



FOR IMMEDIATE RELEASE

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What's cooking at Lincoln Culinary Kitchen?

DOWNERS GROVE, ILL. - Culinary classes for adults have begun at the Downers Grove Park District's Lincoln Culinary Kitchen including demonstration, tastings and hands-on classes.

Learn a variety of techniques for cooking healthy and delicious fish in Fish Dishes Your Family Will Love. The tasting and demonstration features recipes for salmon, fish tacos, whitefish and barbecue shrimp. Classes take place Tuesday, February 28 from 9:30 am to 12:00 pm or 6:30 to 9:00 pm. The fee is \$60 for residents and \$90 for nonresidents.

Discover vegetarian cuisine in a four-week class that features recipes for an appetizer, soup, salad, entrée and dessert. Classes take place from 6:00 to 7:00 pm Thursday, February 16 through March 8. The fee is \$67 for residents and \$100 for nonresidents.

Surprise your family with The Perfect St. Patrick's Day Dinner. Learn new ideas and secrets that turn this traditional meal into something special. Classes take place on Tuesday, March 6 from 9:30 am to 12:00 pm or 6:30 to 9:00 pm. The fee is \$60 for residents and \$90 for nonresidents.

All classes take place at the Lincoln Center Culinary Kitchen, 935 Maple Avenue. Registration is now underway at the Lincoln Center, 935 Maple Avenue or at the Recreation Center at 4500 Belmont Road or online at www.dgparks.org.

The Downers Grove Park District is dedicated to providing a wide variety of year-round recreation programs, facilities, parks, open space and natural areas that respond to the articulated needs and desires of residents. For more information, call (630) 963-1300, or visit www.dgparks.org.