	3210M13-03	3210M09-03	3210M14-03	3210M15-03	3210M11-03	3240H11-02
4	6/29-7/3	3210M13-04	3210M09-04	3210M14-04	3210M15-04	3210M11-04	N/A
5	7/6-7/10	3210M13-05	3210M09-05	3210M14-05	3210M15-05	3210M11-05	3240H11-03
6	7/13-7/17	3210M13-06	3210M09-06	3210M14-06	3210M15-06	3210M11-06	3240H11-04
7	7/20-7/24	3210M13-07	3210M09-07	3210M14-07	3210M15-07	3210M11-07	3240H11-05
8	7/27-7/31	3210M13-08	3210M09-08	3210M14-08	3210M15-08	3210M11-08	3240H11-06
9	8/3-8/7	3210M13-09	3210M09-09	3210M14-09	3210M12-09	3210M11-09	3240H11-07
10	8/10-8/14	3210M13-10	3210M09-10	3210M14-10	3210M12-10	3210M11-10	3240H11-08



TRADITIONAL DAY CAMP

PRESCHOOL CAMPS

Pee Wee Camp

Is your child ready to begin his or her journey into independence? Pee Wee Camp is designed to help young children transition into a structured program, where gaining independence and fostering socialization skills are emphasized. A caring and comforting environment with experienced teachers are the heart of the program. Creative expression, circle time and motor skill development will help your child get ready for their next classroom adventure. Class structure is consistent with the fall 2-year-old program, the stepping stone to the Lincoln Learning Center Preschool Program. Pull-Ups are permitted for campers who are working on potty training skills.

Age: 2-3 Min/Max: 10/16 R/NR: \$65/\$95

Location: Lincoln Center

Class #	Date	Day	Time
3210L02-01	6/9 & 6/11	TU/TH	9:00-11:00am
3210L02-02	6/16 & 6/18	TU/TH	9:00-11:00am
3210L02-03	6/23 & 6/25	TU/TH	9:00-11:00am
3210L02-04	7/7 & 7/9	TU/TH	9:00-11:00am
3210L02-05	7/14 & 7/16	TU/TH	9:00-11:00am
3210L02-06	7/21 & 7/23	TU/TH	9:00-11:00am
3210L02-07	7/28 & 7/30	TU/TH	9:00-11:00am
3210L02-08	8/4 & 8/6	TU/TH	9:00-11:00am

MAKE IT A FULL DAY!

Add on our Lunch Bunch program and Jump Start camp to Exploration Station to create a full day experience! Pre-registration required.

Exploration Station

Preschool campers have a blast making new friends while enjoying stimulating activities in a supportive atmosphere. Creativity and imagination abound as campers actively engage in their world through arts and crafts, stories, songs, indoor and outdoor games and free play time. Camp activities enhance social skills and ease separation anxiety. Children must be age specified within one week after the start of the class and toilet-trained (no Pull-Ups).

Age: 3-5 Min/Max: 10/20 Location: Lincoln Center

Time: 9:00am-12:00pm

5-DAY CAMP

Week	Class #	Date	Day	R/NR
1	3210L00-01	6/8 - 6/12	M-F	\$100/\$130
2	3210L00-02	6/15 - 6/19	M-F	\$100/\$130
3	3210L00-03	6/22 - 6/26	M-F	\$100/\$130
4	3210L00-04	7/6 - 7/10	M-F	\$100/\$130
5	3210L00-05	7/13 - 7/17	M-F	\$100/\$130
6	3210L00-06	7/20 - 7/24	M-F	\$100/\$130
7	3210L00-07	7/27 - 7/31	M-F	\$100/\$130
8	3210L00-08	8/3 - 8/7	M-F	\$100/\$130

3-DAY CAMP

Week	Class #	Date	Day	R/NR
1	3210L01-01	6/9 - 6/11	TU-TH	\$70/\$100
2	3210L01-02	6/16 - 6/18	TU-TH	\$70/\$100
3	3210L01-03	6/23 - 6/25	TU-TH	\$70/\$100
4	3210L01-04	7/7 - 7/9	TU-TH	\$70/\$100
5	3210L01-05	7/14 - 7/16	TU-TH	\$70/\$100
6	3210L01-06	7/21 - 7/23	TU-TH	\$70/\$100
7	3210L01-07	7/28 - 7/30	TU-TH	\$70/\$100
8	3210L01-08	8/4 - 8/6	TU-TH	\$70/\$100



TRADITIONAL DAY CAMP

KINDER CAMP

Kinder Camp

NEW!

Check out this new camp just for children entering Kindergarten! This camp incorporates age-appropriate camp activities, art projects, group games and much more! Campers will go to a local splash pad once a week and also attend one field trip per week. Fee includes admission to field trips and a camp T-shirt to wear on field trip days.

Age: Entering Kindergarten

R/NR: \$150/\$180

Location: Lincoln Center

FULL-DAY CAMP

Week	Class #	Date	Day	Time
1	3210M01-01	6/8 - 6/12	M-F	9:00am-4:00pm
2	3210M01-02	6/15 - 6/19	M-F	9:00am-4:00pm
3	3210M01-03	6/22 - 6/26	M-F	9:00am-4:00pm
4	3210M01-04	6/29 - 7/3	M-F	9:00am-4:00pm
5	3210M01-05	7/6 - 7/10	M-F	9:00am-4:00pm
6	3210M01-06	7/13 - 7/17	M-F	9:00am-4:00pm
7	3210M01-07	7/20 - 7/24	M-F	9:00am-4:00pm
8	3210M01-08	7/27 - 7/31	M-F	9:00am-4:00pm
9	3210M01-09	8/3 - 8/7	M-F	9:00am-4:00pm
10	3210M01-10	8/10 - 8/14	M-F	9:00am-4:00pm

Safety Town

Safety Town is a nationally recognized safety education program presented by the Downers Grove Police Department, Downers Grove Junior Woman's Club, Downers Grove Park District and teen volunteers. A mini safety town, complete with kid-sized buildings, street signs and sidewalks, provides an environment where children learn pedestrian, passenger and at-home safety. Children ride big wheel trikes and enjoy visits by local school bus and fire department staff, while learning bike, school bus and fire safety lessons. Families are invited to graduation day on the last day of each session, where children receive a certificate and share their learning experience. Each child receives an official Safety Town T-shirt and class picture. A detailed program outline is provided prior to the start of the program. Child must be entering kindergarten and be age specified by Sept. 1.

Age: 5-6

Min/Max: 20/40

R/NR \$30/\$45

Location: Downers Grove Recreation Center

Class #	Date	Day	Time
3270A00-01	7/27 - 7/31	M-F	9:00-10:30am
3270A00-02	7/27 - 7/31	M-F	11:15am-12:45pm
3270A00-03	8/3 - 8/7	M-F	9:00-10:30am
3270A00-04	8/3 - 8/7	M-F	11:15am-12:45pm



TRADITIONAL DAY CAMP

ADVENTURE CAMP

Adventure Camp: 1st-2nd Graders

This full-day, week-long camp for children entering 1st to 2nd grade, will keep kids having fun all summer! Adventure Camp offers children a traditional day camp experience including group games, sports, swimming, field trips, crafts and team building activities. Campers will swim twice a week and also attend one field trip per week. Fee includes admission to field trips and a camp T-shirt to wear on field trip days.

Age: Entering 1st-2nd Grade R/NR: \$160/\$190

Location: Lincoln Center

Week	Class #	Date	Day	Time
1	3210M03-01	6/8 - 6/12	M-F	9:00am-4:00pm
2	3210M03-02	6/15 - 6/19	M-F	9:00am-4:00pm
3	3210M03-03	6/22 - 6/26	M-F	9:00am-4:00pm
4	3210M03-04	6/29 - 7/3	M-F	9:00am-4:00pm
5	3210M03-05	7/6 - 7/10	M-F	9:00am-4:00pm
6	3210M03-06	7/13 - 7/17	M-F	9:00am-4:00pm
7	3210M03-07	7/20 - 7/24	M-F	9:00am-4:00pm
8	3210M03-08	7/27 - 7/31	M-F	9:00am-4:00pm
9	3210M03-09	8/3 - 8/7	M-F	9:00am-4:00pm
10	3210M03-10	8/10 - 8/14	M-F	9:00am-4:00pm

Adventure Camp: 3rd-5th Graders

This outside-based traditional day camp will allow children entering 3rd to 5th grade to enjoy the great outdoors at Hummer Park filled with group games, sports, swimming, field trips, crafts and team building activities. Campers will swim once a week and also attend two field trip per week. Fee includes admission to field trips and a camp T-shirt to wear on field trip days.

Age: Entering 3rd-5th Grade R/NR: \$170/\$200

Location: Hummer Park

Class #	Code	Date	Day	Time
1	3210M04-01	6/8 - 6/12	M-F	9:00am-4:00pm
2	3210M04-02	6/15 - 6/19	M-F	9:00am-4:00pm
3	3210M04-03	6/22 - 6/26	M-F	9:00am-4:00pm
4	3210M04-04	6/29 - 7/3	M-F	9:00am-4:00pm
5	3210M04-05	7/6 - 7/10	M-F	9:00am-4:00pm
6	3210M04-06	7/13 - 7/17	M-F	9:00am-4:00pm
7	3210M04-07	7/20 - 7/24	M-F	9:00am-4:00pm
8	3210M04-08	7/27 - 7/31	M-F	9:00am-4:00pm
9	3210M04-09	8/3 - 8/7	M-F	9:00am-4:00pm
10	3210M04-10	8/10 - 8/14	M-F	9:00am-4:00pm



**CHECK OUT
BEFORE &
AFTER CARE
on pages 16-17.**



TRADITIONAL DAY CAMP

TEEN CAMPS

Teen Trekkers

This camp will keep teens entering 6th to 8th grade busy all summer long with swimming once a week and two to three field trip per week. Field trips will include arcades, museums, water parks, laser tag, bowling, mini golf, amusement parks, sports, games, beaches and more! Fee includes admission to field trips and a camp T-shirt to wear on field trip days.

Age: Entering 6th-8th Grade R/NR: \$190/\$220

Location: Downers Grove Recreation Center

Week	Class #	Date	Day	Time
1	3210M06-01	6/8 - 6/12	M-F	9:00am-4:00pm
2	3210M06-02	6/15 - 6/19	M-F	9:00am-4:00pm
3	3210M06-03	6/22 - 6/26	M-F	9:00am-4:00pm
4	3210M06-04	6/29 - 7/3	M-F	9:00am-4:00pm
5	3210M06-05	7/6 - 7/10	M-F	9:00am-4:00pm
6	3210M06-06	7/13 - 7/17	M-F	9:00am-4:00pm
7	3210M06-07	7/20 - 7/24	M-F	9:00am-4:00pm
8	3210M06-08	7/27 - 7/31	M-F	9:00am-4:00pm
9	3210M06-09	8/3 - 8/7	M-F	9:00am-4:00pm
10	3210M06-10	8/10 - 8/14	M-F	9:00am-4:00pm

Counselor in Training: Adventure Camp

Do you dream of one day becoming a camp counselor? This hands-on program will provide you with the skills needed to be an effective leader when working with children. C.I.T.'s will work directly with camp staff by assisting with daily activities at Adventure Camp. This is a truly rewarding experience for young adults interested in working with children and serving as a role model. Fee includes T-shirt, all field trips and hands-on training.

Age: 14-15 Min/Max: 2/5 R/NR: \$120/\$150

Location: Lincoln Center

Class #	Date	Day	Time
3210M05-01	7/6 - 7/17	M-F	9:00am-4:00pm
3210M05-02	7/27 - 8/7	M-F	9:00am-4:00pm

Counselor in Training: Early Childhood

NEW! Do you dream of one day becoming a camp counselor? This hands-on program will provide you with the skills needed to be an effective leader when working with children. C.I.T.'s will work directly with camp staff by assisting with daily activities at Exploration Station or Pee Wee Camps at the Lincoln Center. This is a truly rewarding experience for young adults interested in working with children and serving as a role model.

Age: 14-15 Min/Max: 2/5 R/NR: \$100/\$130

Location: Lincoln Center

Class #	Date	Day	Time
3210L10-01	7/6 - 7/17	M-F	9:00am-1:00pm
3210L10-02	7/27 - 8/7	M-F	9:00am-1:00pm

CHECK OUT
TEEN WILDERNESS
EXPLORERS
on page 26.



NATURE CAMPS

SPEND SUMMER OUTSIDE!

Join our adventure and discover nature! Led by our team of Naturalists, counselors, and volunteers, your child will spend time outdoors playing, exploring and making new friends. Each week is an exciting new adventure with new games, crafts, experiments, and explorations! Sign up for the weeks that spark your child's interest, or choose all for a fun-filled summer!

- Camp fee includes camp T-shirt. Children are responsible for bringing their own lunch and mid-camp snack.
- Full day is not available for ages 4 to 5.
- Need before or after care? Hours are available with transport provided! Check out before and after care Lyman Woods Camp at Lincoln Center on pgs. 12-13.



MAKE IT A FULL DAY!

Sign up for both a morning and afternoon session for a full-day experience! Available to campers ages 6 to 12, morning and afternoon sessions feature different activities. Please send a snack and lunch for full day campers.

CAMP FULL?

Take advantage of our waitlists! Additional space for camps may be opened depending on need.

AGES 4-5

FULL DAY IS NOT AVAILABLE FOR AGES 4 TO 5

Nature Construction Zone

NEW! Animals in nature are builders, and you can be too! We'll take a look at how crafty animals can be. Try your hand at some woodworking, construct a beaver dam and bird nest, and use natural materials around you to let your creativity run wild!

Animal Superheroes

NEW! Did you know that animals have hidden super powers? Come learn all about their powers and create your very own animal super hero, complete with cape and mask! This will be a fun week of testing out crazy super powers, so bring your iron will!

Dig into Dirt

NEW! Mud pies, worms, and puddles, oh my! Spend the week learning what animals live in the dirt and why they are so important! We'll dig for bugs and worms, do some gardening and plant seeds, and of course play in the mud! Make sure to bring extra sets of clothes and your rain boots for this one!

Dinosaur Adventures!

NEW! Do you know which dinosaur had the longest tail? Which was the fiercest meat-eater around? Discover these answers and much more as we go dinosaur hunting, make some fossils, and learn all about the different kinds of dinosaurs that once roamed the Earth!

Lights, Camera, Action!

NEW! Do you like to use your imagination and pretend to be something else? This week is for you! We will make costumes, dress up and act out some stories written by you and your fellow campers!

Wild Water

Water games, wetland explorations, fishy crafts, and more! This week we will learn all about water and have fun while doing it! Make sure to bring clothes that can get muddy and wet. Extra sets of clothing are a must this week!

Trails & Treasure

Scout out an adventure! Can you solve the riddle and find the hidden treasure? Uncover new clues each day that will lead you on a journey through the woods, wetlands, and prairies at Lyman Woods in search of wild fun!

Animal Olympics

Think you have what it takes to beat some of the top-notch competitors of the animal world? Put your skills to the test by participating in fun challenges while learning about the cool and crazy things animals can do! Parents, you're invited to the closing ceremonies on the last day of camp!

Day: M-F Min/Max: 6/16 Fee: \$130 Location: William F Sherman Jr Interpretive Center - Lyman Woods

Program	Date	Morning Camp (9am to 12pm)	Afternoon Camp (1 to 4pm)
Nature Construction Zone	6/15 - 6/19	3240H01-01	3240H01-02
Animal Superheroes	6/22 - 6/26	3240H01-03	3240H01-04
Dig into Dirt	7/6 - 7/10	3240H01-05	3240H01-06
Dinosaur Adventures!	7/13 - 7/17	3240H01-07	3240H01-08
Lights, Camera, Action!	7/20 - 7/24	3240H01-09	3240H01-10
Wild Water	7/27 - 7/31	3240H01-11	3240H01-12
Trails & Treasure	8/3 - 8/7	3240H01-13	3240H01-14
Animal Olympics	8/10 - 8/14	3240H01-15	3240H01-16

AGES 6-8

FULL DAY AVAILABLE

Nature Detectives

Can you solve the case of whodunit? Put your thinking caps on for the week as we learn all about the signs and clues that animals leave behind. Who visited our garbage last night? Maybe we'll use these clues to even solve our own nature crime!

Animal Superheroes

NEW! Did you know that animals have hidden super powers? Come learn all about their powers and create your very own animal super hero, complete with cape and mask! This will be a fun week of testing out crazy super powers, and comparing them with the animal kingdom.

Muddy Sneakers

Come get as messy and muddy as you want this week! Each day will be a new adventure as we investigate and discover creatures that live in the mud and dirt. We'll also do some gardening, learn about compost, and of course play in the mud! Make sure to bring extra clothes with you this week!

PaleoQuest

NEW! Who doesn't love dinosaurs and fossils? Hike the woods in search of fossils and learn about how this land looked long ago. What kinds of animals lived here? Were there any dinosaurs? Let's find out!

Mythical Beasts & Where to Find Them

NEW! What's your favorite mythological creature? Spend the week creating your own creatures, fighting dragons, and learning about all sorts of cryptic animals. We might even go for a hike to see if any reside here at Lyman Woods!

Water Works

Let's go explore the wacky world of water! Investigate the wetlands and the creatures that live in it, do some experiments, and of course some water games!

Child vs. Wild

NEW! Do you have what it takes to survive in the wilderness? Test your knowledge! This week we'll learn about venomous animals and poisonous plants, practice Native American silent walking, learn to tie knots and hike!

Animal Olympics

Think you have what it takes to beat some of the top-notch competitors of the animal world? Put your skills to the test by participating in fun challenges while learning about the cool and crazy things animals can do! Parents, you're invited to the closing ceremonies on the last day of camp!

Day: M-F Min/Max: 6/16 Fee: \$130 Location: William F Sherman Jr Interpretive Center - Lyman Woods

Program	Date	Morning Camp (9am to 12pm)	Afternoon Camp (1 to 4pm)
Nature Detectives	6/15 - 6/19	3240H02-01	3240H02-02
Animal Superheroes	6/22 - 6/26	3240H02-03	3240H02-04
Muddy Sneakers	7/6 - 7/10	3240H02-05	3240H02-06
PaleoQuest	7/13 - 7/17	3240H02-07	3240H02-08
Mythical Beasts & Where to Find Them	7/20 - 7/24	3240H02-09	3240H02-10
Water Works	7/27 - 7/31	3240H02-11	3240H02-12
Child vs. Wild	8/3 - 8/7	3240H02-13	3240H02-14
Animal Olympics	8/10 - 8/14	3240H02-15	3240H02-16

AGES 9-12

FULL DAY & BEFORE/AFTER CARE AVAILABLE

Nature CSI

Dive into the detective world and learn all about animal forensics by studying their skulls, scat, and footprints. Each day will be a new adventure with a new crime to solve!

Nature Yard Wars

NEW! You've heard of junk yard wars, now it's time for Nature Yard Wars! Spend the week constructing some cool nature related creatures and see how they stack up against each other in a match!

Slippery, Slimy, Mud

Spend the week getting messy and learning about the wetlands! We'll do some experiments, learn about the ecosystem, and of course get muddy and slimy in the mud puddles! Make sure to bring extra clothes each day to this one!

PaleoQuest

NEW! Who doesn't love dinosaurs and fossils? Hike the woods in search of fossils and learn how this land looked long ago. Learn about minerals and crystals too through experiments and maybe even break open your own geode!

Mythical Beasts & Where to Find Them

NEW! What's your favorite mythological creature? Learn the history behind the stories of mermaids, werewolves and other cryptids. Try your hand at creating your own, and hunt down the ones that might live in our forests!

Nature Tube

Express your creative side as you help create a nature YouTube series! Campers will learn how to put together short videos, from script, to storyboard, to screen. Videos will be premiered to parents and other campers on the last day of camp and uploaded onto the Park District YouTube page.

Wilderness Survival

Do you have what it takes to survive in the wilderness? Test your knowledge! This week we'll learn about venomous animals and poisonous plants, practice Native American silent walking, learn to tie knots, build some forts, learn about fire safety, and go for some day long hikes!

Animal Olympics

Think you have what it takes to beat some of the top-notch competitors of the animal world? Put your skills to the test by participating in fun challenges while learning about the cool and crazy things animals can do! Parents, you're invited to the closing ceremonies on the last day of camp!

Day: M-F Min/Max: 6/20 Fee: \$130 Location: William F Sherman Jr Interpretive Center - Lyman Woods

Program	Date	Morning Camp (9am to 12pm)	Afternoon Camp (1 to 4pm)
Nature CSI	6/15 - 6/19	3240H03-01	3240H03-02
Nature Yard Wars	6/22 - 6/26	3240H03-03	3240H03-04
Slippery, Slimy, Mud	7/6 - 7/10	3240H03-05	3240H03-06
PaleoQuest	7/13 - 7/17	3240H03-07	3240H03-08
Mythical Beasts & Where to Find Them	7/20 - 7/24	3240H03-09	3240H03-10
Nature Tube	7/27 - 7/31	3240H03-11	3240H03-12
Wilderness Survival	8/3 - 8/7	3240H03-13	3240H03-14
Animal Olympics	8/10 - 8/14	3240H03-15	3240H03-16

Teen Wilderness Explorers

NEW! Are you an outdoor kid? Do you want to spend your summer exploring the amazing natural spaces in the Chicago region while also learning a thing or two about how to give back to the environment? Join our Teen Wilderness Explorers, where you will voyage and volunteer! Two days a week will be exploring Lyman Woods, two days we will explore another park in the Downers Grove Park District to do some fun restoration work, and one day a week we will go on a field trip to a natural area in the Chicago region! Drop off and pick up will occur at Lyman Woods each day. Camp fee includes camp T-shirt. Children are responsible for bringing their own lunch and mid-camp snack. Before and After care available. Pre-registration required.

Age: 12-14 Min/Max: 4/10

Fee: \$220 Time: 9:00am-4:00pm

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Field Trip
3240H04-01	6/15 - 6/19	M-F	Waterfall Glen
3240H04-02	6/22 - 6/26	M-F	Silver Springs State Park
3240H04-03	7/6 - 7/10	M-F	Hidden Oaks Nature Center
3240H04-04	7/13 - 7/17	M-F	Midewin Tallgrass Prairie
3240H04-05	7/20 - 7/24	M-F	Matthiessen State Park
3240H04-06	7/27 - 7/31	M-F	Volo Bog State Natural Area
3240H04-07	8/3 - 8/7	M-F	Starved Rock State Park
3240H04-08	8/10 - 8/14	M-F	Busse Woods



Nurture your little sprout

**AGES
3-6**



NEW 3-YEAR-OLD PROGRAM!

- 🌿 Outdoor Lessons
- 🌿 Nature Exploration
- 🌿 Creative Arts
- 🌿 Math & Science
- 🌿 Language

DETAILS ON PAGE 119

lymanwoods.org



HISTORY CAMPS

DOWNERS GROVE MUSEUM
831 MAPLE AVE. ■ 630.963.1309
 Min/Max: 5/12 R/NR: \$125/\$155
 Time: 9:00am-12:00pm

Museum of ME

NEW! Create your own museum exhibit, featuring yourself! After touring behind the scenes of the museum, learning about preservation techniques, and exploring your family's history, participants will combine what they learned to create an exhibit for a museum about themselves with assistance from museum staff!

Class #	Date	Day	Age
3230G01-01	6/8 - 6/12	M-F	9-12

American Girl Doll Camp

It's all about friendship and girl power at this week-long camp! Get to know some of your favorite American Girls with fun crafts, stories and adventures. Bring along your favorite doll! Boys are welcome to attend, too!

Class #	Date	Day	Age
3230G02-01	6/15 - 6/19	M-F	6-9

Fun with Fairytales

NEW! Join us as we explore some of the most popular fairytales of the 1800s. We'll engage in fun activities and games relating to some of the more well-known fairytales and learn a few differences between the stories told over 100 years ago to children and the ones still told today.

Class #	Date	Day	Age
3230G03-01	6/22 - 6/26	M-F	5-8

Local Hero Camp

Discover what it takes to be a one of Downers Grove's bravest by checking out our hot fun camp! We'll investigate the 1920 pumper firetruck, participate in fun, hands-on activities, and utilize other detective skills as we learn the stories of D.G.'s bravest firefighters and police officers, past and present.

Class #	Date	Day	Age
3230G05-01	7/13 - 7/17	M-F	5-8

Tivoli and Tie Dye

NEW! Discover trends in pop culture and fashion through this hands-on camp. Participants will be learning about the evolution of movies, music, television, fashion and more by examining the museum's archives and additional resources.

Class #	Date	Day	Age
3230G04-01	7/6 - 7/10	M-F	7-10

Time Traveler

Do you ever wish you could travel back in time? Come along with us in the Museum Time Machine to discover what life was like in the past! Each day we will visit a new period in time and explore what life was like through hands-on activities, games and more.

Class #	Date	Day	Age
3230G06-01	7/20 - 7/24	M-F	7-10

Young Explorers

Young explorers, come join us on an adventure through history. We'll travel back in time to discover how lands were explored through fun hands-on activities and games.

Class #	Date	Day	Age
3230G07-01	7/27 - 7/31	M-F	5-8

Jr. Messy and Exploding Art Camp

NEW! We've expanded our Messy and Exploding Art camp for our younger campers. Now they too can paint with rockets, make exploding concoctions, and sculpt with gooey slime! Wear clothes that can get messy during this camp that combines art and science.

Class #	Date	Day	Age
3230G08-01	8/3 - 8/7	M-F	5-8

Messy & Exploding Art

Paint with rockets, make exploding concoctions, and sculpt with gooey slime! Wear clothes that can get messy during this camp that combines art and science.

Class #	Date	Day	Age
3230G09-01	8/10 - 8/14	M-F	9-12



MORE TO EXPLORE
HISTORY
PROGRAMS
on pages 126-128.



SEASPAR SUMMER DAY CAMP

SEASPAR's day camps are the perfect place for kids, teens, and young adults ages 3-22 to spend their summer enjoying creative, social, and physical activities as well as fun community outings!

For more information on day camps and other programs for children and young adults, call SEASPAR at 630.960.7600 or visit SEASPAR.org.

SEASPAR (the South East Association for Special Parks And Recreation) provides recreational programs and services for individuals with disabilities served by the **Downers Grove Park District** and eleven other communities.



SUMMER JOBS

SEASPAR is now accepting applications for part-time positions in a variety of fun programs and events – including summer day camp!

Visit SEASPAR.org to apply.

FOLLOW US!

Don't miss a moment of the action! Follow SEASPAR on your favorite social media app for news, photos, videos, and the latest stories and happenings.



SEASPAR

4500 Belmont Road, Downers Grove, IL 60515
630.960.7600 • 630.960.7605 TDD





SPECIALTY CAMPS

CULTURAL ARTS CAMPS

SPOOF! Improv Camp

From movies to fairy tales to music, participants will create humorous variations on characters, storylines and even song lyrics in this fun improv camp chock-full of games and laughter. It's the perfect way to kick off summer. Participants are also encouraged to enroll in LOL Improv.

Age: 9-13 Min/Max: 7/16 R/NR: \$129/\$159

Location: Lincoln Center

Instructor: Shining Star Productions

Class #	Date	Day	Time
3161K32-01	6/8 - 6/12	M-F	1:00-3:00pm

MusicStart Camp

NEW!

Learn to read music and play tunes! Brought to you by Afterschool Enrichment and The Music Path Company, this amazing program teaches young students the beginnings of music! Using specialized, proprietary MusicStart keyboards, students learn to play familiar tunes in a group setting by color, letter and note matching while using problem-solving strategies—without sacrificing any important musical knowledge—we are not taking shortcuts to playing and reading music. Prepare your student to take any instrument by giving them a solid musical foundation with this exciting program!

Age: 5-9 Min/Max: 6/12 R/NR: \$260/\$290

Location: Lincoln Center

Instructor: Afterschool Enrichment Solutions

Class #	Date	Day	Time
3160K10-01	7/13-7/17	M-F	9:00am-12:00pm

Groovin' In The Grove Dance Camp

Dance the morning away in this week-long camp! Campers will try ballet, tap, jazz and hip hop. All skill levels are welcome; campers will be divided into groups based on age and skill level. Campers should wear comfortable, non-restrictive clothing and bring ballet, tap and jazz shoes each day. Please also bring a snack and water bottle each day. Parents, family and friends are invited to a end-of-camp performance on Friday!

Age: 6-12 Min/Max: 5/12 R/NR: \$90/\$135

Location: Lincoln Center Instructor: Amethyst Cooper

Class #	Date	Day	Time
3162K68-01	7/6 - 7/10	M-F	9:00am-12:00pm
3162K68-02	8/10 - 8/14	M-F	9:00am-12:00pm

MAKE IT A FULL DAY!

Sign up for both a morning and afternoon specialty/cultural arts camp that takes place at the Lincoln Center and add on our lunch bunch program for a full day experience! Before and After care is also available at the Lincoln Center. Pre-registration required.

Lunch Bunch Youth pg. 34

Before Care pg. 16

After Care pg. 17

Smart Start Art Camp

NEW! "Every child is an artist" - Pablo Picasso.
 Discover your creativity and imagination as an artist, developing fine motor skills, style, and vision as we explore different artistic techniques through a variety of inspiring projects. Sketch and draw, shade and color, cut, glue, fold... create! See your imagination come to life! Learn about great artists from throughout history and the present day, through a weekly featured artist and fun, exciting games. Earn ArtBelts™ as you learn and progress. No experience necessary.

Age: 5-8 Min/Max: 6/15 R/NR: \$229/\$259

Location: Lincoln Center

Instructor: Afterschool Enrichment Solutions

Class #	Date	Day	Time
3100K59-01	7/27-7/31	M-F	1:00-4:00pm

Summer Arts Playschool Camp

Through this Arts-Enrichment Program, your child will enhance their Social Emotional Learning, practice mindfulness and broaden their Social Skills. Arts Playschool brings the love of the arts AND learning into your child's life. Each class includes an art project along with creative movement, music and drama activities surrounding a Social Emotional Learning theme. We support your child in discovering more about themselves, their peers and their community in a fun and creative way! Some of our class lessons include topics on Identity, Stress Relief, Mindfulness, Self-Esteem, Relationships, Emotions, Relaxation, Body Awareness and Community

Age: 3-6 Min/Max: 4/10 R/NR: \$222/\$252

Location: Lincoln Center

Instructor: Center for Creative Arts Therapy

Class #	Date	Day	Time
3270L08-01	6/1 - 6/4	M-TH	9:00am-12:00pm
3270L08-02	6/8 - 6/11	M-TH	9:00am-12:00pm
3270L08-03	6/15 - 6/18	M-TH	9:00am-12:00pm
3270L08-04	6/22 - 6/25	M-TH	9:00am-12:00pm

ST. MARY OF GOSTYN



(630) 968-6155

VISIT US AND TOUR OUR SCHOOL - STMARYGOSTYN.ORG

St. Mary of Gostyn provides a curriculum that gives each child a chance to excel academically, develop confidence and character, build personal relationships, and serve others

- Award Winning School
- Catholic faith formation in addition to a superior academic education
- Technology integrated curriculum
- STEM, Spanish, Art, Music
- Extracurricular Activities
- No cut sports program
- After school care



440 PRAIRIE AVE | DOWNERS GROVE, IL | (630) 968-6155 | STMARYGOSTYN.ORG



SPECIALTY CAMPS

EARLY CHILDHOOD CAMPS

Lunch Bunch Preschool

NEW! Looking to extend your child's day at camp? Bring a lunch and stay for the fun! Campers who are enrolled in Exploration Station or other Preschool Specialty camps will be allowed to register for Lunch Bunch. Please send your child with a peanut-free lunch and we will take care of the rest! After lunch, campers will enjoy supervised games or other activities before leaving for another camp or home.

Age: 3-5 Min/Max: 10/20 Location: Lincoln Center Time: 12:00-1:00pm

5-DAY LUNCH BUNCH

Week	Class #	Date	Day	R/NR
1	3210L03-01	6/8 - 6/12	M-F	\$30/\$45
2	3210L03-02	6/15 - 6/19	M-F	\$30/\$45
3	3210L03-03	6/22 - 6/26	M-F	\$30/\$45
4	3210L03-04	7/6 - 7/10	M-F	\$30/\$45
5	3210L03-05	7/13 - 7/17	M-F	\$30/\$45
6	3210L03-06	7/20 - 7/24	M-F	\$30/\$45
7	3210L03-07	7/27 - 7/31	M-F	\$30/\$45
8	3210L03-08	8/3 - 8/7	M-F	\$30/\$45

3-DAY LUNCH BUNCH

Week	Class #	Date	Day	R/NR
1	3210L04-01	6/9 - 6/11	TU-TH	\$20/\$30
2	3210L04-02	6/16 - 6/18	TU-TH	\$20/\$30
3	3210L04-03	6/23 - 6/25	TU-TH	\$20/\$30
4	3210L04-04	7/7 - 7/9	TU-TH	\$20/\$30
5	3210L04-05	7/14 - 7/16	TU-TH	\$20/\$30
6	3210L04-06	7/21 - 7/23	TU-TH	\$20/\$30
7	3210L04-07	7/28 - 7/30	TU-TH	\$20/\$30
8	3210L04-08	8/4 - 8/6	TU-TH	\$20/\$30

Jump Start Preschool Camp

NEW! Are you looking to extend your campers day or are you looking to prepare your child for kindergarten? Campers will participate in large and small group activities in science and math. Other activities may include crafts, exploring time in the preschool rooms or the gym or outside. Add Exploration Station (p. 14) and Lunch Bunch to make it a full day at camp.

Age: 3-5 Min/Max: 10/20 R/NR: \$125/\$155 Location: Lincoln Center Instructor: Camp Staff

Class #	Date	Day	Time
3210L05-01	6/8 - 6/11	M-TH	1:00-3:30pm
3210L05-02	6/15 - 6/18	M-TH	1:00-3:30pm
3210L05-03	6/22 - 6/25	M-TH	1:00-3:30pm
3210L05-04	7/6 - 7/9	M-TH	1:00-3:30pm
3210L05-05	7/13 - 7/16	M-TH	1:00-3:30pm
3210L05-06	7/20 - 7/23	M-TH	1:00-3:30pm
3210L05-07	7/27 - 7/30	M-TH	1:00-3:30pm
3210L05-08	8/3 - 8/6	M-TH	1:00-3:30pm

MAKE IT A FULL DAY!

Add on our Lunch Bunch program and Jump Start camp to Exploration Station (p. 18) to create a full day experience! Pre-registration required.

Zumbini with Parent Summer Party

NEW! Come and experience 45 minutes of can't stop, won't stop music and movement fun for you and your little one! Created by Zumba and Baby First, Zumbini is an early childhood education program offered fall to spring as a weekly class that uses original music, dance and educational tools to promote cognitive, social, fine/gross motor skills and emotional development. The experience pairs each child (or group of siblings) with a participating parent or caregiver. Sign up for a single "demo" class or several to see what Zumbini is all about! Fee includes parent and one child.

Age: 0-4 Min/Max: 3/12 R/NR: \$10/\$15

Location: Lincoln Center

Instructor: Zumbini Instructor

Class #	Date	Day	Time
3270L06-01	6/1	M	10:15-11:00am
3270L06-02	7/20	M	10:15-11:00am
3270L06-03	6/1	M	5:30-6:15pm
3270L06-04	6/10	W	5:30-6:15pm
3270L06-05	7/20	M	5:30-6:15pm
3270L06-06	7/30	TH	5:30-6:15pm

Zumbini Preschool Summer Party

NEW! Come and experience 30 minutes of can't stop, won't stop music and movement fun for your preschooler! Created by Zumba and Baby First, Zumbini is an early childhood education program offered fall to spring as a weekly class that uses original music, dance and educational tools to promote cognitive, social, fine/gross motor skills and emotional development. Sign up for a single "demo" class, or several to see what Zumbini is all about!

Age: 2-5 Min/Max: 4/10 R/NR: \$6/\$9

Location: Lincoln Center

Instructor: Zumbini Instructor

Class #	Date	Day	Time
3270L07-01	6/8	M	11:30am-12:00pm
3270L07-02	8/10	M	11:30am-12:00pm
3270L07-03	8/24	M	11:30am-12:00pm
3270L07-04	7/27	M	3:00-3:30pm
3270L07-05	8/26	W	3:00-3:30pm

BIRTHDAY PARTY THEMED CAMPS

NEW! Check out these new camps to experience firsthand what our fun Birthday party themes are like! Birthday party packages are available on page 140.

Super Hero Camp

Have a Superhero Adventure at this camp as we design superhero logos and masks, play themed games and possibly have a visit from the spider hero himself.

Age: 3-5 Min/Max: 5/10 R/NR: \$120/\$150

Location: Lincoln Center

Instructor: DGPD Staff

Class #	Date	Day	Time
3210L07-01	6/8 - 6/11	M-TH	9:00-11:30am
3210L07-02	7/27 - 7/30	M-TH	1:00-3:30pm

Safari Camp

Embark on your very own safari adventure and scavenger hunt! Decorate binocular, play safari-themed games and receive a stuffed animal friend to take home.

Age: 3-5 Min/Max: 5/10 R/NR: \$120/\$150

Location: Lincoln Center

Instructor: DGPD Staff

Class #	Date	Day	Time
3210L08-01	6/29 - 7/2	M-TH	9:00-11:30am
3210L08-02	8/10 - 8/13	M-TH	1:00-3:30pm

Gym Kids Camp

Your child will go crazy as they enjoy a variety of high-energy activities including scooter races, parachute game, fun relay races and other exciting Gym Games.

Age: 3-5 Min/Max: 5/10 R/NR: \$120/\$150

Location: Lincoln Center

Instructor: DGPD Staff

Class #	Date	Day	Time
3210L09-01	6/29 - 7/2	M-TH	1:00-3:30pm
3210L09-02	8/10 - 8/13	M-TH	9:00-11:30am

Spanish Camp for Preschoolers

NEW! ¡HOLA! The Language Labs is proud to introduce a new 5-day summer camp. During these days the beautiful Spanish language will be exposed to your children in fun and engaging ways. Español will be spoken at all times and students will learn through interactive learning to develop basic vocabulary around colors, numbers, foods, body parts, family members and animals. Basic communication and early conversations are strongly encouraged. This class is perfect for beginners but also ideal to challenge students with a pre-existing foundation in the language. The native speakers and very experienced teachers will share and expose the children to their culture, holidays and traditions of Spanish-speaking countries. On our last day of class, we will celebrate (parents are invited) with a "¡FIESTA!" complete with a piñata and our typical cuisine. No class July 4.

Age: 3-5 Min/Max: 4/10 R/NR: \$357/\$387
Location: Lincoln Center Instructor: Language Labs

Class #	Date	Day	Time
3270L17-01	6/15 - 6/19	M-F	9:00-11:00am
3270L17-02	7/27 - 7/31	M-F	9:00-11:00am
3270L17-03	8/10 - 8/14	M-F	9:00-11:00am

Sticky Fingers Cooking Camp

NEW! Cook your way around the world in our globally-inspired cooking camp! What better way to explore another culture than through its food? In this delicious camp, young chefs will cook recipes from countries all around the world and explore customs, songs, geography and languages associated with each recipe. Young chefs will cook and gobble up tasty, healthy cuisine from South America, Europe, Africa and Asia! Recipe teasers include Generous German Potato n' Beanie Wurst Hash and very German Fruit Scholes; Japanese Edamame Soba Noodles, Sparkling Green Tea Lemonade; Crackly Greek Spanakopita and Lettuce-less Horiatiki Greek Salad and Green Greek Yogurt Shakes.

Age: 4-6 Min/Max: 7/10 R/NR: \$250/\$280
Location: Lincoln Center Instructor: Sticky Fingers

Class #	Date	Day	Time
3270L13-01	6/15 - 6/19	M-F	9:00-11:00am
3270L13-02	7/6 - 7/10	M-F	9:00-11:00am
3270L13-03	7/20 - 7/24	M-F	9:00-11:00am

My First Lab for Preschoolers

NEW! Junior scientists will take in science around them in this brand new "mad science" camp for preschoolers! Step into an astronaut's shoes as we travel to space, work your muscles as we learn about our skeletons, and catch your shadow as we look at light! A "mad science" symphony will take place as we listen to how music is made, and a magnet exploration will help everything stick together. Between hands-on experiments and fun take homes, this camp is sure to excite all of our curious preschool and kindergartners!

Age: 3-5 Min/Max: 10/15 R/NR: \$227/\$257
Location: Lincoln Center Instructor: Mad Science

Class #	Date	Day	Time
3270L16-01	7/13 - 7/17	M-F	9:00am-12:00pm

Math Plays Pre-K Camp

NEW! Designed for children who are ages 3 to 6 as an extension and review of math concepts taught in preschool, Pre-kindergarten, and Kindergarten. Concepts may include colors, shapes, counting, one-to-one correspondence, matching, sorting and classifying, comparing, patterns, basic addition and subtraction, and data/charts/graphs. No class on Aug. 19.

Age: 3-6 Min/Max: 3/10 R/NR: \$114/\$144
Location: Lincoln Center

Class #	Date	Day	Time
3270L11-01	8/17 - 8/21	M/TU/TH/F	9:30-11:00am



SPECIALTY CAMPS

YOUTH CAMPS

Lunch Bunch Youth

NEW! Looking to extend your child's day at camp? Bring a lunch and stay for the fun! Campers who are enrolled in Specialty Camps located at the Lincoln Center will be allowed to register for Lunch Bunch. Please send your child with a peanut-free lunch and we will take care of the rest! After lunch, campers will enjoy supervised games or other activities before leaving for another camp or home.

Age: 5-12 Min/Max: 10/20 R/NR: \$30/\$45

Location: Lincoln Center

Week	Class #	Date	Day	Time
1	3700M08-01	6/8 - 6/12	M-F	12:00-1:00pm
2	3700M08-02	6/15 - 6/19	M-F	12:00-1:00pm
3	3700M08-03	6/22 - 6/26	M-F	12:00-1:00pm
4	3700M08-04	7/6 - 7/10	M-F	12:00-1:00pm
5	3700M08-05	7/13 - 7/17	M-F	12:00-1:00pm
6	3700M08-06	7/20 - 7/24	M-F	12:00-1:00pm
7	3700M08-07	7/27 - 7/31	M-F	12:00-1:00pm
8	3700M08-08	8/3 - 8/7	M-F	12:00-1:00pm
9	3700M08-09	8/10-8/14	M-F	12:00-1:00pm

MAKE IT A FULL DAY!

Sign up for both a morning and afternoon specialty/cultural arts camp that takes place at the Lincoln Center and add on our lunch bunch program for a full day experience! Before and After care is also available at the Lincoln Center. Pre-registration required.

Lunch Bunch Youth pg. 34

Before Care pg. 16

After Care pg. 17

Chess Scholars Camp

This camp is designed for both beginners and experienced young players. All participants learn cool new strategies at the appropriate level from a renowned Chess Scholars coach. Each class consists of a fun, interactive teaching period, guided practice time and competition with prizes. Each camper takes home a chess set and an award. Please bring a snack each day.

Age: 6-13

Min/Max: 5/15

Location: Lincoln Center Instructor: Chess Scholars

Class #	Date	Day	Time	R/NR
3270M06-01	6/8 - 6/12	M-F	3:30-5:00pm	\$117/\$147
3270M06-02	7/6 - 7/10	M-F	3:30-5:00pm	\$117/\$147
3270M06-03	7/27 - 7/31	M-F	9:00am-12:00pm	\$229/\$259

Summer Spanish Camp

NEW! This camp introduces children to a new language in fun and engaging ways where Español is spoken all the time! Students will learn through interactive learning to develop basic vocabulary around colors, numbers, foods, body parts, family members and animals. Basic communication and early conversations are strongly encouraged. This class is perfect for beginners but also ideal to challenge students with a pre-existing foundation in the language. We also share and expose participants to our culture, holidays and traditions of Spanish-speaking countries.

Min/Max: 5/10

R/NR: \$357/\$387

Location: Lincoln Center Instructor: Language Labs

Class #	Age	Date	Day	Time
3270M37-01	5-7	6/22 - 6/26	M-F	9:00am-12:00pm
3270M37-02	7-9	7/13 - 7/17	M-F	9:00am-12:00pm

BIRTHDAY PARTY THEMED CAMPS

NEW! Check out these new camps to experience firsthand what our fun Birthday party themes are like! Birthday party packages are available on page 140.

Nerf and Dodgeball Camp

Campers will have a blast playing a variety of nerf and dodgeball themed activities. Rules, skills and strategies will be covered at camp. Nerf guns, eyewear and Nerf darts will be provided.

Age: 7-10 Min/Max: 5/10 R/NR: \$120/\$150
Location: Lincoln Center Instructor: DGPD Staff

Class #	Date	Day	Time
3210M20-01	6/9 - 6/11	TU-TH	1:00-4:00pm
3210M20-02	8/11 - 8/13	TU-TH	1:00-4:00pm

Princess Camp

Embrace your inner princess at this royal camp. We will have a day of princess pampering, decorate royal crowns, and play themed games. This camp will conclude with a royal tea party.

Age: 6-8 Min/Max: 5/10 R/NR: \$120/\$150
Location: Lincoln Center Instructor: DGPD Staff

Class #	Date	Day	Time
3210M21-01	6/9 - 6/11	TU-TH	9:00am-12:00pm

Age: 3-5 Min/Max: 5/10 R/NR: \$120/\$150

Class #	Date	Day	Time
3210L06-01	6/8 - 6/11	M-TH	1:00-3:30pm
3210L06-02	7/27 - 7/30	M-TH	9:00-11:30am

Messy Camp

Everyone will have an ooey, gooey good time creating their own slime and making a mess with all kinds of slimy, sloppy games and activities.

Min/Max: 5/10 R/NR: \$120/\$150
Location: Lincoln Center Instructor: DGPD Staff

Class #	Age	Date	Day	Time
3210M22-01	6-8	8/4 - 8/6	TU-TH	9:00am-12:00pm
3210M22-02	9-12	8/4 - 8/6	TU-TH	1:00-4:00pm

STEM CAMPS

Stop Motion Animation Movie Making Camp

Lights, cameras, action! Use LEGO® bricks to tell YOUR story complete with music, special effects and all your favorite LEGO® mini-figure characters and friends! In this unique and creative class, students will plan, script, stage, shoot and produce their own mini-movie using Stop Motion Animation. Students will be given creative freedom to make a movie about what interests them! Working as a team, students will use LEGO® components to build the set and props, and then shoot their movie using a camera. Teams will use movie-making software to add special effects, titles, credits and more. Don't miss your chance to be a movie producer! Students take home their movies on their very own flash drive.

Age: 8-13 Min/Max: 8/16 R/NR: \$222/\$252
Location: Lincoln Center Instructor: Bricks 4 Kidz

Class #	Date	Day	Time
3270M24-01	6/15 - 6/19	M-F	9:00am-12:00pm

Mining & Crafting Adventures Summer Camp

Experience the exciting world of Minecraft® using LEGO® bricks this summer! This fun and exciting camp takes a whole lot of LEGO® Bricks, a background in STEM, children's natural creativity and inspiration from the popular game to build on a week of learning fun – the Bricks 4 Kidz way! From Pigs, Mooshrooms and Chickens to Mine Carts, Zombies and Skeletons, we'll explore and build different stories each day in our LEGO® Mining and Crafting world! Kids will start by crafting their shelters, mob characters, critters and tools using LEGO® bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft® game. Using our proprietary kits and model plans, campers will construct one-of-a-kind Minecraft® models using LEGO® bricks! Our specialized model plans incorporate beams, gears, axles, motors, battery packs and other technic LEGO® components. All campers will go home with a custom mini-figure at the end of the week!

Age: 5-10 Min/Max: 10/20R/NR: \$222/\$252
Location: Lincoln Center Instructor: Bricks 4 Kidz

Class #	Date	Day	Time
3270M23-01	6/15 - 6/19	M-F	1:00-4:00pm

Secret Agent Lab

NEW! The following camp description is TOP SECRET! Ever dream of becoming a secret agent? We'll start with the basics. From decoding messages to metal detectors and night vision, campers have the opportunity to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics in a hands-on look at crime scenes! Become a super spy and learn clever ways of performing tasks as we take a hands-on investigation of the science that spies use!

Age: 5-12 Min/Max: 10/15 R/NR: \$256/\$286
Location: Lincoln Center Instructor: Mad Science

Class #	Date	Day	Time
3270M31-01	6/22 - 6/26	M-F	8:00am-12:00pm

Robotics Adventures

Yes, we CAN learn about robotics! With the LEGO® WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar! Students will work together in teams of two.

Age: 6-8 Min/Max: 6/10 R/NR: \$122/\$152
Location: Lincoln Center
Instructor: Computer Explorers

Class #	Date	Day	Time
3270M19-01	6/22 - 6/25	M-TH	1:00-3:00pm

LEGO Jr Robotics & Coding Camp

How would you like to turn your next LEGO® creation into a robot, programmed to do exactly what you tell it to do? This new Bricks 4 Kidz Junior Robotics camp offers all the fun of building with LEGO® bricks, plus the challenge of computer programming! Coding is an important part of 21st century learning. This exciting camp uses the updated WeDo 2.0 software and iPads. The software features Bluetooth technology which allows the creations to be controlled wirelessly! This new software teaches programming in an intuitive way – letting students bring their creations to life while sharpening their computational thinking skills like logical reasoning, pattern recognition and modeling simulations. It also features a colorful drag and drop interface that is easy for students to use and understand.

Age: 7-10 Min/Max: 8/16 R/NR: \$222/\$252
Location: Lincoln Center Instructor: Bricks 4 Kidz

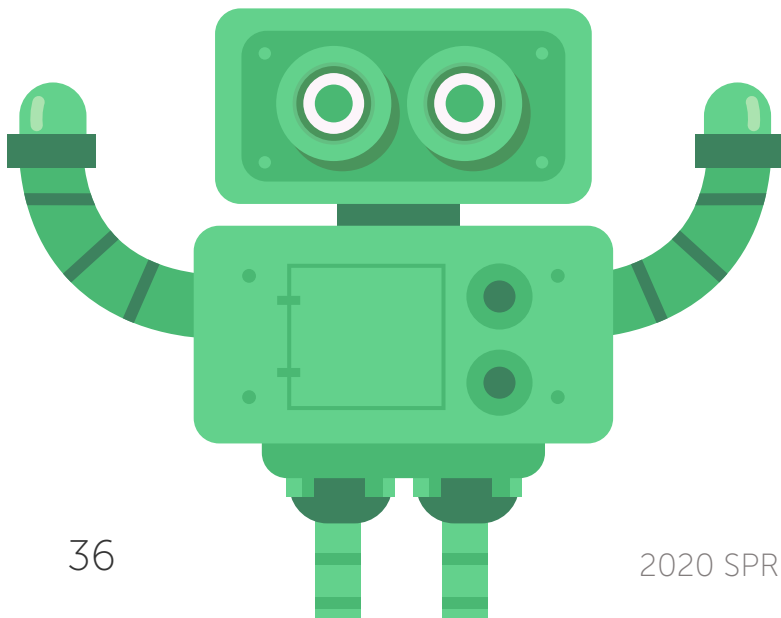
Class #	Date	Day	Time
3270M26-01	7/6 - 7/10	M-F	9:00am-12:00pm

LEGO City Engineering & Architects Camp

Explore the structures and landscapes of a city: Campers will work in teams to design and build the city of their dreams, using LEGO® bricks! The architects may plan a road, propose a monument, design a park or school, or imagine a skyscraper. Builders will put on their "safety hats" and assemble motorized models of construction vehicles and equipment. Using our proprietary kits and model plans, campers will construct one-of-a-kind LEGO® City models using LEGO® bricks! Our specialized model plans incorporate beams, gears, axles, motors, battery packs and other technic LEGO® components. Learn what it takes to become a LEGO® City planner! At Bricks 4 Kidz camps, we use LEGO® bricks to build amazing worlds of fun in a variety of exciting themes that engage children in STEM-enriched activities and making new LEGO® -loving friends. Our creative camps feature LEGO® mosaics, 3D LEGO® Builds, motorized technic LEGO® projects, daily take home crafts and more! All campers will go home with custom mini-figure at the end of the week.

Age: 5-9 Min/Max: 8/20 R/NR: \$207/\$237
Location: Lincoln Center Instructor: Bricks 4 Kidz

Class #	Date	Day	Time
3270M27-01	7/6 - 7/10	M-F	1:00-4:00pm



Create and Animate with Scratch

Students will learn the fundamentals involved in creating a video game world using Scratch, the innovative programming language created just for kids by MIT. In this class, students will be introduced to programming by creating and editing sprites and game opponents. They will learn about sound and video as they “level up” through the building of their own game. Students work in teams and will receive a copy of the software and their game at the end of class.

Age: 8-12 Min/Max: 6/10 R/NR: \$122/\$152

Location: Lincoln Center

Instructor: Computer Explorers

Class #	Date	Day	Time
3270M20-01	7/6 - 7/9	M-TH	1:00-3:00pm

Math Plays Camp

NEW! Designed for students who will be entering 1st to 4th grade. The 1st to 2nd grade session may include concepts such as place value, comparing numbers, rounding, addition/subtraction, length measurement, time, and money. The 3rd to 4th grade session may include concepts such as place value, comparing, rounding, addition/subtraction, multiplication/division, area and perimeter, fractions, and beginning decimals.

Min/Max: 3/10 R/NR: \$114/\$\$144

Location: Lincoln Center Instructor: Math Plays

Grade	Class #	Date	Day	Time
1st-2nd	3270M42-01	7/13-7/17	M/TU/TH/F	9:30-11:00am
3rd-4th	3270M42-02	7/13-7/17	M/TU/TH/F	11:00am-12:30pm

Battle Bot Camp

It’s time to duke it out! Students build “battle” robots then compete in games and challenges to see which bot is the ultimate RoboThink Master! Each day, our instructors take participants on a fun and educational journey where we cover basic engineering and robotics principles.

Age: 6-12 Min/Max: 5/10 R/NR: \$257/\$287

Location: Lincoln Center Instructor: RoboThink

Class #	Date	Day	Time
3270M22-01	7/13 - 7/17	M-F	1:00-4:00pm

Adventures in STEM with LEGO

NEW! Bring your craziest ideas to life with Play-Well TEKnologies and tens of thousands of LEGO® parts! Build engineer-designed projects such as: chugging Steamboats, enchanting Moon Bridges and bustling Airports. Design and build as never before and explore your craziest ideas.

Age: 5-6 Min/Max: 11/24 R/NR: \$186/\$216

Location: Lincoln Center Instructor: PlayWell

Class #	Date	Day	Time
3270M29-01	7/20 - 7/24	M-F	9:00am-12:00pm

STEM Explorations with LEGO

NEW! Refine your construction skills as you tinker with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts through projects such as: dizzying Teacup Rides, customized Cuckoo clocks and the historic Wright Flyer. Design and build as never before and explore your craziest ideas.

Age: 7-12 Min/Max: 11/24 R/NR: \$186/\$216

Location: Lincoln Center Instructor: PlayWell

Class #	Date	Day	Time
3270M36-01	7/20 - 7/24	M-F	1:00-4:00pm

Extreme Ninjas Adventures Camp

Enter a world of ninjas, adventure and LEGO® master-building! Campers will use LEGO® bricks in their adventure to master different building methods and techniques. Throughout the week we will build dojos, LEGO® ninja weapons and vehicles. Campers will use our proprietary kits and model plans to build one-of-a-kind LEGO® creations! Some of the daily activities will include LEGO® technic motorized builds, mosaics, ramps, ziplines, daily take home crafts and much more inspired by your favorite Ninjago® and Ninja Turtle® stories.

Age: 5-9 Min/Max: 10/20 R/NR: \$207/\$237

Location: Lincoln Center Instructor: Bricks 4 Kidz

Class #	Date	Day	Time
3270M28-01	8/3 - 8/7	M-F	9:00am-12:00pm

Mad Science NASA Camp: Academy of Future Space Explorers

NEW! Mad Science has teamed up with NASA in a quest for exploration! Take a voyage of discovery into the atmosphere and beyond as we explore planets, moons and other space phenomena in our solar system. Things will heat up as we examine the sun and other stars and discover the difficulties of space travel! Kids will get a first-hand experience of the challenges of living in space as they try assemble a satellite while training to be an astronaut. For added fun, we'll learn about the various technologies that make space exploration possible while bouncing lasers around the room! Kids will love to build their own Mad Science rocket, and participate in a real NASA-style rocket launch. Campers will receive many cool NASA take homes, including a Cosmic Disc, a Shuttle Copter, and more! Mad Science is the ONLY organization licensed by NASA to use these activities for summer camps and school programs.

Age: 5-12 Min/Max: 10/15 R/NR: \$256/\$286
Location: Lincoln Center Instructor: Mad Science

Class #	Date	Day	Time
3270M32-01	7/27 - 7/31	M-F	8:00am-12:00pm

Emmet's World Engineering Camp

EVERYTHING IS AWESOME in the Bricks 4 Kidz camp inspired by elements of THE LEGO® Movie! This camp is a variety of our favorite themes including ninjas, pirates, cars, batman, construction and spacemen. Using our proprietary kits and model plans, campers will construct one-of-a-kind models using LEGO® bricks! Our specialized model plans incorporate beams, gears, axles, motors, battery packs and other technic LEGO® components. Each day will include loads of building, games, challenges, and motorized creations that are sure to make you feel like you are a part of Emmet's world. All campers will go home with a custom LEGO® mini-figure!

Age: 5-9 Min/Max: 8/20 R/NR: \$207/\$237
Location: Lincoln Center Instructor: Bricks 4 Kidz

Class #	Date	Day	Time
3270M25-01	8/3 - 8/7	M-F	1:00-4:00pm

Crazy Chemworks Camp

NEW! Shake up a flask of fun in the lab and become a junior chemist! Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results. Check out the colors of chemistry with the power of pH paper and create a stopper-popping reaction. Probe the properties of light and discover some unusual applications of glow-in-the-dark technology. Campers have a blast as they make some crazy concoctions. Take home projects include a Reaction Tube kit, Atomic Coins, Slippery Slime, Professor Beakerdude and more!

Age: 5-12 Min/Max: 10/15 R/NR: \$256/\$286
Location: Lincoln Center Instructor: Mad Science

Class #	Date	Day	Time
3270M33-01	8/10 - 8/14	M-F	8:00am-12:00pm

CHECK IT OUT

MORE TO EXPLORE
YOUTH STEM
PROGRAMS
View more on page 102

COOKING CAMPS

Sticky Fingers Kids Cooking Network Camp

NEW! Do your young chefs love watching cooking shows on TV? In this exciting camp, young chefs will work together in cooking challenges inspired by favorite cooking TV shows such as Master Chef Jr, Kids Baking Championship, Chopped Jr and Cutthroat Kitchen! Kids will learn how to use different cooking equipment and techniques, explore flavor pairings and create tasty mouthwatering recipes from scratch each day. Young chefs will get their creative juices flowing in this awesomely fun and delicious cooking adventure! Recipe teasers: CHOPPED Korean Japchae (stir-fried glass noodles, sweet soy splash and frosty banana milk smoothies; Cutthroat Kitchen’s Bodaciously Bueno Breakfast (quesadillas, zesty blender salsa and lovely Latin crushed limeade).

Age: 7-12 Min/Max: 7/12 R/NR: \$350/\$380

Location: Lincoln Center

Instructor: Sticky Fingers Cooking

Class #	Date	Day	Time
3270M78-01	6/15 - 6/19	M-F	12:30-3:30pm
3270M78-02	8/10 - 8/14	M-F	9:00am-12:00pm

Basic Training Baking Boot Camp

NEW! Curious how to make your own and pastries from scratch? Aspiring bakers who love to get their hands sticky in the kitchen will love this camp! Young chefs will learn the basics of scratch-baking and how to make everything from breads to fresh pastas, muffins to cookies, and more! In class, we use all portable baking equipment and tools, and each recipe can be recreated at home in your oven for more baking fun! Young chefs will love creating sweet and savory baked goods in this tasty, engaging and imaginative camp! Recipe teasers include French Fruity Turnovers, Citron Creme Glacee and Iced Vanilla Steamers; Kitschy Kitchen Sink Pancakes, All Shook-Up Chocolate Butter and Banana Chocolate Milk.

Age: 7-12 Min/Max: 7/12 R/NR: \$350/\$380

Location: Lincoln Center

Instructor: Sticky Fingers Cooking

Class #	Date	Day	Time
3270M21-01	7/6 - 7/10	M-F	12:30-3:30pm

Farm-to-Table Cooking Camp

NEW! Come explore the bounty of summer-fresh, local, colorful ingredients and explore how those foods got from the ground to our plates. You might already know that carrots can improve your eyesight, but did you know that cherries can help improve your memory? Young chefs will also learn what makes certain ingredients so super for the body and how delicious they can taste, while practicing basic cooking skills and techniques on their way to becoming super chefs! Recipe include Traditional Portuguese Potato Caldo Verde Soup, Crispy Kale Chips and Children’s Sparkling Sangria; Summer Vegetable Radical Ratatouille, Fresh French Bread Rolls and Fancy Lemon Sorbet Shakes; Wee Scottish Strawberry Cream Cheese “Bridie” Hand Pie, Sticky Orange Glaze and Mandarin Orange Fizz.

Age: 7-12 Min/Max: 7/12 R/NR: \$350/\$380

Location: Lincoln Center

Instructor: Sticky Fingers Cooking

Class #	Date	Day	Time
3270M34-01	7/20 - 7/24	M-F	12:30-3:30pm

S.T.E.A.M. Cooking Camp

NEW! Welcome to the Sticky Fingers STEAM Creation Lab! Cooking and science are a match made in...the kitchen! Come join our STEAM camp to explore the many connections between cooking and Science, Technology, Engineering, Art, and Math! We’ll be adding spice, subtracting boredom, and multiplying the fun to create culinary masterpieces. Young chefs will not only create delectable dishes but also conduct experiments with edible ingredients in this fascinating and delicious camp. Recipe teasers include Imperfectly Perfect Quick-Simmered Persian Stew, Crispy Rice (Tahdiq) and Marvelous Minty Doogh; Totally UN-Technical Tuscan Cranberry Polenta Cakes, Outrageous Orange Honey Yogurt Drizzle and Cranberry Orange Sparklers.

Age: 7-12 Min/Max: 7/12 R/NR: \$350/\$380

Location: Lincoln Center

Instructor: Sticky Fingers Cooking

Class #	Date	Day	Time
3270M35-01	8/10 - 8/14	M-F	12:30-3:30pm



SPORT CAMPS

BASKETBALL CAMP

Chicago Bulls Youth Hoops Basketball Camp

This five-day program is designed to improve player’s basketball skills, while providing an experience they will never forget. This program is intended for players of all skill levels. Children will be split into groups by age and ability, allowing for fine-tuned curriculum and individualized challenges. Participants will practice fundamentals and improve their game through on-court play, while also taking part in leadership and teamwork development. As a participant in this experience, your child will receive:

- 4 Tickets to select 2020/2021 Chicago Bulls game*
- 4 Tickets to select 2020/2021 Windy City Bulls game* – the NBA G-League affiliate of the Chicago Bulls
- 15 hours of basketball training
- Swag bag with premium Chicago Bulls items

*Game dates/times TBD

Age: 5-14

Min/Max: 25/60

R/NR: \$175/\$205

Location: Downers Grove Recreation Center

Instructor: Chicago Bulls

Class #	Date	Day	Time
3396F45-01	6/15 - 6/19	M-F	1:00-4:00pm



GET YOUR WEATHER UPDATES WITH RAINOUTLINE

This is the District’s notification system for users to learn the status of our programming and facilities. Areas included are fields, diamonds, outdoor leagues, group fitness classes, he Downers Grove Golf Club and Miner Mike’s Adventure Golf.

VISIT DGPARKS.ORG AND CLICK ON “WEATHER STATUS”

ALL STAR SPORTS CAMPS

Multi-Sports Camp

This camp is for the all-around athlete or for someone who wants to try it all. Sports like soccer, basketball, hockey, football, and baseball will be taught in detail. Also we will play dodgeball, volleyball and a little golf. The main focal point of this camp is teamwork and sportsmanship. Each sport is covered in a way so that every participant can contribute to his or her team's success. This camp is not about winning or losing, it's about having fun and learning. Equipment: Changes daily with each sport.

Min/Max: 6/16 **R/NR: \$105/\$135**
Location: McCollum Park **Instructor: All Star Sports**

Class #	Age	Date	Day	Time
3396F18-01	6-8	6/8 - 6/12	M-F	10:00am-12:00pm
3396F18-02	8-10	6/8 - 6/12	M-F	12:30-2:30pm

Baseball Camp

Develop basic baseball skills such as hitting, fielding, throwing, catching and running the bases. Fun drills and games are played each week. Please bring your own glove.

Min/Max: 6/16 **R/NR: \$105/\$135**
Location: McCollum Park **Instructor: All Star Sports**

Class #	Age	Date	Day	Time
3396F03-01	6-8	6/15 - 6/19	M-F	10:00am-12:00pm
3396F03-02	8-10	6/15 - 6/19	M-F	12:30-2:30pm

Flag Football Camp

Join us for a week of action-packed football. Positioning, catching, throwing, patterns and footwork are the focus in this fun and safe environment. No tackling will be allowed.

Min/Max: 6/16 **R/NR: \$105/\$135**
Location: McCollum Park **Instructor: All Star Sports**

Class #	Age	Date	Day	Time
3396F04-01	6-8	6/22 - 6/26	M-F	10:00am-12:00pm
3396F04-02	8-10	6/22 - 6/26	M-F	12:30-2:30pm

Basketball Camp

Every part of the game is covered and broken down into detail in this action-packed coed camp. Improve play through drills, strategy sessions and games. Concentrate on teamwork and game situations.

Min/Max: 10/20 **R/NR: \$105/\$135**
Location: Downers Grove Recreation Center
Instructor: All Star Sports

Class #	Age	Date	Day	Time
3396F19-01	6-8	7/6 - 7/10	M-F	10:00am-12:00pm
3396F19-02	8-10	7/6 - 7/10	M-F	12:30-2:30pm

Volleyball Camp

Bump, set and spike as you learn the fundamentals of this fast-paced game. Passing, setting, serving and defensive and offensive strategies are covered in this camp. Improve footwork, teamwork and overall basic skills.

Min/Max: 6/20 **R/NR: \$105/\$135**
Location: Downers Grove Recreation Center
Instructor: All Star Sports

Class #	Age	Date	Day	Time
3396F21-01	8-10	7/13 - 7/17	M-F	10:00am-12:00pm
3396F21-02	10-12	7/13 - 7/17	M-F	12:30-2:30pm

Floor Hockey Camp

Learn the rules of hockey and focus on mechanics. Improve your puck control, passing, shooting and game play. Each participant must bring a hockey or bike helmet.

Min/Max: 6/16 **R/NR: \$105/\$135**
Location: Downers Grove Recreation Center
Instructor: All Star Sports

Class #	Age	Date	Day	Time
3396F15-01	6-8	7/20 - 7/24	M-F	10:00am-12:00pm
3396F15-02	8-10	7/20 - 7/24	M-F	12:30-2:30pm

Dodgeball Camp

Learn to dodge, dip, duck and dive in this dodgeball camp. Participants also learn rules and strategies to beat the toughest player.

Min/Max: 6/20 **R/NR: \$105/\$135**
Location: Downers Grove Recreation Center
Instructor: All Star Sports

Class #	Age	Date	Day	Time
3396F17-01	8-10	7/27 - 7/31	M-F	10:00am-12:00pm
3396F17-02	10-12	7/27 - 7/31	M-F	12:30-2:30pm

NEW WAVE LACROSSE CAMPS

Boys One Star Camp

The One Star Camps are perfect for beginners who are looking to learn this exciting sport! This sticks-only camp is a “crash course” in the fundamentals. The professional coaches at New Wave Lacrosse will teach athletes the skills necessary to advance to more competitive play. Skills taught include dodging, stick work, creating offense, shooting and defense. Just bring a water bottle and a good attitude. We provide the rest!

Prerequisite: None **Age: 5-13** **Min/Max: 10/20**
R/NR: \$60/\$90 **Location: Ebersold Park**
Instructor: New Wave Lacrosse

Class #	Date	Day	Time
3396F33-01	6/13 - 6/14	SA/SU	9:00-10:30am
3396F33-02	6/17 - 6/18	W/TH	5:00-6:30pm
3396F33-03	7/8 - 7/9	W/TH	5:00-6:30pm
3396F33-04	8/3 - 8/4	M/TU	9:00-10:30am

Boys Two Star Camp

The Two Star Camps are the next step in our camp offerings. Using full equipment, players will review fundamental skills and will be exposed to more in-depth game concepts. Skills learned will prepare players for a team-based league. The Two Star camps are perfect for players who have just finished their first spring lacrosse season OR have participated in the One Star Camps. Coaches will be teaching skills through fast paced drills and small-sided scrimmages. Full equipment is required and rental equipment is available through New Wave Lacrosse.

Prerequisite: One Star Camp or previous season of Lacrosse

Rental Gear is \$35 for camp – includes helmet, shoulder pads, elbow pads, gloves and stick.

Age: 5-13 **Min/Max: 10/20** **R/NR: \$60/\$90**
Instructor: New Wave Lacrosse

Class #	Date	Day	Time	Location
3396F31-01	6/17 - 6/18	W/TH	5:00-6:30pm	Ebersold Park
3396F31-02	7/8 - 7/9	W/TH	5:00-6:30pm	Nike Park
3396F31-03	8/3 - 8/4	M/TU	9:00-10:30am	Ebersold Park

Girls One Star Camp

The One Star Camps are perfect for beginners who are looking to learn this exciting sport! This sticks-only camp is a “crash course” in the fundamentals. The professional coaches at New Wave Lacrosse will teach athletes the skills necessary to advance to more competitive play. Skills taught include dodging, stick work, creating offense, shooting and defense. Just bring a water bottle and a good attitude. We provide the rest!

Prerequisite: None **Age: 5-13**
Min/Max: 10/40 **R/NR: \$60/\$90**

Location: Ebersold Park
Instructor: New Wave Lacrosse

Class #	Date	Day	Time
3396F32-01	6/13 - 6/14	SA/SU	9:00-10:30am
3396F32-02	6/17 - 6/18	W/TH	5:00-6:30pm
3396F32-03	7/8 - 7/9	W/TH	5:00-6:30pm
3396F32-04	8/3 - 8/4	M/TU	9:00-10:30am

Girls Two Star Camp

The Two Star Camps are the next step in our camp offerings. Using full equipment, players will review fundamental skills and will be exposed to more in-depth game concepts. Skills learned will prepare players for a team-based league. The Two Star camps are perfect for players who have just finished their first spring lacrosse season OR have participated in the One Star Camps. Coaches will be teaching skills through fast paced drills and small-sided scrimmages. Full equipment is required and rental equipment is available through New Wave Lacrosse.

Prerequisite: One Star Camp or previous season of Lacrosse

Age: 5-13 **Min/Max: 8/40** **R/NR: \$60/\$90**
Instructor: New Wave Lacrosse

Class #	Date	Day	Time	Location
3396F34-01	6/17 - 6/18	W/TH	5:00-6:30pm	Ebersold Park
3396F34-02	7/8 - 7/9	W/TH	5:00-6:30pm	Nike Park
3396F34-03	8/3 - 8/4	M/TU	9:00-10:30am	Ebersold Park

**Ebersold Park, 59th & Main St.,
Downers Grove, IL 60515**

**Nike Park, 288 W. Diehl Road,
Naperville, IL 60563**

SOCCER CAMPS

Challenger International Camp

Challenger's International Soccer camp is a new program that combines the best practices from around the world in a fun and upbeat program of skill-building exercises, challenges and games! With different programs for all ages and abilities, the Challenger International Camp will help your child improve the most essential soccer skills and become more confident on the ball. We have taken the best coaching methodologies and practices from England, Brazil, Spain, Netherlands and France and have woven them together in a multi-faceted on and off-field coaching experience. Each player will receive a ball, T-shirt and an individual player evaluation.

Min/Max: 5/20 **Location: Doerhoefer Park**
Instructor: Challenger Soccer

Class #	Age	Date	Day	Time	R/NR
3396F27-01	3-5	6/22 - 6/26	M-F	8:00-9:00am	\$117/\$147
3396F27-02	6-14	6/22 - 6/26	M-F	9:15am-12:15pm	\$178/\$208
3396F27-03	6-14	6/22 - 6/26	M-F	9:15am-4:15pm	\$271/\$301

5 Star Soccer Camp

The 5 Star Soccer Camps brings over 25 years of soccer camp experience, with a staff that is energetic and excited to work hard at building technique and tactical application. Age-appropriate activities, presented in a fun, caring environment, combine to make this week of camp a winner! Our coaches clearly understand the youth player, and will provide tremendous learning opportunities encouraging further enjoyment of the game long after camp has ended. Participants receive a camp shirt. Campers will also need to bring their own ball, shin guards and plenty of water. Open to both boys and girls of all abilities.

Age: 5-13 **Min/Max: 12/100** **R/NR: \$130/\$160**
Location: Doerhoefer Park
Instructor: 5 Star Soccer Camp

Class #	Date	Day	Time
3396F35-01	7/27 - 7/31	M-F	1:00-4:00pm

Chicago Fire Summer Camp

Kick off your summer by signing up for a Chicago Fire Soccer Camp. Play, learn and train with our passionate, highly qualified Chicago Fire coaches who will help your child develop soccer skills in a week of soccer-filled fun. Programs are suitable for all ages and ability levels. Spaces are limited! Sign up for Little Sparks and learn the fundamentals of soccer with mom and dad. Sign up for Community and build on your key soccer skills through activities and unique practices. Sign up for Competitive and learn how to use your skills through game-like situations and scenarios. All players registered will receive an FITC dri-fit jersey, individual player evaluations and a ticket to a Chicago Fire game at Soldier Field! Interested in our free scholarship program? Host a coach for a week of camp and get in camp for free! Sign up at chicagofirefc.com under "Host a Coach."

Min/Max: 4/40 **Location: Doerhoefer Park**
Instructor: Chicago Fire

Class #	Level	Age	Date	Day	Time	R/NR
3396F55-01	Little Sparks	3-5	6/15 - 6/19	M-F	8:00-9:00am	\$85/\$115
3396F55-02	Community	6-9	6/15 - 6/19	M-F	9:00am-12:00pm	\$150/\$180
3396F55-03	Community	10-14	6/15 - 6/19	M-F	9:00am-12:00pm	\$150/\$180
3396F55-04	Little Sparks	3-5	7/6 - 7/10	M-F	8:00-9:00am	\$85/\$115
3396F55-05	Community	6-9	7/6 - 7/10	M-F	9:00am-12:00pm	\$150/\$180
3396F55-06	Community	10-14	7/6 - 7/10	M-F	9:00am-12:00pm	\$150/\$180
3396F55-07	Competitive	6-14	7/6 - 7/10	M-F	9:00am-4:00pm	\$250/\$280

Tetra Brazil Soccer Camp

The Tetra Brazil Academy provides players with authentic Brazilian coaching right in their own community. The Tetra Brazil curriculum has been designed by our professional coaches to provide teams, coaches and players with the same expert level of training received by professional clubs in Brazil.

Min/Max: 5/20 **Location: Doerhoefer Park**
Instructor: Challenger Soccer

Class #	Age	Date	Day	Time	R/NR
3396F30-01	3-5	7/20 - 7/24	M-F	8:00-9:00am	\$117/\$147
3396F30-02	6-14	7/20 - 7/24	M-F	9:15am-12:15pm	\$178/\$208
3396F30-03	6-14	7/20 - 7/24	M-F	9:15am-4:15pm	\$271/\$301

CHICAGO WHITE SOX CAMPS

**WEST SUBURBAN SPORTS COMPLEX
(FORMERLY KNOWN AS THE BULLS/SOX ACADEMY)**

6200 River Bend Dr., Lisle, Illinois

Visit whitesox.com/play for more information.

Chicago White Sox Fastpitch All Skills Camp

This 3-hour camp will feature captivating drills for all skills including hitting, throwing, fielding and pitching. This camp is designed to prepare the youth softball player for her season in all facets of the game!

Min/Max: 4/12

R/NR: \$49/\$74

Location: West Suburban Sports Complex

Class #	Age	Date	Day	Time
2396F47-01	7-9	3/14	SA	11:00am-2:00pm
2396F47-02	10-12	3/14	SA	10:00am-1:00pm
2396F47-03	7-9	4/7	TU	5:30-8:30pm
2396F47-04	10-12	4/7	TU	5:30-8:30pm

Chicago White Sox Baseball Camp

Learn from the pros this summer at a White Sox Summer Camp! Professional coaches from the White Sox organization have helped build programs designed for kids ages 5 to 12 at every ability level. All campers will work on throwing, hitting, fielding, and base-running, but more importantly, they will be taught how to love the game of baseball. Instructors will supervise campers based off age and experience, and cater each experience to meet your child's needs. On top of the four days of camp, each camper will receive a White Sox T-shirt, hat and White Sox tickets with a behind-the-scenes game day experience.

GAME TICKETS

Camp 6/8-6/11: 6/26 against the Oakland A's

Camp 6/29-7/2: 7/10 against Arizona Diamondbacks

Camp 7/27-7/30: 7/24 against the Minnesota Twins

Game date(s), behind-the-scenes access and premium items subject to change.

Min/Max: 6/16

Location: West Suburban Sports Complex

Class #	Age	Date	Day	Time	R/NR
3396F46-01	5-8	6/8 - 6/11	M-TH	9:00am-12:00pm	\$149/\$179
3396F46-02	9-12	6/8 - 6/11	M-TH	1:00-4:00pm	\$149/\$179
3396F46-03	5-8	6/29 - 7/2	M-TH	9:00am-12:00pm	\$149/\$179
3396F46-04	9-12	6/29 - 7/2	M-TH	1:00-4:00pm	\$149/\$179
3396F46-05	5-8	7/27 - 7/30	M-TH	9:00am-12:00pm	\$149/\$179
3396F46-06	9-12	7/27 - 7/30	M-TH	1:00-4:00pm	\$149/\$179

SOX PROGRAMMING

Learn more about Sox programs on page 67.

Little Sluggers

Incrediball League

Little Sluggers/Incrediball Combo

Hitting Club

Pitching Club

Fielding

Fastpitch Digital Analysis Clinic



DOWNERS GROVE GOLF CLUB ■ 2420 HADDOW AVE. ■ 630.963.1306
 Instructed by Golf Professionals Tom Olms & Jim Festle

GOLF CAMPS

Little Linkers Golf Camp

Our certified golf professionals and their staff introduce young children to the game of golf by teaching solid fundamentals while emphasizing golf techniques and swing mechanics. Each session meets three days on the driving range and practice green. We ask that golfers bring their own clubs if they have access to a set, if not a limited number of loaner clubs are available to be shared. Practice balls, USGA rules book, hat and camp T-shirt are included in the cost of the camp. Make-ups will not be accommodated for missed days.

Age: 5-7 Min/Max: 8/16 Fee: \$60

Class #	Date	Day	Time
3250R01-01	6/6 - 6/20	SA	10:00-10:45am
3250R01-02	7/11 - 7/25	SA	10:00-10:45am
3250R01-03	6/08 - 6/10	M -W	8:00-8:45am
3250R01-04	6/08 - 6/10	M-W	10:00-10:45am
3250R01-05	6/15 - 6/17	M-W	8:00-8:45am
3250R01-06	6/15 - 6/17	M-W	10:00-10:45am
3250R01-07	6/22 - 6/24	M-W	8:00-8:45am
3250R01-08	6/22 - 6/24	M-W	10:00-10:45am
3250R01-09	7/6 - 7/8	M-W	8:00-8:45am
3250R01-10	7/6 - 7/8	M-W	10:00-10:45am
3250R01-11	7/13 - 7/15	M-W	8:00-8:45am
3250R01-12	7/13 - 7/15	M-W	10:00-10:45am
3250R01-13	7/20 - 7/22	M-W	8:00-8:45am
3250R01-14	7/20 - 7/22	M-W	10:00-10:45am

Start Smart Golf

Parents, let our certified golf professionals show you how to teach your youngster the game of golf with positive reinforcement, fun activities and exciting equipment! Learn how to develop your child's motor skills, ball sense and feel for the golf swing using the driving range and practice green. Each child must be accompanied by an adult. Make-ups will not be accommodated for missed days.

Age: 3-4 Min/Max: 8/16 Fee: \$45

Class #	Date	Day	Time
Spring			
2250R02-01	5/2 - 5/23	SA	8:00-8:30am
Summer			
3250R02-01	6/6 - 6/27	SA	8:00-8:30am
3250R01-02	6/6 - 6/27	SA	8:30-9:00am
3250R01-03	7/11 - 8/1	SA	8:00-8:30am
3250R01-04	7/11 - 8/1	SA	8:30-9:00am



Junior Aces Golf Camp

Our certified golf professionals help junior golfers develop the confidence, independence and focus needed for the great game of golf. Grouped by age and ability, instruction will include the basics of the golf swing, etiquette, woods, irons and the short game. Camps meet Monday to Friday for 45 minutes. Each weekly session includes an evening of supervised course play on the Friday of that session at 6:30 pm. Practice balls and USGA rules book are provided. A limited number of loaner clubs are available to be shared. We ask that golfers bring their own clubs if they have access to a set. Make-ups will not be accommodated for missed days.

Age: 8-14 Min/Max: 8/24 Day: M-F Fee: \$110

Class #	Date	Time
3250R00-01	6/08 - 6/12	9:00-9:45am
3250R00-02	6/08 - 6/12	11:00-11:45am
3250R00-03	6/15 - 6/19	9:00-9:45am
3250R00-05	6/22 - 6/26	9:00-9:45am
3250R00-06	6/22 - 6/26	11:00-11:45am
3250R00-07	7/6 - 7/10	9:00-9:45am
3250R00-08	7/6 - 7/10	11:00-11:45am
3250R00-09	7/13 - 7/17	9:00-9:45am
3250R00-11	7/20 - 7/24	9:00-9:45am
3250R00-12	7/20 - 7/24	11:00-11:45am

High School Prep Camp

This high school camp is a 6-hour group lesson that takes place over three days and concludes with a 9-hole playing lesson on the fourth day! Our golf professionals touch on every aspect of the game and tailor the class to the needs of every golfer. This is the perfect lead up to the high school season! Golfers should have their own clubs. Make-ups will not be accommodated for missed days.

Age: 12-18 Min/Max: 8/20 Fee: \$175

Class #	Date	Day	Time
3250R04-01	6/15 - 6/18	M-TH	1:00-3:00pm
3250R04-02	7/6 - 7/9	M-TH	1:00-3:00pm



PARENT/CHILD SCRAMBLE

Swing into summer in this parent/child event! Parents have the chance to team with their young player, ages 5 to 16, in this two-person modified scramble format shotgun outing.

Spend quality time with your child while helping them learn the game of golf. Afterwards, enjoy a BBQ cookout as we present awards to 1st and 2nd place winners in various age groups!

Check-in begins at 1:00pm and shotgun start begins promptly at 2:00pm. Parents, please register only the child. Your fee includes 9 holes of golf for two, gas cart, warm-up balls in our covered range shelter, BBQ cookout and awards! Golfers must play with their own set of clubs, no sharing.

Adult partners must be at least 18 years old. Make it an all-family affair and have them join us for the BBQ and awards presentation for only \$10 per person! All participants must be registered by May 2.

Age: 5-16 Min/Max: 8/28

Fee Per Team: \$80

Location: Downers Grove Golf Club

Code	Date	Day	Time
2720R01-01	5/9	SA	2:00-6:00pm



WOODLAKE FAMILY DENTAL

A MULTI-SPECIALTY PRACTICE FOR ALL AGES

At Woodlake Family Dental the priority is to deliver quality care in a comfortable and convenient setting. The practice was established by Dr. Anita Verma and Dr. Amit Sud in 2007. Dr. Sud and Dr. Verma graduated from New York University College of Dentistry. They have a state-of-the-art dental practice that utilizes the latest technology. Over the years Woodlake Family Dental has added all dental specialties to its staff, so that patients have the opportunity to have all their dental needs addressed under one roof. All of the specialists at the practice are in-network providers with most major insurance carriers. The specialists are Dr. Amit Sud, general and cosmetic dentistry; Dr. Anita Verma, general and cosmetic dentistry; Dr. Kenny Robles, general and cosmetic dentistry; Dr. Punita Shukla, general and cosmetic dentistry; Dr. Tanvi Mehta, general and cosmetic dentist; Dr. Anthony J Reganato, board-certified periodontist; Dr. Saleem Siddiqui, board-certified pediatric dentist; Dr. Parth Nanavati, endodontist; Dr. Parimal Sapovadia, board-certified oral surgeon;

Dr. Haitao Li, board-certified orthodontist; and Dr. Zak Messieha, dental anesthesiologist. The doctors and staff are highly trained and dedicated in the work they do. Woodlake Family Dental believes that informed patients are better prepared to make decisions regarding their health and well being. There is an extensive section on the practice's website that covers a full array of topics associated with dental diagnoses and treatments. There are also articles about the latest trends in dentistry, some of which are written by the doctors on staff. The website also offers scheduling requests and downloadable patient forms. Evening and weekend appointments available. For more information please visit the website www.woodlakefamilydental.com or the Facebook page at www.facebook.com/woodlakefamilydental.



LOCATIONS

**2879 W. 95th Street, Suite 131
Naperville, IL 60564**
(630) 753-9955

**3253 S. Harlem Ave., Suite 1C
Berwyn, IL 60402**
(708) 788-4444

Newest Location
2309 63rd Street
Woodridge, IL 60517
(630) 869-0063
www.woodlakefamilydental.com

POOL PASS EXCHANGE

RESIDENT RATES AT NEARBY POOLS!

IT'S EASY!

Follow these steps to receive resident rates on pool passes

STEP 1:

Bring a driver's license, a property tax or utility bill to the Recreation Center or Lincoln Center to receive a residency verification letter

STEP 2:

Present your residency verification letter at Lombard Park District (820 S. Finley Road) or Butterfield Park District to receive resident rates

LOMBARD PARK DISTRICT

Paradise Bay Water Park

437 E. St. Charles Rd. ■ Lombard, IL 60148

630.620.7322 ■ lombardparks.com

Open May 23 to September 7

FEATURES

- Zero-depth entry tot pool ■ 8-lane lap pool
- Bowl slide, high dive, low dive, drop slide, body slide
- Leisure pool with fountains, spouts, water cannons, waterwalk and vortex

RATES: Downers Grove rate begins March 1

Resident verification letter needed. See steps above.

Individual Child	\$86
Individual Adult	\$103
Individual Senior	\$86
Family of 2	\$151
Family of 3	\$207
Family of 4	\$249
Family of 5	\$286
Family of 6 or more	\$324



PLUS! Receive resident rates on swim lessons at Lombard Park District! Register at Lombard Park District.

BUTTERFIELD PARK DISTRICT

Recreation & Aquatic Center

21 W. 730 Butterfield Rd. ■ Lombard, IL 60148

630.858.2229 ■ butterfieldpd.com

Open May 25 to September 2

FEATURES

- Zero-depth pool ■ Competition pool
- Raindrop mushroom, geysers, deck sprayers
- Poolside cafe

RATES: Downers Grove rate begins March 4

Register by April 18 for a 10% discount!

Resident verification letter needed. See steps above.

Adult	\$105
Child	\$70
Senior (Ages 55+)	\$62
Family of 2	\$145
Family of 3	\$195
Family of 4	\$240
Family of 5	\$265
Each additional	\$40



Parent/Tot Swim Membership

(5 and under with adult): \$45/child (not included in Family Membership)

LISLE PARK DISTRICT

Sea Lion Aquatic Park

1825 Short St. ■ Lisle, IL 60532

630.8964.3410 ■ lisleparkdistrict.org

Open May 25 to September 2

FEATURES

- 2 flume slides ■ 2 drop slides
- Tot pool with slide (ages 5 and under)
- Large splash playground ■ Hot tub
- Sand play area ■ Family changing rooms
- 6 lap lanes ■ Full service concession stand

RATES: Neighbor rates available May 1. Must show

proof of residency at Sea Lion Aquatic Park

Discounted rates available through April 30.

Visit dgparcs.org for more information.

Individual	\$176
Senior	\$168
Student	\$172
2 Person Family	\$224
3 Person Family	\$272
4 Person Family	\$320
5 Person Family	\$368
6 Person Family	\$416
7 Person Family	\$464
8 Person Family	\$512
9 Person Family	\$560





MINER MIKE'S ADVENTURE GOLF

6801 S. MAIN ST. | 630.963.8793 | MINERMIKESMINIGOLF.ORG

SPECIAL EVENTS

Mother's Day

May 10: 11am to 6pm

Moms golf FREE w/ paying round

Father's Day

June 21: 11am to 8pm

Dads golf FREE with paying round

Luau Party

June 13: 11am to 2pm

Dress in your best Hawaiian apparel.

Everyone gets a free lei with paid round.*

Super Hero Adventure

July 25: 11am to 2pm

Show off your favorite super hero. Everyone gets a free super hero mask with paid round.*

Mardi Gras

August 22: 11am to 2pm

Get into the New Orleans spirit! Everyone gets a set of beads with paid round.*

*While supplies last.

WEEKLY SPECIALS

Active Adult Mondays

One Active Adult (age 55+) is FREE with a paying round.

Two-For-Tuesday

Two play for the price of one!

AFFORDABLE FAMILY FUN!

- **\$5 per round**
Ages 3 & under free with a paying adult)
- **18-hole adventure golf**
- **Birthday parties** (see page 136)
- **Group rates for 10+ guests**

Open May 2 to Sept. 27

DATES ARE SUBJECT TO CHANGE

	MAY 2 TO JUNE 7	JUNE 8 TO AUG. 16	AUG. 17 TO SEPT. 27
Monday-Friday	Closed	10:30am - 8:00pm	Closed
Saturday	11:00am-8:00pm	11:00am-9:00pm	11:00am-8:00pm
Sunday	11:00am-6:00pm	11:00am-8:00pm	11:00am-6:00pm

Holiday Hours		
Memorial Day: May 25 12:00-6:00pm	Independence Day: July 4 Closed	Labor Day: Sept. 7 12:00-6:00pm

SNACK SHACK

Hot food, snacks, drinks and ice cream is available at Miner Mike's Adventure Golf during open hours.



YOUR HEALTHY CONNECTION

4500 FITNESS



RECREATION CENTER | 4500 BELMONT AVE. DOWNERS GROVE, IL | 630.960.7250

MONDAY - FRIDAY: 5AM - 10PM | SATURDAY: 6AM-7PM | SUNDAY: 7AM-6PM
Hours are subject to change

At 4500 Fitness, you'll find friendly and knowledgeable staff who will help you meet your fitness goals; a wide array of group classes for every interest and to fit every schedule; open gyms that let you hit the court running and other opportunities to learn more about healthy living.

MEMBERSHIP BENEFITS

Newly updated cardio machines featuring personal TVs and Bluetooth capabilities!

- 40+ Cardio Machines
- 3-lane Indoor Track
- Free Weights
- Newly Remodeled Locker Rooms
- Steam Rooms & Towel Service
- Equipment Orientation
- Reduced Rates on Personal Training
- Reduced Rates on Premier & Group Fitness Classes

2020 MEMBERSHIP RATES*

Get one month FREE when you pay for a year in full!

ENROLLMENT FEE: \$30 FOR FIRST MEMBER / \$20 FOR EACH ADDITIONAL

MEMBERSHIP TYPE	RESIDENT RATES		NON-RESIDENT RATES	
	PAID IN FULL	MONTHLY PAYMENT PLAN	PAID IN FULL	MONTHLY PAYMENT PLAN
ADULT	\$297	\$27 (\$324 annually)	\$363	\$33 (\$396 annually)
ADULT ADD ON	\$231	\$21 (\$252 annually)	\$286	\$26 (\$312 annually)
STUDENT (15-23 YEARS)	\$231	\$21 (\$252 annually)	\$286	\$26 (\$312 annually)
SENIOR (62 YEARS+)	\$231	\$21 (\$252 annually)	\$286	\$26 (\$312 annually)
SENIOR ADD ON (62 YEARS+)	\$143	\$13 (\$156 annually)	\$176	\$16 (\$192 annually)
MILITARY	\$231	\$21 (\$252 annually)	\$286	\$26 (\$312 annually)
BUSINESS	\$297	\$27 (\$324 annually)		
GOLD MEMBERSHIP	\$240	Membership + \$20	\$240	Membership + \$20

RATE INFORMATION

- Gold Memberships include group exercise classes. Fitness Membership required to obtain Gold Pass.
- Fee is per person.
- Rates are subject to change. We reserve the right to cancel or change membership options.
- Household members must live at same address.
- All members must be a minimum of 15 yrs of age or older.

Indoor Track

Free! No matter the weather, come enjoy use of the indoor track! The indoor track is FREE to all visitors ages 13 years and up. Ages 7 to 12 may use track with parent/guardian supervision. Sign in at the check-in table in the main lobby before using track.



Teen Fitness University

BECOME A MEMBER BEFORE AGE 15!
RESIDENT: \$70 | NON-RESIDENT: \$100
AGES 12-14 YEARS

Get certified with a nationally certified personal trainer! Pay NO ENROLLMENT FEE for a Fitness Membership within 30 days of completing the program. Forms available at 4500fitness.org. A 24-hour cancellation is required to avoid a \$25 fee.

Group Exercise Classes

Purchase punch card or add-on to your 4500 Fitness Membership. View the group exercise schedule at 4500fitness.org.

GROUP EXERCISE CLASSES INCLUDE:
BODY PUMP | CYCLE | YOGA | ZUMBA
PILATES | BOOT CAMP | STEP & TONE

PUNCH CARDS			
VISITS	FITNESS MEMBER*	RESIDENT	NON-RESIDENT
ONE CLASS	\$8	\$10	\$15
FIVE CLASSES	\$35	\$45	\$67
TEN CLASSES	\$60	\$80	\$120

GOLD PASS ADD-ON		
MEMBERSHIP TYPE	PAID IN FULL*	PAYMENT PLAN
INDIVIDUAL MEMBER	\$240	\$20 PER MONTH

Join any class on the Group Exercise Class schedule. All participants must be 15 years and up. Purchased classes expire 6 months from the date of purchase. *Fee is per person on the membership.

Work in Downers Grove?

With proof of employment, you can receive resident rates on the following:

- **FITNESS MEMBERSHIP**
- **DAILY FITNESS CENTER GUEST PASS**
- **GROUP EXERCISE DAILY PASSES**
- **OPEN GYM**



KIDZONE CHILD CARE CENTER

CHILDREN AGES 12 WEEKS - 12 YEARS

We'll keep an eye on your children in the KidZone Childcare Center while you work out! Our staff are CPR and First Aid certified. Visit 4500fitness.org for the latest schedules, hours of operation and information about using KidZone.

MEMBERSHIP TYPE	PAID IN FULL	PAYMENT PLAN
ONE CHILD	\$204	\$17/MONTH
TWO CHILDREN**	\$288	\$24/MONTH
THREE OR MORE CHILDREN**	\$384	\$32/MONTH

*All children must be in the same household of the attached active fitness member.

FITZONE CHILDREN AGES 5-12 YEARS

Presented by KidZone, FitZone gives your kids the chance to get some exercise while you work out. Kids can participate in supervised open gym including games and activities at the Recreation Center. KidZone Daily, Unlimited KidZone or KidZone punch card visits are accepted for Fitzone. Visit the Registration Desk for details or call 630.960.7250.

DATE	TIME	FEE
MARCH 30-APRIL 3	8:30 AM - 12:00 PM	\$15/CHILD
JUNE 4-AUG. 20	8:30 AM - 12:00 PM	\$50/CHILD

PERSONAL TRAINING

Get real results with a fitness plan custom designed for your goals with a Nationally Certified Personal Trainer. Call 630.960.7250 to make an appointment. Sessions expire 6 months after purchase.

30-MINUTE SESSIONS

Number of Sessions	Individual Fitness Member	Partner Training Fitness Member
5	\$137	\$165
10	\$250	\$301

1-HOUR SESSIONS

Number of Sessions	Individual Fitness Member	Partner Training Fitness Member
1	\$50	\$80
5	\$240	\$390
10	\$460	\$760

MEET OUR TRAINERS



CASEY LEE

Casey is certified through the National Council for Certified Personal Trainers and his goal is to educate and motivate his clients to a healthier life. He believes it's essential to meet his client where they're

currently at in their fitness journey and take purposeful steps in the direction of their goals.



ANNA AQUINO

Anna is certified by the American Council of Exercise and is eager to help you experience the physical and emotional benefits of fitness. Her goals are to educate and motivate you and to help you define

and achieve your fitness goals and maintain a healthy, active lifestyle.



PETE WILT

Pete is certified by the American Council on Exercise and is dedicated to providing you with the knowledge and motivation to achieve and maintain your fitness or sports performance objectives. Pete incorporates

the latest health information and techniques into your customized training plan.



LUANNE SPIROS

Luanne is certified by the American Council on Exercise and incorporates a holistic approach to her client sessions, targeting multiple dimensions of health and wellness. Her focus on teaching proper posture,

mobility, and balance allow her clients to develop confident body awareness while exercising.



TAISHA SELBY

Taisha is a National Academy of Sports Medicine Performance Enhancement Specialist. With a Bachelor's in Exercise Science she is well equipped to educate you as she helps you navigate along your

fitness journey. Her goals are to motivate you and assist you in reaching your fitness goals.

Renew Active

In a partnership between 4500 Fitness and Healthy Contributions, Renew Active is a fitness membership benefit for those who qualify through United Healthcare, or AARP-branded Medicare plans. Renew Active allows a fitness membership at no cost to the member. To see if you qualify please contact your insurance provider.

SilverSneakers Program

4500 Fitness is a proud partner with Tivity SilverSneakers Fitness Program. With SilverSneakers, you can get fit when, where and how you want. The program, for older adults, is available through many healthcare plans. To check if you are eligible, visit silversneakers.com.

Prime Memberships

Prime is a well-being benefit that is offered by most employers as part of a health insurance plan. Contact your insurance carrier to see if you qualify for this benefit.

NIHCA Rewards

Blue Cross and Blue Shield of Minnesota members can visit myBlueCross in the member self-service center at www.bluecrossmn.com to find out if they are eligible. Members can click on the "Plan Details" tab and select "Health Programs and Discounts" and finally, select "find a fitness center." Members must be at least 18 years old to participate in the fitness discounts program.

PREMIER FITNESS CLASSES

Yoga Essentials

This class introduces fundamental yoga poses and breathing techniques to achieve a calm mind and body. Modifications are offered to accommodate joint limitations. Learn yoga poses with correct form, posture and alignment and begin to improve your strength, balance and flexibility.

Age: 15+ Min/Max: 6/12

Location: Downers Grove Recreation Center

**Instructor: Vicki Klimkiewicz (Monday),
Rita Meier (Wednesday)**

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J11-01	4/6 - 5/18	M	5:30-6:25pm	\$44/\$59/\$88
2301J11-02	4/8 - 5/27	W	5:00-5:55pm	\$50/\$67/\$97
Summer				
3301J11-01	6/8 - 7/13	M	5:30-6:25pm	\$38/\$50/\$75
3301J11-02	6/10 - 7/15	W	5:00-5:55pm	\$38/\$50/\$75
3301J11-03	8/10 - 8/17	M	5:30-6:25pm	\$13/\$17/\$25
3301J11-04	8/10 - 8/17	W	5:00-5:55pm	\$13/\$17/\$25

Chair Yoga

Practice yoga in a chair. Gently strengthen your spine and core, increase flexibility and mobility and leave this class relaxed and balanced.

Age: 18+ Min/Max: 6/15

Location: Lincoln Center Instructor: Eileen Johnson

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J04-01	4/7 - 5/26	TU	9:00-9:55am	\$50/\$67/\$97
2301J04-02	4/7 - 5/26	TU	10:00-10:55am	\$50/\$67/\$97
Summer				
3301J04-01	6/9 - 7/14	TU	9:00-9:55am	\$38/\$50/\$75
3301J04-02	6/9 - 7/14	TU	10:00-10:55am	\$38/\$50/\$75
3301J04-03	7/21 - 8/18	TU	9:00-9:55am	\$32/\$42/\$63
3301J04-04	7/21 - 8/18	TU	10:00-10:55am	\$32/\$42/\$63



Restorative Yoga

Learn to relax and rest deeply and completely with gentle yoga. Use props in some poses to support the body as it eases into relaxation and balance. Learn nourishing poses designed to restore and revitalize your body and mind. Please bring a 12 x 12 pillow and blanket to class.

Age: 15+ Min/Max: 6/12

Location: Downers Grove Recreation Center

Instructor: Shiree Bhargava

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J52-01	4/7 - 5/26	TU	4:15-5:10pm	\$50/\$67/\$97
Summer				
3301J52-01	6/9 - 7/14	TU	4:15-5:10pm	\$38/\$50/\$75

Pilates with Ease

Build muscle strength and mobility that are crucial when performing everyday tasks and maintaining coordination through the entire body. This is a mat-based program and exercises start off at a basic level and gradually increase to a more challenging intensity. Movements will challenge the core with resistance coming from a number of directions. Resistance may be body weight alone, or props such as hand weights or bands.

Age: 40+ Min/Max: 6/12

Location: Downers Grove Recreation Center

Instructor: Martine Henry

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J07-01	4/9 - 5/28	TH	4:00-4:45pm	\$50/\$67/\$97
Summer				
3301J07-01	6/11 - 7/16	TH	4:00-4:45pm	\$38/\$50/\$75

MORE TO EXPLORE!

New Healthy YOUiversity Series on page 110.

Pilates with MELT Rollers

Find your center of gravity by using a MELT roller, a 36-inch soft roller. Experience a posture change by re-hydrating and lengthening techniques done with the MELT moves. Core Pilate moves will be learned along with reintegrating and re-patterning exercises to assist the body in functioning properly. Instructor is Stott Pilates and MELT Neuro-Strength trained.

Age: 15+ Min/Max: 6/10

Location: Downers Grove Recreation Center

Instructor: Linda Ruff

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J13-01	4/6 - 5/18	M	8:05-9:00pm	\$56/\$75/\$105
Summer				
3301J13-01	6/8 - 7/13	M	8:05-9:00pm	\$48/\$64/\$94
3301J13-02	7/20 - 8/17	M	8:05-9:00pm	\$40/\$53/\$80

Balance & Strength

We can train and slow down the aging process by focusing on mental health, cardiovascular conditioning, strength training, flexibility and fall prevention and balance. Enjoy practical exercises and approaches for training brains and bodies.

Age: 40+ Min/Max: 6/12

Location: Downers Grove Recreation Center

Instructor: Denise Dimpfl (PM), Taisha Selby (AM)

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J05-01	4/6 - 5/18	M	4:00-4:45pm	\$44/\$59/\$88
2301J05-02	4/9 - 5/28	TH	11:15am-12:00pm	\$50/\$67/\$97
2301J05-03	4/9 - 5/28	TH	4:00-4:45pm	\$50/\$67/\$97
Summer				
3301J05-01	6/8 - 7/13	M	4:00-4:45pm	\$38/\$50/\$75
3301J05-02	6/11 - 7/16	TH	11:15am-12:00pm	\$38/\$50/\$75
3301J05-03	6/11 - 7/16	TH	4:00-4:45pm	\$38/\$50/\$75
3301J05-04	7/20 - 8/17	M	4:00-4:45pm	\$32/\$42/\$63
3301J05-05	7/23 - 8/20	TH	11:15am-12:00pm	\$32/\$42/\$63
3301J05-06	7/23 - 8/20	TH	4:00-4:45pm	\$32/\$42/\$63

Confident Core

Learn strengthening exercises to deal with incontinence. A strong core is important in balance and movement and the pelvic floor muscles provide support to the internal organs that lie on it. Develop strength and sync the pelvic floor and abdominal muscles through the practice of activation and strengthening core muscles through poses, exercises and breathing.

Age: 15+ Min/Max: 6/12 FM/R/NR: \$10/\$14/\$21

Location: Downers Grove Recreation Center

Instructor: Rita Meier

Class #	Date	Day	Time
Spring			
2301J10-01	4/15	W	6:05-7:00pm
Summer			
3301J10-01	6/17	W	6:05-7:00pm

Tai Ji Quan for Health: Beginning & Continuing

Experience the many health benefits of this traditional Chinese exercise and martial art. Exercises help you improve concentration, reduce mental stress, stimulate circulation and breathing, and develop better balance, flexibility and strength. Ideal for all fitness levels, individuals can modify the exercise to be as gentle or vigorous as desired. Expect 30 minutes of warm-up and cool down exercises, 30 minutes of Yang Short Form. If taking the extended time option with instructor approval, there is 30 minutes of Yang Long Form with focus on improving coordination, rooting and energetics.

Age: 18+ Min/Max: 6/12

Location: Lincoln Center Instructor: Judy Kline

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J01-01	4/7 - 6/9	TU	7:00-7:55pm	\$63/\$84/\$114
2301J01-02	4/7 - 6/9	TU	8:00-8:30pm	\$25/\$35/\$55
Summer				
3301J01-01	6/23 - 8/18	TU	7:00-7:55pm	\$57/\$76/\$106
3301J01-02	6/23 - 8/18	TU	8:00-8:30pm	\$23/\$32/\$50

Intro to Cycle

An introduction to cycle that is low-impact and gentle on your joints. Improve your fitness by building muscle, improving cardiovascular, and boost your energy. Receive instruction for proper indoor cycle bike set-up and learn correct cycle bike techniques that will keep your joints safe. The time spent on the bike will increase over the duration of the class sessions. Exercises and stretches off the bike will be included.

Age: 15+ Min/Max: 6/12

Location: Downers Grove Recreation Center

Instructor: Luanne Spiros (Thursday),

Vicki Klimkiewicz (Friday)

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J15-01	4/9 - 5/28	TH	9:15-10:00am	\$50/\$67/\$97
2301J15-02	4/17 - 5/29	F	5:30-6:15pm	\$44/\$59/\$88
Summer				
3301J15-01	6/12 - 7/17	F	5:30-6:15pm	\$38/\$50/\$75

Weight Training for Women

Recent studies show weightlifting two times a week can reduce overall body fat by three percentage points in just 10 weeks, while increasing bone density! A certified personal trainer provides resistance training, proper form, personal program design and muscle training theory.

Age: 15+ Min/Max: 5/15

Location: Downers Grove Recreation Center

Instructor: Cari Zalesiak

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J00-01	4/6 - 5/18	M	7:10-8:00pm	\$44/\$59/\$88
2301J00-02	4/8 - 5/27	W	7:10-8:00pm	\$50/\$67/\$97
2301J00-03	4/6 - 5/27	M/W	7:10-8:00pm	\$83/\$110/\$140
Summer				
3301J00-01	6/8 - 7/13	M	7:10-8:00pm	\$38/\$50/\$75
3301J00-02	6/10 - 7/15	W	7:10-8:00pm	\$38/\$50/\$75
3301J00-03	6/8 - 7/15	M/W	7:10-8:00pm	\$66/\$88/\$118
3301J00-04	7/20 - 8/17	M	7:10-8:00pm	\$32/\$42/\$63
3301J00-05	7/22 - 8/19	W	7:10-8:00pm	\$32/\$42/\$63
3301J00-06	7/20 - 8/19	M/W	7:10-8:00pm	\$56/\$74/\$104

Intro to Powerlifting-Optimal

Powerlifting (PL) is a form of weightlifting that builds muscle, skeletal health and reduces fat and consists of squat, bench press and deadlift exercises. This introduction program will focus on good form, technique and optimal (not maximal) strength as participants need to lift without a spotter. Improvement in body composition with measurable results are a win-win combination. Purchasing knee sleeves and a PL belt is recommended for those desiring extra support for stability in the knees, core and spine. Instructor is a State Powerlifting Champion and American Council on Exercise certified instructor. No class May 14.

Age: 15+ Min/Max: 4/4

Location: Downers Grove Recreation Center

Instructor: Luanne Spiros

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J51-01	4/23 - 5/28	TH	5:15-6:10am	\$60/\$80/\$110
Summer				
3301J51-01	6/18 - 7/16	TH	5:15-6:10am	\$60/\$80/\$110

DRY TRI(ATHALON) NEW!

This indoor event will test your skills and burn off those extra calories. This Tri is different than your ordinary triathlon. The spin? No swimming! Instead, row on Concept 2 Rowers (2000 meters). Cycle on Keiser Bikes (2.5 miles). Run/Walk on Life Fitness Treadmills (1.25 miles). Each participant will be assigned a heat time and confirmations will be sent out the week before the event. Heats start every 20 minutes, beginning at 7:00am, with two participants per heat, and the last heat starting at 11:00am. Timing will be from start to finish. All participants must start at the times indicated in their confirmation email. Appropriate attire, including athletic shoes, are required for all events. Please be sure to arrive prior to your heat to warm up. Winners will receive 2 months off their monthly billing or paid in full members will have their membership extended 2 months.

Age: 15+ Min/Max: 5/26 Fee: \$15

Location: Downers Grove Recreation Center

Class #	Date	Day	Time
3320J02-01	6/27	SA	7:00-11:00am

TRX FORMATS

The type of strength used in TRX, unlike any other, requires controlled movement in a destabilized environment. The ability to apply this strength performance is even more essential to the quality of life.

TRX®30 (Ages 15+)

A class duration of 30 minutes using the TRX to strengthen both upper and lower body while improving core strength.

TRX® for Strength (Ages 40+)

The TRX Suspension Trainer is an effective way to decrease or manage the risk of falling. Strengthen and lengthen the major muscles of the lower body and upper body as well as increasing mobility of the ankle, hip, spine and shoulder.

TRX® & Rip Trainer® (Ages 18+)

Improve core strength and rotational power while boosting endurance with a cardio element. Use the TRX to leverage body weight and the Rip Trainer to boost rotational power. These elements will build power, strength, flexibility, balance and mobility.

TRX® Rip Golfer (Ages 18+)

Train yourself to stay firmly connected to the ground as you rotate from back swing to downswing. Use the TRX straps to strengthen muscle function in key areas such as the glutes, hips and core and the Rip trainer to boost rotational power and power transfer.

TRX for Kids & Teens (Ages 10-14)

This class introduces fundamental posture alignment goals for squats, lunges, and planks using the TRX to assist in holding body weight. Participants will have fun bending and twisting as they build core awareness and strength.

Class#	Day	Date	Time	FM/R/NR
Spring				
TRX® 30				
2301J09-01	M	4/6 - 5/18	5:30 - 6:00am	\$42/\$56/\$84
2301J09-02	TU	4/7 - 5/26	12:45 - 1:15pm	\$48/\$64/\$94
2301J09-04	TU	4/7 - 5/26	6:25 - 6:55pm	\$48/\$64/\$94
TRX® for Strength				
2301J09-03	TU	4/7 - 5/26	5:25 - 6:20pm	\$96/\$128/\$158
2301J09-07	TH	4/9 - 5/28	5:00 - 5:55pm	\$96/\$128/\$158
TRX® & RIP Trainer				
2301J09-05	W	4/8 - 5/27	6:00 - 6:55pm	\$96/\$128/\$158
2301J09-08	TH	4/9 - 5/28	7:00 - 7:55pm	\$96/\$128/\$158
TRX® & RIP Trainer for Golfers				
2301J09-06	W	4/8 - 5/27	7:00 - 7:55pm	\$96/\$128/\$158
TRX® for Kids & Teens				
2301J17-01	W	4/8 - 5/27	4:10-4:55pm	\$64/\$85/\$115
Summer				
TRX® 30				
3301J09-01	M	6/8 - 7/13	5:30 - 6:00am	\$36/\$48/\$72
3301J09-03	TU	6/9 - 7/14	6:25 - 6:55pm	\$36/\$48/\$72
3301J09-06	M	7/20 - 8/17	5:30 - 6:00am	\$30/\$40/\$60
3301J09-08	TU	7/21 - 8/18	6:25 - 6:55pm	\$30/\$40/\$60
TRX® for Strength				
3301J09-02	TU	6/9 - 7/14	5:25 - 6:20pm	\$72/\$96/\$126
3301J09-07	TU	7/21 - 8/18	5:25 - 6:20pm	\$60/\$80/\$110
TRX® & RIP Trainer				
3301J09-04	W	6/10 - 7/15	6:00 - 6:55pm	\$72/\$96/\$126
3301J09-05	TH	6/11 - 7/16	7:00 - 7:55pm	\$72/\$96/\$126
3301J09-09	W	7/22 - 8/19	6:00 - 6:55pm	\$60/\$80/\$110
3301J09-10	TH	7/23 - 8/20	7:00 - 7:55pm	\$60/\$80/\$110

Min/Max: 5/10

Location: Downers Grove Recreation Center

Instructor: Staff

RECEIVE A 10% DISCOUNT FOR EARLY REGISTRATION!

- Register by March 27 for the April session start.
- Register by May 29 for the June session start.
- Register by July 10 for the July session start.

Nutrition 101

Are you looking for nutritional advice? Don't have time to prepare healthy meals? This is a group nutritional class where we will discuss meal planning, recipes, grocery shopping, weight loss or fitness goals. Whether your training for a marathon or just looking for better meal choices, this is class will help customize a plan that works best for you.

Age: 15+ Min/Max: 6/15 FM/R/NR: \$52/\$59/\$89

Location: Downers Grove Recreation Center

Instructor: Jessica Venouziou

Class #	Date	Day	Time
Spring			
2320J01-01	4/9 - 5/28	TH	7:00-8:00pm
Summer			
3320J01-01	6/4 - 7/23	TH	7:00-8:00pm

FREE! Zumba in the Park

Join us for a free Zumba in the Park workout. Maximize caloric output, fat burning and total body toning with Latin and International music. This class features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Bring water and a towel. If inclement weather occurs, class will be held at the Recreation Center at 8:25am. Advance registration is required.

Age: 15+ Min/Max: 6/35 Fee: Free

Location: Fishel Park Instructor: Taisha Selby

Class #	Date	Day	Time
3301J18-01	6/13	SA	8:25-9:20am
3301J18-02	7/11	SA	8:25-9:20am
3301J18-03	8/8	SA	8:25-9:20am

FREE! Yoga in the Park

Join us for a free Yoga in the Park workout. Bring a yoga mat, water and a towel. Find the beauty and balance that is Hatha Yoga. Experience the original and timeless mind and body practice. If inclement weather occurs, class will be held at the Recreation Center at 8:25am. Advance registration is required.

Age: 15+ Min/Max: 6/60 Fee: Free

Location: Fishel Park Instructor: Shiree Bhargava

Class #	Date	Day	Time
3301J19-01	6/13	SA	9:30-10:25am
3301J19-02	7/11	SA	9:30-10:25am
3301J19-03	8/8	SA	9:30-10:25am



STROLLER STRIDES

Stroller Strides® is a functional, total-body conditioning workout designed for moms with kids in tow. Each 60-minute workout is comprised of strength training, cardio and core restoration, all while entertaining little ones with songs, activities and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! No more mama guilt! This class is all about self-care in a supportive and encouraging environment with kiddo(s) happily in the stroller! Class requires adequate strollers with support for baby's head. Umbrella strollers are discouraged. We encourage you to follow the owner's manual per your stroller regarding exercise and movement.

Sign up at www.oakbrookhinsdale.fit4mom.com or email beckykostelny@fit4mom.com

- **Monthly Unlimited: \$65**
- **10-Class Pass: \$150**
- **Initial Signup & Equipment Fee: \$45, on first day**
- **M/W/F: 9:30 – 10:30am**
- **Recreation Center before May 1**
- **McCullum Park beginning May 1**

KIDS FITNESS

Cardio & Strength for Kids

This class is geared to be fun and effective using cardio and strength exercises. Kids will go through a routine that will keep them moving and engaged. Proper form will be taught and exercises will be repeated in the sequences to challenge body strength and cardio.

Age: 10-14 Min/Max: 6/12 FM/R/NR: \$48/\$63/\$93

Location: Downers Grove Recreation Center

Instructor: Carrie Anslow

Class #	Date	Day	Time
2301J12-01	4/6 - 5/18	M	5:00-5:45pm

BADGE WORK

MIN/MAX: 8/25 FEE: \$6/PARTICIPANT

LOCATION: RECREATION CENTER

PLEASE CALL 630.960.7250 TO SCHEDULE YOUR GROUP.

K & 1ST GRADE GIRLS

Scouts can work toward the Respect Myself & Others badge as they learn the importance of self-care, the benefits of quiet exercises and how to quiet their minds. By teaching games and poses to fellow Scouts, girls will learn how to lead and respect others.

2ND & 3RD GRADE GIRLS

Work toward the Dancer badge by learning to dance with Latin and International music that we call Zumba. Scouts will discover new ways to move their feet and arms through fast and slow rhythms in this effective fitness class.

4TH & 5TH GRADE GIRLS

Scouts will work toward their Staying Fit badge in this class that teaches different types of exercise such as Zumba, Step, Boot Camp, Yoga and more!

Yoga for Little Kids

This class combines exercise with imagination, games and a story. Kids will have the opportunity to be silly, release energy and relax. It introduces a formal way of using their body at a young age. Kids should dress in comfortable clothes.

Age: 3-6 Min/Max: 6/12

Location: Downers Grove Recreation Center

**Instructor: Rogina Curry (Wednesday AM),
Carrie Santucci (Wednesday PM & Friday)**

Class #	Date	Day	Time	FM/R/NR
Spring				
2301J02-01	4/8 - 5/27	W	10:15-11:00am	\$42/\$55/\$82
2301J02-02	4/8 - 5/27	W	4:10-4:55pm	\$42/\$55/\$82
2301J02-03	4/17 - 5/29	F	10:15-11:00am	\$37/\$48/\$72
2301J02-04	4/17 - 5/29	F	11:10-11:55am	\$37/\$48/\$72
Summer				
3301J02-01	6/10 - 7/15	W	10:15-11:00am	\$32/\$41/\$61
3301J02-02	6/12 - 7/17	F	10:15-11:00am	\$32/\$41/\$61
3301J02-03	6/12 - 7/17	F	10:15-11:00am	\$32/\$41/\$61
3301J02-04	6/12 - 7/17	F	11:10-11:55am	\$32/\$41/\$61

Yoga for Kids & Teens

Give your child the skills to better handle life's ups and downs through yoga. Children will learn a combination of poses that will spike energy as well as bring energy down. Yoga improves flexibility, strength and self-confidence. Kids should dress in comfortable clothes.

Min/Max: 6/15

FM/R/NR: \$42/\$55/\$82

Location: Downers Grove Recreation Center

Instructor: Eileen Johnson

Class #	Age	Date	Day	Time
2301J03-01	6-9	4/8 - 5/27	W	4:10-4:55pm
2301J03-02	10-14	4/8 - 5/27	W	5:00-5:45pm



OPEN GYM

HOW TO USE OPEN GYM

CHECK OPEN GYM TIMES ON THE ONLINE CALENDAR | **DGPARKS.ORG**

ARRIVE EARLY

Admission is available on first-come, first-served basis. No reservations are necessary or accepted (except for batting cages).

PAY FOR YOUR OPEN GYM SESSION ONE OF THREE WAYS

- 1 PAY THE DAILY FEE**
Resident: \$4 | Non-Resident: \$6
- 2 BECOME A 4500 FITNESS MEMBER**
Membership includes free basketball, volleyball, badminton & pickleball open gym.
- 3 PURCHASE A RESIDENT PLAY PASS***
Verification of residency or employment within Downers Grove Park District boundaries must be provided to receive resident rates.

PLAY PASS

Number of Visits	R/NR
10	\$30/\$60
20	\$60/\$120

*PLAY PASSES CANNOT BE SHARED AND VISITS EXPIRE ONE YEAR FROM DATE OF PURCHASE. NOT AVAILABLE FOR BATTING CAGES.

GET YOUR WRISTBAND

Wristbands help us prevent overcrowding in the gym and must be worn for the whole open gym session. Anyone not wearing a wristband will be asked to leave the gym and will not be allowed to re-enter until after payment is made. Each paid admission allows entry into the gymnasium only for one specific open gym program and use of the locker rooms adjacent to the gym.

NOTE: The Downers Grove Park District reserves the right to cancel or change open gym days and times.

PARENT/CHILD OPEN GYMNASTICS

AGE: 10 MOS. - 7 YEARS & PARENT

Let your kids burn off some energy on gymnastics equipment, including the preschool balance beam and uneven bars.

- Balls/smaller equipment available for toddlers
- Parents supervise
- Check online calendar for times

VOLLEYBALL

AGE: 17 YEARS & UNDER (YOUTH)

AGE: 18 YEARS + (ADULT)

- Volleyballs are available
- Separate youth & adult sessions
- Check online calendar for times

BASKETBALL

AGE: 17 YEARS & UNDER (YOUTH)

AGE: 18 YEARS + (ADULT)

- Please bring your own basketball
- Separate youth & adult sessions
- Check online calendar for times

BADMINTON

AGE: 14 YEARS +

Played on 4 badminton courts in the Recreation Center.

- Racquets and birdies are available
- Courts are set up for singles or double play
- Check online calendar for times

PICKLEBALL

AGE: 18+

Played on existing pickleball courts in the Recreation Center.

- Paddles and balls are available
- Courts set up for singles or double play
- Check online calendar for times

BATTING CAGES

FEE (PER 1/2 HOUR):

RESIDENT: \$15 | NON-RESIDENT: \$20

Cages can be reserved for 30-minute time blocks for up to one hour. Pitching machine must be operated by the participant, and batters must supply a helmet and bat.

- Pitching machine and balls provided
- Reservations must be made 24-hours in advance; Reservations available on Sundays



Get Active!

YOUTH SPORTS

RECREATION CENTER | 4500 BELMONT AVE. DOWNERS GROVE, IL | 630.960.7250

ALL STAR SPORTS

Multi Sports

Children have the opportunity to try a variety of sports such as basketball, hockey, soccer, baseball and football and learn the importance of sportsmanship and teamwork.

Min/Max: 6/16 **Instructor: All Star Sports**

Location: Downers Grove Recreation Center

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F08-01	3-5	4/14 - 5/26	TU	9:45-10:30am	\$76/\$106
2396F08-02	3-4	4/9 - 5/21	TH	9:00-9:45am	\$76/\$106
2396F08-03	4-6	4/9 - 5/21	TH	9:45-10:45am	\$76/\$106
Summer					
3396F08-01	3-4	6/9 - 7/21	TU	10:45-11:30am	\$76/\$106
3396F08-02	4-6	6/9 - 7/21	TU	11:30am-12:30pm	\$76/\$106
3396F08-03	3-4	8/8 - 8/22	SA	10:00-10:45am	\$35/\$53
3396F08-04	4-6	8/8 - 8/22	SA	10:45-11:45am	\$35/\$53

Parent & Tot Super Sports

Children improve simple motor skills and have fun while learning a variety of sports including soccer, basketball, hockey, t-ball and more. Bring a glove and a soccer ball to class. No class May 23.

Age: 2-3 **Min/Max: 6/16** **Instructor: All Star Sports**

Location: Downers Grove Recreation Center

Class #	Date	Day	Time	R/NR
Spring				
2396F16-01	4/14 - 5/26	TU	9:00-9:45am	\$76/\$106
2396F16-02	4/10 - 5/22	F	4:00-4:45pm	\$76/\$106
*2396F16-03	4/11 - 5/30	SA	12:00-12:45pm	\$76/\$106
Summer				
3396F16-01	6/8 - 7/20	M	6:00-6:45pm	\$76/\$106
3396F16-02	6/9 - 7/21	TU	10:00-10:45am	\$76/\$106
3396F16-03	8/8 - 8/22	SA	9:00-9:45am	\$35/\$53

*Located at Herrick MS



THERE'S MORE TO EXPLORE!

Sport camps on pages 40-46.

T-Ball

Develop basic baseball skills such as hitting, fielding, throwing, catching and running the bases. Fun drills and games are played each week. Please bring your own glove. No class May 23, 25 and July 4.

Min/Max: 6/16 **Instructor: All Star Sports**
Location: Downers Grove Recreation Center (RC), McCollum Park (MP) and Herrick Middle School (HMS)

Class #	Age	Date	Day	Time	R/NR	Location
Spring						
2396F06-01	3-4	4/13 - 6/1	M	12:00-12:45pm	\$76/\$106	MP
2396F06-02	4-6	4/13 - 6/1	M	12:45-1:45pm	\$76/\$106	MP
2396F06-03	3-4	4/13 - 6/1	M	4:00-4:45pm	\$76/\$106	MP
2396F06-04	5-7	4/13 - 6/1	M	4:45-5:45pm	\$76/\$106	MP
2396F06-05	3-4	4/9 - 5/21	TH	1:00-1:45pm	\$76/\$106	MP
2396F06-06	4-6	4/9 - 5/21	TH	1:45-2:45pm	\$76/\$106	MP
2396F06-07	3-4	4/10 - 5/22	F	10:00-10:45am	\$76/\$106	MP
2396F06-08	4-6	4/10 - 5/22	F	10:45-11:45am	\$76/\$106	MP
2396F06-09	3-4	4/11 - 5/30	SA	3:00-3:45pm	\$76/\$106	HMS
2396F06-10	4-6	4/11 - 5/30	SA	3:45-4:45pm	\$76/\$106	HMS
Summer						
3396F06-01	3-4	6/8 - 7/20	M	12:00-12:45pm	\$76/\$106	MP
3396F06-02	4-6	6/8 - 7/20	M	12:45-1:45pm	\$76/\$106	MP
3396F06-03	3-4	6/10 - 7/22	W	12:00-12:45pm	\$76/\$106	MP
3396F06-04	4-6	6/10 - 7/22	W	12:45-1:45pm	\$76/\$106	MP
3396F06-05	3-4	7/27 - 8/12	M/W	10:00-11:00am	\$66/\$96	MP
3396F06-06	4-6	7/27 - 8/12	M/W	11:00am-12:00pm	\$66/\$96	MP
3396F06-07	3-4	7/28 - 8/13	TU/TH	5:00-5:45pm	\$66/\$96	MP
3396F06-08	4-6	7/28 - 8/13	TU/TH	5:45-6:45pm	\$66/\$96	MP
3396F06-09	3-4	8/8 - 8/22	SA	2:00-2:45pm	\$35/\$53	RC
3396F06-10	4-6	8/8 - 8/22	SA	2:45-3:45pm	\$35/\$53	RC

Little Pint Hoops

Introduce your children to the game through instruction in passing, shooting and dribbling. Lower hoops are used to accommodate young players. No class July 3.

Min/Max: 6/16 **Instructor: All Star Sports**
Location: Downers Grove Recreation Center

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F12-01	3-4	4/14 - 5/26	TU	11:15am-12:00pm	\$76/\$106
2396F12-02	4-6	4/14 - 5/26	TU	12:00-12:45pm	\$76/\$106
2396F12-03	3-4	4/14 - 5/26	TU	4:00-4:45pm	\$76/\$106
2396F12-04	4-6	4/14 - 5/26	TU	4:45-5:45pm	\$76/\$106
2396F12-05	3-4	4/14 - 5/26	TU	5:45-6:30pm	\$76/\$106
Summer					
3396F12-01	3-4	6/9 - 7/21	TU	4:00-4:45pm	\$76/\$106
3396F12-02	4-6	6/9 - 7/21	TU	4:45-5:45pm	\$76/\$106
3396F12-03	6-8	6/9 - 7/21	TU	5:45-6:45pm	\$76/\$106
3396F12-04	3-4	6/12 - 7/31	F	10:00-10:45am	\$76/\$106
3396F12-05	4-6	6/12 - 7/31	F	10:45-11:45am	\$76/\$106
3396F12-06	3-4	7/28 - 8/13	TU/TH	10:00-10:45am	\$66/\$96
3396F12-07	4-6	7/28 - 8/13	TU/TH	10:45-11:45am	\$66/\$96
3396F12-08	6-8	7/28 - 8/13	TU/TH	11:45am-12:45pm	\$66/\$96



Baseball Skills

Our top notch baseball trainers will cover the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching and catching. Speed and agility will be added to increase core strength and mobility for added bat speed, range in the field and linear speed for base running. In-game strategies will be taught to increase each players' overall knowledge. No class May 25.

Equipment: Please bring a water bottle and glove (may bring own bat).

Min/Max: 6/16 **Instructor:** All Star Sports

Location: McCollum Park

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F23-01	8-10	4/13 - 6/1	M	5:45-6:45pm	\$76/\$106
Summer					
3396F23-01	6-8	7/27 - 8/12	M/W	12:00-1:00pm	\$66/\$96

Floor Hockey

Play the fastest game in the world! Understand the value of teamwork and sportsmanship while learning the basic skills of passing, shooting and stick handling. Children must bring a bike helmet and gloves. No class July 3.

Min/Max: 6/16 **Instructor:** All Star Sports

Location: Downers Grove Recreation Center

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F15-01	5-7	4/9 - 5/21	TH	4:00-5:00pm	\$76/\$106
2396F15-02	8-10	4/9 - 5/21	TH	5:00-6:00pm	\$76/\$106
Summer					
3396F22-01	6-8	6/12 - 7/31	F	12:00-12:45pm	\$76/\$106
3396F22-02	8-10	6/12 - 7/31	F	12:45-1:45pm	\$76/\$106



@All Star Sports Instruction

Kids Soccer

Have fun and gain coordination and self-esteem while learning the fundamentals of this popular team sport. Basics such as passing, shooting and dribbling are taught. Please bring a soccer ball to class. No class May 23, 25 and July 4.

Min/Max: 6/16 **Instructor:** All Star Sports

Location: Downers Grove Recreation Center (RC), McCollum Park (MP) and Herrick Middle School (HMS)

Class #	Age	Date	Day	Time	R/NR	Location
Spring						
2396F11-01	3-4	4/13 - 6/1	M	10:00-10:45am	\$76/\$106	MP
2396F11-02	4-6	4/13 - 6/1	M	10:45-11:45am	\$76/\$106	MP
2396F11-03	3-4	4/15 - 5/27	W	4:00-4:45pm	\$76/\$106	MP
2396F11-04	4-6	4/15 - 5/27	W	4:45-5:45pm	\$76/\$106	MP
2396F11-05	3-4	4/9 - 5/21	TH	11:15am-12:00pm	\$76/\$106	MP
2396F11-06	4-6	4/9 - 5/21	TH	12:00-12:45pm	\$76/\$106	MP
2396F11-07	3-4	4/9 - 5/21	TH	6:00-6:45pm	\$76/\$106	RC
2396F11-08	5-6	4/9 - 5/21	TH	6:45-7:45pm	\$76/\$106	RC
2396F11-09	3-4	4/10 - 5/22	F	12:00-12:45pm	\$76/\$106	MP
2396F11-10	4-6	4/10 - 5/22	F	12:45-1:45pm	\$76/\$106	MP
2396F11-11	3-4	4/11 - 5/30	SA	1:00-1:45pm	\$76/\$106	HMS
2396F11-12	4-6	4/11 - 5/30	SA	1:45-2:45pm	\$76/\$106	HMS
Summer						
3396F11-01	3-4	6/8 - 7/20	M	10:00-10:45am	\$76/\$106	MP
3396F11-02	4-6	6/8 - 7/20	M	10:45-11:45am	\$76/\$106	MP
3396F11-03	3-4	6/10 - 7/22	W	10:00-10:45am	\$76/\$106	MP
3396F11-04	4-6	6/10 - 7/22	W	10:45-11:45am	\$76/\$106	MP
3396F11-05	3-4	6/10 - 7/22	W	4:00-4:45pm	\$76/\$106	MP
3396F11-06	4-6	6/10 - 7/22	W	4:45-5:45pm	\$76/\$106	MP
3396F11-07	3-4	6/10 - 7/22	W	5:45-6:30pm	\$76/\$106	MP
3396F11-08	3-4	6/13 - 8/1	SA	1:00-1:45pm	\$76/\$106	MP
3396F11-09	4-6	6/13 - 8/1	SA	1:45-2:45pm	\$76/\$106	MP
3396F11-10	3-4	7/27 - 8/12	M/W	4:00-4:45pm	\$66/\$96	MP
3396F11-11	4-6	7/27 - 8/12	M/W	4:45-5:45pm	\$66/\$96	MP
3396F11-12	3-4	7/27 - 8/12	M/W	5:45-6:30pm	\$66/\$96	MP
3396F11-13	3-4	8/8 - 8/22	SA	12:00-12:45pm	\$35/\$53	RC
3396F11-14	4-6	8/8 - 8/22	SA	12:45-1:45pm	\$35/\$53	RC

Flag Football

An alternative to tackle football, this class meets once a week for fun, instruction practices and games.

Min/Max: 6/16 **Instructor: All Star Sports**
Location: Downers Grove Recreation Center (RC),
McCullum Park (MP)

Class #	Age	Date	Day	Time	R/NR	Location
Spring						
2396F10-01	6-8	4/15 - 5/27	W	5:45-6:45pm	\$76/\$106	MP
2396F10-02	8-10	4/15 - 5/27	W	6:45-7:45pm	\$76/\$106	MP
Summer						
3396F10-01	4-6	6/11 - 7/23	TH	4:00-5:00pm	\$76/\$106	MP
3396F10-02	6-8	6/11 - 7/23	TH	5:00-6:00pm	\$76/\$106	RC
3396F10-03	8-10	6/11 - 7/23	TH	6:00-7:00pm	\$76/\$106	RC

Kids Volleyball

Get an introduction to the basics of the game of volleyball including bumping, setting and serving with an emphasis on having fun. Basic team strategies and skills to improve footwork and coordination also are taught.

Min/Max: 6/20 **Instructor: All Star Sports**
Location: Downers Grove Recreation Center

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F07-01	8-10	4/10 - 5/22	F	5:00-6:00pm	\$76/\$106
2396F07-02	10-12	4/10 - 5/22	F	6:00-6:45pm	\$76/\$106
Summer					
3396F07-01	8-10	6/8 - 7/20	M	4:00-5:00pm	\$76/\$106
3396F07-02	10-12	6/8 - 7/20	M	5:00-6:00pm	\$76/\$106

There's no telling where life will take you when you learn how powerful teamwork is.



Teamwork, decision making, imagination, Roadrunners Soccer Club has professional coaches who nurture these qualities. Among them are US National Team Captains, D1 players and teachers. It's no wonder we have some of the top teams in the state. Register now for tryouts: www.Roadrunnersc.com, click "sign up for tryouts" Questions? Roadrunners.soccer@gmail.com.

Roadrunners is a non-profit organization and an affiliate of the Downers Grove Park District. Photo credit: Lifelensandlove photography.



It's Bigger Than Soccer

Tennis

These classes to introduce the game of tennis in a fun way. Hand eye and racket skills are developed along with stroke development. No class on July 4.

Min/Max: 4/8 Instructor: Thunder and Lightning Sports Staff Location: McCollum Park

Class #	Age	Level	Date	Day	Time	R/NR
Spring						
2396F26-01	5-7	Quick Start	4/11 - 5/23	SA	9:15-10:00am	\$96/\$126
2396F26-02	8-11	Beginner	4/11 - 5/23	SA	10:00-11:00am	\$96/\$126
2396F26-03	12-15	Youth	4/11 - 5/23	SA	11:00am-12:00pm	\$96/\$126
2396F26-04	16+	Adult	4/11 - 5/23	SA	12:00-1:00pm	\$96/\$126
Summer						
3396F26-01	5-7	Quick Start	6/10 - 7/1	M/W	9:15-10:00am	\$97/\$127
3396F26-02	5-7	Quick Start	6/8 - 7/1	M/W	6:15-7:00pm	\$110/\$140
3396F26-03	5-7	Quick Start	6/11 - 7/2	TU/TH	9:15-10:00am	\$97/\$127
3396F26-04	5-7	Quick Start	6/9 - 7/2	TU/TH	6:15-7:00pm	\$110/\$140
3396F26-05	5-7	Quick Start	6/6 - 8/1	SA	9:15-10:00am	\$110/\$140
3396F26-06	5-7	Quick Start	7/6 - 7/29	M/W	9:15-10:00am	\$110/\$140
3396F26-07	5-7	Quick Start	7/6 - 7/29	M/W	6:15-7:00pm	\$110/\$140
3396F26-08	5-7	Quick Start	7/7 - 7/30	TU/TH	9:15-10:00am	\$110/\$140
3396F26-09	5-7	Quick Start	7/7 - 7/30	TU/TH	6:15-7:00pm	\$110/\$140
3396F26-11	8-11	Beginner	6/10 - 7/1	M/W	10:00-11:00am	\$97/\$127
3396F26-12	8-11	Beginner	6/8 - 7/1	M/W	7:00-8:00pm	\$110/\$140
3396F26-13	8-11	Beginner	6/11 - 7/2	TU/TH	10:00-11:00am	\$97/\$127
3396F26-14	8-11	Beginner	6/9 - 7/2	TU/TH	7:00-8:00pm	\$110/\$140
3396F26-15	8-11	Beginner	6/6 - 8/1	SA	10:00-11:00am	\$110/\$140
3396F26-16	8-11	Beginner	7/6 - 7/29	M/W	10:00-11:00am	\$110/\$140
3396F26-17	8-11	Beginner	7/6 - 7/29	M/W	7:00-8:00pm	\$110/\$140
3396F26-18	8-11	Beginner	7/7 - 7/30	TU/TH	10:00-11:00am	\$110/\$140
3396F26-19	8-11	Beginner	7/7 - 7/30	TU/TH	7:00-8:00pm	\$110/\$140
3396F26-21	12-15	Youth	6/10 - 7/1	M/W	11:00am-12:00pm	\$97/\$127
3396F26-22	12-15	Youth	6/8 - 7/1	M/W	8:00-9:00pm	\$110/\$140
3396F26-23	12-15	Youth	6/11 - 7/2	TU/TH	11:00am-12:00pm	\$97/\$127
3396F26-24	12-15	Youth	6/9 - 7/2	TU/TH	8:00-9:00pm	\$110/\$140
3396F26-25	12-15	Youth	6/6 - 8/1	SA	11:00am-12:00pm	\$110/\$140
3396F26-26	12-15	Youth	7/6 - 7/29	M/W	11:00am-12:00pm	\$110/\$140
3396F26-27	12-15	Youth	7/6 - 7/29	M/W	8:00-9:00pm	\$110/\$140
3396F26-28	12-15	Youth	7/7 - 7/30	TU/TH	11:00am-12:00pm	\$110/\$140
3396F26-29	12-15	Youth	7/7 - 7/30	TU/TH	8:00-9:00pm	\$110/\$140
3396F26-31	16+	Adult	6/10 - 7/1	M/W	12:00-1:00pm	\$97/\$127
3396F26-34	16+	Adult	6/9 - 7/2	TU/TH	9:00-10:00pm	\$110/\$140
3396F26-35	16+	Adult	6/6 - 8/1	SA	12:00-1:00pm	\$110/\$140
3396F26-36	16+	Adult	7/6 - 7/29	M/W	12:00-1:00pm	\$110/\$140
3396F26-39	16+	Adult	7/7 - 7/30	TU/TH	9:00-10:00pm	\$110/\$140



GET YOUR WEATHER UPDATES WITH RAINOUTLINE

In case of inclement weather call the Rainout line at 630-225-7272 ext. 71 for tennis.

Fencing

Fencing is the Olympic sport of swordplay. You always thought fencing scenes in movies were exciting, now you can try it too! Fencing is an excellent sport for children and adults. It combines coordination of relaxed and explosive moves, and critical thinking between attack and defensive strategies. Your local fencing location is your next step and all equipment is provided. Parents are encouraged to participate with their children. Skill level of fencers will be managed by coach.

Age: 8+ Min/Max: 8/16 Instructor: Fencing Sports Club Location: Lincoln Center

Class #	Level	Date	Day	Time	R/NR
Spring					
2396F44-01	Beginner	4/7 - 5/5	TU	7:15-8:00pm	\$56/\$84
2396F44-02	Advanced	4/7 - 5/5	TU	6:30-7:30pm	\$56/\$84
Summer					
3396F44-01	Beginner	5/19 - 6/23	TU	7:15-8:00pm	\$56/\$84
3396F44-02	Advanced	5/19 - 6/23	TU	6:30-7:30pm	\$56/\$84



Join your Downers Grove friends and neighbors for a summer to remember!

Registration opens March 2

Parent meeting May 21

Season starts June 1

Visit www.butterfieldpd.com for more info

ROLLER SKATING

Come join our class and learn to roller figure skate! This is the perfect time to teach little minds how to stand up, start rolling and balance on quad skates. With our games, toys, songs, activities and nationally certified instructors, your little ones will be smiling while rolling in no time! In every class, students are evaluated on their progress and our coach feedback is available to see online! Medals are then presented to students every time they pass eight new skills! Don't have skates? No sweat! Skate rental is included. Teacher to student ratio is 5 students to 1 instructor. No class July 4.

Min/Max: 1/3

Instructor: Revolution Skate Studio, 1300 South Main Street Unit B, Lombard, IL

Class #	Age	Date	Day	Time	R/NR
Spring					
2396F24-01	3-5	4/28 - 6/2	TU	4:30-5:15pm	\$135/\$165
2396F24-04	3-5	5/2 - 6/6	SA	9:35-10:20am	\$135/\$165
2396F24-21	6-10	4/28 - 6/2	TU	5:30-6:30pm	\$155/\$185
2396F24-24	6-10	5/2 - 6/6	SA	1:00-2:00pm	\$155/\$185
Summer					
3396F24-01	3-5	6/9 - 7/14	TU	4:30-5:15pm	\$135/\$165
3396F24-04	3-5	6/13 - 7/18	SA	9:35-10:20am	\$113/\$143
3396F24-05	3-5	7/21 - 8/25	TU	4:30-5:15pm	\$135/\$165
3396F24-08	3-5	7/25 - 8/29	SA	9:35-10:20am	\$135/\$165
3396F24-21	6-10	6/9 - 7/14	TU	5:30-6:30pm	\$155/\$185
3396F24-24	6-10	6/13 - 7/18	SA	1:00-2:00pm	\$130/\$160
3396F24-25	6-10	7/21 - 8/25	TU	5:30-6:30pm	\$155/\$185
3396F24-28	6-10	7/25 - 8/29	SA	1:00-2:00pm	\$155/\$185

NEW WAVE LACROSSE

Lacrosse Boys

The coaches at New Wave provide a fun and challenging atmosphere for all athletes to develop and learn the sport. Players will be put on designated teams for the season. Teams will practice once or twice a week with games held on the weekends. Players should expect to play games within a 20-mile radius against neighboring towns. Rental equipment packages are available for the spring season. A \$20 reversible jerseys are required for new players. Rental gear available through New Wave. Registration opens Jan. 1 and the deadline is April 1.

New Wave coordinators are onsite to assist with all teams but volunteer coaches are needed at all levels. Volunteer coaching classes are taught throughout the winter and are available for anyone interested in helping out. All questions should be directed to New Wave Director Kyle Sullivan at Kyle@newwavelax.com.

***K-2nd grade teams will practice 1 time per week with games on the weekends.**

Min/Max: 1/50 Location: Ebersold Park Instructor: New Wave Lacrosse

Class #	Age	Date	Day	Time	R/NR
2396F28-01	5-8	4/14 - 5/26	TU	5:30-6:30pm	\$170/\$200
2396F28-02	7-14	4/14 - 5/28	TU/TH	5:30-7:00pm	\$240/\$270

Lacrosse Girls

Ready for a great lacrosse experience? Join us this spring for five weeks of training, games and fun! Designed for both beginners and experienced players, this instructional program will emphasize stick skill development, on field IQ and internal "live" games. Additional scrimmages may be scheduled towards the end of the season against other local towns. Player jersey is included in program fee. Sticks and goggles are required. Rental gear will be available for all players. Contact Gina@newwavelax.com with any questions.

Grade: 3-8 Min/Max: 1/50 R/NR: \$135/\$165

Location: Ebersold Park

Instructor: New Wave Lacrosse

Class #	Date	Day	Time
2396F29-02	4/29 - 5/27	W	5:30-6:45pm

Lacrosse Girls Intro Clinic

All female youth athletes are welcome to come to the free one-day clinic to try this fun and fast-paced sport! This fun camp will allow each camper to work with the New Wave Lacrosse coaches and learn the basics. This is a great opportunity to try a new sport with no strings attached. Equipment will be provided for every camper. Just show up with a good attitude and get ready for a fun day! Contact Gina@newwavelax.com with any questions.

Grade: 3-8 Min/Max: 1/50 R/NR: Free

Location: Downers Grove Recreation Center

Instructor: New Wave Lacrosse

Class #	Date	Day	Time
2396F30-01	4/2	TH	6:00-7:00pm



CHICAGO WHITE SOX PROGRAMS

WEST SUBURBAN SPORTS COMPLEX (formerly known as the Bulls/Sox Academy)
6200 River Bend Dr., Lisle, Illinois • Visit whitesox.com/play for more information

Little Sluggers

White Sox Little Sluggers camp allows players to work on fundamentals of baseball, throwing, hitting and fielding while having FUN! Open to both boys and girls.

Incrediball League

A mini-field, with 30-foot bases and a home run fence, will be set up inside the Lisle Academy to help teach the kids the basic fundamentals during each week's game. Instructors will be on hand explaining the proper hitting, throwing, fielding and base running techniques in game situations.

Little Sluggers/Incrediball Combo

The first part of the day allows players to work on beginning baseball fundamentals while having FUN! The second part of the camp includes playing games on a mini-field with 30 foot bases and a home run fence. This will be set up inside the Lisle Academy to help teach the kids the basic fundamentals during each week's game.

Fastpitch Digital Analysis Clinic

Spend some quality time with us working on your swing through the use of Digital Motion Analysis. Our Elite Instructors will take your daughter through each phase of her swing and teach her how to make the adjustments necessary to become a better hitter. Camp will feature tee drills, front toss drills and competitions along with a one-on-one meeting to analyze her swing. Hurry, space is limited!

Hitting Club

This club will give each participant a foundation to become a great hitter. The club will focus on plate coverage and stance, striding into a hitting position, swing plane/hand path, footwork and balance.

Pitching Club

If you are a pitcher looking to throw harder with better control and keep your skills sharp during the season, then you'll want to take advantage of this Pitching Club. Each session will build on the previous class in order to teach the basic fundamentals of pitching as well as throwing.

Fielding

This program focuses on fielding groundballs and fly balls the correct way as well as proper throwing and catching techniques. To be a complete player you must learn to defend and throw accurately.

Class #	Class	Age	Date	Day	Time	R/NR
2396F49-01	Little Sluggers	5-6	4/11 - 5/2	SA	9:00-10:00am	\$69/\$99
2396F50-01	Incrediball League	5-6	4/11 - 5/2	SA	10:00-11:00am	\$69/\$99
2396F51-01	Little Sluggers/Incrediball Combo	5-6	4/11 - 5/2	SA	9:00-11:00am	\$129/\$159
2396F52-01	Hitting Club	10-12	3/5 - 3/26	TH	6:00-7:00pm	\$100/\$130
2396F52-02	Hitting Club	8-10	4/7 - 4/28	TU	6:00-7:00pm	\$100/\$130
2396F53-01	Pitching Club	10-12	3/5 - 3/26	TH	7:00-8:00pm	\$100/\$130
2396F53-02	Pitching Club	8-10	4/7 - 4/28	TU	7:00-8:00pm	\$100/\$130
2396F54-01	Fielding	8-9	3/4 - 3/25	W	7:00-8:00pm	\$100/\$130
2396F54-02	Fielding	10-12	3/4 - 3/25	W	7:00-8:00pm	\$100/\$130
2396F48-01	Fastpitch Digital Analysis	7-9	4/20	M	5:30-8:30pm	\$50/\$75
2396F48-02	Fastpitch Digital Analysis	10-14	4/20	M	5:30-8:30pm	\$50/\$75

Check out Chicago White Sox Fastpitch All Skills Camp and Chicago White Sox Baseball Camp on page 44.



Join a team!

YOUTH LEAGUES

DOWNLOAD PARENT MANUALS & SCHEDULES AT DGPARKS.ORG

All Star Sports T-Ball League

The All Star approach to baseball is one that will engage all players no matter their skill level. Our coaching technique will provide basic building blocks in a fun safe environment. We have created a system that keeps the players moving and learning even while in the dugout! Mechanics and hand-eye coordination are the keys to early success. Players in this program will be more confident in this active class as we work on the proper mechanics of catching, throwing, fielding, base running and batting. This fun and exciting program will prepare each player for the level II, t-ball or coach pitch leagues. All of our programs are based on learning teamwork and sportsmanship. No class July 3 and 4.

Min/Max: 6/40 **R/NR:** \$93/\$123
Location: Henry Puffer School
Instructor: All Star Sports

Class #	Age	Date	Day	Time
3396F05-01	3-4	6/12 - 7/31	F	4:00-5:00pm
3396F05-02	5-7	6/12 - 7/31	F	5:15-6:15pm
3396F05-03	3-4	6/13 - 8/1	SA	9:00-10:00am
3396F05-04	3-4	6/13 - 8/1	SA	10:15-11:15am
3396F05-05	5-7	6/13 - 8/1	SA	11:30am-12:30pm

NFL Fall Youth Flag Football League

Learn the basics of the game in this 6 v 6 league on a 30 x 70 football field. Players receive a NFL logo jersey and a flag belt. Games will be played on Sundays and there will be one practice during the week. This league is both for girls and boys who enjoy the game of football. Volunteer coaches are needed and if interested, please call 630.960.7250.

REGISTRATION INFORMATION

- Registration Begins: May 18
- Registration Deadline: July 14

LEAGUE INFORMATION

- Games Begin: Aug. 16
- Fee (R/NR): \$92/\$122
- Location: Downers Grove North & South High Schools

Class #	Grade	Date	Day	Time
4425C00-01	KDG	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-02	1st	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-03	2nd	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-04	3rd	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-05	4th	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-06	5th	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-07	6th	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-08	7th	8/3 - 10/25	SU	8:00am-5:00pm
4425C00-09	8th	8/3 - 10/25	SU	8:00am-5:00pm

NFL Fall High School Flag Football League

NEW! Learn the basics of the game in this 6 v 6 league on a 30 x 70 football field. Players receive a NFL logo jersey and a flag belt. Games will be played on Sundays and there will be one practice during the week. This league is both for girls and boys who enjoy the game of football. Volunteer coaches are needed and if interested, please call 630.960.7250.

REGISTRATION INFORMATION

- Registration Begins: May 18
- Registration Deadline: July 14

LEAGUE INFORMATION

- Games Begin: Aug. 16
- Fee (R/NR): \$92/\$122
- Location: Downers Grove North & South High Schools

Class #	Grade	Date	Day	Time
4425C01-01	9th	8/3 - 10/25	SU	8:00am-5:00pm
4425C01-02	10th	8/3 - 10/25	SU	8:00am-5:00pm
4425C01-03	11th	8/3 - 10/25	SU	8:00am-5:00pm
4425C01-04	12th	8/3 - 10/25	SU	8:00am-5:00pm

Fall Youth Soccer League 2020

This youth soccer league will play an 8-game season on Saturday mornings/afternoons. Each team will also practice one night a week for the duration of the season. Players will be placed on teams based on their grade level and school they attend. Volunteer coaches are needed! Players must purchase DGPD uniforms in order to play. Uniforms are available at Soccer 2000, 224 Ogden Ave.

REGISTRATION INFORMATION

- Registration Begins: May 11
- Registration Deadline: July 6

LEAGUE INFORMATION

- Practices Begin: the week of Aug. 3
- Games Begin: Aug. 8
- Game Days: Saturday
- Time: 8:00am-5:00pm

Class #	Grade	Date	R/NR
4400D00-00	Pre-K - Girls	8/3 - 10/17	\$77/\$107
4400D00-01	Pre-K - Boys	8/3 - 10/17	\$77/\$107
4400D00-02	Kindergarten - Girls	8/3 - 10/17	\$77/\$107
4400D00-03	Kindergarten - Boys	8/3 - 10/17	\$77/\$107
4400D00-04	1st - Girls	8/3 - 10/17	\$77/\$107
4400D00-05	1st - Boys	8/3 - 10/17	\$77/\$107
4400D00-06	2nd - Girls	8/3 - 10/17	\$77/\$107
4400D00-07	2nd - Boys	8/3 - 10/17	\$77/\$107
4400D00-08	3rd - Girls	8/3 - 10/17	\$82/\$112
4400D00-09	3rd - Boys	8/3 - 10/17	\$82/\$112
4400D00-10	4th - Girls	8/3 - 10/17	\$82/\$112
4400D00-11	4th - Boys	8/3 - 10/17	\$82/\$112
4400D00-12	5th - Girls	8/3 - 10/17	\$82/\$112
4400D00-13	5th - Boys	8/3 - 10/17	\$82/\$112
4400D00-14	6th - Girls	8/3 - 10/17	\$82/\$112
4400D00-15	6th - Boys	8/3 - 10/17	\$82/\$112
4400D00-16	7th/8th - Coed	8/3 - 10/17	\$82/\$112
4400D00-17	9th/10th - Coed	8/3 - 10/17	\$82/\$112

Summer Youth Basketball League

Girls and boys in grades 3 through 8 can get in the game with our summer league! The league consists of two weeks of practice followed by eight games with an emphasis on game play, participation and fun. Grades are based on the 2019-2020 school year. New teams are created every season. Returning players are not guaranteed the same team from season to season.

REGISTRATION INFORMATION

- Registration Begins March 9
- Registration Dates: March 9-April 6
- Late Registration Dates: April 7-28
- Registration Deadline: April 28

LEAGUE INFORMATION:

- Registration Fees R/NR: \$89/\$119
- Late Registration Fees R/NR: \$109/\$139
- Practices (May 13 and May 20) and games (May 27 to July 22, no games July 1) will be held on Wednesday nights at the Recreation Center from 6:00 to 10:00pm.
- Location: Downers Grove Recreation Center

TEAM ASSIGNMENT NOTE

The following criteria is used to determine teams:

- School attended
- Grade
- Mutual Friend Request*
- Balance of Gender
- Roster Size

*A non-mutual friend request or coach request will not be guaranteed.

In general, our goal is to keep players from the same school on the same team. Should enrollment numbers and roster maximums not accommodate this practice, schools may be split or combined to form a team. Team maximums are based on enrollment numbers at the time of the registration deadline.

Class #	Grade	Date	Day	Time
3445C00-01	3rd Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-02	3rd Grade Girls	5/13 - 7/22	W	6:00-10:00pm
3445C00-03	4th Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-04	4th Grade Girls	5/13 - 7/22	W	6:00-10:00pm
3445C00-05	5th Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-06	5th Grade Girls	5/13 - 7/22	W	6:00-10:00pm
3445C00-07	6th Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-08	6th Grade Girls	5/13 - 7/22	W	6:00-10:00pm
3445C00-09	7th Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-10	7th Grade Girls	5/13 - 7/22	W	6:00-10:00pm
3445C00-11	8th Grade Boys	5/13 - 7/22	W	6:00-10:00pm
3445C00-12	8th Grade Girls	5/13 - 7/22	W	6:00-10:00pm



GET YOUR WEATHER UPDATES WITH RAINOUTLINE

This is the District's notification system for users to learn the status of our programming and facilities. Areas included are fields, diamonds, outdoor leagues, group fitness classes, the Downers Grove Golf Club and Miner Mike's Adventure Golf.

VISIT DGPARKS.ORG AND CLICK ON "WEATHER STATUS"

Sports Affiliates

DOWNERS GROVE YOUTH BASEBALL (DGYB)

Traditional recreational focused baseball. All players ages six to 16. Spring, summer and fall leagues. Babe Ruth League plays ages 13 to 16. Chicago White Sox sponsored uniforms. Pre-season indoor camp offering.

For information, visit dgyb.org or email info@dgyb.org.

PANTHER JUNIOR FOOTBALL AND CHEER ASSOCIATION

The Panther Jr. Football and Cheer Association is a program committed to teaching quality football and cheer for the youth of Downers Grove and neighboring communities.

For information, call **630.375.7730** or visit pantherjrfootball.org.

D.O.L.L.S. - DOWNERS OWN LITTLE LASSIES SOFTBALL

The D.O.L.L.S. fast-pitch softball program provides teams for girls from kindergarten to 18 years of age, with levels of play ranging from recreational to highly competitive. It is open to ages 6 to 14 (but not yet entering high school).

For information, visit dgdolls.com.

DOWNERS GROVE ROADRUNNERS SOCCER CLUB

Roadrunners has a staff of professional, licensed coaches who follow training outlined by the US Soccer Federation's National Curriculum. A travel soccer club for boys and girls ages 4 to 18 that competes against other Chicago area competitive teams including some of the top teams in the state.

For information, call **630.619.5133** or visit roadrunnersc.com.



WHERE EVERY GIRL PLAYS!



ILLINOIS GIRLS LACROSSE ASSOCIATION

LET'S PLAY

GIRLS LACROSSE CAMPS,
CLINICS & LEAGUES

ALL SKILL LEVELS • 8U-14U

THE ILLINOIS GIRLS LACROSSE ASSOCIATION
WAS CREATED TO OFFER ALL GIRLS THE
OPPORTUNITY TO LEARN AND PLAY THE
SPORT OF LACROSSE.

REGISTER TODAY!

FOR INFORMATION, VISIT
IGLAX.ORG



GET YOUR WEATHER
UPDATES WITH

RAINOUTLINE

This is the District's notification system for users to learn the status of our programming and facilities. Areas included are fields, diamonds, outdoor leagues, group fitness classes, the Downers Grove Golf Club and Miner Mike's Adventure Golf.

VISIT DGPARKS.ORG AND CLICK ON "WEATHER STATUS"

ADULT SPORTS & LEAGUES

Adult Bags League

Think you're the king or queen of the backyard game? Grab a partner and prove it in our adult bags league. Teams of two will square off in this round robin league. Each team will compete in one or two three-game matches per night. The league will last six weeks followed by a single elimination tournament. Fee includes one drink per player each night.

Age: 21+ Min/Max: 6/10 R/NR: \$100/\$130

Location: Downers Grove Golf Club

Class #	Date	Day	Time
2395E01-01	5/6 - 6/17	W	6:30-9:00pm
3395E01-01	7/8 - 8/19	W	6:30-9:00pm

Adult Soccer

This adult soccer program is a great way to meet new people. Open to all skill levels, this program provides an excellent combination of fun and exercise. Class consists of ten minutes of warm-ups followed by pickup style games ranging from small side to full field matches.

Age: 18+ Fee: \$10 Drop-In

Location: Doerhoefer Park

Date	Day	Time
4/1 - 5/27	W	8:30-10:30pm
6/3 - 8/26	W	8:30-10:30pm

Adult Baseball League

This league will play modified IHSA rules. Registration is on first-come, first-served basis. Individuals wishing to be placed on a team may call the Park District at 630.960.7250 before May 8 and leave their name and phone number to be given to any captain requesting additional players.

LEAGUE INFORMATION

- Plays each week on Sunday morning or afternoon
- 8 game schedule followed by playoffs at the end of the season
- Games each week will either be a single game or some teams could play doubleheaders.
- Team Fee (R/NR): \$950/\$1,050
- Location: Downers Grove South High School

Class #	Date	Day	Time
3440C01-01	6/7 - 8/9	SU	9:00am-7:00pm

Beach Bums Sand Volleyball League

Get ready for another summer of sand volleyball at McCollum Park! Two divisions offer competitive and recreational play for adults age 18 and older. The competitive leagues play with officials. The recreational leagues play without officials and players make calls on the honor system. The format for this co-ed league will be 6 vs. 6. Games start times will be between 6:30 and 9:30 pm. Team rosters may have up to 20 players. League play for this 10-game regular season is tentatively scheduled to begin the first week of June. The season concludes with a tournament for the top seeds in each division.

REGISTRATION INFORMATION

- To be considered a resident team, 60% of team members must pay taxes to the Park District or be employed in Downers Grove.
- At the time of registration, the full amount is due as well as a preliminary team roster, including names and addresses of all team members.
- Roster forms are available at the Recreation Center and Lincoln Center or at dgparks.org. Registration will not be accepted without a preliminary roster.
- To sign up as a free agent, please go to our TeamSideline sports section.

Age: 18+ Min/Max: 4/20 Location: McCollum Park

Class #	Date	Division	Day	Time	R/NR
3450D00-01	6/1 - 8/31	Comp.	M	6:30-10:30pm	\$250/\$300
3450D00-02	6/3 - 9/2	Rec	W	6:30-10:30pm	\$185/\$235

Spring/Summer Adult Softball League

All Leagues play one evening each week during the 10 game regular seasons. A single elimination playoff will be played in each league for the top seeds after the regular season is complete. Games are officiated with A.S.A rules with local exceptions adopted. NEW! Men's Double Header League. Each night teams will play a double-header.

REGISTRATION INFORMATION

- Resident Registration Begins: Feb. 10 at 8:00am
- Non-resident Registration Begins: Feb. 17 at 8:00am
- Registration Deadline: April 6
- To be considered a resident team, 60% of team members must pay taxes to the Park District or be employed in Downers Grove.
- At the time of registration, the full payment is due as well as a preliminary team roster, including names and addresses of all team members.
- Teams may register at the Recreation Center or online on a first-come, first-served basis until all slots are filled.
- Roster forms are available online at dgparks.org, at the Recreation Center or the Lincoln Center.
- To sign up as a free agent, please go to our TeamSideline sports section.

Age: 18+ Min/Max: 4/8 Location: McCollum Park

Class #	Date	Division	Day	Time	R/NR
2420D00-01	4/13 - 8/10	Men's Rec B 12"	M	6:30-10:30pm	\$530/\$630
2420D00-02	4/13 - 8/10	Woman's 11"	M	6:30-10:30pm	\$530/\$630
2420D00-03	4/14 - 8/11	Men's DH League 12"	TU	6:30-10:30pm	\$925/\$1025
2420D00-05	4/15 - 8/12	Co-Rec Tier 1 12"	W	6:30-10:30pm	\$530/\$630
2420D00-06	4/15 - 8/12	Co-Rec Tier 2 12"	W	6:30-10:30pm	\$530/\$630
2420D00-07	4/16 - 8/13	Men's Rec A 12"	TH	6:30-10:30pm	\$530/\$630
2420D00-08	4/16 - 8/13	Men's Rec B 12"	TH	6:30-10:30pm	\$530/\$630
2420D00-09	4/17 - 8/14	Men's Rec B Tier 1 12"	F	6:30-10:30pm	\$530/\$630
2420D00-10	4/17 - 8/14	Men's Rec B Tier 2 12"	F	6:30-10:30pm	\$530/\$630





BATTING CAGES

DOWNERS GROVE RECREATION CENTER
FEE (PER 1/2 HOUR):
RESIDENT: \$15
NON-RESIDENT: \$20

Cages can be reserved for 30-minute time blocks for up to one hour. Pitching machine must be operated by the participant, and batters must supply a helmet and bat.

- Pitching machine and balls provided
- Reservations must be made 24-hours in advance
- Reservations available on Sundays

Men's Summer Basketball League

Our men's basketball league is for players who want to participate in a traditional open-paced league. Each team plays at least 10 games on Monday or Tuesday nights. A single-elimination playoff follows the regular season for the top seeds in each league. League play is governed by I.H.S.A. rules and regulations with local exceptions adopted.

REGISTRATION INFORMATION

- Resident Registration Begins: March 9 at 8:30am
- Non-Resident Registration Begins: March 16 at 8:30am
- Registration Deadline: May 11 at 12:00pm
- To be considered a resident team, 60% of team members must pay taxes to the Park District or be employed in Downers Grove.
- At the time of registration, the full payment is due, as well as a preliminary team roster, including names and addresses of all team members.
- Teams may register at the Recreation Center on a first-come, first-served basis until all slots are filled.
- Roster forms are available online at dgparks.org, at the Recreation Center, or the Lincoln Center.
- Sign up as a free agent for the league at our TeamSideline website under the sports section

Location: Downers Grove Recreation Center

Fee Per Team: (R/NR): \$650/\$750

League	Class #	Age	Date	Day	Time
35+	3445D00-01	35+	5/18 - 8/24	M	6:30-10:30pm
B League	3445D00-02	18+	5/19 - 8/25	TU	6:30-10:30pm
C League	3445D00-03	18+	5/19 - 8/25	TU	6:30-10:30pm



TENNIS CLASSES

for ages 16+ on page 64

COME *Thrive* WITH US Mind. Heart. Soul.



Building Community

WE BELIEVE IN THE STRENGTH AND SUPPORT FOUND IN COMMUNITY.

It is important for the local church to be a beacon of hope, love and prayer. We want you to thrive as you feel welcomed, known and loved in our church community.

As a nondenominational church, we welcome people from a variety of faith backgrounds. We have worship, small groups, children's ministry, prayer and care, serve opportunities and so much more.

There are many ways to be involved, meet others and grow along your faith journey—let us be your partners along the way.

We welcome you and your family.

CHRIST CHURCH
BUTTERFIELD 

WORSHIP SERVICE | Sundays 10:45 a.m.
2S361 Glen Park Rd. | Lombard (formerly in Downers Grove)
630.654.1884 | ChristChurch.us/parks
Additional location: 501 Oak Brook Rd., Oak Brook

**Downers Grove
Golf Club**



Est. 1892

GOLF PROGRAMS

2420 HADDOW AVE. DOWNERS GROVE, IL | 630.963.1306 | DOWNERSGROVEGOLFCLUB.ORG

2020 Greens Fees

If the weather is good, the course is open! Open hours are dependent on the weather. Please check the course weather status before visiting. Reserve your tee time up to seven days in advance by calling 630.963.1306, booking in person at the clubhouse or using our online reservation system. Reservations for single golfers are welcome and can be made by calling the Clubhouse!

Green Fees	Resident	Non-Resident
Weekday Mon - Thu	\$20	\$24
Mon - Fri - Junior/Senior	\$17	\$21
Weekend - Sat, Sun, Holiday	\$22	\$26
Twilight	\$15	\$15
Replay	\$15	\$15
Motorized Cart	\$11	\$11
Motorized Cart for replay	FREE	FREE
Pull Cart	\$3	\$3
Pull Cart for Replay	FREE	FREE

Permanent Tee Times

The Downers Grove Golf Course offers a 24-week season of reserved tee times on Sunday mornings. Fees are just \$125 per foursome (\$31.25 per player). The 2020 season runs April 12 to September 20. Permanent tee times begin at 6:00am and continue through 9:30am.

Complete foursomes are required to obtain a permanent tee time. Players are responsible for payment of their green fees each week. A priority registration process for our 2019 season permanent tee time holders takes place in March. Open tee times become available on a first-come, first-served basis beginning Tuesday, April 2. To obtain a permanent tee time, stop by the Clubhouse after April 1, 2020.

Food & Beverage

Stop in after your round or bucket and enjoy the view of the course from our 4,000 sq. ft. Clubhouse. Relax and choose from our traditional sandwiches and snacks. Cool off with a variety of soft drinks, domestic, imported and craft beer and wine.

PRO SHOP

In 2020 Downers Grove Golf Club will be adding additional merchandise options. Guests will be able to choose from Srixon, Callaway, Titleist, Nike, and Footjoy.

DAN A. CERMAK CLUBHOUSE

Stop in after your round or bucket of balls to see our newly renovated clubhouse and enjoy this historic course.

DRIVING RANGE SHELTER

OPEN YEAR ROUND!



**WEATHER UPDATES WITH
RAINOUTLINE**
VISIT DGPARKS.ORG AND CLICK ON
"WEATHER STATUS"

Family Golf Rates

The best time to be out on the course with your family is at twilight as the sun is going down. Most of the golfers have gone home for the day and it is the perfect time to introduce the game of golf to the family. Parents or guardians pay only a \$15 greens fee and up to 3 children (ages 17 and under) can play for free. Tee times will be available for the family golf rates 2 hours before sunset June through August. Family golf rates are available Monday thru Sunday. Tee times are required. Contact the Clubhouse for more details at 630.963.1306.

Driving Range

The Driving Range at the Downers Grove Golf Club offers a new driving range shelter covering 10 of the 24 hitting stations that seating, infrared heaters and ceiling fans that provide a comfortable golf experience even on rainy and cold days. The covered stations are available on a first-come, first-served basis. Target areas are located throughout the range and are prominently marked. The range also features a large practice putting green, sand trap and chipping area.

Buckets may be purchased directly at the ball dispenser using a credit card during open and closed Clubhouse hours. We are happy to provide loaner clubs for use on the range by golfers of all ages.

Bucket Size	Number of Balls	Fee
Small	30	\$6
Medium	60	\$9
Large	90	\$12
X-Large	120	\$15

Group Golf Lessons

Have you been looking to pick up the game of golf but feel you can use some pointers and advice? Taught by our two certified golf professionals, Tom Olms and Jim Festle, group golf lessons are a great way to familiarize or get reacquainted with the game! Topics covered include grip, stance, swing, club selection, ball striking and basic etiquette and rules. Lessons can accommodate golfers of all levels and ability. We ask that golfers bring clubs if they have access to a set, otherwise there are a limited number of loaners to share. We encourage attendance at all classes as there are no make-up sessions.

Age: 18+ Min/Max: 8/12 Fee: \$90

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class #	Date	Day	Time
Spring			
2460R01-01	5/7 - 5/28	TH	6:00-7:00pm
Summer			
3460R01-01	6/4 - 6/25	TH	6:00-7:00pm
3460R01-02	6/6 - 6/27	SA	9:00-10:00am
3460R01-03	7/11 - 8/1	SA	9:00-10:00am
3460R01-04	7/9 - 7/30	TH	6:00-7:00pm

GROUP OUTINGS

CREATE A MEMORABLE EVENT!

Corporate ■ Charity ■ Friends & Family

For more information, contact Ken McCormick at kmccormick@dgparks.org or call 630.963.1306

Women's Only Golf School

Our golf professionals have designed a women's only golf school to focus on different aspects of the game of golf. Whether you are an executive, a recreational or an entry level golfer, our pros can help you improve your game in a no-pressure atmosphere. Please bring clubs if you have them, otherwise loaners can be shared. Fees include practice balls, golf tests, swing assessments and practice drills.

Age: 18+ Min/Max: 6/20 Fee: \$90

Location: Downers Grove Golf Club

Instructor: Jim Festle, Tom Olms

Class #	Date	Day	Time
Spring			
2460R02-01	5/7 - 5/28	TH	7:00-8:00pm
Summer			
3460R02-01	6/4 - 6/25	TH	7:00-8:00pm
3460R02-02	7/9 - 7/30	TH	7:00-8:00pm

Parent/Child Golf Lessons

Parent/Child Golf Lessons are a great way to get the family involved with the game of golf. Junior golfers ages 8 to 14 and one parent can receive golf instruction in a group setting with our teaching professionals. The program covers topics like grip, stance, swing, club selection and basic etiquette. This group can accommodate golfers of all skill levels. Golfers should bring clubs and a putter as there are a limited number of loaner clubs to share. We encourage attendance at all classes as there are no make-up sessions. Fee includes one parent and one child. Please register the child only.

Age: 8-14 Min/Max: 3/12 Fee: \$90

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class #	Date	Day	Time
3460R04-01	6/2 - 6/23	TU	7:00-7:45pm
3460R04-02	7/7 - 7/28	TU	7:00-7:45pm

Junior Golf Development

Junior golfers who are looking to put in serious work on their golf game will love this program! Golfers receive a \$250 driving range pass, five junior greens fee vouchers and 10 lessons from the golf professional of their choice. Junior golfers will practice on the driving range at their convenience and golf lessons will be scheduled with the golf pro.

Age: 10-18 Min/Max: 1/20 Fee: \$700

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class #	Date	Day	Time
3250R05-01	4/27 - 8/9	M-SU	8:00am-8:00pm

Start Smart Golf

Parents, let our certified golf professionals show you how to teach your youngster the game of golf with positive reinforcement, fun activities and exciting equipment! Learn how to develop your child's motor skills, ball sense and feel for the golf swing using the driving range and practice green. Each child must be accompanied by an adult. Make-ups will not be accommodated for missed days.

Age: 3-4 Min/Max: 8/16 Fee: \$45

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class #	Date	Day	Time
Spring			
2250R02-01	5/2 - 5/23	SA	8:00-8:30am
Summer			
3250R02-01	6/6 - 6/27	SA	8:00-8:30am
3250R02-02	6/6 - 6/27	SA	8:30-9:00am
3250R02-03	7/11 - 8/1	SA	8:00-8:30am
3250R02-04	7/11 - 8/1	SA	8:30-9:00am



THERE'S MORE TO EXPLORE!

Golf camps on pages 45-46

LEAGUES

Junior Golf League

Aspiring golfers ages 12 to 18 are invited to join our Junior Golf League! This league runs for seven weeks and is open to both boys and girls. The goal of our program is to provide an environment in which junior golfers of all abilities can play, have fun, learn and improve as the season progresses. To help keep the children engaged, each day of play will feature a fun contest on the course! Registration takes place online or in person and each participant must be registered individually. Golfers and foursomes wanting to be paired together will have the opportunity to request a pairing during the registration process and all names must be supplied at the time of registration. Pairing requests must be close in age. Golfers will not be allowed to "share" a spot on a team. Depending on enrollment numbers, tee times assigned will range from 11:30am to 3:00pm, and will be constant throughout the league. Pairings and tee times are assigned before league play and tee times go in age order. Golfers should have their own clubs.

IMPORTANT INFORMATION

Registration deadline is May 24. Tee times will be emailed by June 5. Tee time requests cannot be considered due to age order assignments. Please be sure your child does not have conflicting activities during the duration of this league, as golfing outside the designated league times will not be accommodated. There will be no make-up opportunities for missed weeks. The main form of communication for this league is through email.

Age: 12-18 Min/Max: 40/88 Fee: \$112

Location: Downers Grove Golf Club

Class #	Date	Day	Time
346OR03-01	6/15 - 7/27	M	11:30am-3:30pm

Ladies Scramble League

Four leagues will alternate every other week for a total of 6 times on the course. The league takes place on Monday or Tuesday evening (approximate tee times 4:20 to 6:10pm). A weekly drink ticket and a end-of-season banquet is included.

REGISTRATION INFORMATION

Returning foursomes will have the opportunity to renew their 2019 tee times through April 19, 2020. Tee times not renewed will be available for a computer generated lottery process April 22 to May 4. Only complete foursomes may register and only one representative from the foursome can enter the lottery process. Payment is not needed to enter the lottery process. Selected foursomes will require full payment upon notification. The lottery will take place on May 7. If you are interested in joining the league and want to enter the lottery, please contact the Clubhouse at 630.963.1306.

Fee Per Foursome: \$500

League	Dates
#1 Monday	6/1, 6/15, 6/29, 7/13, 7/27, 8/10
#1 Tuesday	6/2, 6/16, 6/30, 7/14, 7/28, 8/11
#2 Monday	6/08, 6/22, 7/6, 7/20, 8/3, 8/17
#2 Tuesday	6/09, 6/23, 7/7, 7/21, 8/4, 8/18



1892 LOYALTY CLUB

Join the 1892 Loyalty Club and get rewarded the more you play!

Stop by the clubhouse to sign up today

- Free to join
- Free round for every 10 played in a calendar year*
- Discounts on select events

*Free round can't be applied to golf league greens fees

WEDGE CLINICS

Cleveland/Srixon Wedge Clinic

Are you ready for lower scores? Did you know that two out of every three shots occur from within 125 yards of the hole? The key to scoring is learning the secrets from 125 yards and in. Join our golf professionals, Tom Olms and Jim Festle, along with Cleveland Golf for a 90-minute Wedge Scoring Clinic where you will learn the basics of wedge fitting and how to properly select the right wedge for your game. Every attendee will receive a personalized wedge fitting from Cleveland Golf, sleeve of Srixon Balls and a Cleveland Wedge! Upgrades, such as graphite shafts, are available at additional cost. Wedges will be available to demo!

Age: 14+ Min/Max: 6/20 Fee: \$149

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class #	Date	Day	Time
2250R03	5/28	TU	6:00-7:30pm

GOLF CLINIC

"Skills" Golf Clinics

NEW! We have designed a series of affordable golf clinics Saturday mornings for the month of May to help bring your game to the next level. Choose from a variety of "Skills" Clinics – Putting, Chipping and Pitching, Bunker Play, Secrets of Correct Impact, Irons/Accuracy and everyone's favorite Driver/Distance. Each week, golf professionals Tom Olms and Jim Festle will focus on a different game-enhancing skill set. Put the time in this year to enrich your golf game. No matter your current golf skill level, these golf clinics will help lower scores, and build confidence and accuracy. Attend one clinic or attend them all. Sign up by calling the Clubhouse at 630.963.1306.

Age: 12+ Min/Max: 10/30 Fee: \$10 per Clinic

Location: Downers Grove Golf Club

Instructor: Tom Olms, Jim Festle

Class	Date	Day	Time
Short Game – Putting, Chipping, Pitching, and Bunkers	5/2	SA	9:00-10:00am
Accuracy – Irons, Secret of Impact	5/9	SA	9:00-10:00am
Distance – Driver Swing, Creating More Speed	5/16	SA	9:00-10:00am



MOVIE IN THE PARK: The Blues Brothers

Celebrate the 40th anniversary of this classic 1980 Chicago musical comedy featuring the famous "Joliet" Jake and Elwood Blues. The Blues Brothers will be shown on our outdoor screen at the Downers Grove Golf Club and the adult-only evening will feature snacks, beer and wine available for purchase in the Driving Range Shelter. Don't miss the Blooze Brothers when they take the stage at 7pm on June 16 as part of our Summer Concert Series at Fishel Park.

Age: 18+ Rating: R Fee: FREE

Location: Downers Grove Golf Club

Date	Day	Time
6/12	F	Approximately 9pm (sunset)

TOURNAMENTS

Pine Hollow Open

The Downers Grove Golf Club and Downers Grove Historical Society have teamed up to bring you the 43rd annual Pine Hollow Open. All golfers ages 18 and up are eligible to compete in this 9-hole stroke play event. Tee times begin at 11:00am and continue until all of the golfers have teed off. Participants must check in at the 1st tee 15 minutes prior to their tee time. Register in person or by calling the Clubhouse at 630.963.1306. All participants must be registered by April 16.

Age: 18+ R/NR: \$22/\$26

Location: Downers Grove Golf Club

Date	Day	Time
4/26	SA	11:00am

Parent/Child Scramble

Swing into summer in this parent/child event! Parents have the chance to team with their young player, ages 5 to 16, in this two-person modified scramble format shotgun outing. Spend quality time with your child while helping them learn the game of golf. Afterwards, enjoy a BBQ cookout as we present awards to 1st and 2nd place winners in various age groups! Check-in begins at 1:00pm and shotgun start begins promptly at 2:00pm. Parents, please register only the child. Your fee includes 9-holes of golf for two, gas cart, warm-up balls in our covered range shelter, BBQ cookout and awards! Golfers must play with their own set of clubs, no sharing. Adult partners must be at least 18 years old. Make it an all-family affair and have them join us for the BBQ and awards presentation for only \$10 per person! Register in person or by calling the clubhouse at 630.963.1306. All participants must be registered by May 2.

Age: 5-16 Min/Max: 8/28 Fee Per Team: \$80

Location: Downers Grove Golf Club

Code	Date	Day	Time
2720R01-01	5/9	SA	2:00-6:00pm

Couples Scramble

Calling all couples! Encourage family, friends and neighbors to register for some friendly competition. Couples will compete against each other in this shotgun, scramble format event with contests and prizes included. Participants also receive a drink ticket and enjoy a delicious cookout after the event. Arrive early and warm up with a small bucket in our new climate-controlled range shelter! After the cookout, stay and enjoy a game or two of bags with your friends or just hang around and enjoy a beverage or two. Fee includes greens fees, carts, prizes and dinner for two! Prizes are awarded to the top two teams. Friends over 21 years who can't make the tournament are welcome to attend the cookout for \$15 per person! Fee also includes a drink ticket.

Age: 21+ Min/Max: 8/28 Fee Per Couple: \$95

Location: Downers Grove Golf Club

Class #	Date	Day	Time
3720R01	7/13	SA	3:00-7:00pm





GYMNASTICS

LET'S GET READY TO TUMBLE!

Rock 'n' Rollers

Run, jump, stretch! This high-energy, interactive program promotes important gross motor development combined with the use of gymnastics equipment. Structured and unstructured activities are included. Kidzone is available for siblings that are not age appropriate or registered for class.

Rock 'n' Rollers I: Ages 18-30 months with parent

Rock 'n' Rollers II: Ages 30 months to 3.5 years with parent

Min/Max: 6/12

Location: Downers Grove Recreation Center

Instructor: DGPD Staff

Class #	Level	Date	Day	Time	R/NR
Spring					
2410A00-01	I	4/6 - 5/18	M	9:00-9:30am	\$40/\$60
2410A00-02	I	4/6 - 5/18	M	9:35-10:05am	\$40/\$60
2410A00-03	I	4/7 - 5/19	TU	9:45-10:15am	\$40/\$60
2410A00-04	I	4/9 - 5/21	TH	9:00-9:30am	\$40/\$60
2410A00-05	II	4/6 - 5/18	M	5:30-6:10pm	\$53/\$80
2410A00-06	II	4/7 - 5/19	TU	9:00-9:40am	\$53/\$80
2410A00-07	II	4/8 - 5/20	W	10:20-11:00am	\$53/\$80
2410A00-08	II	4/9 - 5/21	TH	9:35-10:15am	\$53/\$80
Summer					
3410A00-01	I	6/8 - 7/6	M	9:00-9:30am	\$29/\$44
3410A00-02	I	6/9 - 7/7	TU	9:45-10:15am	\$29/\$44
3410A00-03	I	6/11 - 7/9	TH	9:00-9:30am	\$29/\$44
3410A00-04	II	6/8 - 7/6	M	5:45-6:25pm	\$38/\$57
3410A00-05	II	6/9 - 7/7	TU	9:00-9:40am	\$38/\$57
3410A00-06	II	6/10 - 7/8	W	10:30-11:10am	\$38/\$57
3410A00-07	II	6/11 - 7/9	TH	9:35-10:15am	\$38/\$57
3410A00-08	I	7/13 - 8/10	M	9:00-9:30am	\$29/\$44
3410A00-09	I	7/14 - 8/11	TU	9:45-10:15am	\$29/\$44
3410A00-10	I	7/16 - 8/13	TH	9:00-9:30am	\$29/\$44
3410A00-11	II	7/13 - 8/10	M	5:45-6:25pm	\$38/\$57
3410A00-12	II	7/14 - 8/11	TU	9:00-9:40am	\$38/\$57
3410A00-13	II	7/15 - 8/12	W	10:30-11:10am	\$38/\$57
3410A00-14	II	7/16 - 8/13	TH	9:35-10:15am	\$38/\$57

Cartwheelers

Young gymnasts are introduced to balance beams, uneven bars and vaulting. The tumbling component includes skill-building activities to develop rolls, cartwheels and handstands.

Cartwheelers I: 3.5- and 4-year-olds with no gymnastics experience

Cartwheelers II: 4-year-olds with previous

Cartwheelers I experience and instructor's approval

Min/Max: 4/8

Location: Downers Grove

Recreation Center

Instructor: DGPD Staff

Class #	Level	Date	Day	Time	R/NR
Spring					
2410A01-01	I	4/6 - 5/18	M	10:20-11:00am	\$53/\$80
2410A01-02	I	4/6 - 5/18	M	11:05-11:45am	\$53/\$80
2410A01-03	I	4/6 - 5/18	M	6:20-7:00pm	\$53/\$80
2410A01-04	I	4/7 - 5/19	TU	10:25-11:05am	\$53/\$80
2410A01-05	II	4/7 - 5/19	TU	4:10-5:00pm	\$67/\$97
2410A01-06	II	4/8 - 5/20	W	9:15-10:05am	\$67/\$97
2410A01-07	II	4/9 - 5/21	TH	10:25-11:15am	\$67/\$97
Summer					
3410A01-01	I	6/8 - 7/6	M	10:40-11:20am	\$38/\$57
3410A01-02	I	6/8 - 7/6	M	6:35-7:15pm	\$38/\$57
3410A01-03	I	6/9 - 7/7	TU	10:30-11:10am	\$38/\$57
3410A01-04	I	6/10 - 7/8	W	4:30-5:10pm	\$38/\$57
3410A01-05	II	6/8 - 7/6	M	9:45-10:35am	\$48/\$72
3410A01-06	II	6/10 - 7/8	W	3:30-4:20pm	\$48/\$72
3410A01-07	II	6/11 - 7/9	TH	10:30-11:20am	\$48/\$72
3410A01-08	I	7/13 - 8/10	M	10:40-11:20am	\$38/\$57
3410A01-09	I	7/13 - 8/10	M	6:35-7:15pm	\$38/\$57
3410A01-10	I	7/14 - 8/11	TU	10:30-11:10am	\$38/\$57
3410A01-11	I	7/15 - 8/12	W	4:30-5:10pm	\$38/\$57
3410A01-12	II	7/13 - 8/10	M	9:45-10:35am	\$48/\$72
3410A01-13	II	7/15 - 8/12	W	3:30-4:20pm	\$48/\$72
3410A01-14	II	7/16 - 8/13	TH	10:30-11:20am	\$48/\$72

Swingers

Swingers is for boys and girls with little or no gymnastics experience. Learn forward rolls, backward rolls, cartwheels, handstands, round-offs and basic maneuvers on equipment.

Swingers I: Ages 5 to 6 (Boys & Girls)

Swingers II: Ages 7 to 9 (Girls)

Min/Max: 4/8

Instructor: DGPD Staff

Class #	Level	Date	Day	Time	R/NR
Spring – Location: Downers Grove Recreation Center					
2410A02-01	I	4/7 - 5/19	TU	5:05-6:05pm	\$79/\$109
2410A02-02	I	4/9 - 5/21	TH	4:15-5:15pm	\$79/\$109
2410A04-02	II	4/8 - 5/20	W	4:10-5:10pm	\$79/\$109
Summer – Location: Downers Grove South High School					
3410A04-01	I	6/8 - 7/6	M	6:00-7:00pm	\$56/\$84
3410A04-02	II	6/10 - 7/8	W	6:30-7:30pm	\$56/\$84
3410A04-03	I	7/13 - 8/10	M	6:00-7:00pm	\$56/\$84
3410A04-04	II	7/15 - 8/12	W	6:30-7:30pm	\$56/\$84
Summer – Location: Downers Grove Recreation Center					
3410A02-01	I	6/10 - 7/8	W	9:15-10:15am	\$56/\$84
3410A02-02	I	6/9 - 7/7	TU	3:30-4:30pm	\$56/\$84
3410A02-03	II	6/11 - 7/9	TH	4:00-5:00pm	\$56/\$84
3410A02-04	I	7/15 - 8/12	W	9:15-10:15am	\$56/\$84
3410A02-05	I	7/14 - 8/11	TU	3:30-4:30pm	\$56/\$84
3410A02-06	II	7/16 - 8/13	TH	4:00-5:00pm	\$56/\$84

Gliders

Designed for girls with previous gymnastics experience who can execute cartwheels and handstands, gymnasts focus on one-handed cartwheels, round-offs and bridges and begin working on limbers and walkovers. Note: Training on gymnastics apparatus is also included.

Gliders I: Ages 6+

Min/Max: 4/8

Instructor: DGPD Staff

Class #	Level	Date	Day	Time	R/NR
Spring – Location: Downers Grove Recreation Center					
2410A03-01	I	4/6 - 5/18	M	4:15-5:15pm	\$79/\$109
2410A03-02	I	4/8 - 5/20	W	5:00-6:00pm	\$79/\$109
Summer – Location: Downers Grove Recreation Center					
3410A03-01	I	6/8 - 7/6	M	4:30-5:30pm	\$56/\$84
3410A03-03	I	7/13 - 8/10	M	4:30-5:30pm	\$56/\$84
Summer – Location: Downers Grove South High School					
3410A09-01	I	6/10 - 7/8	W	6:30-7:30pm	\$56/\$84
3410A09-02	I	7/15 - 8/12	W	6:30-7:30pm	\$56/\$84



Leapers

Designed for girls with gymnastics experience who can execute handstands, cartwheels, round offs and backbends, gymnasts focus on round-off - rebounds, back walkovers, front limbers and handstand-forward rolls. Training on gymnastics apparatus is also included.

Age: 6-14 Min/Max: 4/8 Instructor: DGPD Staff

Class #	Date	Day	Time	R/NR
Spring – Location: Downers Grove South High School				
2410A06-01	4/8 - 5/20	W	6:30-7:30pm	\$79/\$109
Summer – Location: Downers Grove South High School				
3410A06-01	6/10 - 7/8	W	7:30-8:30pm	\$56/\$84
3410A06-02	7/15 - 8/12	W	7:30-8:30pm	\$56/\$84



BY INVITATION ONLY

Junior Twisters

Participants must have a note from instructor to enroll. Designed for girls to work on advanced skills in preparation for the team level. Online registration is not available.

Age: 5+ Min/Max: 4/8 Instructor: DGPD Staff

Class #	Date	Day	Time	R/NR
Spring – Location: Downers Grove South High School				
2410A07-01	4/6 - 5/18	M	7:00-8:15pm	\$100/\$130
Summer – Location: Downers Grove South High School				
3410A07-01	6/8 - 7/6	M	6:00-7:30pm	\$85/\$115
3410A07-02	7/13 - 8/10	M	6:00-7:30pm	\$85/\$115

Flip Floppers

Participants must have a note from instructor to enroll. For girls who have mastered back walkovers, front limbers and round-off rebounds. Gymnasts master back extension rolls and handstand-forward rolls. Learn flip-flops, front handsprings and round-off flip-flops and continue developing skills on equipment. Online registration is not available.

Age: 7+ Min/Max: 4/8 Instructor: DGPD Staff

Class #	Date	Day	Time	R/NR
Spring – Location: Downers Grove South High School				
2410A05-01	4/6 - 5/18	M	7:00-8:15pm	\$100/\$130
Summer – Location: Downers Grove South High School				
3410A05-01	6/10 - 7/8	W	7:30-8:45pm	\$71/\$101
3410A05-02	7/15 - 8/12	W	7:30-8:45pm	\$71/\$101

Twisters Team

This session focuses on skill and routines for autumn meets. All gymnasts who wish to compete in the fall must participate in this session. Additional fees are required for meets, leotards and other team expenses. Online registration is not available. No practice July 2.

Age: 5+ Min/Max: 4/30 Instructor: DGPD Staff
Location: Downers Grove South High School

Class #	Date	Day	Time	R/NR
3410A08-01	6/9 - 8/13	TU/TH	6:00-9:00pm	\$390/\$42



ILLINOIS SHOTOKAN KARATE CLUBS



**IMPROVE
CONCENTRATION**

HAVE FUN!

**BUILD
CONFIDENCE**

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ACTIVE**

CLASSES OFFERED ON

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&
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Parent/Child (7yrs - Adult)



Adult (15yrs + Up)



Children (4-14yrs)

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MARTIAL ARTS

@Shotokan Karate

FOR YOUTH AND ADULTS

Shotokan Karate

Classes are taught by Illinois Shotokan Karate Club's expert instructors under the direction of John DiPasquale, four-time National Champion, U.S. Karate National Coach and president of the National Karate Federation of the US. Beginner students will not be permitted to register into the current session after the second class has met.

Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required. Youth, Parent/Child and Adult classes may train together. Uniforms and belt testing are options available through the ISKC instructor.

Pre-Karate (Beginning/Continuing: Ages 4-7)

Young children develop flexibility, strength and coordination through fun, yet disciplined activities. This program is specifically designed to work with growing minds and bodies to enhance memory and agility. Watch your child blossom while learning karate and having a blast at the same time.

Youth Karate (Ages 7+)

Karate builds coordination, agility, strength and poise, as well as establishes lasting personal safety skills.

Parent/Child Karate (Ages 7+)

Spend quality time with your child, this class conditions muscles, develops coordination and improves fitness. Fee is per person.

Adult Karate (Ages 15+)

Release tension and develop total body fitness! In addition to self-defense skills, karate develops flexibility, muscle tone and core strength.

Min/Max: 8/17

Instructor: Shotokan Karate

Class #	Level	Belt	Age	Date	Day	Time	R/NR	Location
Spring								
2415F01-01	Pre-Karate	All Levels	4-7	4/7 - 6/9	TU	4:00-4:45pm	\$115/\$145	Rec Center
2415F01-02	Pre-Karate	All Levels	4-7	4/11 - 6/13	SA	9:30-10:15am	\$115/\$145	O'Neill MS
2415F01-03	Youth Karate	White-Red	7-14	4/7 - 6/9	TU	5:00-5:55pm	\$115/\$145	Rec Center
2415F01-04	Youth Karate	Orange-Blue	7-14	4/7 - 6/9	TU	6:00-6:55pm	\$115/\$145	Rec Center
2415F01-05	Youth Karate	Green-Black	7-14	4/7 - 6/9	TU	7:00-7:55pm	\$115/\$145	Rec Center
2415F01-06	Youth Karate	White-Red	7-14	4/11 - 6/13	SA	10:20-11:20am	\$115/\$145	O'Neill MS
2415F01-07	Youth Karate	Orange-Blue	7-14	4/11 - 6/13	SA	11:30am-12:30pm	\$115/\$145	O'Neill MS
2415F01-08	Youth Karate	Green-Purple	7-14	4/11 - 6/13	SA	12:30-1:30pm	\$115/\$145	O'Neill MS
2415F01-09	Youth Karate	Brown-Black	7-14	4/11 - 6/13	SA	1:30-3:00pm	\$148/\$178	O'Neill MS
2415F01-10	Adult Karate	White-Yellow	15+	4/7 - 6/9	TU	8:00-9:00pm	\$115/\$145	Rec Center
2415F01-11	Adult Karate	Blue-Black	15+	4/7 - 6/9	TU	8:00-9:30pm	\$148/\$178	Rec Center
2415F01-12	Parent/Child	White-Red	7+	4/7 - 6/9	TU	5:00-5:55pm	\$115/\$145	Rec Center
2415F01-13	Parent/Child	Orange-Blue	7+	4/7 - 6/9	TU	6:00-6:55pm	\$115/\$145	Rec Center
2415F01-14	Parent/Child	Green-Black	7+	4/7 - 6/9	TU	7:00-7:55pm	\$115/\$145	Rec Center
2415F01-15	Parent/Child	White-Red	7+	4/11 - 6/13	SA	10:20-11:20am	\$115/\$145	O'Neill MS
2415F01-16	Parent/Child	Orange-Blue	7+	4/11 - 6/13	SA	11:30am-12:30pm	\$115/\$145	O'Neill MS
2415F01-17	Parent/Child	Green-Purple	7+	4/11 - 6/13	SA	12:30-1:30pm	\$115/\$145	O'Neill MS
2415F01-18	Parent/Child	Brown-Black	7+	4/11 - 6/13	SA	1:30-3:00pm	\$148/\$178	O'Neill MS
Summer								
3415F01-01	Pre-Karate	All Levels	4-7	6/16 - 9/1	TU	4:00-4:45pm	\$127/\$157	Rec Center
3415F01-02	Pre-Karate	All Levels	4-7	6/20 - 8/29	SA	9:30-10:15am	\$115/\$145	Rec Center
3415F01-03	Youth Karate	White-Red	7-14	6/16 - 9/1	TU	5:00-5:55pm	\$127/\$157	Rec Center
3415F01-04	Youth Karate	Orange-Blue	7-14	6/16 - 9/1	TU	6:00-6:55pm	\$127/\$157	Rec Center
3415F01-05	Youth Karate	Green-Black	7-14	6/16 - 9/1	TU	7:00-7:55pm	\$127/\$157	Rec Center
3415F01-06	Youth Karate	White-Red	7-14	6/20 - 8/29	SA	10:20-11:20am	\$115/\$145	Rec Center
3415F01-07	Youth Karate	Orange-Blue	7-14	6/20 - 8/29	SA	11:30am-12:30pm	\$115/\$145	Rec Center
3415F01-08	Youth Karate	Green-Purple	7-14	6/20 - 8/29	SA	12:30-1:30pm	\$115/\$145	Rec Center
3415F01-09	Youth Karate	Brown-Black	7-14	6/20 - 8/29	SA	1:30-3:00pm	\$148/\$178	Rec Center
3415F01-10	Adult Karate	White-Yellow	15+	6/16 - 9/1	TU	8:00-9:00pm	\$127/\$157	Rec Center
3415F01-11	Adult Karate	Blue-Black	15+	6/16 - 9/1	TU	8:00-9:30pm	\$162/\$192	Rec Center
3415F01-12	Parent/Child	White-Red	7+	6/16 - 9/1	TU	5:00-5:55pm	\$127/\$157	Rec Center
3415F01-13	Parent/Child	Orange-Blue	7+	6/16 - 9/1	TU	6:00-6:55pm	\$127/\$157	Rec Center
3415F01-14	Parent/Child	Green-Black	7+	6/16 - 9/1	TU	7:00-7:55pm	\$127/\$157	Rec Center
3415F01-15	Parent/Child	Brown-Black	7+	6/20 - 8/29	SA	1:30-3:00pm	\$148/\$178	Rec Center
3415F01-16	Parent/Child	White-Red	7+	6/20 - 8/29	SA	10:20-11:20am	\$115/\$145	Rec Center
3415F01-17	Parent/Child	Orange-Blue	7+	6/20 - 8/29	SA	11:30am-12:30pm	\$115/\$145	Rec Center
3415F01-18	Parent/Child	Green-Purple	7+	6/20 - 8/29	SA	12:30-1:30pm	\$115/\$145	Rec Center

For the Saturday classes that meet at O'Neil Middle School, the classes on April 25 and May 23 will be held at the Recreation Center.



KH Kim Taekwondo

Taekwondo is a 2,000-year-old martial art offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills. Classes are taught under the direction of G. Master Ki Hong Kim (9th Dan Kukkiwon World Taekwondo Headquarters). A \$45 uniform fee is required at the first class. Belt testing is offered through the KH Kim Taekwondo Staff at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear. No refunds after the second week of class.

Little Dragons Level: All Belts (Ages 4-5)

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination and respect for the discipline of martial arts training.

Early Taekwondo Level: All Belts (Ages 6-7)

Designed especially for the younger children, this program helps kids develop conditioning, coordination, listening skills and self-confidence through creative activities.

Youth Taekwondo Level: All Belts (Ages 8-13)

This program includes a balanced cardiovascular workout, including punching, kicking and blocking skills, using the Taekwondo tradition and self-control. Participants improve coordination, power of concentration, balance and both physical and mental discipline.

Min/Max: 5/12

R/NR: \$121/\$151

Location: Downers Grove Recreation Center

Class #	Age	Level	Date	Day	Time
Spring					
2415F02-01	4-5	Little Dragons	4/3 - 6/12	F	4:00-4:40pm
2415F02-02	6-7	Early Taekwondo	4/3 - 6/12	F	4:45-5:35pm
2415F02-03	8-13	Youth Taekwondo	4/3 - 6/12	F	5:40-6:30pm
2415F02-04	7+	Parent/Child	4/3 - 6/12	F	5:40-6:35pm
2415F02-05	14+	Adult	4/3 - 6/12	F	5:40-6:35pm

Parent/Child Taekwondo Level: All Belts (Ages 7 & up with parent)

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics and traditional Taekwondo techniques including punching, kicking and blocking.

Adult Taekwondo Level: All Belts (High School and older)

This program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking and blocking. This is a great program for those looking to maintain and improve their physical fitness.

Instructor: KH Kim Taekwondo

Class #	Age	Level	Date	Day	Time
Summer					
3415F02-01	4-5	Little Dragons	6/19 - 8/28	F	4:00-4:40pm
3415F02-02	6-7	Early Taekwondo	6/19 - 8/28	F	4:45-5:35pm
3415F02-03	8-13	Youth Taekwondo	6/19 - 8/28	F	5:40-6:35pm
3415F02-04	7+	Parent/Child	6/19 - 8/28	F	5:40-6:35pm
3415F02-05	14+	Adult	6/19 - 8/28	F	5:40-6:35pm

ICE SKATING

Seven Bridges Ice Arena
6690 ROUTE 53, WOODRIDGE, IL

Seven Bridges Ice Arena has the basic philosophy that anyone can learn to ice skate if they try their best. All ice skating programs feature experienced instructors and free practice time. For practice times and further information, please contact Seven Bridges at 630.271.4400. No class April 16-18, April 30-May 3, May 7-10, June 4-7 and July 2-5.

Parent/Tot: This class is for children ages 3 to 5 with no previous formal instruction, and a parent to skate with them.

Tot I: This class is for children ages 4 to 5 who have had no formal instruction. The skaters will learn coordination, balance and agility in a fun atmosphere.

Basic I: This class is for children ages 6 to 13 who have had no formal instruction. The skaters will learn forward movement, gliding, swizzles, backward movement and beginning stops.

Teen/Adult: This class is for ages 14 and older. It will tailor to the individual needs.

Little Hockey: This class is for children ages 4 to 5 who have had no formal instruction. The skaters will learn coordination, balance and agility in a fun atmosphere while introducing them to the world of hockey. Hockey skates and hockey helmet is required. (Hockey skates can be rented at the ice rink.)

Beginner Hockey I: This class is for children ages 6 to 13 who have had no formal instruction. The skaters will learn forward movement, gliding, swizzles, backward movement and beginning stops while in hockey skates. Helmet and Hockey skates are required. (Hockey skates can be rented at the ice rink.)

Parent/Tot Hockey: This class is for children ages 3 to 5 with no previous formal instruction, and a parent to skate with them. Helmets required.

Min/Max: 1/6

Class #	Age	Level	Date	Day	Time	R/NR
2396F25-01	4-5	Tot 1	4/9 - 6/11	TH	9:45-10:15am	\$130/\$160
2396F25-02	4-5	Tot 1	4/10 - 6/12	F	5:40-6:10pm	\$130/\$160
2396F25-03	4-5	Tot 1	4/11 - 6/13	SA	10:10-10:40am	\$130/\$160
2396F25-04	4-5	Tot 1	4/11 - 6/13	SA	10:50-11:20am	\$130/\$160
2396F25-05	3-5	Parent/Tot	4/10 - 6/12	F	4:40-5:10pm	\$145/\$175
2396F25-06	3-5	Parent/Tot	4/11 - 6/13	SA	10:10-10:40am	\$145/\$175
2396F25-07	4-5	Little Hockey	4/10 - 6/12	F	4:40-5:10pm	\$130/\$160
2396F25-08	4-5	Little Hockey	4/11 - 6/13	SA	9:00-9:30am	\$130/\$160
2396F25-09	6-13	Basic 1	4/10 - 6/12	F	5:40-6:20pm	\$145/\$175
2396F25-10	6-13	Basic 1	4/11 - 6/13	SA	10:10-10:50am	\$145/\$175
2396F25-11	6-13	Basic 1	4/11 - 6/13	SA	10:50-11:30am	\$145/\$175
2396F25-12	6-13	Beg Hockey	4/10 - 6/12	F	4:40-5:20pm	\$145/\$175
2396F25-13	6-13	Beg Hockey	4/11 - 6/13	SA	9:00-9:40am	\$145/\$175
2396F25-14	14+	Teen/Adult	4/9 - 6/11	TH	9:45-10:15am	\$145/\$175
2396F25-15	14+	Teen/Adult	4/10 - 6/12	F	5:40-6:20pm	\$145/\$175
2396F25-16	14+	Teen/Adult	4/11 - 6/13	SA	10:10-10:50am	\$145/\$175
2396F25-17	14+	Teen/Adult	4/11 - 6/13	SA	10:50-11:30am	\$145/\$175
2396F25-18	14+	Teen/Adult	4/10 - 6/12	F	4:40-5:20pm	\$145/\$175
3396F25-01	4-5	Tot 1	6/18 - 8/13	TH	9:45-10:15am	\$130/\$160
3396F25-02	4-5	Tot 1	6/19 - 8/14	F	5:40-6:10pm	\$130/\$160
3396F25-03	4-5	Tot 1	6/20 - 8/15	SA	10:10-10:40am	\$130/\$160
3396F25-04	4-5	Tot 1	6/20 - 8/15	SA	10:50-11:20am	\$130/\$160
3396F25-05	3-5	Parent/Tot	6/19 - 8/14	F	4:40-5:10pm	\$145/\$175
3396F25-06	3-5	Parent/Tot	6/20 - 8/15	SA	10:10-10:40am	\$145/\$175
3396F25-07	4-5	Little Hockey	6/19 - 8/14	F	4:40-5:10pm	\$130/\$160
3396F25-08	4-5	Little Hockey	6/20 - 8/15	SA	9:00-9:30am	\$130/\$160
3396F25-09	6-13	Basic 1	6/19 - 8/14	F	5:40-6:20pm	\$145/\$175
3396F25-10	6-13	Basic 1	6/20 - 8/15	SA	10:10-10:50am	\$145/\$175
3396F25-11	6-13	Basic 1	6/20 - 8/15	SA	10:50-11:30am	\$145/\$175
3396F25-12	6-13	Beg Hockey	6/19 - 8/14	F	4:40-5:20pm	\$145/\$175
3396F25-13	6-13	Beg Hockey	6/20 - 8/15	SA	9:00-9:40am	\$145/\$175
3396F25-14	14+	Teen/Adult	6/18 - 8/13	TH	9:45-10:15am	\$145/\$175
3396F25-15	14+	Teen/Adult	6/19 - 8/14	F	5:40-6:20pm	\$145/\$175
3396F25-16	14+	Teen/Adult	6/20 - 8/15	SA	10:10-10:50am	\$145/\$175
3396F25-17	14+	Teen/Adult	6/20 - 8/15	SA	10:50-11:30am	\$145/\$175
3396F25-18	14+	Teen/Adult	6/19 - 8/14	F	4:40-5:20pm	\$145/\$175

Notes:

- Only one make-up class per session is offered.
- All classes are non-refundable.
- Gloves/mittens and helmets are recommended.
- Skate rentals are \$3 each or 11 for \$30.
- Classes that do not meet the minimum number of participants may be combined or cancelled.



LINCOLN LEARNING CENTER

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

REGISTER FOR THE 2020-21 SCHOOL YEAR

The Lincoln Learning Center provides a curriculum of developmentally appropriate experiences guided by the Illinois Early Learning Standards and designed to develop the whole child and enhance children creatively, intellectually, emotionally, socially and physically.

2-YEAR-OLDS

Must turn 2, but not yet 3 by Sept. 1

Help your child get ready for 3-year-old preschool. Class structure is consistent with the 3- and 4/5-year-old preschool program and participants receive priority registration for 3-year-old preschool the following school year. Independence and socialization are emphasized. Children are not required to be potty trained.

- Weekly themes
- Creative expression
- Circle time
- Large and fine motor skill development

3-TO 4-YEAR-OLDS

Must turn 3, but not yet 4 by Sept. 1

For the early learner, or for those continuing from the 2.5-year-old program. Helps foster socialization and independence while introducing children to the classroom setting.

Children learn to follow directions, make new friends and share with others in a group through teacher-directed activities. Children must be potty trained.

- Creative arts
- Cutting and gluing
- Shape, number, letter and color recognition
- Large motor skill enhanced through gym, creative movement activities and outdoor play

4-TO 5-YEAR-OLDS

Must turn 4 or 5, but not yet 6 by Sept. 1

Experienced learners prepare for kindergarten in a program designed for continued enrichment.

Social skills and problem solving are enhanced through child directed play and teacher-directed group activities. Children explore the community through local field trips and community visitors. Children must be potty trained.

- Upper and lower-case letters
- Sound recognition
- Reading and writing activities
- Math concepts
- Color and shape review

2020-21 REGISTRATION INFORMATION

TUITION & SCHEDULE

Preschool begins after Labor Day, Sept. 8 and 9.
Preschool ends May 20 and 21. Tuition will be drafted on the 15th of the month September through April.

2-YEAR-OLD PRESCHOOL

Age	Days	Times	Resident Annual	Non-resident Annual
2.5-3	M/W	9:00 - 11:00 am	\$945	\$1,276
2-2.5* NEW AGE GROUP	Tu/Th	9:00 - 10:30 am	\$975	\$1,316
2.5-3*	Tu/Th	11:00 am - 1:00 pm	\$975	\$1,316

*For students who turn 3 in September, October or December.

3-YEAR-OLD PRESCHOOL

Days	Times	Resident Annual	Non-resident Annual
M/W	8:45 - 11:15 am	\$1,284	\$1,733
Tu/Th	8:45 - 11:15 am	\$1,358	\$1,833
Tu/W/Th	12:00 - 2:30 pm	\$1,878	\$2,535
Tu/W/Th	8:45 - 11:15 am	\$1,878	\$2,535

4- TO 5-YEAR-OLD PRESCHOOL

Days	Times	Resident Annual	Non-resident Annual
M/W/F	8:45 - 11:15 am	\$1,808	\$2,440
Tu/Th	8:45 - 11:15 am	\$1,358	\$1,833
Tu/W/Th	8:45 - 11:15 am	\$1,878	\$2,535
Tu/W/Th	12:00 - 2:30 pm	\$1,878	\$2,535
Monday Add-on	8:45 - 11:15 am	\$588	\$794
	12:00 - 2:30 pm		

Child must be enrolled in the Tuesday/Thursday or Tuesday/Wednesday/Thursday 8:45-11:15am class in order to register for the Monday Add-on.

REGISTRATION PROCESS

1. Bring the completed registration form, a \$75 registration fee and resident information (a birth certificate, utility bill or tax bill) to the Lincoln Center, 935 Maple Ave.
2. You'll receive a letter in August announcing who your child's teacher will be as well as inviting parents to the Parent Orientation.



PARENT ORIENTATION

Sept. 1 - 2-year-old parents

Sept. 2 - Returning families

Sept. 3 - New families to 3 & 4/5 classes

6:30-7:30PM ■ LINCOLN CENTER ■ 935 MAPLE AVE.

LINCOLN LEARNING CENTER INFORMATION AT DGPARKS.ORG

- Registration Information & Documents Required
- Required Preschool Forms
- Meet the Teachers
- Weekly Calendars
- Supply Lists
- Optional Homework



EARLY CHILDHOOD

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

PRESCHOOL ENRICHMENT

Preschool Connection

This extension of the 3-year-old preschool experience emphasizes preschool concepts while reinforcing the importance of independence, communication, literacy, arts and sciences, social, emotional and physical development. Each week, teachers review the topics learned in preschool while introducing new projects and activities. Children must be 3 years old, but not yet 4 years old by September 1, 2019. Registration is only available to those children in the Lincoln Learning Center Preschool.

Age: 3-4 **Min/Max: 8/17** **R/NR: \$86/\$116**
Location: Lincoln Center **Instructor: Beth Sexton**

Class #	Date	Day	Time
2180L01-01	4/17 - 5/8	F	8:45-11:15am

Ready, Set, Kindergarten

With all new activities offered this session, kids will have fun and learn Kindergarten readiness skills in a program that extends the preschool day. Qualified preschool teachers work with children in the areas of language, literacy, communication, social, emotional and physical development and arts and sciences. Activities reinforce the importance of the daily classroom routine. A small snack and drink are served during class. Children must be four years old by September 1, 2019. If your child is attending one of our preschool classes prior to this class, an escort will be provided from their class to Ready, Set, Kindergarten. Registration is only available to students enrolled in the Lincoln Learning Center Preschool. Ready Set Kindergarten is open only to those enrolled in our Preschool.

Age: 4-5 **Min/Max: 10/17**
R/NR: \$100/\$130 **Location: Lincoln Center**
Instructor: Cara Shirk

Class #	Date	Day	Time
2180L00-01	4/6 - 5/11	M	11:30am-12:30pm

Discovery Play

Discovery Play is designed for parent and child to participate together in a social play group with sensory, language and fine and gross motor activities. The end of each class features structured activities and circle time. Discover fresh activities to enhance your child's development while sharing ideas and experiences with other parents. Parents and children should wear gym shoes and comfortable clothing. Fee includes parent and one child. Due to classroom size, non-age appropriate siblings cannot be accommodated. All classes are with parent.

Age: 1-3 Min/Max: 5/15

Location: Lincoln Center

Instructor: Early Childhood Staff

Class #	Date	Day	Time	R/NR
2185L01-01	4/6 - 5/11	M	9:00-10:00am	\$66/\$96
2185L00-01	4/17 - 5/15	F	9:00-10:00am	\$55/\$83

Discovery Kids

Recommended for experienced "discoverers," these transitional classes help children develop listening skills, learn to follow directions and improve large and fine motor skills. Caring teachers help children work through separation issues. Structured and unstructured play time is included. Children should wear gym shoes and comfortable clothing. All classes are without a parent.

Age: 2-3.5 Min/Max: 5/15 R/NR: \$70/\$100

Location: Lincoln Center

Instructor: Early Childhood Staff

Class #	Date	Day	Time
2185L02-01	4/17 - 5/15	F	10:15-11:15am

Math

Are you looking for a class that will introduce the building skills to math? Math skills will include sorting and grouping by shapes and colors, counting objects forwards and backwards and recognizing numbers 0 to 10. Basic graphs will teach an introduction to "more and less."

Age: 3.5-6 Min/Max: 5/10 R/NR: \$86/\$116

Location: Lincoln Center

Instructor: Early Childhood Staff

Class #	Date	Day	Time
2185L12-01	4/8 - 5/6	W	11:15am-12:15pm

Science

Do you have a child who is interested in exploring the world around them? Is your child interested in experiments and learning how things work? This class will introduce scientific theory and perform simple experiments. Measuring, comparisons and problem solving skills will be used in recording data.

Age: 3-5 Min/Max: 5/10 R/NR: \$86/\$116

Location: Lincoln Center

Instructor: Early Childhood Staff

Class #	Date	Day	Time
2185L11-01	4/9 - 5/7	TH	11:15am-12:15pm

Jump into Literacy

This class will feature favorite preschool stories such as Pete the Cat, the Eric Carle series and others. Each week a different book will be read and an art project will be created. Children will learn about the setting of the story, explore main characters and discuss the ending of a book. Imagine if you could create your own story with characters like Pete the Cat and have a happy ending like The Very Hungry Caterpillar.

Age: 3-5 Min/Max: 5/10 R/NR: \$86/\$116

Location: Lincoln Center

Instructor: Early Childhood Staff

Class #	Date	Day	Time
2185L07-01	4/7 - 5/5	TU	11:15am-12:15pm



MORE TO EXPLORE!

Early Childhood Camps on pages 19, 23, 31-23.

Spanish Club for Tots

NEW! ¡HOLA! The Language Labs is pleased to offer a new immersion “Spanish Club for Tots” where our main goal is to make it FUN to learn a new language! Your children will sing, dance and play games - all in Español! Our immersion method allows the children to quickly begin to use functional Spanish to express themselves and learn naturally the same way they can in English. The activities that the children will participate in are so entertaining that it makes learning effortless! They include arts and crafts, music, storytelling, interactive games, cultural activities and even a “Fiesta” with a “Piñata” with our typical cuisine to celebrate our last day (parents are invited)! Our classes are all taught by native speakers who bring with them the knowledge of proper speaking dialogue, many years of teaching experience, and the love to share their own language, culture and traditions. No class July 4.

Age: 3-5 Min/Max: 4/10 Location: Lincoln Center Instructor: The Language Labs

Class #	Date	Day	Time	R/NR
Spring				
2270L12-01	4/6 - 6/1	M	9:00-10:00am	\$250/\$280
Summer				
3270L12-01	6/6 - 8/29	SA	10:00-11:00am	\$250/\$280

Math Plays Tot Class

NEW! Math Plays is designed for parents/guardians and young children to start using “math talk” as they participate in math concepts necessary for continued math success. Concepts may include colors, shapes, counting, one-to-one correspondence, matching, sorting and classifying. No class June 30.

Age: 18 months - 3 years Min/Max: 3/10 Location: Lincoln Center Instructor: Math Plays

Class #	Date	Day	Time	R/NR
Spring				
2270L10-01	4/7 - 4/28	TU	9:00-9:30am	\$40/\$60
2270L10-02	5/5 - 5/26	TU	9:00-9:30am	\$40/\$60
Summer				
3270L10-01	6/2 - 7/14	TU	9:00-9:30am	\$60/\$90
3270L10-02	7/21 - 8/25	TU	9:00-9:30am	\$60/\$90

Math Plays Pre-K Camp

NEW! Designed for children who are ages 3 to 6 as an extension and review of math concepts taught in preschool, Pre-kindergarten and Kindergarten. Concepts may include colors, shapes, counting, one-to-one correspondence, matching, sorting and classifying, comparing, patterns, basic addition and subtraction and data/charts/graphs. No class on May 20.

Age: 3-6 Min/Max: 3/10 R/NR: \$114/\$144 Location: Lincoln Center Instructor: Math Plays

Class #	Date	Day	Time
2270L11-01	5/18 - 5/22	M/TU/TH/F	9:30-11:00am

Speak with Your Hands Preschool

Learn a language that your child can use every day! If your child knows a little sign language or none at all, this class will have their fingers flying with lots of games, songs and fun! Each week your child will learn a new set of vocabulary and learn fun activities that they can share with your family at home. By the end of this session, your child will be signing words, sentences, and even songs. Learn a language that gets you up and moving.

Age: 3-6 Min/Max: 5/10 R/NR: \$90/\$120 Location: Lincoln Center Instructor: Rebecca Mulligan

Class #	Date	Day	Time
2185L05-01	4/7 - 5/12	TU	12:30-1:30pm

Sticky Fingers Cooking

Let your child release their inner chef! Students will prepare and eat healthy, globally-inspired recipes all while loving and learning to cook in a fun, engaging and irresistibly tasty way that will turn even the pickiest eaters into avid food explorers! Your kids will have a blast every week discovering how easy and fun it is to cook (and gobble-up!) tasty, healthy, American classics as well as globally-inspired Sticky Fingers Cooking recipes! We practice safe chopping, measuring and mixing skills, use a wide array of cooking utensils all while creating awesomely delicious recipes from the freshest ingredients. Full recipes will be created each class with our AWESOME master chef Sticky Fingers Cooking instructors.

Age: 4-6 Min/Max: 4/10 R/NR: \$144/\$174 Location: Lincoln Center Instructor: Sticky Fingers

Class #	Date	Day	Time
2270L13-01	4/17 - 5/22	F	11:15am-12:15pm



Location: Lincoln Center
Instructor: Center for Creative Arts Therapy

Arts Playschool

Through this arts-enrichment program, your child will enhance their social emotional learning, practice mindfulness and broaden their social skills. Arts Playschool brings the love of the arts and learning into your child's life. Each class includes an art project along with creative movement, music and drama activities surrounding a social emotional learning theme. We support your child in discovering more about themselves, their peers and their community in a fun and creative way! Some of our class lessons include topics on Identity, Stress Relief, Mindfulness, Self-Esteem, Relationships, Emotions, Relaxation, Body Awareness and Community. Lincoln Learning students will bring a lunch and will eat before the Arts Playschool class begins. Lunch will be 11:15am to 12:00pm with a staff member from the Lincoln Learning Center.

Age: 3-5 Min/Max: 4/10 R/NR: \$185/\$215

Class #	Date	Day	Time
2270L09-01	4/8 - 5/6	W	12:00-2:00pm
2270L09-02	4/9 - 5/7	TH	12:00-2:00pm

Arts Playschool Camp

Through this arts-enrichment program, your child will enhance their social emotional learning, practice mindfulness and broaden their social skills. Arts Playschool brings the love of the arts and learning into your child's life. Each class includes an art project along with creative movement, music and drama activities surrounding a social emotional learning theme. We support your child in discovering more about themselves, their peers and their community in a fun and creative way! Some of our class lessons include topics on Identity, Stress Relief, Mindfulness, Self-Esteem, Relationships, Emotions, Relaxation, Body Awareness and Community. Lincoln Learning students will bring a lunch and will eat before the Arts Playschool class begins. Lunch will be 11:15am to 12:00pm with a staff member from the Lincoln Learning Center.

Age: 3-6 Min/Max: 4/10 R/NR: \$222/\$252

Class #	Date	Day	Time
2270L08-01	5/18 - 5/21	M-TH	9:00am-12:00pm

HEALTH & SAFETY

Safe Kids at Home & Away

This interactive class focuses on thinking safely and making safe choices. Simple rules kids can use in many situations will be taught. Kids learn what to do in an emergency, when to call 911 and how to deal with strangers. Bicycle, skateboard and in-line skating safety, playground rules, water safety and more are covered. Each child receives a certificate of completion.

Age: 4-6 Min/Max: 4/10 R/NR: \$18/\$27 Location: Lincoln Center Instructor: Tracy Gustello

Class #	Date	Day	Time	Theme
Spring				
3185L09-01	4/13	M	4:15-5:15pm	Safe Kids at Home & Away
3185L09-03	4/13	M	5:30-6:30pm	Safe Kids at Home & Away First Aid
Summer				
3185L09-02	7/21	TU	4:15-5:15pm	Safe Kids at Home & Away
3185L09-04	7/21	TU	5:30-6:30pm	Safe Kids at Home & Away First Aid

MUSIC & MOVEMENT

Kids in Motion

Do your kids need an indoor space to play and run around? Open gym time at the Lincoln Center will offer different equipment and toys for the kids to play with indoors on Thursdays and Fridays. Students attending open gym must have an adult present in the gym with them at all times.

Age: 1-5 Min/Max: 5/15 R/NR: \$30/\$45

Location: Lincoln Center

Class #	Date	Day	Time
2185L04-01	4/9 - 5/7	TH	11:00am-12:00pm
2185L04-02	4/17 - 5/15	F	11:00am-12:00pm

Zumbini with Parent

Created by Zumba and Baby First, Zumbini is an early childhood education program that uses original music, dance and educational tools to promote cognitive, social, fine/gross motor skills and emotional development experience for families where a participating parent or caregiver is paired with each child (unless siblings, in which case one caregiver can have multiple children with them). Each session includes a Zumbini bundle: an original soundtrack, music and plush doll to continue the fun at home! Fee includes parent and one child.

Age: 0-4 Min/Max: 5/12 R/NR: \$110/\$140

Location: Lincoln Center

Instructor: Zumbini Instructor

Class #	Date	Day	Time
2270L06-01	4/6 - 5/18	M	10:15-11:00am
2270L06-02	4/6 - 5/18	M	5:30-6:15pm

Zumbini Preschool

Created by Zumba and Baby First, Zumbini is an early childhood education program offered fall to spring as a weekly class that uses original music, dance and educational tools to promote cognitive, social, fine/gross motor skills and emotional development. The experience pairs each child (or group of siblings) with a participating parent or caregiver. Each session includes a Zumbini bundle: an original soundtrack, music and plush doll to continue the fun at home!

Age: 2-5 Min/Max: 4/10 R/NR: \$93/\$123

Location: Lincoln Center

Instructor: Zumbini Instructor

Class #	Date	Day	Time
2270L07-01	4/6 - 5/18	M	11:00am-11:30am

Music Together with Tiny Toes Music

Each week, babies, toddlers, preschoolers and the grownups who love them gather for 45 minutes of fun-filled family music time. In Music Together's mixed ages classes, everyone participates at their own levels. Babies vocalize, listen and observe; toddlers play and experiment; and preschoolers build confidence as they emerge as classroom leaders. Grownups are happy because everyone can come to class together! You'll take home the award-winning music used in class, along with an illustrated songbook and other resources. Fee includes parent and one child.

Age: 0-6 Min/Max: 6/12 Location: Lincoln Center

Instructor: Tiny Toes Music

Class #	Date	Day	Time	R/NR
2270L00-01	4/7 - 5/26	TU	4:30-5:15pm	\$197/\$227
2270L00-02	4/7 - 5/26	TU	5:30-6:15pm	\$197/\$227
2270L00-03	4/8 - 5/27	W	9:15-10:00am	\$197/\$227
2270L00-04	4/8 - 5/27	W	10:15-11:00am	\$197/\$227
2270L00-05	4/8 - 5/27	W	11:15am-12:00pm	\$197/\$227
2270L00-06	4/9 - 5/28	TH	9:15-10:00am	\$197/\$227
2270L00-07	4/9 - 5/28	TH	10:15-11:00am	\$197/\$227
2270L00-08	4/9 - 5/28	TH	11:15am-12:00pm	\$197/\$227
2270L00-09	4/9 - 5/28	TH	1:00-1:45pm	\$197/\$227



**CHECK
IT OUT**

**Zumbini Camps
on page 32.**

Fun In The Sun with Tiny Toes Music

Cool off this summer and sing and dance with us during our three-week sessions of Fun in the Sun! Get ready for chants and finger plays, instrument activities with balls, sticks, eggs and drums with movement activities featuring scarves, parachutes and dancing! Enjoy lots of laughter and fun with other families in a mixed-age class that fosters natural, family-style learning. Infants and toddlers enjoy watching and imitating older children, preschoolers learn by leading younger ones, and adults are happy because the children in the family can go to class together! Each child participates at his or her own developmental level in singing, moving, chanting, listening, observing, exploring and playing musical instruments. Infant siblings under 9 months may attend for free and any caregiver (parent, nanny, or grandparent) can participate in this family music experience. For more information, visit www.TinyToesMusic.com.

Age: 0-6 Min/Max: 6/12 R/NR: \$56/\$84

Location: Lincoln Center Instructor: Tiny Toes Music

Class #	Date	Day	Time
3270L15-01	6/9 - 6/23	TU	4:30-5:15pm
3270L15-02	6/9 - 6/23	TU	5:30-6:15pm
3270L15-03	6/12 - 6/26	F	9:15-10:00am
3270L15-04	6/12 - 6/26	F	10:15-11:00am
3270L15-05	6/12 - 6/26	F	11:15am-12:00pm
3270L15-06	7/16-7/30	TH	9:15am-10:00am
3270L15-07	7/16-7/30	TH	10:15am-11:00am

Tot Rock

Maracas and clackers and tambourines, too; it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1-year-olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises and socialization. Structured and unstructured time is included in each class. Sing, dance and play today! Learn more at www.rockitkids.com. Fee includes parent and one child. No class July 2.

Age: 12 - 24 months Min/Max: 4/12

Location: Lincoln Center Instructor: Rock'n'Kids

Class #	Date	Day	Time	R/NR
Spring				
2270L02-01	4/7 - 4/28	TU	9:15-9:55am	\$46/\$69
2270L02-02	5/5 - 5/26	TU	9:15-9:55am	\$46/\$69
Summer				
3270L02-01	6/16 - 8/4	TU	9:15-9:55am	\$91/\$121

Kid Rock

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today! Learn more at www.rockitkids.com!

Min/Max: 4/12

Location: Lincoln Center

Instructor: Rock'n'Kids

Class #	Age	Date	Day	Time	R/NR
Kid Rock I - Spring					
2270L03-01	2-3	4/7 - 4/28	TU	10:00-10:40am	\$46/\$69
2270L03-02	2-3	5/5 - 5/26	TU	10:00-10:40am	\$46/\$69
Kid Rock I - Summer					
3270L03-01	2-3	6/16 - 8/4	TU	10:00-10:40am	\$91/\$121
Kid Rock II - Spring					
2270L04-01	3-5	4/7 - 4/28	TU	11:30am-12:10pm	\$46/\$69
2270L04-02	3-5	5/5 - 5/26	TU	11:30am-12:10pm	\$46/\$69
Kid Rock II - Summer					
3270L04-01	3-5	6/16 - 8/4	TU	11:30am-12:10pm	\$91/\$121
Kid Rock III - Spring					
2270L05-01	1-5	4/7 - 4/28	TU	10:45-11:25am	\$46/\$69
2270L05-02	1-5	5/5 - 5/26	TU	10:45-11:25am	\$46/\$69
Kid Rock III - Summer					
3270L05-01	1-5	6/16 - 8/4	TU	10:45-11:25am	\$91/\$121





BEFORE & AFTER SCHOOL CARE

NOW ENROLLING FOR 2020-2021

RECEIVE 50% OFF REGISTRATION FEES IF REGISTERED BY THE END OF BUSINESS DAY ON MAY 1, 2020

The LINK Program strives to encourage children entering grades K to 6 to **LAUGH, MAKE FRIENDS** and **BE ACTIVE** every day.



PERKS OF THE LINK PROGRAM

- Discount on select District programs
- LINK staff will connect participants to recreation programs offered at the Lincoln Center by walking them to and from the programs
- Priority registration for LINK Day Off Adventures and Traditional Summer Day Camps
- Sibling discount: 10% off monthly fees

MONTHLY FEES

- A \$60 non-refundable fee is required at time of registration.
- Remaining fees are divided into 10 equal monthly payments and are billed on the 15th of each month from August to May.
- Tuition may also be paid-in-full at the time of registration.

2020-2021 SCHOOL YEAR

DAYS	BEFORE CARE	AFTER CARE	BEFORE & AFTER CARE
3 DAYS	\$105	\$200	\$285
4 DAYS	\$125	\$255	\$355
5 DAYS	\$135	\$315	\$420

NEW ACCESS CONTROLLED ENTRANCE

As part of a District-wide initiative to enhance the safety and security of participants at Downers Grove Park District facilities, we will be implementing phase one of a multi-year access control project at the Lincoln Center. The access controls will include a new lock system on the door to the LINK Before & After School Program area.



REGISTRATION INFORMATION

- Registration begins March 9, 2020.
- School District 58 students entering grades K-6th are eligible to enroll.
- In-person registration at the Lincoln Center is required with a \$60 non-refundable, non-transferable registration fee.
- Part-time enrollment must maintain consistent days.

PROGRAM HOURS

BEFORE SCHOOL: Monday-Friday: 6:30-8:15am
All students must arrive no later than 7:45am

AFTER SCHOOL:

Monday: 2:00-6:00pm
 Tuesday-Friday: 3:00-6:00pm

TRANSPORTATION

Children from all District 58 schools are welcome to register. Bus routes will be determined based on enrollment. Families will be notified which schools we will be servicing no later than mid-July.



DAY OFF ADVENTURES

OPEN TO ALL K-6TH GRADE STUDENTS & FROM ALL SCHOOL DISTRICTS!

LINK Day Off Adventures offer field trips, special events or themed days and will be filled with sports, arts and crafts group games and more.

All registrations are based on program space, staffing and enrollment. Be sure to enroll by the "register by" date.

Children will need to bring a sack lunch, drink, afternoon snack and a backpack to all LINK Day Off Adventures.

Location: Lincoln Center

Program	Time	R/NR
LINK Day Off Adventures	9am-4pm	\$45/\$68 LINK Participant: \$40
Before Care	6:30-9am	\$10/\$15
After Care	4-6:30pm	\$10/\$15

Date	Theme/Trip	Code	Register By
3/30	Reptile Show	419903-17	3/23
3/31	Ultimate Ninja	419903-20	3/23
4/1	FunZone	419903-24	3/23
4/2	Magic Show	419903-27	3/23
4/3	Picnic in Randall Park	419903-30	3/23
4/10	Day at Lincoln Center	2220M01-01	3/27



YOUTH INTEREST

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

JUST FOR FUN

Parents Night Out

Looking for a fun, safe environment for your children while you enjoy a night out, have time to yourself, or even attend our free summer concert series at Fishel Park? Let the Downers Grove Park District provide your children with an evening of games, movies, crafts and pizza. Children must be toilet trained. Registration is required one week in advance.

Age: 3-12 Min/Max: 8/20 R/NR: \$20/\$30

Location: Lincoln Center

Class #	Date	Day	Time
Spring			
2700M01-01	4/24	F	6:30-9:00pm
2700M01-02	5/1	F	6:30-9:00pm
Summer			
3700M01-01	6/16	TU	6:30-9:00pm
3700M01-02	7/28	TU	6:30-9:00pm

Spy Academy

NEW! The following class is TOP SECRET! Ever dream of becoming a secret agent? We'll start with the basics. From decoding messages to metal detectors and night vision, students have the opportunity to check out spy tech equipment and take home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics in a hands-on look at crime scenes! Become a super spy and learn clever ways of performing tasks as we take a hands-on investigation of the science that spies use!

Age: 5-11 Min/Max: 7/12 R/NR: \$146/\$176

LINK Participant: \$139 Location: Lincoln Center

Instructor: Mad Science

Class #	Date	Day	Time
2270M71-01	4/9 - 5/14	TH	4:00-5:00pm

Spring-time Sweeties

Children will use their creative skills to create an entire tray full of special cookies and cupcakes. The class will include a baker's hat, a variety of frosting colors, a wide of array of sprinkles and toppings to add to the fun. We will then add a candy border for a special masterpiece. Each child will go home with enough goodies to feed the entire family. This is a perfect class for anyone who loves goodies. Children ages 3 to 5 must be accompanied by an adult.

Age: 3-12 Min/Max: 5/12 R/NR: \$37/\$56 Location: Lincoln Center Instructor: Ultimate Parties

Class #	Date	Day	Time
2270M77-01	4/2	TH	6:30-7:30pm

Chess Scholars

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has also been proven to enhance children's motivation, concentration, focus, social skills and creativity. No previous knowledge of chess is necessary. Each class consists of fun, interactive teaching and guided practice time. Both beginners and experienced players are welcome and can get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes.

Age: 5-12 Min/Max: 5/15 R/NR: \$112/\$142
Location: Lincoln Center Instructor: Chess Scholars

Class #	Date	Day	Time
2270M07-01	4/13 - 5/18	M	6:30-7:30pm

Amigos Spanish Club

Learning Spanish is as easy as uno, dos, tres! In Afterschool Amigos Spanish Club, children learn numbers, colors, shapes, greetings, days of the week and more! We sing, clap and count our way towards learning the Spanish Language. Each child will receive a participation award.

Age: 5-10 Min/Max: 6/12 R/NR: \$120/\$150
LINK Participant: \$114 Location: Lincoln Center
Instructor: After School Enrichment Solutions

Class #	Date	Day	Time
2270M05-01	4/16 - 5/21	TH	6:30-7:30pm

Accessorize Your Summer Fun

Sign up today for this exciting new class and have a great time designing your own beach bag, sun visor, as well as creating our amazing summer jewelry. Each participant will also receive a summer based nail application. Brighten your summer by registering for this special summer time class today.

Age: 6-12 Min/Max: 10/20 R/NR: \$37/\$56
Location: Lincoln Center Instructor: Ultimate Parties

Class #	Date	Day	Time
3270M16-01	6/30	TU	6:30-7:30pm

School's Out for Summer Slime

School is almost out for summer! We are celebrating with the ultimate sensory experience. Slime continues to be all the rage with kids. Have the slime of your life creating seasonal slime in the concoction lab. Our slime will pop like fireworks, smell like summer, and be colored to remind kids of the beach. This is crazy FUN to blow off some steam after working so hard this school year. Every participant will go home with the slime they made, a souvenir and a slime snack. Kids must be able to follow directions well. This is a drop-off class.

Age: 6-12 Min/Max: 7/15 R/NR: \$25/\$38
LINK Participant: \$23 Location: Lincoln Center
Instructor: Lisa Lombardi

Class #	Date	Day	Time
2270M76-01	5/1	F	4:30-5:30pm

Magic Class

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks. Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more! Children are grouped by age and learn tricks that are age-appropriate. Brand new tricks are always taught at each session! All materials are provided. Each child receives a magic kit to take home.

Age: 5-12 Min/Max: 5/35 R/NR: \$22/\$33
LINK Participant: \$20 Location: Lincoln Center
Instructor: Gary Kantor

Class #	Date	Day	Time
Spring			
2270M14-01	5/7	TH	6:45-7:40pm
Summer			
3270M14-01	7/1	W	4:00-4:55pm
3270M14-02	8/21	F	5:00-5:55pm



The History and Science of Carnival Games

“Step right up! Step right up and win a big prize!” A carnival barker’s famous words! Carnival games have a rich history and are played not only at traveling carnivals, but also at charity fundraisers, amusement arcades, state fairs, local festivals and even family gatherings. Is there a science to winning these games OR is it all luck? Which games should we play for the best chance at winning? Are these games rigged to scam you? We will turn into investigators and build confidence as we pull back the layers on the amusement industry while revealing the answers! Popular games will be available for play and analysis like: Balloon Darts, Ring a Bottle, Duck Pond, String Pull, Bean Bag Cans, Money Machine, Fish in a Bowl and Fool the Guesser. This is a drop-off class.

Age: 6-12 Min/Max: 7/20 R/NR: \$26/\$39
Location: Lincoln Center Instructor: Lisa Lombardi

Class #	Date	Day	Time
3270M18-01	6/6	SA	3:00-4:05pm

The Thrills and Chills of Ice Cream Science and History - A Yummy Lab Experience

July is National Ice Cream Month! Making and eating ice cream is a fun way to introduce early physics and chemistry teachings to children. Kids can become an expert on this billion-dollar industry as we make a batch of homemade ice cream and indulge. Also, explore the science of the beloved amusement park treat, Dippin’ Dots and the first novelty ice cream bar, the Eskimo Pie. Then sit down for the most outrageous ice cream eating contest in town. Did anyone say BRAIN FREEZE? This is a child’s dream class and is all about putting the fun back into learning and building self-esteem. Don’t wear your Sunday best, we will get sticky! This is a drop-off class.

Age: 6-12 Min/Max: 7/20 R/NR: \$27/\$41
Location: Lincoln Center Instructor: Lisa Lombardi

Class #	Date	Day	Time
3270M43-01	7/17	F	3:30-4:35pm

STEM-BASED FUN

Make Your Own Harry Potter Movie

What’s the next adventure for Harry Potter, Ron and Hermione? You decide! We will create our own Harry Potter® movie using special movie making cameras and software. As directors and producers, we will work in teams to create our own story and script, build various Harry Potter® Lego® scenes and film our own movie. We will use graphic editing techniques and stop motion animation, add background noise and music, and show our movie at a private screening on the last day of class. All students will get a copy of their movie after class ends.

Age: 8-12 Min/Max: 6/12 R/NR: \$93/\$123
LINK Participant: \$88 Location: Lincoln Center
Instructor: Computer Explorers

Class #	Date	Day	Time
2270M72-01	4/6 - 4/27	M	4:30-6:00pm

3D Video Game Design

Learn to create 3D games and challenge your friends. Create games for the PC version of Kodu, Microsoft’s award-winning game design platform. Students will learn the art of rapid game design and develop an understanding of underlying game mechanics. Students can choose from 20 different game characters including flying saucers, submarines and a Pac-Man-like Kodu character then use an interactive terrain editor, a bridge and path builder and other tools to create their 3D game world. Kodu is available as a free download for Windows. Bring a USB drive on the last day or games can be emailed to parents.

Age: 8-12 Min/Max: 6/12 R/NR: \$93/\$123
LINK Participant: \$88 Location: Lincoln Center
Instructor: Computer Explorers

Class #	Date	Day	Time
2270M73-01	5/4 - 6/1	M	4:30-6:00pm

MORE TO EXPLORE!

Youth Specialty Camps on pages 34-39.

COOKING

Fun Food for Kids

Get the kids cooking with simple recipes that are fun to make. In class they'll experience a hands-on demonstration while they learn to cook a delicious meal. In addition, kids will learn basic knife skills and kitchen techniques. There are lots of reasons for kids to cook with you at home. They can share their expertise at home and will hopefully create wonderful memories, and family-bonding. Kids should bring a hair tie if needed and closed-toe shoes.

Age: 8-13 Min/Max: 4/8 R/NR: \$43/\$65
LINK Participant: \$40 Location: Lincoln Center
Instructor: Carol Segobiano

Theme	Class #	Date	Day	Time
Spring				
Spaghetti and Meatballs	2270M69-01	4/16	TH	4:00-5:30pm
Sloppy Joes and Mac N Cheese	2270M69-02	5/14	TH	4:00-5:30pm
Chicken Fingers and Sweet Potato Fries	2270M69-03	5/21	TH	4:00-5:30pm
Summer				
Calzones and Salad with Homemade Dressing	3270M17-01	6/4	TH	4:00-5:30pm

iCook

iCook is a fun, hands-on after school cooking program for children. Our mission is simple: to help teach children to love everything about food including cooking, eating delectable and healthy dishes and learning about the different cultures and stories behind the food. Our chefs-in-training will learn how to make delicious and nutritious recipes using fresh and colorful ingredients and will create two recipes at every class! We will travel across the globe to learn about the cuisine and traditions of different countries and master how to cook safely while slicing, dicing, chopping, baking, zesting, mixing and more!

Age: 5-10 Min/Max: 10/20 R/NR: \$193/\$223
LINK Participant: \$185 Location: Lincoln Center
Instructor: After School Enrichment Solutions

Class #	Date	Day	Time
Spring			
2270M15-01	5/5 - 6/9	TU	4:30-5:30pm
Summer			
3270M15-01	6/23 - 7/28	TU	4:30-5:30pm

Sticky Fingers Cooking

Let your child release their inner chef! Students will prepare and eat healthy, globally-inspired recipes all while loving and learning to cook in a fun, engaging and irresistibly tasty way that will turn even the pickiest eaters into avid food explorers! Our fun, inspiring and creative chef instructors mix together a sense of engagement and excitement as they combine the love of cooking and fun nutritional facts (even a few bad jokes!), safe cooking skills and hygiene, jokes, geography, math skills, food culture and history to help instill a lifetime love of delicious, healthy family cooking. Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes, all seasonal and as local as possible, master culinary skills that they can put to use in family kitchens, all while nourishing their bodies and minds. We practice safe chopping, measuring and mixing skills, use a wide array of cooking utensils all while creating awesomely delicious recipes from the freshest ingredients.

Age: 5-11 Min/Max: 7/12 R/NR: \$180/\$210
LINK Participant: \$171 Location: Lincoln Center
Instructor: Sticky Fingers Cooking

Class #	Date	Day	Time
2270M70-01	4/6 - 5/18	M	4:00-5:00pm

FOR TEENS

Darien Sportsplex Teen Open Skate

Come cool off from the summer heat and join your friends at the Darien Sportsplex for a teen open skate. Two hours of skate time just for you, which includes your skate rental. Come join the fun!

Age: 11-17 R/NR: \$10/\$10
Location: Darien Sportsplex, 451 Plainfield Rd.

Class #	Date	Day	Time
3700M10-01	7/17	F	6:00-8:00pm

MORE TO EXPLORE!

Teen Camps on pages 21 and 26.

HEALTH & SAFETY

Emerging Warriors

NEW! Emerging Warriors aren't afraid of anything, including climbing the (rock-climbing) walls, scaling new heights and swinging from place to place. Give your warrior the skills and confidence to proceed to some of the more challenging elements at Windy City Ninjas. We will group children based on age as much as possible, and target our training and challenges appropriately. Your warrior will emerge each week with the refined skills and the knowledge that his or her continued efforts will produce results to be proud of!

Age: 5-8 Min/Max: 4/20 R/NR: \$172/\$202

Location: Windy City Ninja Elmhurst

Instructor: Windy City Ninja

Class #	Date	Day	Time
2270M74-01	4/7 - 5/12	TU	6:30-7:30pm

Ascending Warriors

NEW! The heart and soul of Windy City Ninjas, we will really focus on your young athlete, helping them build strength, coordination and confidence to help them further excel in their sports! For those not so keen on the 'playing field,' we provide the opportunity to build skills integral to physical development and mental self-confidence. Our non-traditional athletes can become super dominant ninjas, surpassing even those bigger and stronger—all while building that inner confidence all children need.

Age: 9-13 Min/Max: 4/20 R/NR: \$172/\$202

Location: Windy City Ninja Elmhurst

Instructor: Windy City Ninja

Class #	Date	Day	Time
2270M75-01	4/7 - 5/12	TU	6:30-7:30pm

CPR Skills for Babysitters

Further your skills and make yourself the most marketable babysitter in your neighborhood! Focus on rescue techniques for full arrest victims from newborn to 12 years of age. The course also covers conscious and unconscious choking and AED use. Certification is valid for two years.

Age: 10-15 Min/Max: 8/10 R/NR: \$48/\$72

Location: Lincoln Center Instructor: Juli Wascher

Class #	Date	Day	Time
3700M04-01	6/15	M	5:00-8:00pm

Babysitting for Success

Discussions, role-playing activities and practical experiences are all part of this class that covers diapering, feeding and playing with children, child development, emergencies and first aid. Bring a snack and a doll to each class. Students receive a certificate of completion for the eight-hour class.

Age: 10-16 Min/Max: 8/15 R/NR: \$55/\$83

Location: Lincoln Center Instructor: Tracy Gustello

Class #	Date	Day	Time
3700M06-01	6/22, 6/24 & 6/29	M/W/M	6/22: 5:00-8:00pm 6/24: 5:00-8:00pm 6/29: 5:00-7:00pm
3700M06-02	8/10, 8/12 & 8/17	M/W/M	8/10: 5:00-8:00pm 8/12: 5:00-8:00pm 8/17: 5:00-7:00pm

Pinata-Palooza Essential Life Coaching for Kids

Today's youth continue to be faced with massive stress through sources like bullying, excessive school testing, social media, less peer-to-peer communication and unique 2020 family dynamics. This 65-minute power-packed life coaching workshop includes critical information to arm kids with strategic tools to help build self-esteem and navigate the world of a child. Warding off worrying, activating positivity, brain freezing a bully, managing clique chaos, triggering emotional self-control, propelling reputation protection, harnessing happiness and confident communication is all covered in this electrifying workshop. While these are all serious topics, the content is presented in a high-energy and motivating manner with hilarious games and dramatizations. Class will culminate with releasing all of our troubles to the festive world of the pinata. Kids will write down their biggest back-to-school or life worries and then we will stuff them in our pinata. The class will collaboratively whack open the pinata to reveal their prizes, as their worries have been released. This is a drop-off class.

Age: 6-12 Min/Max: 7/25 R/NR: \$26/\$39

Location: Lincoln Center Instructor: Lisa Lombardi

Class #	Date	Day	Time
3270M30-01	8/7	F	2:00-3:05pm



ADULT INTEREST

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

JUST FOR FUN

Passport to the World DVD: Savannah/Charleston & the Gulf Coast

Although Savannah and Charleston are only 100 miles apart, they are very different. We'll visit their historical districts, museums, and yes, interesting cemeteries. We'll travel on to the Gulf Coast and visit Florida, Alabama and Mississippi. Along the way we'll stop at St. George Island, Florida; Mobile, Alabama and Biloxi, Mississippi.

Age: 55+ Min/Max: 10/50 AC/R/NR: Free/\$5/\$7

Location: Lincoln Center

Class #	Date	Day	Time
3700B03-01	7/8	W	10:00-11:00am

Passport to the World DVD: Mt. Rushmore, Crazy Horse & The Black Hills

This trip will explore the state and national parks of the old west! Discover the historic 1880 Train and enjoy footage of Mt. Rushmore, The Crazy Horse Memorial, Custer State Park, Wind Cave, Jewel Cave and the rugged Badlands National Park. View the beauty of the buffalo and antelope at play in the land sacred to the Lakota tribes.

Age: 55+ Min/Max: 10/50 AC/R/NR: Free/\$5/\$7

Location: Lincoln Center

Class #	Date	Day	Time
3700B04-01	8/12	W	10:00-11:30am



THERE'S MORE TO EXPLORE!

- Nature Programs for Adults on pages 123-124.
- Museum Programs for Adults on pages 126-128.
- Adult Art on page 132.

Putting & Pastry: Mini Golf Breakfast League

Think you can sink a hole-in-one? Participants mini golf each week followed by a continental breakfast at McCollum Park. An awards breakfast at a local restaurant will follow the last week of golf. It's a great way to meet new people and make new friends! Mini golf takes place at Miner Mike's Adventure Golf at McCollum Park. The league will not meet on July 3.

Age: 55+ Min/Max: 4/20 R/NR: \$39/\$49

Location: McCollum Park

Class #	Date	Day	Time
3700B08-01	6/12 - 8/14	F	9:00-10:30am

Senior Bean Bag League

Let's keep the fun going from winter into the spring with this fun game! Register individually and we will pair you up on the first day. It's guaranteed to be a good time with plenty of great fun and laughs. No experience needed. Refreshments will be provided. The league will not meet on April 10.

Age: 55+ Min/Max: 4/16 R/NR: \$20/\$30

Location: Lincoln Center

Class #	Date	Day	Time
2700B09-01	3/20 - 4/17	F	1:00-2:00pm

Senior Wii Bowling League

NEW! Have you already hung up those bowling shoes? Is the strain and impact of a 15-lb bowling ball too much for you anymore? Now you can enjoy the fun of a bowling league no matter what your ability. You can stand or sit, but just have fun! Register individually and we will create teams the first week. Scores will be posted at the end of each week with prizes the last week of the league. The league will not meet on July 3.

Age: 55+ Min/Max: 4/10 R/NR: \$20/\$30

Location: Lincoln Center

Class #	Date	Day	Time
3700B11-01	6/12 - 8/21	F	1:00-2:30pm

MORE TO EXPLORE!

Adult Bags League on page 73.

Adult Egg Hunt on page 10.

JOIN OUR TEAM

Our employees enjoy rewarding opportunities that engage the community and provide memorable experiences at our parks and facilities.

Indoor and outdoor part-time and seasonal positions are available! Apply online at dgparks.org/careers-opportunities.

- Park & Facility Maintenance
- Adult Youth & Sports Attendants
- Summer Camp Counselors
- Birthday Party Hosts
- Fitness Floor Attendants
- Child Care Leads & Aides
- LINK Before & After School Staff
- Miner Mike's Adventure Golf and Concession Cashiers & Lead
- Dance Instructors
- Theater Director
- Gymnastics Instructors & Lead
- Museum & Nature Center Interns

VOLUNTEER OPPORTUNITIES!

Have fun, make new friends, learn new skills, and enrich the lives of your neighbors in the community by becoming a Downers Grove Park District Volunteer!

AREAS OF OPPORTUNITY INCLUDE:

- REAP (Restore, Educate and Preserve) Volunteer Workdays at Belmont Prairie and Lyman Woods
- Nature Center
- Summer Camps
- Special Events
- Adult Center
- Museum Docents

COOKING

Italian Comfort Cooking

NEW! Longing for an authentic taste of Italy with all the glories of comfort food? In this hands-on demonstration, you will learn how to cook your own Bolognese sauce served over creamy polenta. Or, if you're craving creamy, cheesy goodness, you'll learn how to make risotto from scratch, including seasonal and regional variations to adapt to your favorite foods. Leave with the recipes and the know how to make mouthwatering treats for your hungry family or guests.

Age: 18+ Min/Max: 4/8 R/NR: \$63/\$93
Location: Lincoln Center Instructor: Carol Segobiano

Class #	Date	Day	Time
2700B10-01	4/2	TH	9:00-11:00am
2700B10-02	4/6	M	6:00-8:00pm

Cinco De Mayo Tacos

NEW! Cinco De Mayo is celebrated on the 5th of May to observe the Mexican Army's victory over the French Empire at the Battle of Puebla. People all over celebrate in many ways: parades, music, folkloric dancing and food! Let's learn how to create and enjoy three traditional tacos to help celebrate! Shrimp-chorizo tacos, lime marinated chicken tacos and soft pork tacos. Leave with the recipes and the know-how to make mouthwatering treats for your family or guests.

Age: 18+ Min/Max: 4/8 R/NR: \$69/\$99
Location: Lincoln Center Instructor: Carol Segobiano

Class #	Date	Day	Time
2700B11-01	4/27	M	6:00-8:00pm
2700B11-02	4/30	TH	9:00-11:00am

Super Soups for Lunch or Dinner

NEW! Simple or hearty, pureed or chunky, soups are the perfect fall meal. In this hands-on demonstration class, learn new soup recipes to serve just that purpose! Sample and take home recipes for white chicken chili soup, split pea and ham and creamy tomato basil. Come this fall, fire up the pot because these are soon to be family favorites.

Age: 18+ Min/Max: 4/8 R/NR: \$63/\$93 **Location: Lincoln Center** **Instructor: Carol Segobiano**

Class #	Date	Day	Time
3700B10-01	8/4	TU	6:00-8:30pm
3700B10-02	8/6	TH	9:15-11:45am

Crowd Pleasing Appetizers

NEW! Whether you're having a family holiday party or a neighborhood get-together, learn how to create easy, yet delicious appetizers perfect for pleasing family members or guests. With a hands-on demonstration, discover baked herbed goat cheese with crostinis, gougère (hot cheesy pastry from the Burgundy region of France) served with fresh fruit, and sausage stuffed mushrooms—a warm and satisfying finger food that can also be served as a side dish. Leave with the recipes and the know how to make mouthwatering treats for your hungry guests.

Age: 18+ Min/Max: 4/8 R/NR: \$56/\$84
Location: Lincoln Center Instructor: Carol Segobiano

Class #	Date	Day	Time
2700B12-01	5/11	M	6:00-8:00pm
2700B12-02	5/21	TH	9:00-11:00am

Running of the Bulls - Spanish Cuisine

NEW! Diverse, delicious and not as difficult to cook as you might think, Spanish cuisine is full of flavorful spices, seafood, poultry and vegetables where every ingredient plays a role. In this hands-on demonstration, learn how to prepare a traditional paella along with a tasty baked goat cheese appetizer. Then, sample the recipes and bring them home to create your own delectable dish.

Age: 18+ Min/Max: 4/8 R/NR: \$81/\$111
Location: Lincoln Center Instructor: Carol Segobiano

Class #	Date	Day	Time
3700B09-01	6/29	M	6:00-8:30pm
3700B09-02	7/2	TH	9:15-11:45am

HEALTH & SAFETY

Scam Busters

NEW! Recognizing scams can help safeguard you from potential wrongdoing. In this presentation by the Downers Grove Police Department, learn how common scams operate and useful tips on how to avoid them. Some of the common scams include the IRS Scam, the Grandparent Scam and the Utility Scam. There will also be time for a question and answer session.

Age: 55+ Min/Max: 10/50 Fee: Free
Location: Lincoln Center
Instructor: Downers Grove Police Department

Class #	Date	Day	Time
2700B14-01	4/22	W	10:00-11:00am

AARP Smart Driver Course

Successful completion of this two-day safety course may qualify those over 55 for a reduction in their liability insurance plan. The program is not connected with the written driving exam.

Age: 55+ Min/Max: 10/30
AARP Member: \$25/Non-member: \$30
Location: Lincoln Center Instructor: AARP

Class #	Date	Day	Time
Spring			
2700B01-01	4/29 - 4/30	W/TH	9:00am-1:00pm
Summer			
3700B01-01	6/3 - 6/4	W/TH	9:00am-1:00pm
3700B01-02	8/5 - 8/6	W/TH	9:00am-1:00pm

Rules of the Road

Sponsored by the State of Illinois, prepare for the general written and road sign exam and updates on Rules of the Road.

Age: 55+ Min/Max: 10/30 Fee: Free
Location: Lincoln Center

Class #	Date	Day	Time
3700B00-01	8/17	M	1:30-3:30pm

Adult/Pediatric CPR & AED Training

This course covers both adult and pediatric CPR and AED, along with rescue techniques for conscious and unconscious choking victims. American Red Cross certification is good for two years.

Age: 16+ Min/Max: 8/15 R/NR: \$50/\$75
Location: Lincoln Center Instructor: Juli Wascher

Class #	Date	Day	Time
2700B05-01	4/16	TH	6:00-9:00pm

Adult CPR & AED Training

This course covers CPR for the adult victim (over twelve years of age) along with rescue techniques for conscious and unconscious choking victims. The course also covers the use of the AED. Certification from the American Red Cross is valid for two years.

Age: 16+ Min/Max: 8/15 R/NR \$50/\$75
Location: Lincoln Center Instructor: Juli Wascher

Class #	Date	Day	Time
3700B05-01	6/8	M	6:00-9:00pm

Infant & Child CPR Training

Designed for childcare providers, teachers and parents. This course focuses on rescue techniques for full arrest victims from newborn to twelve years of age. The course also covers conscious and unconscious choking along with rescue breathing. The use of an AED is discussed. American Red Cross certification is valid for two years.

Age: 16+ Min/Max: 8/15 R/NR: \$50/\$75
Location: Lincoln Center Instructor: Juli Wascher

Class #	Date	Day	Time
3700B06-01	7/13	M	6:00-9:00pm

First Aid Training

This course covers medical emergencies, hemorrhage control, splinting and environmental emergencies. This class also focuses on what to do before emergency medical services arrive. American Red Cross certification is valid for two years.

Age: 16+ Min/Max: 8/15 R/NR: \$50/\$75
Location: Lincoln Center Instructor: Juli Wascher

Class #	Date	Day	Time
3700B07-01	8/3	M	6:00-9:00pm

Hunter Safety Education

Learn the basics of safe hunting, including hunter responsibility, wildlife management, firearm ammunition and archery safety, first aid and survival techniques. Passing a Hunter Safety class is required for anyone born on or after January 1, 1980, who wants an Illinois hunting license. This course also meets the requirements for adult hunters in many other states. Children attending this course under the age of 12 must be accompanied by a parent or guardian. Participants must attend all classes and pass a written exam to receive a certificate.

Age: 12+ Min/Max: 10/30 Fee: Free

Location: Lincoln Center

Instructor: Illinois Department of Natural Resources

Class #	Date	Day	Time
Spring			
2700B02-01	4/7 - 4/16	TU/TH	6:30-10:00pm
Summer			
3700B02-01	7/7 - 7/16	TU/TH	6:30-10:00pm

CHECK OUT

PREMIER FITNESS CLASSES

on pages 53-57.

- Yoga Essentials
- Chair Yoga
- Restorative Yoga
- Pilates with Ease
- Balance & Strength
- Nutrition 101



Christmas IN JULY FEST

**Saturday, July 25 • 4-9PM • Fishel Park
FREE! • All Ages**

Christmas only comes once a year...or does it? Cool off this summer with winter-themed food, fun and activities at Fishel Park on July 25! An avalanche of tasty treats and a wide variety of cold beverages will be available for purchase. Stay tuned for more activities, which will be posted to dgparks.org soon!

FESTIVITIES WILL INCLUDE:

- Live Music from 7 to 9pm
- Ugly Christmas T-shirt Contest
- Live Reindeer
- Visit with Santa and other characters
- Winter-themed inflatables
- Cookie Decorating Station
- Candy Cane Hunt
- Snowball Games
- DJ Spinning Tunes

Healthy YOUiversity Series

NEW! This new series focuses on YOU and provides participants with the tools and knowledge to improve personal health inside and out! Through engaging, hands-on sessions presented by health and wellness experts, participants will learn how to improve multiple facets of their life including nutrition, stress management, physical strength and balance, mental wellness and more! Refreshments will be served from 5:30 to 6:00pm with the presentation from 6:00 to 7:00pm.

Whole-Person Wellness:

From health stress to wellness success! Learn how to prioritize your health so your current priorities, like work and family, don't suffer. Discover the pillars of Whole-Person Wellness and where you rank in each pillar currently vs. where you would like to be. This session is presented by WholeHardy Health, LLC.

Nutrition:

For many people, "diet" is a four letter word, but that's not the way it should or has to be. In this presentation, we won't be focusing on trendy weight loss diets. Instead, we will discuss some of the most prevalent, functional, and all-around healthy approaches to food and eating in health and wellness today. This session is presented by WholeHardy Health, LLC.

Essential Oils/Aging Gracefully:

What if you could feel better as you aged instead of feeling worse? If you give your body the right tools, you can feel great until your very last breath. Find out how safe, fun and easy it can be to maintain your youthful self. This class will talk about oils and supplements to support the over 50 crowd. We will share secrets to staying sharp mentally and physically so you, too, can remember all the important things and feel great when you wake up in the morning. Making your health a priority is worth it for you and your loved ones! This session is presented by Aging Gracefully with Young Living.

Balance & Strength:

Slow down the aging process by focusing on mental health, cardiovascular conditioning, strength training, flexibility, fall prevention and balance. Enjoy practical exercises and approaches for training brains and bodies. This session is presented by 4500 Fitness at the Downers Grove Recreation Center.

Risks & Dangers of Poor Dental Health:

Oral health is so much more than just the health of the mouth, teeth and gums. Because the mouth is a primary entryway into the body, poor oral health can have negative consequences for the entire body. Learn these consequences and how they can be prevented or treated. This session is presented by Dr. Michael Cunningham of Grove Dental Associates.

The Five Wishes Advanced Care Planning:

A change in health or an accident can happen to any of us. Regardless of age or health, to have a plan that documents our health care wishes is important. Five Wishes is the beginning of how to talk about what matters most to you. This session is presented by AZ Health & Elder Law.

The Opioid Epidemic, What We All Need to Know:

What is an opioid and why is it prescribed for both short term and long term pain management? Dr. Ahsan from Good Samaritan Hospital will discuss the precautions that should be taken to prevent abuse/addiction, as well as the potential side effects that can occur when taking a prescription opioid. You will also learn about alternative methods for pain management. This session is presented by Maleeha Ahsan, MD with Good Samaritan Hospital.

Age: 18+ Min/Max: 10/40

R/NR: \$10/\$15

Location: Lincoln Center

Class #	Date	Day	Time	Topic
2700B13-01	4/15	W	5:30-7:00pm	Whole-Person Wellness
2700B13-02	5/20	W	5:30-7:00pm	Nutrition
3700B13-01	6/17	W	5:30-7:00pm	Essential Oils/Aging Gracefully
3700B13-02	7/15	W	5:30-7:00pm	Balance & Strength
3700B13-03	8/19	W	5:30-7:00pm	Risks & Dangers of Poor Dental Health
4700B13-01	9/16	W	5:30-7:00pm	The Five Wishes
4700B13-02	10/21	W	5:30-7:00pm	The Opioid Epidemic



ADULT CENTER

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

Play for Life!

Pursue fulfilling activities including recreation, education, health, nutrition and social service with programs designed for, but not limited to, adults 55 years and older. The Adult Center is located on the third level of Lincoln Center.

BECOME A MEMBER

The Downers Grove Park District Adult Center was established for active, fun-loving adults in the community and provides social service programs, informal seminars, health checks, entertainment and more. A wide variety of classes, parties, trips and clubs are offered to encourage friendship and socialization and we are always looking to expand and improve the programs we offer. You have the opportunity to become a member of the Adult Center and receive numerous benefits through that membership.

ANNUAL FEE RESIDENTS: \$30 | NON-RESIDENTS: \$40

AS A TOKEN OF OUR APPRECIATION FOR YOUR SUPPORT, RECEIVE:

- FREE subscription to Connections Newsletter Non-members: \$10/year
- FREE Popcorn Matinee
- Ability to register one week prior to regular resident registration for each seasonal guide
- FREE monthly Lunchtime BINGO
- Annual Membership Appreciation Party
- Discounts on local day trips

ADULT CENTER CLUBS

The Center offers many weekly activities including:

- Bridge
- Poker
- Mah Jong
- Chess
- Canasta
- Pinochle
- Bunco
- Domino
- Pokeno

LIFELONG LEARNING

- Rules of the Road
- Defensive Driving Class
- Volunteer Opportunities
- Red Hat Book Club

SERVICES & BENEFITS

- Golf (Discounted Rate)
- Income Tax Assistance (AARP)

SOCIAL CLUBS

- Craft Club
- Red Hat Chapter

LEISURE ACTIVITIES & PROGRAMS

- Popcorn Matinee Movies
- Bingo
- Theme Parties
- One-day Trips
- Extended Trips

Lunchtime Bingo

It's a Bingo bonanza on the last Wednesday of each month! Get the party started early by coming for lunch! Social hour/lunch starts at 11:30 a.m. Bingo starts at 12:30 p.m.

Age: 55+ Min/Max: 10/30 AC/R/NR: Free/\$1/\$2

Location: Lincoln Center

Date	Day	Time
4/29	W	11:30am-2:00 pm
5/27	W	11:30am-2:00 pm
6/24	W	11:30am-2:00 pm
7/29	W	11:30am-2:00pm
8/26	W	11:30am-2:00pm

Popcorn Matinee

Enjoy feature films or concerts and snack on some free popcorn while you enjoy the movie every 2nd and 4th Thursday of the month. Movies are subject to change due to availability on date of showing.

Age: 18+ Min/Max: 10/80 AC/R/NR: Free/\$1/\$2

Location: Lincoln Center Day: TH Time: 1:00pm

Date	Show	Rating
4/9	Paul Anka in Concert	N/A
4/23	Tolkien	PG-13
5/14	Breakthrough	PG
5/28	All is True	PG-13
6/11	The Command	PG-13
6/25	Red Joan	R
7/9	Driven	R
7/23	Ophelia	PG-13
8/13	The Hustle	PG-13
8/27	The Public	PG-13

Dial-A-Ride

Dial-A-Ride is a curb-to-curb shared ride service for Downers Grove Township residents who are 65 and over. It is also a service for qualified persons with disabilities of any age. In order to ride Dial-A-Ride you must have a permanent address in Downers Grove Township. Motels, hotels, extended stays and temporary housing are not eligible for our Dial-A-Ride service. Appointments for rides are two days in advance for personal trips and seven days in advance for medical appointments within the Township of Downers Grove area. Service is provided from 8 am to 4 pm, Monday through Friday. The fare is \$3 for each one-way ride. New limited service on holidays– \$5 fare one way on New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving Day and Christmas Day. In order to use the service, riders must have a valid RTA or ADA card. Questions and registration contact the Township at 630.719.6670.

Volunteer Opportunities

Volunteers are vital to the Adult Center. Volunteerism is one of the easiest and best ways to become involved and the primary way many services are provided. Volunteers enjoy the many benefits of volunteering, including meeting new people, learning new skills, accomplishing projects and assisting behind the scenes with monthly parties and special events.

Scarlett Bloomers Red Hat Chapter

Ladies! Join the red-hatted revolution! From monthly themed luncheons and slumber-less overnight parties to weekly game clubs and luncheon trips, the Downers Grove Park District Scarlett Bloomers does it all. To join the Scarlett Bloomers Red Hat Chapter, visit the Active Adult Center or call 630.963.1314.

MORE TO EXPLORE
 SUMMER CONCERT
SERIES
 View more on page 9.



TRIPS & TOURS

REMINDER!
 ALL TRIPS DEPART FROM AND RETURN TO THE LINCOLN CENTER LOCATED AT 935 MAPLE AVE. IN DOWNERS GROVE. PLAN TO ARRIVE 10 MINUTES PRIOR TO DEPARTURE FOR CHECK-IN PROCESS.

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

Murder in the Mansion JACOB HENRY MANSION, JOLIET, IL LIGHT PHYSICAL ACTIVITY

We're back to playing detectives during this afternoon of intrigue, suspense and fun. A delicious lunch is included, but don't plan on leaving until you have solved the Murder Mystery. Deadline to register is April 1.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$76/\$86/\$96

Class #	Date	Day	Time
2710B01-01	4/16	TH	10:30am-3:00pm

Galos Salt Cave CHICAGO, IL

LIGHT PHYSICAL ACTIVITY
 Want to feel so relaxed that you feel like you are on a beach vacation? Join us for a session in a relaxing environment sitting on lounge chairs while listening to soothing music and the salt under our feet will feel like sand! History is filled with examples of the benefits of salt caves throughout Europe. Galos Chicago is the first salt cave to have been built in the United States. Breathing in the salt cave air is said to have an anti-inflammatory action and stimulates the immune system. Lunch is on our own right next door at the Jolly Inn Buffet featuring 24 home-cooked dishes with many choices for vegetarians. Deadline to register is April 1.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$37/\$47/\$57

Class #	Date	Day	Time
2710B02-01	4/24	F	10:15am-3:00pm

Blue Man Group BRIAR STREET THEATER IN CHICAGO, IL LIGHT PHYSICAL ACTIVITY

It's comedy, theater, rock concert and dance party all rolled into one! This wildly popular phenomenon delivers an unforgettable multi-sensory experience. It's an outrageous afternoon of entertainment you'll never forget. First we'll go to Honey Jam Cafe in Downers Grove for brunch on our own. Registration deadline is April 8.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$93/\$103/\$113

Class #	Date	Day	Time
2710B03-01	5/8	F	10:30am-5:30pm

Shipshewana Tour SHIP SHEWANA, IN MODERATE PHYSICAL ACTIVITY

By popular demand – we are traveling again to Amish country to visit all of our favorite shops: E & S Sales, Davis Mercantile, Yoder's Meat & Cheese, Yoder's Popcorn and ending with a grand dinner at Das Dutchman Essenhaus Restaurant. Along the way you'll get samples and lunch will be on your own. Dinner and transportation by motor coach is included. Registration deadline is April 8.

Age: 55+ Min/Max: 30/50 AC/R/NR: \$110/\$120/\$130

Class #	Date	Day	Time
2710B04-01	5/13	W	7:45am-8:00pm

Volo Auto Museum & Riverside Chocolates

VOLO AND MCHENRY, IL

MODERATE PHYSICAL ACTIVITY

Volo Auto Museum features everything from TV and movie automobiles to a military exhibit, muscle cars, antique and classic cars, a vintage arcade and much more. Lunch will then be on our own at Bobby's Barrel Inn, but save some room for our next stop—Riverside Chocolate Factory with sweet treats galore! Registration deadline is May 7.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$50/\$60/\$70

Class #	Date	Day	Time
3710B01-01	6/4	TH	9:00am-3:00pm

'Kinky Boots' Musical

PARAMOUNT THEATRE, AURORA, IL

LIGHT PHYSICAL ACTIVITY

This flashy, sassy, sexy story of big heels invading a small town shook up Broadway and now we will be seeing its regional premiere. It tears up the stage and never lets go. From its glorious costumes to its dizzily tall heels and songs, you'll be humming for days! We'll start the afternoon with the Paramount Theatre's delicious lunch, which is included. Registration deadline is May 14.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$100/\$110/\$120

Class #	Date	Day	Time
3710B02-01	6/10	W	10:45am-4:00pm

Little Traveler & Afternoon Tea

GENEVA, IL

MODERATE PHYSICAL ACTIVITY

This historical gem in downtown Geneva is home to 36 rooms of shopping treasures from household items, clothing, collectibles, food, wine, gift items and more. After shopping, relax like royalty for an Afternoon English Tea (food included). This is sure to fill up quick, so make your reservation no later than May 21.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$20/\$30/\$40

Class #	Date	Day	Time
3710B03-01	6/18	TH	10:00am-3:00pm

Harley Davidson Museum

MILWAUKEE, WI

HEAVY PHYSICAL ACTIVITY

Enjoy a guided tour of more than 450 motorcycles and artifacts dating back to the oldest known Harley Davidson motorcycle. You will have a chance to sit on an actual motorcycle for a great photo opportunity. After this fun tour, we'll head over to Stack'd Burger Bar restaurant for lunch which is on your own. On the way home we might even have time to stop at our favorite—Mars Cheese Castle. Registration deadline is May 29.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$55/\$65/\$75

Class #	Date	Day	Time
3710B04-01	6/26	F	9:15am-5:30pm

Savannah Sipping Society Dinner Theater

PORT WASHINGTON, WI

LIGHT PHYSICAL ACTIVITY

Four unique Southern women, all needing to escape the sameness of their day-to-day routines are drawn together by fate, an impromptu happy hour and decide it's high time to reclaim life. In this comedy, they discovery lasting friendships and a determination to live in the moment. We'll enjoy a delicious buffet before the performance which is included. Registration deadline is June 16.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$98/\$108/\$118

Class #	Date	Day	Time
3710B05-01	7/16	TH	9:30am-6:00pm

'Ain't Misbehavin''

Performance and Lunch

THEATRE AT THE CENTER, MUNSTER, IN

LIGHT PHYSICAL ACTIVITY

You'll be transported to a nightclub during the Harlem renaissance where the music and excitement of the 20s and 30s are in the spotlight courtesy of the great Fats Waller. Fun, rowdy and soulful music captures the varied moods of this era. A delicious lunch is included before the performance. Registration deadline is June 22.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$113/\$123/\$133

Class #	Date	Day	Time
3710B06-01	7/22	W	11:15am-5:30pm

Field Museum

CHICAGO, IL

MODERATE PHYSICAL ACTIVITY

Yes, you've probably been here in the past, but there are always new, exciting exhibits in this beautiful museum. We'll start with a guided highlights tour and then you'll be free to continue to explore the entire museum at your leisure. Included is admission to all exhibits and one 3D movie of your choice. Lunch is on your own at the many options in the museum. Don't forget to wear comfortable shoes. Registration deadline is July 1.

Age: 55+ Min/Max: 8/13 AC/R/NR: \$98/\$108/\$118

Class #	Date	Day	Time
3710B07-01	7/31	F	9:30am-3:45pm

Fox Valley Winery & Tap House Grill

OSWEGO, IL

LIGHT PHYSICAL ACTIVITY

We'll be starting our day with an early lunch on our own at the Tap House Grill, then on to the Fox Valley Winery for a tasting and tour of this family-run winery. Learn about their process and sample four of their delicious wines! Registration deadline is July 9.

Age: 55+ Min/Max: 8/13 AC/R/NR: \$28/\$38/\$48

Class #	Date	Day	Time
3710B08-01	8/6	TH	10:15am-3:00pm

Celebration Classic Oldies River Cruise

MOLINE, IL

LIGHT PHYSICAL ACTIVITY

While you're cruising down the Mississippi aboard the Celebration Belle Paddleboat, just sit back and reminisce to the songs that bring back all the memories of the Juke Box era of the 50s and 60s. Enjoy a show with the oldies coming to life once again. Before the show, enjoy not only the river scenery, but a delicious hot buffet that is included! Registration deadline is July 13.

Age: 55+ Min/Max: 10/13 AC/R/NR: \$105/\$115/\$125

Class #	Date	Day	Time
3710B09-01	8/13	TH	7:45am-5:30pm

Community:
we're stronger
together.

At BMO Harris Bank, we're proud to be part of the community and are committed to providing our support through various initiatives.

1201 Ogden Ave
Downers Grove, IL
630-353-6300

BMO  Harris Bank

NEW MAYFLOWER CRUISES AND TOURS

For payment plan info, please call 630.963.1300
Deposit: \$280 (due at the time of reservation) –
includes an \$80 cancellation waiver. Deposit must be
a check made out to Mayflower Cruises and Tours
Age: 21+ Min/Max: 5/10

Michigan Fall Harvest

Enjoy Michigan during fall harvest time on this 4-day adventure by Mayflower Tours. Begin with a visit to the orchards at Tree-Mendus Fruit Farm for an apple tasting followed by a visit to a real reindeer ranch. Then, sit down to a delicious dinner and lively entertainment at Cornwell's Turkeyville Dinner Theatre. Stop at the Kellogg Manor House followed by a narrated tram tour at the Frederik Meijer Gardens with its sculpture gardens. Experience a day in the Oval Office at the Gerald R. Ford Presidential Library and Museum. Enjoy colorful autumn foliage on a narrated cruise with live music aboard The Grand Lady Riverboat. Visit the Country Dairy for a tour and a sweet treat before visiting the Meyer May House designed by Frank Lloyd Wright. Also, enjoy an exciting ride on the Saugatuck Dunes.

TRIP DETAILS

Locations:

- Battle Creek, MI
- Grand Rapids, MI
- Muskegon, MI

Includes:

- Hotel accommodations
- Free home pick-up and return
- Six meals (3 breakfasts and 3 dinners)

RESERVATION INFORMATION

- Registration deadline: July 2, 2020
- Full payment due: July 2, 2020
- Double Occupancy Room (Per Person): \$1,099
- Single Occupancy Room: \$1,428

Class #	Date	Day	Room Type	Fee
4710B01-01	9/26 - 9/29	SA-TU	Single Occupancy	\$1,428
4710B01-02	9/26 - 9/29	SA-TU	Double Occupancy	\$1,099

Visit www.dgparks.org for additional extended trip information.

Christmas at the Opryland Resort

Spend one night at the historic Brown Hotel in Louisville, tastefully decorated for the holidays and enjoy lunch of their famous "Hot Brown" sandwich. Enjoy a fabulous dinner and live entertainment at the Derby Dinner Playhouse. Visit the famed Kentucky Derby Museum. Spend two nights at the fabulous Opryland Resort Hotel, beautifully decorated for the holidays. Experience Opryland's traditional ICE! Show featuring hand-carved ice sculptures crafted by international artists. Watch an exciting synchronized light and music fountain show in the Delta Atrium, as well as outdoor Nativity display with the special light effects. Take a Delta River Boat ride through the Opryland Resort. Enjoy dinner and top-notch entertainment at Opryland's Christmas Dinner Show.

TRIP DETAILS

Locations:

- Louisville, KY
- Nashville, TN

Includes:

- Hotel accommodations
- Free home pick-up and return
- Six meals (3 breakfasts, 1 lunch and 2 dinners)

RESERVATION INFORMATION

- Registration deadline: Sept. 14, 2020
- Full payment due: Sept. 14, 2020
- Double Occupancy Room (Per Person): \$1,599
- Single Occupancy Room: \$2,198

Class #	Date	Day	Room Type	Fee
4710B02-01	12/6 - 12/9	SU-W	Single Occupancy	\$2,198
4710B02-02	12/6 - 12/9	SU-W	Double Occupancy	\$1,599

Mayflower Tours Information

All extended trip reservations must be made in person at the Lincoln Center, 935 Maple Avenue.

Trip Cancellation Policy

The \$280 deposit due at the time of reservation includes a cancellation waiver (\$200 deposit and \$80 for cancellation waiver). The cancellation waiver is required. If you cannot attend a reserved trip, you will be refunded all payments, including the \$200 deposit, but minus the \$80 cancellation waiver fee, as long as Mayflower Tours is notified of the cancellation at least one day prior to departure.



NATURE PROGRAMS

LYMAN WOODS NATURE CENTER | 901 31ST ST. DOWNERS GROVE, IL | 630.963.9388
JUNE 1 THROUGH AUG. 31: MONDAY TO SATURDAY 9AM-4PM | SUNDAY 1-4PM
SEPT. 1 - MAY 31: MONDAY CLOSED | TUESDAY TO THURSDAY & SATURDAY 9AM-4PM | FRIDAY 9AM-12PM
 SUNDAY 1-4PM

FAMILY PROGRAMS

Full Moon Campfire Hikes

Did you know that the full moons have names? Explore the seasonal changes tied to the moon on a guided night hike. End the night by observing the moon through our telescope (weather permitting) and enjoy stories and s'mores around the campfire. Fee is per person, so please make sure to register everyone who will be attending.

Age: All Min/Max: 8/30 Fee: \$6
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2500H07-01	4/4	SA	7:30-9:00pm	Frog Moon
2500H07-02	5/9	SA	7:30-9:00pm	Planting Moon
Summer				
3500H07-01	6/6	SA	7:30-9:00pm	Strawberry Moon
3500H07-02	7/11	SA	7:30-9:00pm	Honey Bee Moon
3500H07-03	8/1	SA	7:30-9:00pm	Sturgeon Moon

Family Fishing Fun! *NEW!*

Interested in taking your family fishing but don't know where to start? Join us for this fun fishing class. Learn about the parts of the pole, how to safely cast, bait, and reel in a rod, and hopefully catch some fish in the process! Bait and fishing rods will be provided, but you are welcome to bring your own equipment. Children under 16 must be accompanied by an adult. Fee is per child.

Age: 3+ Min/Max: 5/12 Fee: \$15
Location: Patriots Park-Barth Pond

Class #	Date	Day	Time
3500H21-01	6/13	SA	1:00-2:30pm
3500H21-02	7/18	SA	10:30am-12:00pm
3500H21-03	8/8	SA	3:00-4:30pm

SCOUT PROGRAMMING AT LYMAN WOODS

Looking for an outing for Girl, Cub, and Boy Scouts? Contact Lyman Woods at **630.963.9388** or email us at lymanwoods@dgparks.org for more information!

School's Out! Family Campout

NEW! Celebrate the end of school and the beginning of summer by pitching a tent and camping at Lyman Woods! Scheduled activities for the evening will include a night hike and story time, but we will also have games set up, a fire to cook s'mores (provided) and a few crafts to do before it gets dark! Dinner is not included, but families are welcome to bring dinner to share in their tents or food to cook over the campfire! Our roasting forks may be used, but other cooking utensils are not provided. Fee is per tent (up to 6 people), please list the number of people attending.

Age: All Min/Max: 8/30 Fee per tent: \$45
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
3500H19-01	6/13 - 6/14	SA-SU	6:00pm-8:00am

April Showers

NEW! Why does it always rain in April? Let's learn about rain and all that comes with it: clouds and rainbows too! We'll do some experiments, crafts and take a fun hike! Fee is per child, but adults are welcome to stay too!

Age: 2+ Min/Max: 5/15 Fee per child: \$8
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
2500H18-01	4/25	SA	2:00-3:00pm

Tree to Table: Maple Syrup

NEW! Come to the Downers Grove Museum to discover how maple syrup gets made! Learn how one of Nature's tastiest treats goes from a tree to your kitchen table. From tree biology and identification, to the rich regional history behind early syrup production, join us for a sweet journey into all things Maple! Program will be held indoors and outdoors, so please dress for the weather.

Age: All Min/Max: 5/30 Fee: \$6
Location: Downers Grove Museum Campus

Class #	Date	Day	Time
2500H31-01	4/18	SA	9:30-11:30am
2500H31-02	4/18	SA	1:00-3:00pm

Whatever Happened to the Grove? The History of Downers' Last Groves

NEW! Celebrate Earth Day with the staff from Lyman Woods and the Downers Grove Museum as we take a look back at the history of Downers Groves' last groves: Lyman Woods and Maple Grove Forest Preserve. We will explore how these preserves came to be and how to ensure their survival, while studying both their unique stories and plans for the future.

Age: All Min/Max: 10/80 Fee: Free
Location: Lincoln Center

Class #	Date	Day	Time
2700G05-01	4/22	W	7:00-8:30pm

The Sweet and Secret History of Beekeeping at Lyman Woods

NEW! Come and explore the little-known story behind beekeeping at Lyman Woods. From one of the region's pioneers, to the modern-day beekeeping and programs practiced right here in DuPage County, we will uncover, with a hands-on look at hives and tools, the fascinating world of bees that will be sure to satisfy your sweet tooth for local honey as well as local history!

Age: All Min/Max: 5/50 Fee: Free
Location: DuPage County Historical Museum

Class #	Date	Day	Time
2700G02-01	5/16	SA	1:00-2:00pm

Honey Harvest

Get buzzing and discover the amazing world of honeybees! Learn how bees make honey and see firsthand how honey is extracted. Try your hand with the hot knife or extractor and have a taste of wild Lyman Woods honey. Fee is per person, so please register everyone who will be attending.

Age: All Min/Max: 6/30 Fee: \$6
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
3520H03-01	7/25	SA	9:30-11:30am
3520H03-02	7/25	SA	1:00-3:00pm
3520H03-03	8/22	SA	9:30-11:30am
3520H03-04	8/22	SA	1:00-3:00pm

Campfire Desserts

NEW! Do you think that a s'more is the only dessert you can cook over the fire? Think again! There is so much more you can do! Join one of our instructors and learn about all the fun dessert food you can cook over a campfire. Try your hand at a few different recipes in this 90-minute class. Each family will get a copy of the recipes to take home. This will be one amazing smelling and tasting class! Fee is per person, so please make sure to register everyone who will be attending.

Age: 2+ Min/Max: 6/20 Fee: \$10
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
3500H20-01	7/18	SA	2:00-3:30pm

Organic Edible Gardening

NEW! Thinking about starting or improving an edible garden but don't know where to begin? Before breaking out your shovel, get the scoop on how to plan, design and install your own backyard oasis. From growing techniques, special features and plant varieties, let's break through the catalog clutter and help you on your way to your dream garden full of fresh-picked fruits and veggies. Free take-homes may include seeds, seedlings, recipes and more! Fee is per family, so please list number of people attending.

Age: 5+ Min/Max: 4/15 Fee per family: \$16
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2500H01-01	4/25	SA	9:30-11:30am	Summer Crops, Tomatoes & Squash
2500H01-02	5/23	SA	9:30-11:30am	Fertilizer, Compost, & Beans
Summer				
3500H01-01	6/20	SA	9:30-11:30am	Strawberries & Weed Prevention
3500H01-02	7/11	SA	9:30-11:30am	Garlic & Irrigation
3500H01-03	8/15	SA	9:30-11:30am	Stakes, Trellises & Fall Crops



FALL 2020 NATUREPLAY SCHOOL

NEW! 3-YEAR-OLD CLASS

Nurture your little sprout in our nature-based early childhood program inspired by the forest school model of learning. Research has shown that unstructured outdoor play and nature-based exploration to be the perfect groundwork for meaningful learning and growth. Lyman Woods' NaturePlay School provides this and more! Your child will learn about the animals and ecology of the forests, wetlands and prairie through hands-on lessons designed specifically for early childhood. They will work on content such as science, language and math skills without even knowing it! Your child might plant trees, build forts, care for a garden, cook over a campfire, wood-work and hike and explore our trails and look for mystery boxes! We spend much of our time fostering creativity, teamwork and social skills through unstructured play on our trails and in our Wild Woods play area. We spend as much time as possible outdoors in our 135 acres, but will use the Interpretive Center as a home base in inclement weather.

Class will not be held on District 58 school holidays. 2020-2021 NaturePlay School begins the day after Labor Day 2020 and runs until Memorial Day 2021. Winter/Spring details will be announced in the 2020 Fall Guide. Priority registration for current Winter/Spring students begins March 9 at 8:30am. This includes families with a current student in the 4- to 6-year-old class that wish to register a sibling in our new 3-year-old class. Open registration for new students begins April 6 at 8:30am. For the new 3-year-old class, students must turn 3 by the first day of class and be potty-trained. For the 4- to 6-year-old class, student must turn 4 by the first day of class. Registration is kept open throughout the school year, provided there are openings.

Min/Max 3-4 yrs: 5/10 Min/Max 4-6 yrs: 5/14
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Age	Date	Day	Time	Fee
4500H09-01	3-4	9/8 - 12/17	TU/TH	9:00-11:00am	\$385
4500H09-02	3-4	9/11 - 12/18	F	9:00-11:00am	\$200
4500H09-03	4-6	9/8 - 12/17	TU/TH	9:00-11:00am	\$385
4500H09-04	4-6	9/8 - 12/17	TU/TH	12:15-2:15pm	\$385
4500H09-05	4-6	9/9 - 12/16	W	9:00-11:00am	\$200
4500H09-06	4-6	9/9 - 12/16	W	12:15-2:15pm	\$200
4500H09-07	4-6	9/11 - 12/18	F	9:00-11:00am	\$200
4500H09-08	4-6	9/11 - 12/18	F	12:15-2:15pm	\$200

PARENT & TOT PROGRAMS

Wild Child in the Parks

We are bringing our popular Wild Child Nature Play Group from Lyman Woods out to the other parks! Cultivate your child's wild side, meet new friends and explore nature in the parks! Our instructor will get you started as you explore nature play with your child(ren) at your own pace through outdoor activities and projects. No charge for infant siblings under 12 months. Dress for the weather and to get messy, but shelters are available in case of rain. An adult must accompany their child(ren) during this program.

Age: 0-4 Min/Max: 5/12 Fee: \$30

Class #	Date	Day	Time	Location
2500H32-01	4/16 - 5/7	TH	9:30-10:30am	Hummer Park Pavilion
2500H32-02	4/17 - 5/8	F	9:30-10:30am	Patriots Park Pavilion
2500H32-03	5/14 - 6/4	TH	9:30-10:30am	Patriots Park Pavilion
2500H32-04	5/15 - 6/5	F	9:30-10:30am	Hummer Park Pavilion

Wild Child NaturePlay Group

Help your toddler explore and enjoy nature while meeting other parents! Each class will have a fun theme and will consist of stories, crafts, games, songs, and plenty of unstructured play in our Wild Woods play area! Dress for the weather and to get messy! An adult must accompany their child(ren) during this program. No charge for infants under 12 months.

Age: 0-4 Min/Max: 5/12 Fee: \$28

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
2500H05-01	4/8 - 4/29	W	9:30-10:30am
2500H05-02	4/9 - 4/30	TH	9:30-10:30am
2500H05-03	5/6 - 5/27	W	9:30-10:30am
2500H05-04	5/7 - 5/28	TH	9:30-10:30am

Wild Woods Tree Tales

NEW! Join us in the woods for a fun story and movement time! Stories will be interactive and nature-themed, and we may even do some singing and dancing! Class will meet outside in good weather, inside if inclement weather. Please sign up each child that will be in attendance. Parents must accompany their child(ren) to the story time.

Age: 0-5 Min/Max: 4/15 Fee: \$5

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
3500H26-01	6/4	TH	9:30-10:00am
3500H26-02	6/18	TH	9:30-10:00am
3500H26-03	7/2	TH	9:30-10:00am
3500H26-04	7/16	TH	9:30-10:00am
3500H26-05	8/6	TH	9:30-10:00am
3500H26-06	8/20	TH	9:30-10:00am

Nature Tot Workshop

Have a crafty tot? Bring them to our nature workshop! Each month we will head outdoors for nature discovery time and make a project to take home that will encourage kids to interact with nature. Dress for the weather and to get messy! An adult must accompany their child(ren) during this program.

Age: 2-4 Min/Max: 5/12 Fee: \$10

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2500H04-01	4/17	F	9:30-10:45am	Mini Greenhouses
2500H04-02	4/18	SA	9:30-10:45am	Mini Greenhouses
2500H04-03	5/8	F	9:30-10:45am	Critter Kites
2500H04-04	5/9	SA	9:30-10:45am	Critter Kites
Summer				
3500H04-01	6/12	F	9:30-10:45am	Bird Baths
3500H04-02	6/13	SA	9:30-10:45am	Bird Baths
3500H04-03	7/11	SA	9:30-10:45am	Firefly Catchers
3500H04-04	8/15	SA	9:30-10:45am	Sailboats

Volunteer Workdays

Join our REAP (Restore, Educate and Preserve) volunteer group! Activities may include collecting and sowing native seed, restoring trails, planting native plants and removing invasive plants. Contact Lyman Woods at 630.963.9388 or email lymanwoods@dgparks.org for more information or to register for a workday at least one week in advance.

Location	Time	Date
Lyman Woods	8:00 - 10:30 am	April 18, May 16, June 20, July 18, Aug. 15

Little Sprouts Gardening

NEW! Join us for our new parent-child gardening class! Check out our newly renovated children's garden to learn how to grow, harvest and prepare some easy meals with a special featured fruit or vegetable. Inspire lifelong healthy eating habits and a love for the outdoors with gardening fun and exploration! This class will be outdoors, so dress for the weather! An adult must accompany their child(ren) during this program.

Age: 0-5 Min/Max: 5/12 Fee: \$8
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2500H25-01	4/14	TU	9:30-10:30am	Lovely Lettuces
2500H25-02	5/19	TU	9:30-10:30am	Sweet Peas
Summer				
3500H25-01	6/17	W	9:30-10:30am	Crunchy Carrots
3500H25-02	7/15	W	9:30-10:30am	Dazzle Berries
3500H25-03	8/19	W	9:30-10:30am	Tasty Tomatoes

YOUTH PROGRAMS

Backyard Naturalists

You don't need a forest next door to learn about nature! Come hang out with a Lyman Woods naturalist after school. By exploring the Lincoln Center's backyard we'll learn all about the fascinating creatures you can find in your own neighborhood, as well as work on projects you can use to observe and attract wildlife at home.

Age: 5-12 Min/Max: 5/12 Fee: \$14
LINK Participants: \$12 Location: Lincoln Center

Class #	Date	Day	Time	Topic
Spring				
2500H02-01	4/6	M	3:30-5:00pm	Bird Houses
2500H02-02	5/18	M	3:30-5:00pm	Toad Houses
Summer				
3500H02-01	6/1	M	3:30-5:00pm	Butterfly Gardens

Friends of the Forest

Come train to be a ranger or a naturalist! Learn the secret ways of the forest, develop wilderness skills and befriend plants and animals as you explore Lyman Woods in new ways.

Min/Max: 5/12 Fee: \$14
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Age	Date	Day	Time	Topic
Spring					
2500H30-01	6-8	4/4	SA	10:00-11:30am	Jr. Naturalists
2500H30-02	9-13	4/4	SA	10:00-11:30am	Ranger Club
2500H30-03	6-8	5/2	SA	10:00-11:30am	Jr. Naturalists
2500H30-04	9-13	5/2	SA	10:00-11:30am	Ranger Club
Summer					
3500H30-01	6-8	6/6	SA	10:00-11:30am	Jr. Naturalists
3500H30-02	9-13	6/6	SA	10:00-11:30am	Ranger Club

Fishing Workshop

Come hone your skills before the Annual Fishing Derby at Barth Pond! Learn the basics of fishing including how to cast, how to bait a hook, and maybe even how to catch a fish! Fishing poles and bait will be provided, however you are more than welcome to bring your own.

Age: 7-14 Min/Max: 5/12 Fee: \$18
Location: Patriots Park-Barth Pond

Class #	Date	Day	Time
3500H29-01	7/18	SA	10:00am-12:00pm



OVERNIGHT Adventures

— AT LYMAN WOODS —

NEW! Bring your group to Lyman Woods for a fun filled camping experience! You can simply rent the space and bring your own food and do your own activities, or let the staff at Lyman Woods plan a whole evening of fun for you!

Choose from camping outside, or having a sleepover in the Interpretive center! Our Overnight Adventures last from 6pm on Friday to 8am on Saturday.

Please call Lyman woods at (630) 963-9388 or email lymanwoods@dgparks.org to inquire about availability and pricing.

Wild Night Out

Spend your night cooking dinner around the campfire, hitting the trails and searching for nocturnal animals! End the evening with an indoor project. Hey parents! Lyman Woods is less than one mile from Yorktown cinema, shops and restaurants!

Age: 5-10 Min/Max: 6/12 Fee: \$22

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
Spring			
2500H06-01	4/25	SA	6:00-9:00pm
2500H06-02	5/23	SA	6:00-9:00pm
Summer			
3500H06-01	6/20	SA	6:00-9:00pm
3500H06-02	7/18	SA	6:00-9:00pm
3500H06-03	8/8	SA	6:00-9:00pm

Wild Night Out at the Lincoln Center

Spend your night cooking dinner around the campfire, hitting the trails and searching for nocturnal animals! End the evening with an indoor project. Hey parents! The Lincoln Center is just around the corner from downtown Downers Grove shopping, restaurants, and the Tivoli Theatre!

Age: 4-12 Min/Max: 6/12 Fee: \$22

LINK Participants: \$17

Location: Lincoln Center Room G14

Class #	Date	Day	Time
Spring			
2500H28-01	4/10	F	6:00-9:00pm
2500H28-02	5/15	F	6:00-9:00pm
Summer			
3500H28-01	6/26	F	6:00-9:00pm
3500H28-02	7/24	F	6:00-9:00pm
3500H28-03	8/21	F	6:00-9:00pm

On Target! Archery at Lyman Woods

Archery has been an important part of human culture, from the Ancient Greeks to the Native Americans, using the skill to hunt down game or compete in contests. Now it's your turn to join in on this growing sport. Learn the basics or define your skill. Participants of all levels (ages 7 to adult) will learn on Genesis Compound Bows. Criteria listed below must be met before participants can move up to the next level. This is determined by the instructor. If you have signed up for a previous On Target Archery class and wish to find where you place, please contact us. All new participants must start at Beginning I level.

Beginning I: Demonstrate knowledge of range and equipment safety. Be able to nock arrow indicator fletching out, extend bow arm and hold bow vertical for 10 seconds unaided. Must be able to draw to correct anchor without external help.

Beginning II: Demonstrate knowledge of range and equipment safety. Show correct stance and correct shot process from set up through aim and follow through. Participants must be able to consistently hit the target from 60 feet.

Intermediate I: Demonstrate and be able to explain aspects of the range and equipment safety to the instructor. Be able to hit the target consistently and be able to determine based on where arrows hit how their aim needs to change and how to change it.

Age: 7+ Min/Max: 4/12 Fee: \$55

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Level	Date	Day	Time
Spring				
2500H15-01	Beginning I	5/9 - 5/30	SA	1:00-2:00pm
2500H15-02	Beginning II	5/9 - 5/30	SA	2:15-3:15pm
Summer				
3500H15-01	Beginning I	6/7 - 6/28	SU	9:00-10:00am
3500H15-02	Beginning I	7/12 - 8/2	SU	1:30-2:30pm
3500H15-03	Beginning II	6/7 - 6/28	SU	10:15-11:15am
3500H15-04	Beginning II	7/12 - 8/2	SU	2:45-3:45pm
3500H15-05	Intermediate I	6/7 - 6/28	SU	11:30am-12:30pm
3500H15-06	Intermediate I	7/12 - 8/2	SU	4:00-5:00pm

MORE TO EXPLORE

View Nature Camps on pages 22-26.

ADULT PROGRAMS

Wild Night Out for Adults

NEW! Running out of Date Night ideas? Come and check out our new “adults-only” program! Enjoy s’mores around a roaring campfire, hike the night time woods in search of nocturnal animals and enjoy lawn games and other activities in our beautiful 135-acre preserve.

Age: 18+ Min/Max: 5/24 Fee: \$12
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2500H27-01	4/24	F	7:00-9:00pm	Frogs
2500H27-02	5/22	F	7:00-9:00pm	Bats
Summer				
3500H27-01	6/19	F	7:00-9:00pm	Raccoons
3500H27-02	7/17	F	7:00-9:00pm	Glow-in-the-Dark Nature
3500H27-03	8/28	F	7:00-9:00pm	Beavers

Citizen Science Workshops

NEW! Come join us for a fun and informative workshop to learn all about citizen science and wildlife monitoring! Data collected by citizen scientists is critically important in understanding the effects of environmental changes on wildlife, and in developing new management practices to protect threatened and endangered species. Monitoring workshops will be held inside and outside, so please dress for the weather and wear good hiking shoes. Monitoring routes may include an hour or more of hiking in different kinds of terrain and/or off trail. Be prepared to walk during the program.

Age: 13+ Min/Max: 3/20 Fee: FREE
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Ages	Date	Day	Time	Topic
Spring					
2500H22-01	13+	5/16	SA	8:00-9:30pm	Frogs
Summer					
3500H22-01	5+	6/20	SA	1:00-2:30pm	Butterflies
3500H22-02	13+	6/27	SA	8:30-10:00pm	Frogs
3500H22-03	5+	8/15	SA	1:00-2:30pm	Butterflies

Beginner Beekeeping Course

NEW! This six-week course will introduce you to basic honey bee biology, social insect behavior and colony dynamics, as well as the ins and outs of maintaining a hive throughout the year. Instructor Dave Meyer, Master Beekeeper and owner of Meyer Bees, will teach you how to order gear and equipment, as well as how to harvest honey and other products of the hive. Participants will receive a certificate of completion as part of the course. Check with your local municipality to find out if home-beekeeping is allowed in your area.

Age: 16+ Min/Max: 5/25 Fee: \$100
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
3520H01-01	7/9 - 8/13	TH	7:00-9:00pm

Advanced Beekeeping Workshops

NEW! Your bees have already started preparing for the upcoming season and so should you! Learn what your bees are doing and how best to support them as they enter one of their busiest times of year.

Age: 16+ Min/Max: 5/20 Fee: \$20
Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topic
Spring				
2520H02-01	5/19	TU	7:00-8:30pm	Pre-Season Hive Maintenance
Summer				
3520H02-01	6/16	TU	7:00-8:30pm	Hive Beetles, Wax Moths, and Mites
3520H02-02	7/21	TU	7:00-8:30pm	Splits and Swarms
3520H02-03	8/18	TU	7:00-8:30pm	Backyard Queen Rearing

CHECK IT OUT

New joint Downers Grove Museum-Lyman Woods programs on pages 126-127.

Shiitake Mushroom Growing & Wild Edibles Hunt

NEW! Learn how to grow delicious shiitake mushrooms right at home! Explore the history and cultivation of shiitake mushrooms, then take a guided hike into our 135-acre preserve to search and identify wild edibles. Part of the class will be outdoors, so please dress for the weather and wear good hiking shoes.

Age: 13+ Min/Max: 5/24 Fee: \$12

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time
2500H24-01	4/26	SU	1:30-3:00pm

Gardening for Wildlife

NEW! Local wildlife needs your help! As our forests age, and countless animal species face habitat loss, learn how you can help with simple changes to your home landscape. Turn your yard into a wildlife hotspot that adds new purpose and visual interest to your outdoor spaces. Bring your garden designs and wish lists for one-on-one help to improve your landscape. Free take-homes may include plants, seeds and more!

Age: 13+ Min/Max: 6/30 Fee: \$8

Location: William F Sherman Jr Interpretive Center - Lyman Woods

Class #	Date	Day	Time	Topics
Spring				
2500H23-01	5/12	TU	7:00-8:30pm	Trees, Shrubs & Birds
Summer				
3500H23-01	6/9	TU	7:00-8:30pm	Pollinators & Wildflowers
3500H23-02	7/14	TU	7:00-8:30pm	Grasses, Reptiles & Fireflies
3500H23-03	8/11	TU	7:00-8:30pm	Nature Bling, Frogs & Insects

Mar-Duke Farm GARDEN PLOTS

Enjoy nature, plant flowers, grow fruits and vegetables for food, and get exercise from the practice of gardening!

FULL PLOTS (Approximately 10' x 30')

HALF PLOTS (Approximately 10' x 15')

ADA RAISED BEDS (6 available)

IMPORTANT DATES

March 7 Plot rentals open to all gardeners

April 23 Additional organic plots open to returners

May 21 Deadline for all plot rentals

June 1 All plots must be planted

Oct. 31 Last day of gardening season

2020 Rates	Full Plots	Half Plots/ADA Beds
Resident	\$43	\$33
Non-resident	\$61	\$46
Senior Resident (Age 62+)	\$32	\$24
Senior Non-resident (Age 62+)	\$45	\$34

For more information, visit dgparks.org. Plot reservations are made in-person at the Lincoln Center at 935 Maple Ave.

HEALTHY HARVEST GARDEN STAND

JUNE 1-SEPT. 5 • MON.-SAT.

LOCATION: LYMAN WOODS

NEW! Interested in fresh fruits and veggies? Check out our brand new Healthy Harvest Garden stand at Lyman Woods! With organic salad greens, tomatoes, melons and other seasonal produce grown in our very own Children's Edible Garden, you're sure to find something delicious at a reasonable price!

Call us prior to visiting to see which fruits and vegetables are available at 630.963.9388. Supplies are limited, so come out soon!





ST. JOSEPH SCHOOL

St. Joseph School develops the whole student - mind, body and spirit - preparing children for academic and personal success in a faith-filled, nurturing environment.

come **GROW** with us



4832 Highland Avenue • Downers Grove • (630) 969-4306



Visitas guiadas disponibles en español

- All-Day Academic Kindergarten
- Students Score in Top 25% on National Standardized Tests
- 82% of Graduates are on their High School Honor Roll
- Certified Teachers
- Small Class Sizes and Teacher Aides offer Personalized Learning
- Challenging Academics and Faith Formation
- STEM, Spanish, Music, Art, Computers and Physical Education
- Extended and Holiday Care
- Hot Lunch Program
- Extracurricular Activities and No Cut Sports Programs
- Tuition Assistance Available for Qualifying Students



HISTORY PROGRAMS

DOWNS GROVE MUSEUM | 831 MAPLE AVE. DOWNS GROVE, IL | 630.963.1309
SEPT. 1 TO MAY 31: TUESDAY-FRIDAY: 12-4PM | SATURDAY 10AM - 4PM | CLOSED SUNDAY & MONDAY
JUNE 1-AUG. 31: MONDAY-FRIDAY 12-4PM | SATURDAY 10AM-4PM | CLOSED SUNDAY

FAMILY PROGRAMS

Tree to Table: Maple Syrup

NEW! Come to the Downers Grove Museum to discover how maple syrup gets made! Learn how one of Nature's sweetest treats goes from a tree to your kitchen table. From tree biology and identification, to the rich regional history behind early syrup production, join us for a sweet journey into all things Maple! Program will be held indoors and outdoors, so please dress for the weather.

Age: All Min/Max: 5/30 Fee per person: \$6
Location: Downers Grove Museum Campus

Class #	Date	Day	Time
2500H31-01	4/18	SA	9:30-11:30am
2500H31-02	4/18	SA	1:00-3:00pm

Whatever Happened to the Grove? The History of Downers' Last Groves

NEW! Celebrate Earth Day with the staff from Lyman Woods and the Downers Grove Museum as we take a look back at the history of Downers Groves' last groves, Lyman Woods and Maple Grove Forest Preserve. We will explore how these preserves came to be and how to ensure their survival, while studying both their unique stories and plans for the future.

Age: All Min/Max: 10/80 Fee: Free
Location: Lincoln Center

Class #	Date	Day	Time
2700G05-01	4/22	W	7:00-8:30pm



COUNTRY IN THE PARK

Saturday, May 2 • 12-3pm

Visit the Downers Grove Museum to celebrate Downers Grove's Pioneer past! As part of Founders Day, and sponsored by the Grove Foundation, visit with farm animals, view blacksmithing demonstrations, play 1850's pioneer-era games, and more! This free event is a perfect way to spend a spring Saturday with the family. Sponsored by the Grove Foundation.

Age: All Location: Downers Grove Museum Fee: Free

Sears Home Bus Tour

In the early 20th century, numerous Downers Grove residents purchased homes straight out of mail-order catalogs! Join the Museum Curator on a leisurely 1.5-hour narrated bus tour of Sears and other catalog homes that are still standing in Downers Grove. Children must be accompanied by an adult.

Age: 10+ Min/Max: 5/13 R/NR: \$21/\$32

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
2700G06-01	5/9	SA	1:00-2:30pm

The Sweet and Secret History of Beekeeping at Lyman Woods

NEW! Come and explore the little-known story behind beekeeping at Lyman Woods. From one of the region's pioneers, to the modern-day beekeeping and programs practiced right here in DuPage County, we will uncover, with a hands-on look at hives and tools, the fascinating world of bees that will be sure to satisfy your sweet tooth for local honey as well as local history!

Age: All Min/Max: 5/50 Fee: Free

Location: DuPage County Historical Museum

Class #	Date	Day	Time
2700G02-01	5/16	SA	1:00-2:00pm

Underground Railroad 1846 House Tour

NEW! Take a tour of the 1846 Blodgett House focusing on the role Downers Grove and the Blodgetts played in the Underground Railroad. Some parts of this tour may not be ADA accessible. All children under 16 years old must be accompanied by an adult.

Age: 8+ Min/Max: 5/10 R/NR: \$5/\$8

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
3700G03-01	6/27	SA	1:00-2:00pm
3700G03-02	7/25	SA	1:00-2:00pm
3700G03-03	8/29	SA	1:00-2:00pm

Pierce Downer Walking Tour

NEW! Take a stroll around Linscott Ave and the surrounding area to learn about the life of Pierce Downer and some of the other people who settled in Downers Grove. Meet at the Pierce Downer Cemetery near 4523 Linscott Ave. Some parts of this walking tour may not be ADA accessible. Children under 4 years old are free. All children must be accompanied by an adult.

Age: All Min/Max: 3/10 R/NR: \$10/\$15

Location: Pierce Downer Cemetery

Class #	Date	Day	Time
3700G04-01	7/16	TH	6:00-7:00pm



A TRIP DOWN MEMORY LANE: THE ART OF LANE K. NEWBERRY

August 31, 2020 to February 27, 2021

Montrew Dunham History Center at Downers Grove Museum

This exhibition will showcase the art of Lane K. Newberry held in the Museum's collection. Come learn about Newberry's life, influences, and artistic style, and see a few of the many regional portraits he completed while living in Downers Grove.

YOUTH PROGRAMS

Sugar Egg Decorating

NEW! This sweet event is perfect for artists and Easter enthusiasts alike! During this program, participants will learn how to assemble and decorate their very own panoramic sugar eggs, made famous in the 1890s. We're egg-cited to see what everyone can create!

Age: 6-12 Min/Max: 4/12 R/NR: \$10/\$15

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
2700G03-01	4/4	SA	11:00am-12:00pm

Museum Field Trip Mondays

NEW! Take a step away from the classroom and visit local sites of historic importance in Downers Grove. Participants will meet at the Lincoln Center and walk with the program leader to a different site every week to discuss the history and importance of various locations in Downers Grove including museums, cemeteries, parks and more!

Age: 6-12 Min/Max: 4/12 R/NR \$10/\$15

Location: Lincoln Center LINK Participants: \$7

Class #	Date	Day	Time
2700G04-01	4/6	M	3:00-4:30pm
2700G04-02	4/20	M	3:00-4:30pm
2700G04-03	5/4	M	3:00-4:30pm
2700G04-04	5/18	M	3:00-4:30pm

Vintage Baseball Exhibition

NEW! Join the Downers Grove Museum for a fun Saturday morning dedicated to learning about the history of baseball, the Downers Grove Plowboys, and participate in a friendly scrimmage inspired by vintage rules of the game. Participants are sure to have a "ball" during this active program!

Age: 10-14 Min/Max: 8/24 R/NR: \$10/\$15

Location: Randall Park

Class #	Date	Day	Time
3700G02-01	8/1	SA	10:00am-12:00pm

ADULT PROGRAMS

Israel Blodgett: Blacksmith

NEW! Learn about the profession that helped the Blodgett family and other Downers Grove residents establish themselves in the village, as well as the history of blacksmithing in general. Museum artifacts will be on display.

Age: 18+ Min/Max: 5/40 R/NR: Free

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
2700G01-01	4/6	M	11:00am-12:00pm

Garden Party

NEW! Don your best hat and come explore the gardens in the Museum grounds. Learn about the different flowers in bloom and the history of garden parties. Enjoy light refreshments on the grounds. Weather permitting.

Age: 16+ Min/Max: 5/15 R/NR: \$16/\$21

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
3700G05-01	6/13	SA	1:00-2:30pm

Point Pen Handwriting Workshop

NEW! Learn the basics of Copperplate style handwriting in this two-hour workshop with the Curator. Paper, pens and ink included and are yours to take home.

Age: 16+ Min/Max: 5/15 R/NR: \$25/\$32

Location: Downers Grove Museum Campus

Class #	Date	Day	Time
3700G01-01	8/15	SA	1:00-3:00pm

**THERE'S MORE
TO EXPLORE!**

History Camps on pages 27-28.



GROUP PROGRAMS & TOURS

Group Programs

Bring your group to the Downers Grove Museum! Programs and tours are 1 hour in length and can be tailored for adult and kid groups. More tours will be added once the construction on the Pioneer Blodgett house has been completed. Call 630.963.1309 for details and to book your program or tour today!

Group Tours

During your guided tour, you'll visit the footprint of the Blodgett family cabin, discuss the 1850s and the Pioneer Blodgett House, and learn about the 1890s inside of the Victorian Blodgett House.

- **SCHOOL TOURS:** One class per 1-hour tour, \$48 per class
- **GROUP TOURS:** \$25 for up to 10 people; \$2 per additional person



Go Behind-the-Scenes!

Take a behind-the-scenes tour of the DG Museum! Follow the Museum Curator through public and private museum spaces learning about our collections and exhibits.

Main Street Cemetery Walk

Enjoy a stroll through Downers Grove's historic Main Street Cemetery while learning about some of the prominent people buried there. Please dress for the weather.

Pioneer Downers Grove

Explore what life was like in Downers Grove in the 1830s and 40s. Tour the museum campus and learn about the early settlers in our area. Then try your hand at some early chores and games.

Victorian Downers Grove

Explore what life was like in Downers Grove in the 1890s! Take a tour of the historic Victorian Blodgett House, complete a trivia scavenger hunt, and try out some Victorian era toys and games.

Victorian Tea Party Birthday Party

Live like an 1890s Victorian Lady as you join us for your own special birthday tea party. We'll learn about Victorian Tea etiquette, make a craft and play some fun parlor games played by the women and children in Victorian Times. Parties are 2 hours long and will cost \$125 for Residents and \$150 for non-residents.



SCHOOL OF THE ARTS

LINCOLN CENTER | 935 MAPLE AVE. DOWNERS GROVE, IL | 630.963.1300

FAMILY & PARENT/CHILD ART

Messy Family Art

NEW! Create messes you wouldn't want to make at home - and maybe make some art masterpieces in the process! Families of all shapes and sizes are invited to learn new art techniques and work on creating fun projects together. Dress to get messy! Fee is per child; please register each child attending.

Age: 3+ Min/Max: 5/10 R/NR: \$72/\$102
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
Spring			
2100K20-01	4/9-5/14	TH	5:30-6:30pm
Summer			
3100K20-01	6/11 - 7/16	TH	5:30-6:30pm
3100K20-02	7/23 - 8/27	TH	5:30-6:30pm

Family Pottery

Families of all sizes and shapes are invited to come create fun pottery projects with real clay! Basic hand-building and glazing techniques will be taught. All supplies are included; class can be repeated from season to season. Fee is per child; please register each child attending.

Age: 3+ Min/Max: 5/10 R/NR: \$60/\$90
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
2100K21-01	4/6 - 5/11	M	5:00-6:00pm

Family Pottery Night

Create a pottery project with a parent, grandparent, aunt, uncle, whomever! This workshop is a great time to spend with family and friends, learn more about the world of pottery, and bring home a project that you create together. Fee is per child; please register each child attending. Projects will be available for pickup at a later date.

Age: 3+ Min/Max: 5/10 R/NR: \$18/\$27
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
2100K22-01	5/8	F	6:30-7:30pm

Family Art Night

Create an art project with a parent, grandparent, aunt, uncle, whomever! This workshop is a great time to spend with family and friends and bring home an art project that you created together. Fee is per child; please register each child attending.

Age: 3+ Min/Max: 5/10 R/NR: \$18/\$27
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
2100K23-01	5/29	F	6:30-7:30pm

Messy 2s & 3s & You

Experience and explore creativity with your little one! Work together on art activities that will enhance fine motor skills and spark imagination. Leave with plenty of ideas for at-home fun! Fee is per child; please register each child attending.

Age: 2-3 **Min/Max: 5/10**
R/NR: \$45/\$68 **Location: Lincoln Center**
Instructor: Sherry Valle

Class #	Date	Day	Time
Spring			
2100K00-01	4/6 - 5/11	M	9:30-10:00am
2100K00-02	4/6 - 5/11	M	10:30-11:00am
Summer			
3100K00-01	6/8 - 7/13	M	9:30-10:00am
3100K00-02	6/8 - 7/13	M	10:30-11:00am
3100K00-03	7/20 - 8/24	M	9:30-10:00am
3100K00-04	7/20 - 8/24	M	10:30-11:00am

Pre-K Art Play

NEW! Create works of art with your preschooler! Each week you'll work together to create a new project. Come explore colors, new textures and a variety of mediums and techniques! Fee is per child; please register each child attending.

Age: 3-5 **Min/Max: 5/10**
Location: Lincoln Center **Instructor: Sherry Valle**

Class #	Date	Day	Time	R/NR
Spring				
2100K63-01	4/9 - 5/14	TH	11:30am-12:15pm	\$54/\$81
Summer				
3100K63-01	6/12 - 7/17	F	9:15-10:00am	\$45/\$68
3100K63-02	7/24 - 8/21	F	9:15-10:00am	\$45/\$68

YOUTH ART

Mini Masterpieces

Each week, your child will create their very own mini art masterpiece! In addition to having fun and learning new art techniques, your child will develop listening, language and motor skills. Attending Lincoln Learning Center? Park District Staff will escort your child to class!

Age: 4-6 **Min/Max: 5/10** **R/NR: \$54/\$81**
Location: Lincoln Center **Instructor: Sherry Valle**

Class #	Date	Day	Time
2100K34-01	4/6 - 5/11	M	11:30am-12:15pm

Art Club

Young artists are invited to explore their creativity with this after-school art adventure! Art Club participants will create a variety of projects using different art techniques like painting, drawing and collage.

Age: 6-10 **Min/Max: 5/10** **R/NR: \$70/\$100**
LINK Participant:\$60 **Location: Lincoln Center**
Instructor: Sherry Valle

Class #	Date	Day	Time
2100K31-01	4/6 - 5/11	M	3:30-4:30pm

Mosaic Makers

NEW! This class combines pottery and mosaic making! Each student will make ceramic bases and tiles and then combine them in colorful patterns and designs. Grouting and sealing will also be covered. All supplies are included.

Age: 8-12 **Min/Max: 5/10** **R/NR/LINK: \$110/\$140/\$100**
Location: Lincoln Center **Instructor: Sherry Valle**

Class #	Date	Day	Time
2100K62-01	4/9 - 5/14	TH	3:30-5:00pm



CHECK OUT
CULTURAL
ARTS CAMPS
on pages 29-30.

Creating with Clay

Learn how to use basic hand-building and glazing techniques to create fun and useful ceramic pieces! All projects will be glazed, kiln-fired and sent home at end of the session. Each child works at their own level—beginners and seasoned clay crafters welcome! Smocks are provided, but be prepared to get messy. No class July 3.

Age: 5-12 Min/Max: 5/10 Location: Lincoln Center
Instructor: TU- Deb Norton, F- Sherry Valle

Class #	Date	Day	Time	R/NR/LINK
Spring				
2100K32-01	4/21 - 5/19	TU	3:30-4:45pm	\$75/\$105/\$65
2100K32-02	4/17 - 5/22	F	3:30-4:45pm	\$90/\$120/\$80
Summer				
3100K32-01	6/16 - 7/21	TU	10:00-11:30am	\$90/\$120/NA
3100K32-02	6/12 - 7/24	F	4:00-5:15pm	\$90/\$120/NA

Clay Fairy Houses

Build your own fairy house completely out of clay using basic hand-building techniques! Learn how to use glazes to decorate and add color, and create all the accessories your fairy might need for a happy home. Attending a camp at the Lincoln Center before class? Park District Staff will escort your child from camp to class!

Age: 5-12 Min/Max: 5/10 R/NR: \$90/\$120
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
3100K66-01	7/9 - 8/13	TH	4:00-5:15pm

Young Rembrandts Drawing 2-Day Workshop

Come learn the Young Rembrandts method in this 2-day workshop! Learn how to draw with a step-by-step approach featuring a variety of subjects including animals, action, still-life, landscape and cartoons. Students use different types of media to help build confidence with drawing concepts and skills.

Age: 5-12 Min/Max: 6/18 R/NR: \$57/86
Location: Lincoln Center Instructor: Young Rembrandts

Class #	Date	Day	Time
3100K50-01	6/17 - 6/18	W/TH	10:00am-12:00pm
3100K50-02	6/24 - 6/25	W/TH	10:00am-12:00pm
3100K50-03	7/8 - 7/9	W/TH	10:00am-12:00pm
3100K50-04	7/15 - 7/16	W/TH	10:00am-12:00pm
3100K50-05	7/22-7/23	W/TH	10:00am-12:00pm

Young Rembrandts Drawing Workshops

Encourage your child's inner artist! Young Rembrandts explores basic drawing, portrait and cartooning skills. Students learn to draw characters, everyday objects, animals and action scenes by completing different drawings each class. In addition to helping your child gain confidence in art methods & techniques, Young Rembrandts classes strengthen listening skills, fine motor skills and social skills, all in a fun and nurturing setting that encourages success for every child. Add some creativity to your schedule – don't miss out, sign up today!

Age: 5-12 Min/Max: 6/18 Location: Lincoln Center
Instructor: Young Rembrandts

Class #	Date	Day	Time	R/NR
Spring				
2100K51-01	4/4 - 4/25	SA	11:00am-12:00pm	\$57/\$86
2100K51-02	5/2 - 5/23	SA	11:00am-12:00pm	\$57/\$86
Summer				
3100K51-01	6/16 - 7/21	TU	11:45am-12:45pm	\$86/\$116

ADULT ART

Adult Pottery: Hand-Building

Learn basic hand-building skills and the stages of the glazing process while creating one-of-a-kind ceramic projects. All supplies are included. Class can be repeated from season to season.

Age: 16+ Min/Max: 5/10 R/NR: \$108/\$138
Location: Lincoln Center Instructor: Sherry Valle

Class #	Date	Day	Time
2100K61-01	4/6 - 5/11	M	6:15-8:30pm
3100K61-01	6/8 - 7/13	M	6:15-8:30pm
3100K61-02	7/20 - 8/24	M	6:15-8:30pm



MUSIC & THEATER

Little Actors Club

Children love this innovative drama class that develops their imagination and introduces them to the performing arts in a fun and creative atmosphere. Each week is a new and exciting adventure into the imagination with changing themes, music, costumes, props and playbills. Participants learn theater terms and a new joke every week, enhance spontaneity, build self-esteem and have plenty of fun! Themes are not repeated for two years—so “act” now! No class July 2 to 3.

Age: 3-6 Min/Max: 7/16 Location: Lincoln Center
Instructor: Shining Star Productions

Class #	Date	Day	Time	R/NR
Spring				
2161K00-01	4/6 - 5/18	M	11:30am-12:15pm	\$90/\$120
2161K00-02	4/17 - 5/22	F	6:00-6:45pm	\$78/\$108
Summer				
3161K00-01	6/18 - 8/13	TH	10:45-11:30am	\$103/\$133
3161K00-02	6/19 - 8/14	F	12:30-1:15pm	\$103/\$133

Young Actors Club

Join the fun in this wonderful and fast-paced creative drama class. Each week is a new and exciting adventure into the imagination with changing themes, music, costumes, props, playbills and a joke of the week. Many themes won't be repeated for two years, —so “act” now! Learn theater terms, enhance spontaneity, build self-esteem and have a blast!

Age: 6-8 Min/Max: 7/16 Location: Lincoln Center
Instructor: Shining Star Productions

Class #	Date	Day	Time	R/NR
Spring				
2161K30-01	4/17 - 5/22	F	7:00-7:45pm	\$78/\$108
Summer				
3161K30-01	6/17 - 8/12	W	5:30-6:15pm	\$103/\$133

LOL Improv

If you enjoy comedy, laughing, having a good time or acting, this class is for you! Create characters, play awesome theater games, improvise, develop social skills and be spontaneous as you learn about the art of improvisation and sketch comedy. You're invited to come and play, create and laugh out loud! They say laughter is the best medicine. This class should be taken on a regular basis!

Age: 9-13 Min/Max: 7/16 Location: Lincoln Center
Instructor: Shining Star Productions

Class #	Date	Day	Time	R/NR
Spring				
2161K31-01	4/6 - 5/18	M	6:30-7:15pm	\$90/\$120
Summer				
3161K31-01	6/17 - 8/12	W	6:30-7:15pm	\$103/\$133

Storybook Drama

Create your story! Through the use of improvisation and guided instruction, kids will be a part of an original comedy or drama each week. We will incorporate the various elements of story and drama including plot, setting, characters and dialogue. This class will help to boost your confidence, encourage spontaneity and creativity as you work collaboratively with others. Participants are welcome to wear a costume to class. Each class will create a new story.

Age: 6-8 Min/Max: 7/16 R/NR: \$90/\$120
LINK Participant: \$85 Location: Lincoln Center
Instructor: Shining Star Productions

Class #	Date	Day	Time
2161K01-01	4/6 - 5/18	M	5:30-6:15pm



Storybook Music

An innovative music class that combines audio and visual cues as students have the opportunity to play a variety of instruments. We will incorporate rhythms, melodies, lyrics and even create an original song or two. Kids will sing and play along with age appropriate and original music videos as they work on developing their creativity, listening skills and coordination. The class will also include a brief overview of various types of music (rock, country, jazz, blues, pop and instrumentals) and how music can affect how we feel. No class June 29.

Age: 3-6 Min/Max: 7/16 R/NR: \$103/\$133

Location: Lincoln Center

Instructor: Shining Star Productions

Class #	Date	Day	Time
3160K02-01	6/15 - 8/10	M	12:30-1:15pm

Piano Lessons

Students are taught to read and perform pieces from the Faber Piano Adventures Series. Each student is instructed based on completion of previous levels and instructor approval. Students also study music theory by completing special assignments. Lesson books for all classes are sold in the Lincoln Center Registration Office. On the first day of class, the instructor informs the student which level book to purchase—fees listed do not include book fees.

These lessons are ongoing; register at any time! Call registration at 630.963.1300 for available times and more information.

Instructor: Madelyn Kuehl

Location: Lincoln Center, Room 506

Time: Classes are 30 min. in length

Wednesdays: Between 3 and 8PM

Saturdays: Between 9AM and 1PM

Day	Age	Monthly R/NR
W	5+	\$97/\$146
SA	5+	\$97/\$146



GUITAR STARS

NEW! "Music can change the world." - Bono.

Learn the fundamentals of acoustic guitar while playing games, making music and having fun in this newly designed class! We'll cover the basics, from how to hold the guitar and pick to proper fret-hand finger positioning. More advanced or returning students will delve into sight reading, playing by ear and rocking out as a class! Each child will have the opportunity to earn Guitar Belts as they progress. A lesson book will be provided, but students must bring their own guitar. AES recommends a basic inexpensive guitar, like the "First Act Acoustic Guitar" available through Amazon.com and other retailers.

Age: 6-13 Min/Max: 6/12 Location: Lincoln Center

Instructor: Afterschool Enrichment Solutions

Class #	Date	Day	Time	R/NR/LINK
Spring				
2160K00-01	4/14 - 5/19	TU	4:00-5:00pm	\$150/180/\$145
Summer				
3160K00-01	6/16-7/21	TU	4:00-5:00pm	\$150/\$180/NA

DANCE

Location: Lincoln Center **Min/Max:** 5/10
Instructors: TU & TH- Amethyst Cooper,
 W- DGPD Staff

Our dance program focuses on teaching correct technique and allowing all participants to have fun while growing artistically and physically in a safe, positive, and creative environment. To learn more about our dance staff, visit dgparks.org/dance.

Storybook Ballet

Ballet basics are introduced using props, drama and the magic of stories. Dancers begin increasing body awareness, developing balance and improving gross motor skills.

Age: 2.5-3 R/NR: \$40/\$60

Class #	Date	Day	Time
3162K80-01	6/9 - 6/30	TU	11:00-11:45am
3162K80-02	6/11 - 7/2	TH	11:00-11:45am
3162K80-03	7/14 - 8/4	TU	11:00-11:45am
3162K80-04	7/16 - 8/6	TH	11:00-11:45am

Pre-Ballet/Hip Hop

During the ballet portion of the class, dancers will be taught the classical technique of ballet including terminology and positions. They will also work on strength, balance, flexibility and posture. The hip hop portion will teach popular street moves along with developing a sense of rhythm through hip hop choreography.

Age: 3-6 R/NR: \$40/\$60

Class #	Date	Day	Time
3162K84-01	6/9 - 6/30	TU	2:00-2:45pm
3162K84-02	6/10 - 7/1	W	1:15-2:00pm
3162K84-03	6/11 - 7/2	TH	12:30-1:15pm
3162K84-04	7/14 - 8/4	TU	2:00-2:45pm
3162K84-05	7/15 - 8/5	W	1:15-2:00pm
3162K84-06	7/16 - 8/6	TH	12:30-1:15pm

Pre-Tap/Hip Hop/Tumbling

This class introduces your child to three interactive and creative types of movement: tap, hip hop and tumbling! Students will groove to popular music while incorporating hip hop moves, tap sounds and tumbling moves such as straddle rolls and crab walks.

Age: 3-5 R/NR: \$40/\$60

Class #	Date	Day	Time
3162K93-01	6/9 - 6/30	TU	11:45am-12:30pm
3162K93-02	7/14 - 8/4	TU	11:45am-12:30pm

Pre-Ballet/Jazz/Tumbling

This class will expose your child to three fun and interactive types of movement: ballet, jazz and tumbling! Students will learn dance terminology, basic positions and tumbling moves such as straddle rolls and crab walks.

Age: 3-5 R/NR: \$40/\$60

Class #	Date	Day	Time
3162K94-01	6/11 - 7/2	TH	1:15-2:00pm
3162K94-02	7/16 - 8/6	TH	1:15-2:00pm

Pre-Ballet/Tap

During pre-ballet, dancers will be taught the classical techniques of ballet including terminology and positions. We will also work on strength, balance, flexibility and posture. In the tap portion of the class, students make music with their feet through different rhythms. In both, students will become familiar with following directions in a group, taking turns, moving across the floor, balancing and sequencing exercises.

Age: 3-6 R/NR: \$40/\$60

Class #	Date	Day	Time
3162K83-01	6/9 - 6/30	TU	1:15-2:00pm
3162K83-02	6/10 - 7/1	W	12:30-1:15pm
3162K83-03	6/11 - 7/2	TH	2:00-2:45pm
3162K83-04	7/14 - 8/4	TU	1:15-2:00pm
3162K83-05	7/15 - 8/5	W	12:30-1:15pm
3162K83-06	7/16 - 8/6	TH	2:00-2:45pm



Pre-Jazz/Hip Hop

This is a combination class of Classical Jazz and Hip Hop. Students work on strength building, balance, isolations, stretch, rhythm and technique while dancing to today's popular music. The class consists of warm-up, progressions across the floor and center combinations while working on performance and style.

Age: 3-6 R/NR: \$40/60

Class #	Date	Day	Time
3162K85-01	6/9 - 6/30	TU	12:30-1:15pm
3162K85-02	6/9 - 6/30	TU	2:45-3:30pm
3162K85-03	6/11 - 7/2	TH	11:45am-12:30pm
3162K85-04	6/11 - 7/2	TH	2:45-3:30pm
3162K85-05	7/14 - 8/4	TU	12:30-1:15pm
3162K85-06	7/14 - 8/4	TU	2:45-3:30pm
3162K85-07	7/16 - 8/6	TH	11:45am-12:30pm
3162K85-08	7/16 - 8/6	TH	2:45-3:30pm

Ballet/Hip Hop

During the ballet portion of the class, dancers will be taught the classical technique of ballet including terminology and positions. They will also work on strength, balance, flexibility and posture. The hip hop portion will teach popular street moves along with developing a sense of rhythm through hip hop choreography.

Age: 6-9 R/NR: \$130/180

Class #	Date	Day	Time
3162K63-01	6/10 - 8/12	W	6:00-7:00pm
3162K63-02	6/11 - 8/13	TH	4:00-5:00pm

Ballet/Jazz

This combination class will work on skills taught in ballet and jazz. Students will learn ballet barre exercises, positions, and center work as well as jazz style turns, leaps and body isolations.

Age: 10-14 R/NR: \$130/180

Class #	Date	Day	Time
3162K64-01	6/11 - 8/13	TH	6:00-7:00pm

Ballet/Tap

During ballet, the dancers will be taught the classical techniques of ballet including terminology and positions. They will also work on strength, balance, flexibility and posture. In the tap portion of the class, students make music with their feet through different rhythms. In both, students will become familiar with following directions in a group, taking turns, moving across the floor, balancing and sequencing exercises.

Age: 6-9 R/NR: \$130/180

Class #	Date	Day	Time
3162K62-01	6/9 - 8/11	TU	5:00-6:00pm

Jazz/Hip Hop

This is a combination class of Classical Jazz and Hip Hop. Students work on strength building, balance, isolations, stretch, rhythm and technique while dancing to today's popular music. The class consists of warm-up, progressions across the floor and center combinations while working on performance and style.

Age: 6-9 R/NR: \$130/180

Class #	Age	Date	Day	Time
3162K65-01	6-9	6/9 - 8/11	TU	4:00-5:00pm
3162K65-02	6-9	6/10 - 8/12	W	5:00-6:00pm
3162K61-01	10-14	6/9 - 8/11	TU	6:00-7:00pm

Jazz/Tap

Both of these types of dance are energetic and fun! Dancers learn basic jazz techniques including jazz turns and the art of suspension. In the tap portion, dancers focus on using a wide variety of tap steps while keeping their weight distributed on the balls of their feet and using their heels when necessary. Dancers also work on building flexibility, strength and coordination.

Age: 6-9 R/NR: \$130/180

Class #	Date	Day	Time
3162K66-01	6/11 - 8/13	TH	5:00-6:00pm

Parent/Tot Hula

Get transported away with your little one to the tropical island of Hawaii! Come learn about Hawaii's famous dance style and the culture from Shasta Puanani Hud, who was born and raised in Hawaii.

Age: 3-5 Min/Max: 5/10 R/NR: \$25/\$38
Location: Lincoln Center Instructor: Shasta Hud

Class #	Date	Day	Time
2162K70-01	4/7 - 5/12	TU	11:30am-12:00pm

Hula for Kids

Get transported away to the tropical island of Hawaii! Come learn about Hawaii's famous dance style and the culture from Shasta Puanani Hud, who was born and raised in Hawaii.

Age: 5-9 Min/Max: 5/10 Location: Lincoln Center
Instructor: Shasta Hud

Class #	Date	Day	Time	R/NR/LINK
Spring				
2162K71-01	4/6 - 5/11	M	2:45-3:30pm	\$38/\$57/\$30
Summer				
3162K71-01	6/8 - 7/6	M	4:00-4:45pm	\$38/\$57/NA
3162K71-02	7/20 - 8/17	M	4:00-4:45pm	\$38/\$57/NA

CHICAGO LOVES DANCE

NEW! Under the creative direction of skilled Chicago Loves Dance break dancers, students will learn choreography and poses, show off their creativity in free-style sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. No class June 29.

Min/Max: 5/15 Location: Lincoln Center
Instructor: Chicago Loves Dance

Class #	Age	Date	Day	Time	R/NR/LINK
Spring					
2162K01-01	6-8	4/7 - 5/26	TU	3:45-4:45pm	\$120/\$170/\$110
2162K01-02	9-13	4/7 - 5/26	TU	4:45-5:45pm	\$120/\$170/\$110
Summer					
3162K01-01	6-8	6/8 - 7/13	M	5:00-6:00pm	\$75/\$125/NA
3162K01-02	9-13	6/8 - 7/13	M	6:00-7:00pm	\$75/\$125/NA
3162K01-03	6-8	7/20 - 8/17	M	5:00-6:00pm	\$75/\$125/NA
3162K01-04	9-13	7/20 - 8/17	M	6:00-7:00pm	\$75/\$125/NA

MCNULTY SCHOOL OF IRISH DANCE

Irish Step Dance

Open your child's eyes and heart to Ireland's traditional dances! Learn the Irish Jig, Reels, Hornpipes and team figure dances. The McNulty School of Irish Dance program is designed to challenge each dancer to achieve his or her personal best, and develop concentration skills, coordination and self-confidence. Dancers begin learning solo and team dances in Irish soft shoes and then progress to more complex soft-shoe and heavy-shoe steps over time. With the exception of beginner classes, enrollment requires the instructor's recommendation. To enroll in a heavy-shoe class, you must be enrolled in a soft-shoe class during the same session. No refunds once class has begun.

Min/Max: 5/15 Location: Lincoln Center
Instructor: Barb McNulty Day: TH

Class #	Age	Level	Date	Time	R/NR/LINK
Spring					
2162K00-02	3.5-4	Preschool	4/9 - 5/14	4:00-4:30pm	\$60/\$90/NA
2162K00-03	5-16	Beginner	4/9 - 5/14	4:35-5:20pm	\$78/\$117/\$74
2162K00-04	6-16	Heavy Shoe	4/9 - 5/14	5:25-5:55pm	\$60/\$90/\$57
2162K00-05	6-16	Intermediate	4/9 - 5/14	6:00-7:00pm	\$90/\$135/\$86
Summer					
3162K00-02	3.5-4	Preschool	6/4 - 7/9	4:00-4:30pm	\$60/\$90/NA
3162K00-03	5-16	Beginner	6/4 - 7/9	4:35-5:20pm	\$78/\$117/NA
3162K00-04	6-16	Heavy Shoe	6/4 - 7/9	5:25-5:55pm	\$60/\$90/NA
3162K00-05	6-16	Intermediate	6/4 - 7/9	6:00-7:00pm	\$90/\$135/NA

DANCE KIDS USA

Location: Lincoln Center Instructor: Michelle Dawson

Parent-Tot Dance

Interact with other parents and tots through song and dance! Develop balance, increase body awareness, improve listening and gross motor skills and of course, have fun! Fee includes one parent and one child.

Age: 2-3 Min/Max: 4/12

Class #	Date	Day	Time	R/NR
Spring				
1162K20-02	3/6 - 5/8	F	10:15-10:45am	\$46/\$69
Summer				
3162K20-01	6/8 - 8/3	M	10:30-11:00am	\$52/\$78

Creative Movement

Creative movement, music education, dance, mime, ballet, jazz, tap, gymnastics and performance are encouraged in this class. Children gain confidence, rhythm, better coordination, balance and memory.

Age: 2.5-5 Min/Max: 4/12

Class #	Date	Day	Time	R/NR
Spring				
1162K21-02	3/6 - 5/8	F	10:45-11:30am	\$46/\$69
Summer				
3162K21-01	6/8 - 8/3	M	9:45-10:30am	\$78/\$117

Pre-Ballet/Tap

Join us for ballet and tap. In tap, your child will acquire rhythm, coordination and self-esteem. In ballet, your child will develop poise, grace and self-confidence. In these classes your child will move through basic technique taught at the barre or in center, basic steps and traveling combinations. They will learn combinations and improve their memory. Ballet and tap shoes are required.

Age: 3-5 Min/Max: 4/12 R/NR: \$78/\$117

PRE-BALLET/TAP I

Class #	Age	Date	Day	Time
3162K24-01	3-5	6/8 - 8/3	M	9:00-9:45am

PRE-BALLET/TAP II

Class #	Age	Date	Day	Time
3162K25-01	4-6	6/8 - 8/3	M	11:00-11:45am

Beginner Ballet

Join us for beginner ballet! Your child will develop poise, grace and self-confidence as they learn basic ballet techniques at the barre and at center. Students will practice basic steps and travelling combinations.

Age: 6+ Min/Max: 4/12 R/NR: \$78/\$117

Class #	Date	Day	Time
3162K19-01	6/8 - 8/3	M	12:30-1:15pm

Pre-Jazz/Hip Hop

This combination class will bridge the gap between Classical Jazz and Hip Hop. Students work on strength, balance, isolations, groove and technique while dancing to today's popular music.

Age: 4-6 Min/Max: 4/12 R/NR: \$78/\$117

Class #	Date	Day	Time
3162K26-01	6/8 - 8/3	M	11:45am-12:30pm

Beginner Jazz/Hip Hop

Join us for beginner Jazz/Hip Hop! Learn basic classical jazz techniques and fun hip hop moves. Students will work on strength, balance, isolation and rhythm while dancing to today's popular music.

Age: 7+ Min/Max: 4/12 R/NR: \$103/\$153

Class #	Date	Day	Time
3162K18-01	6/8 - 8/3	M	1:15-2:15pm

Adult Tap

Tap is an upbeat dance form that is a great way to exercise, so come along and join the fun! Class includes warm-ups, basic steps and traveling combinations. Tap shoes are required. Intermediate class participants must have mastered basic tap skills.

Age: 16+ Min/Max: 4/12 R/NR: \$78/\$117

Beginner: Lisle Park District

Intermediate: Woodridge Park District

Class #	Level	Date	Day	Time
3162K29-02	Beginner	6/9 - 8/4	TU	6:15-7:00pm
3162K29-04	Intermediate	6/8 - 8/3	M	7:45 - 8:30pm



Imagine how far you can go with Imagine Dance Team, Downers Grove Park District's audition-only dance company!

Auditions

May 31 at 2pm at the Lincoln Center

Please visit dgparks.org/dance to complete an audition form

Imagine Dance Team is comprised of multiple levels of dancers ages 7 to 16:

CITRINE – Performance Level. Ideal for novices looking to advance in their dance training. Citrine members do not compete, but have multiple opportunities throughout the year to gain experience performing for an audience.

GARNET – Competition Level. Garnet members compete as part of at least one group dance at approximately 3 competitions throughout the year.

TOPAZ – Competition Level. Topaz members compete as part of two group dances at approximately 3 competitions throughout the year, and have the additional opportunity to compete with solos, duets or trios.

Pre-Audition Workshop & Parent Info Session

NEW! Get a leg up on the competition! Dancers will learn the audition routine ahead of time, get some pointers and practice dancing on our stage while you have your questions about dance team answered. Your child may still audition even if you do not attend the pre-audition workshop. There is no fee for the workshop, but all dancers must be pre-registered. Dancers are welcome to attend one session or the other, or both!

Class #	Date	Day	Time	Location
3162K92-01	5/28	TH	4:00-6:00pm	Lincoln Center
3162K92-02	5/29	F	4:00-6:00pm	Lincoln Center

Rehearsals, Fees and Commitment

Dance Team is a year-long commitment. The 2020-2021 year will begin June 6 and conclude at the with the 2021 Spring Recital in May/June. Rehearsal days and times, audition skills and Team Handbooks detailing all requirements and fees are available at dgparks.org/dance



IMAGINE DANCE TEAM SHOWCASE

**August 9 at 4:00pm
Lincoln Center**

Tickets

**Before 4pm August 6: \$10
Day-of: \$12**

Tickets will be available for purchase in person, online or over the phone until 4:00pm on August 6. The ability to purchase tickets in person (cash only) will resume one hour before the performance. Tickets are non-refundable and non-exchangeable.



BIRTHDAY PARTIES

CREATE UNFORGETTABLE MEMORIES!

LINCOLN CENTER Birthday Party Service

Create an unforgettable birthday party. Just invite the guests and leave the planning and mess up to us!

All themed parties are filled with a variety of games and activities. Choose between the Basic Party or Deluxe Party packages.

Registration is required at least two weeks in advance. Party planning begins upon full payment. Call 630.963.1300 for details. Begin the booking process by completing an online birthday party request form at www.dgparks.org

BASIC PARTY	DELUXE PARTY
Residents: \$250	Residents: \$315
Non-residents: \$300	Non-residents: \$365
<ul style="list-style-type: none"> • Party time is 1.5 hours • 15 guests included (\$8 per additional guest) • Cupcakes included • Pizza available at an additional cost • Juice and water provided • Decorated room included • Staff-led games and activities 	<ul style="list-style-type: none"> • Party time is 2 hours • 20 guests included (\$8 per additional guest) • Cupcakes included • 3 pizzas included with juice and water • Decorated room included • Staff-led games and activities

LINCOLN CENTER PARTY DESCRIPTIONS

BALLOON ANIMAL PARTY | AGES 3+

45-minutes of non-stop balloon animals from the Magic Team of Gary Kantor. Dogs, butterflies, swords, etc. And at the end of the party they'll each get to take home their very own collection of assorted balloon animals. Deluxe Party only.

SAFARI PARTY | AGES 3-6

Embark on your very own Safari adventure and scavenger hunt! Decorate binocular craft, play safari themed games and take home a stuffed animal friend.

SUPERHERO PARTY | AGES 3-6

Your little Superhero will have a blast flying through an assortment of relays, obstacles and challenges as they hone their super powers.

MAGIC PARTY | AGES 4+

You will see vanishing acts, card tricks, mind-reading, and much more from magician Gary Kantor. All shows are interactive. Your child will come up on stage and become a Junior Magician right before your eyes. Deluxe Party only.

PAINT & TAKE PARTY | AGES 6-10

Celebrate the art of letting your creativity flow in our ceramic studio. Children will paint ceramic pottery pieces that are ready to take home the same day.

CUPCAKE CREATION PARTY | AGES 6-10

A delicious good time! Decorate your own cupcake with a variety of toppings and design your own apron for future culinary fun!

MESSY PARTY | AGES 6-10

Everyone will have an ooey, gooey good time creating their own slime and making a mess with all kinds of slimy, sloppy games and activities.

NERF WAR PARTY | AGES 6-10

Your child will dip, duck and dodge while engaged in multiple rounds of war with their friends. Barriers, NERF guns and darts are provided.

Parties are available Saturday and Sunday from 10am-12pm; 1-3pm or 4-6pm based on availability. Parties are held at the Lincoln Center unless otherwise noted.





MINER MIKE'S Adventure Golf Parties

Have a putting-good time and celebrate a birthday with Miner Mike! Two-hour parties include 18 holes of mini-golf, cupcakes, drinks and a party leader!

Registration is required in advance. Party planning begins upon full payment. Call 630.960.7250 to book. Visit minermikesminigolf.com for details.

PARTIES INCLUDE	PARTY FEES
TWO HOURS OF PARTY TIME	RESIDENTS: \$150
18-HOLES OF MINI-GOLF	NON-RESIDENTS: \$180
UP TO 15 GUESTS	2 ONE-TOPPING PIZZAS: \$35
BALLOONS & DECORATIONS	3 ONE-TOPPING PIZZAS: \$45
INVITATIONS	4 ONE-TOPPING PIZZAS: \$55
PARTY HOST	ADDITIONAL GUESTS: \$5
CUPCAKES	
FOUNTAIN DRINKS	

Parties are available May through September only on Saturdays and Sundays. Contact Josh Williams at 630.960.7250 for more information.



LYMAN WOODS Nature Parties

Wild parties at Lyman Woods include outdoor adventures led by a naturalist, as well as time for opening gifts and eating cake in the Interpretive Center or outdoors in the picnic area. Extend your party with a 30-minute campfire program, complete with s'mores.

Parties must be booked at least two weeks in advance. Visit lymanwoods.org to learn more!

PARTY THEMES	AGES	PARTY INCLUDES
WILDLIFE DETECTIVES	TODDLERS & UP	2 HOURS OF PARTY TIME
CREATURE FEATURE	TODDLERS & UP	UP TO 10 GUESTS
HABITAT HUNTERS	TODDLERS & UP	DISHES & NAPKINS
BUG BONANZA	TODDLERS & UP	PARTY HOST
GROSS OUT NATURE	TODDLERS & UP	
NATUREPLAY PARTY	TODDLERS - PRE-K	
NATURE AT NIGHT	GRADES 1+	
WILDERNESS SKILLS	GRADES 1+	
ARCHERY	GRADES 4+	

PARTY FEES
RESIDENT: \$125
NON-RESIDENT: \$125
ADDITIONAL GUESTS: \$5
ADD-ON 30-MINUTE CAMPFIRE WITH S'MORES: \$40

EASY WAYS TO REGISTER

CREATE AN ONLINE ACCOUNT

If you've never registered for park district programs, create an account to register for programs online at dgparks.org. Click the 'Register Online' button to get started! If you frequently register for park district programs, you most likely have an account waiting for you! Call our registration staff at 630.960.7500 to verify an existing account.

DROP-OFF FORM

Register for programs and events in person at any of our facilities. Simply bring a completed registration form with your payment (cash, check, money order, Visa, MasterCard, AmEx or Discover). Checks or money orders may be made payable to Downers Grove Park District. There is a \$25 fee for returned checks.

FAX OR SCAN

Completed forms can be faxed to Lincoln Center at 630.963.5884 or Recreation Center at 630.960.7251. Scanned forms can be send directly to our registration staff at regi_staff@dgparks.org. Enrollment in programs will not take place until payment is received. Faxed or scanned forms will not have priority over online or in-person registration.

INFORMATION SAFETY

Credit card numbers should never be disclosed on forms. If scanning or faxing forms, registration staff will contact you for payment.

REGISTRATION DESK HOURS

LINCOLN CENTER

935 Maple Avenue ■ 630.963.1300

Monday - Thursday: 8:00 am - 6:00 pm

Friday: 8:00 am - 5:00 pm

Saturday & Sunday: Closed

RECREATION CENTER

4500 Belmont Road ■ 630.960.7250

Monday - Thursday: 8:00 am - 8:00 pm

Friday: 8:00 am - 5:00 pm

Saturday: 8:00 am - 3:00 pm

Sunday: 8:00 am - 12:00 pm

TIPS FOR REGISTRATION

REGISTER EARLY

Popular programs will fill up fast! Register early to guarantee your spot. Unless specified on the program information, registration begins on the dates below on a first-come, first-served basis.

2020 SPRING/SUMMER REGISTRATION

■ MARCH 9

RESIDENT REGISTRATION OPENS AT 8:00AM

■ MARCH 16

NON-RESIDENT REGISTRATION OPENS AT 8:00AM

Residents of School Districts 58 & 99 may register via all registration methods during the resident registration period and receive resident rates for activities or class sections that take place at school facilities.

Non-residents who hold a Fitness Membership at 4500 Fitness, may register for Premier Fitness Classes during the resident registration period via all registration methods.

Properties paying taxes into Downers Grove Park District are considered to be Residents in the district. Those who do not pay taxes into Downers Grove Park District are considered Nonresidents, regardless of their residency in Downers Grove.

CHECK AGE REQUIREMENTS

Appropriate age levels are established by our staff of professionals to ensure a rewarding experience for all. Participants must meet the age requirements of a class within one week after the start date of the class with the exception of Lincoln Learning Center pre-school program.

RECREATION REFUND POLICY

- If you choose to withdraw from a class, a full refund will be issued or placed on your account when a completed Refund Request is submitted at 72 hours prior to the first class meeting.
- Requests submitted in less than 72 hours will be considered on a case-by-case basis.
- A prorated withdrawal refund will be issued in cases of illness or injury when accompanied by a doctor's note.
- Some programs, events and services are not refundable under this policy.
- See Summer Camp pages for camp refund policy.
- To submit a refund request visit [www.dgparks.org/Programs & Events/Registration Information](http://www.dgparks.org/Programs%20&%20Events/Registration%20Information). Phone requests will not be accepted.

HOME PHONE _____
 ADULT FIRST NAME _____
 FAMILY LAST NAME _____
 STREET ADDRESS _____
 VILLAGE _____
 ZIP CODE _____

*EMAIL ADDRESS _____
 WORK PHONE _____
 WORK CONTACT _____
 EMERGENCY PHONE _____
 EMERGENCY CONTACT _____

* YOU WILL RECEIVE PARK DISTRICT NEWS AND INFORMATION AT THIS EMAIL ADDRESS. YOUR CONTACT INFORMATION WILL NOT BE PROVIDED TO ANY THIRD PARTY AGENCIES.

PARTICIPANT'S NAME	GENDER	BIRTHDATE (MM/DD/YYYY)	CLASS #	PROGRAM NAME	FEE

YES! DONATE TO THE DOWNERS GROVE PARK DISTRICT:

\$10 \$15 \$25 OTHER _____

TOTAL AMOUNT:

HOW DID YOU HEAR ABOUT THIS PROGRAM(S)?

METHOD OF PAYMENT: CASH CHECK # _____ CREDIT CARD*

* FOR INFORMATION SAFETY, CREDIT CARD NUMBERS SHOULD NEVER BE DISCLOSED ON FORMS. REGISTRATION STAFF WILL CONTACT YOU FOR PAYMENT.

OFFICE USE ONLY:
 APN _____ RECEIPT# _____

Attach check payable to: Downers Grove Park District and mail to 935 Maple Ave., Downers Grove, IL 60515-4997. There will be a \$25 service charge for returned checks. Credit card registrations may be faxed to 630.963.5884. When sent by fax, it is mutually understood that the fax document shall substitute for and have the same legal effect as the original document.

This "WAIVER AND RELEASE OF ALL CLAIMS" must be signed by all participating adults and/or one parent or custodial parent or guardian of children under 18 yrs of age. Without the proper signatures, your registration cannot be processed and will be returned to you.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the above identified programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided).

The Downers Grove Park District (herein collectively referred to as "the District") is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, suffers from an underlying medical condition, or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs/activities against the District, including its officials, agents, volunteers and employees.

PHOTOGRAPHY/VIDEOTAPING WAIVER

Photographs and videos are taken by park district staff to use for promotional purposes. By registering for a program, attending an event or using a park district facility, you have granted us permission to use your image for promotional purposes.

SIGNATURE REQUIRED

I have read and fully understand the waiver and release of all claims on this page and the refund policy. This waiver form is completed and signed of my own free will. All adult participants must sign; one parent or custodial parent or guardian must sign if participant is under the age of 18 yrs.

Participant/
Parent or
guardian 1 SIGN HERE DATE

Parent or
guardian 2 SIGN HERE DATE

SPECIAL ACCOMMODATIONS AND FOOD ALLERGIES

The Downers Grove Park District strives to comply with the 1990 Americans with Disabilities Act. Check here if any participant needs special assistance or accommodations to participate in programs.

Participant's Name _____
 Program Name _____

Check here if any participant has a food-related allergy.

Participant's Name _____
 Program Name _____



2455 WARRENVILLE ROAD
DOWNERS GROVE, IL 60515

Beautiful Smiles for the Entire Family



WWW.GROVEDENTAL.COM



\$49 EXAM & CLEANING

Includes regular cleaning and exam for adults and children. Adults regularly \$199. Pediatric patients may include fluoride and 2-bite wing x-rays. Regularly \$257. All other x-rays at additional cost. New patients only.

FREE COSMETIC CONSULTATION

Schedule an appointment with any of Grove's general dentists for a no charge cosmetic consultation. Let this be your first step toward the smile of your dreams.

FREE ORTHODONTIC EXAM & EVALUATION

Includes orthodontic exam and panoramic x-ray, treatment recommendations (including Invisalign), estimated treatment time and fees.

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS A RIGHT TO REFUSE TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR ANY OTHER SERVICE, EXAMINATION, OR TREATMENT THAT IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE, EXAMINATION OR TREATMENT. We reserve the right to cancel the promotions, discounts, free offers, and incentives without any prior notice or reason. Professional Dental Alliance of Illinois, Andrew Matta DMD.

BOLINGBROOK
160 E. Boughton Rd.
630-759-8940

DOWNERS GROVE
6800 Main St., Third FL.
630-969-5350

LOMBARD
2 E. 22nd St., Ste. 201
630-627-4680

WHEATON
55 East Loop Rd., Ste. 201
630-653-8899

Code: DGP52